EXECUTIVE DIRECTOR'S UPDATEOctober 2025

West Virginia Secondary School Activities Commission 2875 Staunton Turnpike, Parkersburg, WV 26104 Website: www.wvssac.org

UPCOMING INFORMATION

BOARD OF DIRECTORS

The Board of Directors will meet October 16, 2025. at Wheeling Park HS, Wheeling, WV. All Petition Material/Forms for Appeal Process due to the WVSSAC by Noon, October 1st.

REMINDER

Academic Achievement Awards Application due October 10th.

EAP (Emergency Action Plan)

Must be completed and submitted for winter sports before 1st day of practice.

FORMS DUE

Cheer Outline (C2 A&B)- October 3rd. Entry Forms (C4 &Music Form (C5)-October 3rd. Regional Volleyball Ballots- By Noon, October 21st

CHEER

Regional Cheer Director's Meeting, WVSSAC Office October 17th. At 10:00am.

CONTESTS

	Regional	State
Golf	10/6	10/14-15
Cross Country	10/25	11/1
Soccer	10/20-30	11/5- 11/8

SEASON BEGINS

Swimming MS/HS- 10/27

SEASON ENDS

MS Cross Country – 10/21 MS Soccer, Volleyball, Football – 11/1









RULES CLINICS

Rules Clinics for Basketball, Wrestling, and Swim will be in person. Please see schedule on our website under clinic tab.

Interpreters clinic for officials will be at the WVSSAC Office. Basketball will be on October 5 ,2025 at 9:00 am at the WVSSAC Office.

Wrestling will be on October 12,2025 at 9:00 am at the WVSSAC Office.

Sports Medicine

The Sports Medicine link on the website is filled with information concerning concussions, sudden cardiac arrest, MRSA, heat acclimation, sports physicals, and dealing with sprains and strains. The Sports Medicine Advisory Committee encourages all administrators, coaches, and parents to review the link in the hope of maintaining a safe and healthy experience relating to interscholastic activities. Refer to the Football Coaches Packet online to see <u>required</u> Football Practice Guidelines.

AED/CPR

A reminder that an AED is required to be accessible for all practices and contests. Also, coaches must be trained in AED/CPR as per law.

UPCOMING MEETINGS

 Deputy Board Academic Awards will meet October 22,2025 at 10:00am at the WVSSAC office.

CONGRATULATIONS TO THE GAME DAY CHEER CHAMPIONS!!

Small Varsity Morgantown
Medium Varsity Winfield
Large Varsity Hurricane