

EXECUTIVE DIRECTOR'S UPDATE

October 2024

West Virginia Secondary School Activities Commission

2875 Staunton Turnpike, Parkersburg, WV 26104

Website: www.wvssac.org

UPCOMING INFORMATION

BOARD OF DIRECTORS

The Board of Directors will meet October 23, 2024, at the Stonewall Resort in Roanoke, WV. All Petition Material/Forms for Appeal Process due to the WVSSAC by Noon, October 10th.

REMINDER

Academic Achievement Awards Application due October 11th.

EAP (Emergency Action Plan)

Must be completed and submitted for winter sports before 1st day of practice.

FORMS DUE

Cheer Outline (C2 A&B)- October 4th.

Entry Forms (C4 & Music Form (C5)-October 4th.

Regional Cross Country-October 18th.

CHEER

Regional Cheer Director's Meeting, WVSSAC Office October 17th. At 10:00am.

CONTESTS

Sectional	Regional	State
Golf	9 /30	10/8-9
Cross Country	10/24	11/2
Soccer		
10/21-26	10/29 (AAA) 10/31 (AA/A)	11/7- 11/9

SEASON BEGINS

Swimming MS/HS- 10/28

SEASON ENDS

MS Cross Country – 10/22

MS Soccer, Volleyball, Football – 11/2



RULES CLINICS

Rules Clinics for Basketball, Wrestling, and Swim will be in person. Please see schedule on our website under clinic tab.

Interpreters clinic for officials will be at the WVSSAC Office.

Basketball and wrestling will be on October 13, 2024 at 9:00 am at the WVSSAC Office

Sports Medicine

The Sports Medicine link on the website is filled with information concerning concussions, sudden cardiac arrest, MRSA, heat acclimation, sports physicals, and dealing with sprains and strains. The Sports Medicine Advisory Committee encourages all administrators, coaches, and parents to review the link in the hope of maintaining a safe and healthy experience relating to interscholastic activities. Refer to the Football Coaches Packet online to see **required** Football Practice Guidelines.

AED/CPR

A reminder that an AED is required to be accessible for all practices and contests. Also, coaches must be trained in AED/CPR as per law.

UPCOMING MEETINGS

- Deputy Board will meet October 17, 2024 at 10:00am at the WVSSAC office.
- Constitution and Bylaws Committee will meet on Monday October 14, 2024 at 10:00am at the WVSSAC office.
- Rule Proposals dealing with CLASSIFICATION are due to: david.price@wvssac.org by 4:00pm Wednesday October 9, 2024
- A special meeting of the Board of Control will be held on Thursday October 24, 2024 at 9:00am at Stonewall Resort. ALL PRINCIPALS are encouraged to attend. The purpose of the meeting is to consider rule proposals dealing with classification. You may send a proxy. Email: cindy.daniel@wvssac.org with name of proxy.