

# *The Interscholastic*



## **FALL SPORTS**



**Featured In This Issue:**  
**Band Program**  
**Cheer Program**  
**Cross Country Program**  
**Football Information**  
**Golf Program**  
**Soccer Program**  
**Volleyball Program**



**August 2023**

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Assistant Executive Director .....	Cindy Daniel
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**REGIONAL DEPUTY DIRECTORS**

**REGION 1**

Paden Morris ... Tyler Consolidated High School

**REGION 2**

Betsey Patterson... Parkersburg So. High School

**REGION 3**

David Decker ..... Lincoln High School

**REGION 4**

Ron Lyons..... Hedgesville High School

**REGION 5**

Kendra Rapp ..... Nicholas County High School

**REGION 6**

Chad Quesenberry ..... Oak Hill High School

**REGION 7**

Maisha Podsiadlik ..... Western Greenbrier MS

**REGION 8**

Anna Lilly ..... PikeView High School

**REGION 9**

VACANT ..... Buffalo High School

**REGION 10**

Sara Stapleton ..... Wayne High School

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**2023-2024  
BOARD OF DIRECTORS  
Meeting Dates**

<b>July 19-20</b>	<b>Parkersburg (WVSSAC)</b> 19/6:00 p.m. - 20/8:30 a.m.
<b>August 23-24</b>	<b>Parkersburg (WVSSAC)</b> 23/6:00 p.m. 24/8:30 a.m.
<b>October 18-19</b>	<b>Parkersburg (WVSSAC)</b> 18/6:00 p.m. - 19/8:30 a.m.
<b>November 15-16</b>	<b>Parkersburg (WVSSAC)</b> 15/6:00 p.m. - 16/8:30 a.m.
<b>January 17-18</b>	<b>Parkersburg (WVSSAC)</b> 17/6:00 p.m. - 18/8:30 a.m.
<b>February 21-22</b>	<b>Parkersburg (WVSSAC)</b> 21/6:00 p.m. - 22/8:30 a.m.
<b>March 24-26 (Board of Control)</b> *March 26- Board of Directors	<b>Stonewall Resort State Park, Roanoke</b> 10:00 a.m.
<b>May 15</b>	<b>Parkersburg</b> 15/8:30 a.m.
<b>June 10-11</b>	<b>Summer Meeting</b> 10/6:00 pm – 11/8:30 a.m.

**2023-2024  
WVSSAC - Office Closed**

<b>July 4 .....</b>	<b>Independence Day</b>
<b>September 4.....</b>	<b>Labor Day</b>
<b>November 7 .....</b>	<b>Election Day</b>
<b>November 10.....</b>	<b>Veterans Day</b>
<b>November 23- 24.....</b>	<b>Thanksgiving</b>
<b>December 24-31 .....</b>	<b>Christmas</b>
<b>January 1 .....</b>	<b>New Year's</b>
<b>January 15 .....</b>	<b>Martin Luther King Day</b>
<b>March 29-April 2 .....</b>	<b>Good Friday-Easter Monday</b>
<b>May 27.....</b>	<b>Memorial Day</b>
<b>June 19.....</b>	<b>Juneteenth Day</b>
<b>June 20.....</b>	<b>West Virginia Day</b>



## Your WVSSAC Administrators



**David Price**  
**Executive Director**



**Dan Comer**



**Wayne Ryan**



**Dr. Cindy Daniel**

----- Assistant Executive Directors -----



## DAVID PRICE APPOINTED AS THE NEW EXECUTIVE DIRECTOR AT WVSSAC

Mr. David Price assumed the position of Executive Director on July 1, 2023. A Boone County native, David comes to the WVSSAC from the Raleigh County Board of Education where he served as Superintendent since 2014. The Marshall University graduate has been in education for 40 years. Price served as a teacher and coach, Assistant Principal and Principal, and Principal in Boone County schools before assuming the role of Raleigh County school administrator. He served on the Executive Committee for the West Virginia Secondary School Principals Association, was the Superintendent Representative for the WVSSAC Board of Review for the past five years, was Coordinator for the West Virginia Department of Education Office of School improvement and Principal Leadership, and is a member of the West Virginia Coaches Association.



## **Dan Comer Appointed as the Assistant Executive Director at WVSSAC**

Mr. Dan Comer joins the WVSSAC as Assistant Executive Director in July 2023. He received his BA in Physical Education and Safety from West Liberty State College and his MA and Educational Certificate from West Virginia University. Dan is a member of the WVADA and NIAAA where he earned his CAA. Dan served 38 years in Berkeley County Schools as a teacher, coach, and school and county administrator. His track teams won two WV AAA State Championships at Hedgesville. He was Spring Mills High School's first athletic director and served his final two years as county coordinator for Health/Safety/Athletics. Comer earned WVSSAC and WVSACA Coach of the Year honors in 1995, 2003, and 2010. He earned the NIAAA Award of Merit in 2022 and the WVADA Athletic Director of the Year in 2023. As an experienced and well-respected leader in education, his experience, training, and knowledge will be an asset to the WVSSAC leadership.

**of**



## **Greg Bonnell Appointed to Board Directors**

Mr. Greg Bonnell is recently retired after 41 years of teaching and 27 years as the Athletic Director for Doddridge County Schools. Greg taught Tech Ed. at both the middle school and high school level during his teaching career. Greg graduated from Doddridge County High School in 1976. He then earned a Bachelor degree in Industrial Arts from Fairmont State College in 1980. Greg landed his first teaching job at Shady Springs Junior High in Beckley, West Virginia immediately after graduation. Greg taught Industrial Arts/Tech Ed. at Shady Spring Junior High from 1980 through May of 1992. While employed at Shady Spring Junior High Greg also coached wrestling, golf, girls' and boys' basketball and girls and boys track. In the Fall of 1992, Greg started teaching at Doddridge County Middle School where he taught Tech Ed. through the spring of 2003. While at Doddridge County Middle School Greg also coached girls' and boys' basketball, girls and boys track, and football.

In the Fall of 2003 Greg moved to Doddridge County High School where he continued teaching Tech Ed through the Spring of 2016. During his career at the high school he coached Freshman Basketball, Football and girls' softball. In 2016 Greg became the full time Athletic Director for Doddridge County Schools which included both the middle school and high school. During Greg's twenty-seven years as, Athletic Director he received his C.A.A. (Certified Athletic Administrator) in 2004.

In 2007-2008 he was the West Virginia Athletic Director Association's Athletic Director of the year. Greg was voted in as the President of the LKC (Little Kanawha Conference) Athletic Directors in 2016 and continued to hold this position through 2022 at which time he retired. In 2023 he was also awarded the National Interscholastic Athletic Administrators Association (NIAAA) Award of Merit. Greg just finished a two-year term as the West Virginia Athletic Directors Association President.

Greg married his wife Kris "Boggs" Bonnell in 1998. The two of them met in 1992 when they both started teaching at Doddridge County Middle School. Kris is still teaching P.E. and Health at Doddridge County Middle School.

We are happy to welcome Mr. Greg Bonnell to the Board of Directors.



## **Meredith Dailer Appointed to the Board of Directors**

Meredith graduated from Fairmont State University in 2001 with a BA in Secondary Education, Social Studies. She then graduated from WVU in 2004 with a MA in Secondary Education.

She taught Social Studies and Special Education at Wheeling Park High School from 2007 to 2015. During her time teaching at Wheeling Park, she became a National Board-Certified Teacher and received a master's degree from Wheeling Jesuit University in Education Leadership.

From 2015-2018, Meredith served as Assistant Principal at Triadelphia Middle School. In 2018, she returned to Wheeling Park to serve as their Associate Principal and was named head principal in the spring of 2020. Meredith was named the WVASSP Principal of the Year for 2024.

Meredith has served as a Deputy Board member for the WVSSAC since 2021 and currently sits on the board for both Gamechangers and WVASSP. She resides in Wheeling, WV with her husband, Jacob and their two children, Tessa (11) and Cal (9).

We are happy to welcome Ms. Meredith Dailer to the Board of Directors.





# West Virginia Secondary Schools Activity Commission West Virginia Bandmasters' Association Spring Festival for Performance Evaluation and Assessment



- I. The recognized band festivals of the State of West Virginia will be held under the joint sponsorship of the West Virginia Bandmasters' Association and the West Virginia Secondary School Activities Commission as a music education event for the instrumental music students of West Virginia schools.
- II. All WVSSAC member schools (High School, Middle School/9th Grade Schools) shall be required to participate in the festival of their region if band is in their class schedule or if the school has applied for and been granted a waiver. **Waivers must be postmarked by February 15.** (See WVSSAC Rule 127-5-5.3)
- III. Band Festivals may only be held with the sanction of the Secondary School Activities Commission.
- IV. To be sanctioned, a festival:
  - A) Must be held from the Monday of Week 38 to the Saturday of Week 44 of the WVSSAC standardized calendar. The regional director shall be responsible to determine the appropriate date which must be submitted to the WVSSAC prior to June 1 of the year preceding the festival.
  - B) Must be held in a facility adequate to host a festival (i.e. warm-up rooms with stands, acoustically acceptable performance area, etc..)
  - C) Must accept only bands that meet WVSSAC eligibility requirements.
  - D) Must see that bands meet all Festival Plan requirements.
- V. FESTIVAL PROCEDURE:
  - A) All music, with the exception of warm-up selections, must be selected from the current WVBA Graded Music List. New titles may be added to the Graded Music List by submitting them to the Graded Music List Chairman. **Additions to the Graded Music List are at the discretion of the chairman.** Submissions for the current school year must be postmarked no later than February 15. If a tune is not on the current Graded Music List, a No Rating will be given and the school will be notified accordingly. Two movements of a suite or one movement of a symphony shall constitute one selection. The WVBA Graded Music List may be accessed at the following web site: <https://wrjenks74.wixsite.com/wvgradedmusiclist>
  - B) The Chairman of the Music Grading Committee will be appointed by the President of WVBA and approved by the WVBA Executive Board. The chairman will then select his/her own committee with the advice and consent of the Executive Board.
  - C) No music shall be prepared and entered by a school in a festival more than once during any four consecutive years for high school and three consecutive years for middle schools. If the rule is not followed, the band will receive NR and the SSAC will be notified. The Festival Director must keep yearly records to enable the enforcement of this rule.
  - D) At the Festival, two separate selections from the current Graded Music List shall constitute the audition program. A warm-up selection may be played prior to these selections; however, it is not to be adjudicated. The warm-up selection may or may not be from the current Graded Music List.
  - E) The performance "level" of each band will be determined by the adjudicated selections.
  - F) The five ratings to be used in adjudication are: I, II, III, IV, and V.
  - G) A band may choose to have "Comments Only" instead of a rating; however, the music selected must still be selected from the Graded Music List. The Festival Chair will establish the deadline for such request.
  - H) Adjudication ratings will be published as follows: SCHOOL, LEVEL, RATING (e.g. COLUMBUS HIGH SCHOOL, LEVEL VI, RATING II).
- I) Sight reading shall be considered a festival option. If chosen, a sight reading judge will be hired. After performing the prepared festival music, the band will proceed to another performance area to read at sight a selection one level lower than the lowest level prepared. The sight reading grade will be considered separate from the other festival rating.
- VI. FEES: A fee of a minimum of **\$150.00** will be assessed for each band. **This fee shall be sent to the director of the regional festival.** If it is not postmarked no later than March 1 or at the discretion of the Festival Director. Participation by the band will be at the discretion of the Festival Director. In the event the Festival Director elects to waive the March 1st deadline, a \$50.00 fine will be assessed and must be paid on or before the performance date.
- VII. Fee for Non-Participating Bands & Sanctions  
If a band does not participate in the festival or is not granted a waiver, a fee of **\$150.00** will still be assessed and due by March 1. **Failure to pay the fee will result in Courtesy and Identification Cards for that school being withheld until payment is received.**
- VIII. Adjudicators:
  - A) Festival judges shall be selected from a list of qualified adjudicators approved by the West Virginia Bandmasters' Association. The assignment of festival judges will be made by the festival director with the assistance of the WVSSAC.
  - B) Additions to and deletions from the list of approved adjudicators may be made by submitting recommendations to the WVBA Executive Board. Festival Directors and bandmasters from each region may recommend qualified adjudicators to the WVSSAC. These individuals may be exempt from the required adjudicators' training.
  - C) Each band will be adjudicated on its prepared selections by three judges.
  - D) The official rating form approved by the WVBA shall be used for the adjudication.
  - E) For adjudicating a band festival, each judge shall be paid a fee of **\$225.00** and expenses which are to include a minimum of \$.50/mile travel and not more than \$20.00 per day for meals. In addition, the Festival Director shall arrange suitable housing for the judges at the expense of the festival.
  - F) Each judge shall be supplied a numbered score of the audition music to be adjudicated. Judges are not to receive scores of warm-up selections. Photo copies are only permitted as provided by the US Copyright Law. If the rule is not followed, the regional director must notify the WVSSAC.
  - G) Judges shall use both recorded comments and adjudication forms to evaluate and assess each band.
  - H) Sight reading adjudicators do not have to be on the approved adjudicators list.
- IX. The Festival Director shall be someone closely associated with music education. The Director is responsible for all affairs of the festival. The Director shall submit a Festival Report to the WVSSAC no later than ten working days following the festival. This report shall consist of the financial report, ratings of each band, and a festival fee in the amount of \$150.00.
- X. Final authority in case of disputes or interpretation of rules shall rest with the WVSSAC.





## 2023-2024 Regional Band Festival Results

The status of member school bands are listed below as to whether they attended Regional Band Festivals. The Festival Plan requires member schools (High Schools, Middle School/9<sup>th</sup> Grade Schools) to participate in the festival in their region within the guidelines of the Festival Plan. Section 127-5-5 of the WVSSAC Rules and Regulations Handbook states, "In order to qualify for approved participation in activities outside the home county and counties contiguous to the home county (including out-of-state), bands of members schools must have participation within the guidelines of the WVSSAC Band Festival Plan in the most recently conducted regional band festival".

### High Schools

School Name	Grade Level	Rating	School Name	Grade Level	Rating	School Name	Grade Level	Rating
Berkeley Springs	3-3	2	Bluefield	2-3	1	Braxton County	3-6	3
Bridgeport	5-5	1	Brooke	3-4	1	Buckhannon Upshur	5-4	1
Buffalo	4-5	1	Cabell Midland	4-5	1	Calhoun County	1-2	1
Cameron Jr./Sr.	2	3	Capital	2-3	1	<b>Chapmanville</b>		
<b>Clay-Battelle</b>			<b>Clay Co.</b>			Doddridge Co.	3-3	2
East Fairmont	4-5	2	East Hardy	2-2	3	Elkins	5	1
Fairmont Sr.	3-4	2	<b>Fayetteville</b>			Frankfort	4-4	1
George Washington	4-4	1	Gilmer County	2-1	1	Grafton	3-3	2
Greenbrier East FR	3-3	1	Greenbrier East Sym	4-6	1	Greenbrier West	4-3	1
Hampshire	3-4	1	Harman	2-3	1	Hannon	3-3	1
Hedgesville	4-4	2	Herbert Hoover	3-3	1	Hundred/Long Drain		DNP
Huntington	4	1	Hurricane	5	1	Independence	2-2	1
James Monroe			Jefferson	4-6	1	John Marshall	3-5	1
Keyser	2-3	CO	Lewis County	4-3	1	Liberty (H)	5-5	1
Liberty (R)	2-3	3	Lincoln	3-4	1	Lincoln County	3-4	1
<b>Logan</b>			Magnolia	3	1	<b>Man HS/MS</b>		
Martinsburg	3-5	1	Meadow Bridge	2-3	CO	Midland Trail	2-2	2
<b>Mingo Central</b>			Montcalm		DNP	Moorefield	2-3	2
Morgantown FR	3-3	1	Morgantown Wind	6-6	1	Morgantown Sym	6-6	1
Morgantown Con	3-4	1	<b>Mt. View</b>			Musselman	5-6	1
Nicholas County	2-2	1	Nitro	4-4	1	North Marion	3-3	3
<b>Notre Dame HS</b>			Oak Glen	3-4	1	Oak Hill	3-3	CO
Paden City	3	1	Parkersburg	4-4	1	<b>Parkersburg Catholic</b>		
Parkersburg South			Paw Paw MS/HS		DNP	Pendleton Co. HS/MS	2-2	3
Petersburg	4-3	1	Philip Barbour	6-5	1	Pike View	5-4	1
Poca	3-4	2	Pocahontas County	4-4	2	Point Pleasant	4-3	
Preston	3-4	2	Princeton	5-6	1	Ravenswood	5-4	
Richwood	3-3	1	Ripley	4-4	1	Ritchie County	3-2	
<b>Riverview</b>			Riverside	4-4	1	Roane County	4-4	1
Robert C. Bland	1-1	2	Robert C., Byrd - Sym	3-3	2	Robert C. Byrd	1-1	2
St. Albans	3-5	2	St. Joseph Central	3	2	St. Marys	3-2	1
<b>Scott</b>			Shady Spring	5-5	1	<b>Sherman HS/MS</b>		
Sissonville	4-4	1	South Charleston	4-3	1	South Harrison	3-3	3
Spring Mills	3-3	1	Spring Valley – Con	3	1	Spring Valley – Sym	4-5	1
Summers County	3-3	2	Tolsia A	3	1	Tolisa – B	4-5	1
Trinity Christian	1-2	1	Tucker County		DNP	<b>Tug Valley</b>		
Tygarts Valley	3-1	2	Tyler Consolidated	4	1	University Con	3-4	1
University6y – Wind	5-6	1	<b>Valley (F)</b>			Valley (W)		DNP
Wahama	2-3	1	Washington Con	3-3	2	Washington Sym	5-5	1
Wayne	3-4	2	Webster County	2	3	Weir		
Westside	2-2	2	<b>Wheeling Central</b>			Wheeling Park	5	1
Williamstown	5-5	1	Winfield	6	1	Wirt County	3-3	2
<b>Wood Co. Christian</b>			Woodrow Wilson	3-4	1	Wyoming East		CO





## 2023-2024 Regional Band Festival Results

### Middle Schools

School Name	Grade Level	Rating	School Name	Grade Level	Rating	School Name	Grade Level	Rating
Andrew Jackson	2-2	1	<b>Ansted</b>			Aurora	1-1	2
Barboursville	1	3	Barrackville	1-1	2	Beckley-Stratton	1-2	1
Belington	2	1	Blennerhassett	3-3	1	Bluefield	2-1	2
Braxton		DNP	Bridgeport 7 & 8	2-3	1	Bridgeport 6 <sup>th</sup>	1-1	1
Bridge Street	1-2	2	Brooke		CO	Bruceston	1-1	1
Buckhanon Upshur	2-3	2	Buffalo	1-2	1	<b>Burch PK-8</b>		
Capon Bridge	1-1	2	<b>Cedar Grove</b>			Central Preston 6 <sup>th</sup>	1-2	2
Central Presrton 7/8	1-2	1	Ceredo-Kenova	1	1	<b>Chapmanville</b>		
Charles Town 8 <sup>th</sup>	3-3	1	Charles Town 6 <sup>th</sup>	2-3	1	Clay Battelle	3-3	2
<b>Collins</b>			<b>Crum</b>			Davis Thomas		DNP
Doddridge	1-1	3	Dunbar	2-2	1	DuPont	1-1	2
<b>Duval K-8</b>			East Bank	1-1	3	<b>East Fairmont MS</b>		
<b>East Hardy</b>			East Preston	1-2	3	Eastern Greenbrier	3-2	1
Edison	2-2	1	Elkins	2	1	Elkview	1-2	2
<b>Fairmont Catholic</b>			Fairview	1-1	1	Fayetteville Pre K	2-1	2
Fort Gay	1	2	Frankfort	2-2	2	George Washington	2	1
<b>Gilbert</b>			Glenwood	1-1	1	Green Bank		DNP
<b>Guan Valley</b>			Hamilton	2-1	1	<b>Hamlin</b>		
<b>Harman</b>			Harpers Ferry	3-3	1	<b>Harts</b>		
Hayes	2-2	1	Hedgesville	2-2	2	Horace Mann	1-2	2
Huntington	1-2	1	Huntington East	2	1	Hurricane	3	2
Independence	1-1	CO	Jackson	1-2	1	John Adams	1-2	1
Kasson	1	CO	<b>Kermit</b>			<b>Keyser</b>		
<b>Lenore PK-8</b>			Lincoln	2-2	1	<b>Logan</b>		
<b>Madison</b>			Man			Mannington	1-1	3
Marlinton	3	2	Marlington 6 <sup>th</sup>	2-1	1	Martinsburg North	2-2	2
Martinsburg South	1-2	2	<b>Matewan</b>			McKinley	1-1	2
Milton	1	1	Monongah	1-1	2	<b>Montcalm</b>		
<b>Moorefield</b>			Moundsville	2	2	Mountain Ridge	2-3	1
Mountain View	2-1	4	Mountaineer 7 <sup>th</sup> Grade	1-2	1	Mountaineer 8 <sup>th</sup> Grade	3-4	1
<b>Musselman</b>			New Martinsville	1-2	1	Oak Glen	2	1
Oak Hill	1-2	2	<b>Our Lady of Fatima</b>			Park	2-2	1
Petersburg	1-2	2	Peterstown	2-1	2	Philippi	1	1
PikeView	2-2	1	Pleasants Co.	4-2	1	Poca	2	2
Point Pleasant	2-2	2	<b>Princeton</b>			Ravenswood	2-1	1
Ripley 7 <sup>th</sup> Grade	2-2	2	Ripley 8 <sup>th</sup> Grade	3-3	2	<b>Ritchie Co.</b>		
Rivesville	1-1	1	<b>Roane County</b>			Robert L. Bland	2	1
Romney	1-2	3	Rowlesburg	1-1	CO	Saint Francis	1-1	CO
St. Joseph	1-1	3	<b>Shady Spring</b>			Shepherdstown	2-2	1
Sherrard		1	Short Line		DNP	Sissonville	1-2	1
South	2-3	1	South Charleston	1-2	1	South Harrison	1-1	CO
South Preston	1-1	CO	Spencer	1-1	2	Spring Mills	1-1	CO
<b>Stonewall Jackson</b>			Summersville	2-2	3	Suncrest	2-3	1
Taylor Co.	1-2	1	<b>Tera Alta</b>			Trap Hill	1-1	3
Tridelphia	1	2	Tucker Valley		DNP	Tygarts Valley	2-1	3
Tyler Consolidated	2	1	Tyler 6 <sup>th</sup> Grade	1	1	VanDevender	5-5	1
Vinson	2	1	<b>Walton</b>			Warm Springs	2-2	2
Warwood	1	1	Washington Irving	1-1	2	Wayne	1	3
<b>Webster Springs</b>			<b>Weir</b>			<b>Wellsburg</b>		
West Fairmont 6 <sup>th</sup> Grade			West Fairmont 8 <sup>th</sup> Grade	1-2	2	West Preston	1-1	2
Western Greenbrier	2-2	1	Westside		CO	Westwood	2-2	1
Wheeling	1-2	2	Wildwood	2-2	1	<b>Williamson</b>		
Williamstown	2-2	1	Winfield	2-3	1	Wirt County	1-2	2

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## The West Virginia Plan of Adjudication

### Rating I (Division I)

This division represents the finest conceivable performance for the event and the class of participants being judged; worthy of the distinction of being recognized as among the very best.

### Rating II (Division II)

This rating reflects an unusual performance in many respects but not one worthy of the highest rating due to minor defects. However, it is a performance of distinctive quality.

### Rating III (Division III)

This rating is awarded for a good performance but one that is not outstanding. The performance shows accomplishment and marked promise but is lacking in one or more essential qualities.

### Rating IV (Division IV)

This rating describes a performance that shows some obvious weaknesses. These may reflect handicaps in the way of instrumentation or lack of rehearsal time.

### Rating V (Division V)

This rating indicates a performance which reveals much room for improvement. The director should check his methods, instrumentation, etc., with those of more mature organizations.

### \*Comments Only

A band director may choose to not receive a rating - just comments. This is to encourage bands to attend their Regional Festival even though they lack numbers or instrumentation.



# List of Adjudicators


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# Regional Band Festivals – 2024



## Region 1 – Hancock, Ohio, Brooke, Marshall, Wetzel, and Tyler

Location: John Marshall High School

Date: **April 16 & 17, 2024**

Director: Tracey Filben, Bandmaster  
John Marshall High School  
1300 Wheeling Avenue  
Glen Dale, WV 26038

Reg. Rep: Debra Price

E-mail: [tfilben@k12.wv.us](mailto:tfilben@k12.wv.us)

## Region 2 – Doddridge, Ritchie, Wood, Gilmer, Wirt, Calhoun,

Roane, Jackson, Mason, and Pleasants

Location: Ripley High School Date: **April 10, 11 or 12, 2024**

Director: Henry White, Bandmaster  
Ripley High School  
2 School Street  
Ripley, WV 25271

Reg. Rep: Dr. Scott Tignor

E-mail: [edstaats@k12.wv.us](mailto:edstaats@k12.wv.us)

## Region 3 – Putnam, Cabell, and Wayne

Location: Cabell Midland High School

Date: **April 11, 12, 13, 2023**

Director: Tim James, Bandmaster  
Cabell Midland High School  
2300 Route 60  
Ona, WV 25545

Reg. Rep: Brian Dunfee

E-mail: [trjames@k12.wv.us](mailto:trjames@k12.wv.us)

## Region 4 – Kanawha

Location: Capital High School

Date: **March 21 & 22, 2023**

Director: Meleah Fisher, Bandmaster Herbert Hoover HS  
Herbert Hoover High School  
5856 Elk River Rd. North  
Clendenin, WV 25045-9716

Reg. Rep: Bobby Jenks

E-mail: [mfisher@mail.kana.k12.wv.us](mailto:mfisher@mail.kana.k12.wv.us)

## Region 5 – Lincoln, Boone, Logan, Mingo, and Clay

Location: Chapmanville Regional High School

Date: **TBD**

Director: Robin Bailey, Bandmaster  
Chapmanville Regional High School  
200 Vance Street  
Chapmanville, WV 25508

E-mail: [robin.bailey@k12.wv.us](mailto:robin.bailey@k12.wv.us)

## Region 6 – Wyoming, McDowell, Mercer, and Monroe

Location: Chuck Mathena Center

Date: **April 18, 2024**

Director: Candace Wilson,  
Bandmaster  
Chuck Mathena Center #2  
Stafford Commons  
Princeton, WV 24740

Reg. Rep: Julia Kade

E-mail: [cwilson@k12.wv.us](mailto:cwilson@k12.wv.us)

## Region 7 – Fayette, Raleigh, Summers, Greenbrier, and Nicholas

Location: Woodrow Wilson High School

Date: **TBD**

Director: Christa Fama  
400 Stanaford Road  
Beckley, WV 25801

Reg. Rep: Timmy Fama

E-mail: [acfama@k12.wv.us](mailto:acfama@k12.wv.us)

## Region 8 – Tucker, Barbour, Lewis, Upshur, Randolph, Pocahontas, Webster, and Braxton

Location: Philip Barbour High School

Date: **March 22 & 23, 2024**

Director: Victor Iapalucci, Bandmaster  
Philip Barbour High School  
99 Horseshoe Drive  
Philippi, WV 26416

Reg. Rep: Allen Heath

E-mail: [viapaluc@k12.wv.us](mailto:viapaluc@k12.wv.us)

## Region 9 – Pendleton, Hardy, Grant, Mineral, Hampshire, Morgan, Berkeley, and Jefferson

Location: Musselman High School

Date: **MTBD**

Director: Casey Rogers Adams, Bandmaster  
Musselman High School  
126 Excellence Way  
Inwood, WV 25428

Reg. Rep: Rachel Allen

E-mail: [mknepper@k12.wv.us](mailto:mknepper@k12.wv.us)

## Region 10 – Preston, Monongalia, Marion, Taylor, and Harrison

Location: Bridgeport Middle High School

Date: **March 27 & 28, 2023**

Director: Michael Ford  
144 Virginia Street  
Jane Lew, WV 26378

Reg. Rep: Mark Palmer

E-mail: [musicmakers07@aol.com](mailto:musicmakers07@aol.com)

## Participation of Bands at Basketball Contests

Part of the excitement at many of our interscholastic basketball contests involves the spirited music supplied by a pep or jazz band. The performances of the musical group are enjoyed by all attending the game. To ensure full appreciation of the group's performances, certain guidelines, indicating when to play, should be followed. Band directors are reminded that as a courtesy to the teams and cheerleaders of both schools, the performances by the band should be limited to a certain schedule. The guidelines listed below indicate an appropriate playing schedule for the band.

### ***Guidelines for bands performing at basketball contests:***

- 1) The band should play before the game begins. The director should coordinate the schedule so that team members may be announced if desired by the host school.

- 2) The band should play at halftime of the contest.
- 3) The band may play at the end of the contest if desired.
- 4) The band should not play during time-outs or the break between quarters in order to allow the cheerleaders the opportunity to lead cheers. Players and coaches need to be able to communicate with each other during time-outs.
- 5) Musical instruments may not be used as noise makers during the contests.

The band director and his/her performing group will display courtesy and respect to the players and cheerleaders by playing at specific times. With good planning and cooperation, the school pep band will be an integral part of the excitement and spirit of the contests.



## Band Procedures for Football Playoffs

Band members in uniform of the two participating schools shall be admitted to the game free. During the half-time intermission of the game, the visiting team band shall perform first and be prepared to start its performance immediately after the end of the first-half play. Performance by the visiting team band shall not exceed ten (10) minutes including time to get on and off the field. Performance by the home team band shall not exceed ten (10) minutes including time to get

on and off the field. The field must be cleared for the mandatory three-minute warm-up drills for players. Teams should be notified at the end of fifteen (15) minutes. If a special announcer is required for a band show, previous arrangements shall be made with game director in order to gain access to the public address system.



# West Virginia Concert Band Adjudicator's Guidelines

This application can be requested from:

**WVSSAC, 2875 Staunton Turnpike, Parkersburg, WV 26104-7219**

**Chris Hayslette, Bandmaster Bridgeport High School, 515 Johnson Ave., Bridgeport, WV 26330**

1. **All applicants** must possess a degree in Music, or Music Education from a recognized school, college, or university.
2. **All applicants** must have a minimum of five (5) year's teaching experience in a public, secondary, or postsecondary school. Please list your most recent dates of employment and the dates at that location. If you have been at that location less than five years, please use the next line(s) on the application to complete this section.
3. **All applicants** must complete the Introduction to Music Adjudication course offered through the National Federation of State High Schools Association. The course is located online at <http://nfhslearn.com/courses/61030/introduction-to-music-adjudication>
4. **For In-State Elementary and Secondary Music Educators:**  
Observe a full day of adjudication, with an approved adjudicator, at a Regional Band Festival sponsored by the WV Bandmasters and/or the WVSSAC. The applicant should contact the region chair and/or someone that he/she knows is judging the band festival. Arrangements should be made to sit beside the approved adjudicator. The applicant should make notations on a separate Concert Band Adjudication Form (received from the Region Chair) and after each group performs may share observations with the official adjudicator. The applicant will assign a rating for the particular group but in no way will this have any bearing or effect on the scores for the performing ensemble. At the end of the day, the Region Chair and the observed adjudicator will sign off on the application to verify that the applicant has met the criteria and is qualified to be placed on the list. Care should be taken to only endorse those individuals that the adjudicator would want to possibly judge their own ensemble. Only one applicant will be permitted with one adjudicator at each festival, and no reimbursement will be made to the applicant. Lunch/Dinner will be provided at no expense to the applicant if it is the custom of the region festival to do so.
5. **For Out of State and Postsecondary Educators:**  
Individuals must obtain two (2) letters of recommendation from:
  1. An individual already on the "Approved" list of adjudicators
  2. A current Region Chairperson
  3. A currently employed band director with a minimum of five (5) year's teaching experience in a public, secondary, or postsecondary school.
 Applicants should have the writer submit their letter directly to the Adjudicator's list chairperson.  
 In-State Postsecondary Educators may elect either option #4 or #5.  
***Applicants who elect option #5 will be granted temporary approval until they have completed their first festival adjudication. At the following May meeting a vote will be taken to place the applicant on the permanent Adjudicator's list.***

This application should be mailed to Chris Hayslette no later than June 1. Approved applications will be placed on the list effective July 1 and be eligible to adjudicate the following year. All changes of address or employment should be reported to Chris Hayslette yearly so updates can be made.

## West Virginia Concert Band Adjudicator's Application

Information: Name \_\_\_\_\_

Home Address \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Primary Phone \_\_\_\_\_

Secondary Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

1. Degree in Music/Music Education from a recognized music school, college, or university  
 School \_\_\_\_\_  
 Degree \_\_\_\_\_  
 Year Completed \_\_\_\_\_
2. A minimum of five (5) years teaching experience:  
 Employed by \_\_\_\_\_  
 Dates \_\_\_\_\_  
 Employed by \_\_\_\_\_  
 Dates \_\_\_\_\_
3. Observe a full day of adjudication, with an approved adjudicator, at a Regional Band Festival sponsored by the WV Bandmasters and/or the WVSSAC.  
 Region Site \_\_\_\_\_  
 Date \_\_\_\_\_  
 Region Chair Signature \_\_\_\_\_  
 Observed Adjudicator Signature \_\_\_\_\_

**Form and a copy of your NFHS Adjudication Certificate is to be returned to: Chris Hayslette, Bandmaster Bridgeport High School, 515 Johnson Ave., Bridgeport, WV 26330**

# 2023-2024 Cheerleading Program



**REQUIRED READING:** Cheer coaches are reminded to carefully review and follow all rules and regulations as set forth in this document, the coaches packet, and the WVSSAC Cheer Manual, (a supplemental document available online), NF Rule Book and WVSSAC Rules & Regulations Handbook.

The Cheer Coaches Committee met on April 12, 2023.

## 2023-24 High School Cheerleading Dates:

Season Starts:	Mon. of Wk. 5	July 31
Regional Outline (C-2 A&B) Due		October 4
Regional Entry Form (C4) & Music Form (C5) Due		October 4
Regional	Week 18	November 4
State	Week 23	December 9
Season Ends		March 16
Cheer Injury Report Due - High School		March 20 (Wed)
Cheer Injury Report Due - Middle School		March 6 (Wed)

**Reports are to be completed online.**

The Head coach is required to attend a clinic which will focus on rules and regulations and safety procedures (**YOU CANNOT SEND YOUR ASSISTANT**).

## I. RULES AND REGULATIONS-GENERAL

- A) Procedures for tryouts shall be decided by individual schools. Cheer tryouts may not be held until the beginning date for the cheer season. An orientation session may be held prior to the last day of each year's school term. **This shall be a meeting to inform parents and students of the school's cheer program. This is an orientation session for information only; no cheer activities or instruction may occur.**
- B) It is strongly recommended that cheer teams be chosen by the coach.
- C) **Fund-raising** - Schools are to abide by all fundraising procedures established by the state county and school.
- D) Restriction on Competition--In order to qualify for any competitions, cheerleading teams of member schools must have participated in the most recently conducted regional cheer competition (high school teams only). **Failure to compete in the most recently conducted regional cheer competition will result in restriction of competing in any other competition for 365 days.**
- E) State Basketball Tournament Regulations - Cheer teams whose basketball teams are involved in state tournament play should refer to regulations outlined in the WVSSAC Cheer Manual.
- F) No stunting is allowed during foul shots in basketball. No stunting is allowed during play or warm-ups. No standing behind free throw lane extended.
- G) Basketball Cheering Regulation-When cheering at basketball contests, the cheer team is not allowed to enter the court during a thirty (30) second time out.
- H) Inappropriate behavior or poor sportsmanship exhibited by cheer teams or coaches during regular season or competition is never acceptable.
- I) Cheerleading teams may participate only in competitions which are **SANCTIONED** by the WVSSAC. **Only WV certified judges may be used. A minimum of one Safety Judge is required. Refer to WVSSAC website for further information.**
- J) Requirement for Choreographers: All choreographers must attend one of the scheduled judges' clinics annually **before working with any school team.**
- K) During the cheer season, each school is allowed five outside assistance days with a choreographer. Any or all part of a day used for outside assistance shall count as one full day. Cheer coaches within the same county feeder program may assist each other on these five days as long as no compensation is given for the assistance. Teams advancing to the state

tournament may request one additional outside assistance day from the WVSSAC office.

- L) By principal permission, cheer coaches may participate in cheer activities with students during county approved 3 week window and principal approved flex days.
- M) All middle and high school cheer coaches must submit all required forms by the deadline. Failure to do this will result in a \$50.00 fine per form.
- N) Handheld signs flags, poms, and megaphones are allowed.
- O) Casts that are not removable are not permitted during tumbling and stunting.
- P) Cheer teams are **NOT** permitted to participate in the hand shake line with teams. They may shake hands with other cheer teams.
- Q) **Beginning with the 2021-22 school year, mats will be required for all practices and competitions.** Competitions will be held on a floor consisting of strips of 6 x 42 carpeted foam mats, 1 3/8" thickness.

## II. RULES AND REGULATIONS-UNIFORMS

- A) When standing at attention, apparel must cover the midriff, both front and back. Sheer material is not permitted on the torso.
- B) Shoulder cutouts are permitted as well as one front cutout and one back cutout as long as it is above the legal neckline. Necklines can be V-neck, scoop, or square.
- C) Modified racer backs are permitted.
- D) Skirts must fully cover the hips and fall at least 2" below the required boy cut brief to be worn underneath.
- E) Skorts may be worn and must have a minimum inseam of 3".
- F) Shorts with minimum inseam of 3" are allowed as part of the uniform for non-game day events and activities. Shorts are not to be worn as part of the uniform except for special circumstances. Requests for special circumstances must be made to Cindy Daniel at the WVSSAC office for approval.
- G) Pants/warm ups are allowed as part of the uniform for travel, inclement weather, etc. Stunting is not permitted in loose fitting warmups.
- H) Hats, body paint, face paint, and facial stickers are not permitted during competition. Stickers and face paint may be worn during regular season. Body glitter, shimmer, or dust that does not adhere to the body is not permitted, as well as attached eyelashes.
- I) No jewelry is permitted at any time, including body piercing jewelry.
- J) Sequins, glitter, beads, rhinestones, etc. must be flat and heat pressed into the fabric. This applies to all parts of the uniform.
- K) Hair must be worn in a manner that is appropriate for the activity. During competition, hair must be pulled back or up away from the face.
- L) Hair-Refer to NFHS Rule 2.1.5.
- M) Fingernails, including artificial, must be kept short near the end of fingers.

## III. RULES AND REGULATIONS-OTHER

- A) Cheer coaches are reminded that all WVSSAC rules and regulations apply to the sport of cheerleading. Violators of rules and regulations will be assessed appropriate penalties. It is the coach's responsibility to be knowledgeable of the rules and to ensure that all members of the cheer program adhere to the rules and determine readiness to perform all stunts.
- B) Participation at games/contests is limited to a school's spirit team. All mascots must be enrolled in the school and meet all eligibility rules for participation.
- C) Tumbling classes must be voluntary on the part of each cheerleader. Tumbling class(es) must not be required for the purpose of tryouts OR participation on a school cheer squad unless it is part of one of your 5 dates of outside assistance.
- D) During the school year and while a member of a **middle or high**



**school team**, a student shall neither participate on any formally organized non-school team in the same sport, nor shall the student compete as an individual unattached in non-school formally organized competition in the same sport. Participation includes practice, fundraising, team pictures, etc. This rule has nothing to do with whether your team competes in competitions. The release date for high school cheer is the elimination from Regional Tournament or the State Tournament. The release date for middle school is the completion of the county or conference cheer championship. If there is no county or conference championship, middle school release date is after regionals. At this time, they may participate provided:

- 1) participation is approved by the student's principal.
- 2) the student misses no school-sponsored activity

E. All music used must meet copyright requirements. In order to edit and mix music a license from the copyright owner must be obtained. For a list of authorized providers go to [www.usacheer.net/music](http://www.usacheer.net/music).

#### IV. MIDDLE SCHOOL-SCHOOL RULES AND SAFETY REGULATIONS

##### Middle School Dates:

Season Starts	Mon. of Wk. 6	August 7
Season Ends		February 24
Cheer Injury Report Due - Middle School		March 6 (Wed)

For middle school open/invitational competitions, the use of the Cheer Outline is mandatory if the event is an in-state WVSSAC sanctioned event. Outlines should be submitted to head safety judge prior to competition.

- A) Competitions - Schools or organizations hosting or participating in cheer competitions should refer to the regulations in the WVSSAC Cheer Manual. **WV certified judges must be used.**
- B) Middle school spirit team coaches shall emphasize:
  - a) Safety and readiness, importance of the spotter.
  - b) Conditioning
  - c) Basics [i.e. arm motions, jumps, partner stunts (shoulder height and below)]
- C) Any member of a freshman team in a four year high school that participates on a junior varsity team is ineligible to return to the freshman team.
- D) For list of middle school modifications, please see cheer manual.

#### V. COMPETITIONS (REGIONAL AND STATE)

ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms/reports that must be filed with the WVSSAC office can be found with the instructions for each sport. To be eligible to participate in regional and state cheer competition, each member of the team must have participated in a minimum of 70% of the team activities from 1st day of the season through Regional and State Competition. This includes all activities of the team (i.e. cheering as a support group at other sport contests, fund raisers, practices, cheer competitions/ invitationals, pep rallies, clinics, camps, etc.). It will be the coach's responsibility to verify that each member has complied with the 70% regulation. The 70% rule is not intended to penalize cheerleaders who have not been able to actively participate due to injury verified by a physician or grades.

- A) **FORMAT-** The competition format will include a 30-40 second technical and a 2 minute 30 second open routine. The technical portion will make up 30% of the total score and will be scored at end of technical portion.

**For specific information and rules regarding the technical and open portions, please refer to the Cheer Manual.**

- B) Dance moves that involve repetitive pelvic thrusts, during cheer performance and competition are prohibited. -10 point deduction.

- C) Failure of a school to have a coach in attendance at the regional or state competition shall result in the school's disqualification. Only two coaches may be on the floor during the performance.
- D) The following 4 forms are due to the WVSSAC office no later than October 4: (Send to cindy.daniel@wvssac.org)

1) **Regional Entry Form C-4,**

2) **Music Warranty Form C-5, and**

3) **C2 A & B including your Technical Words** for regional competition. All forms can be found on the WVSSAC website. New for 2023-24 The Cheer Committee voted unanimously to eliminate a written narrative of the open. Instead, coaches will submit a video of stunts.

- E) A maximum of thirteen (13) team members will be allowed to participate in regional and state competition. Alternates must be listed on eligibility certificates. Any cheerleader arriving after the official start of judging of the team will not be allowed to participate.
- F) No team may come onto the floor prior to the team announcement. No gymnastics upon entering or exiting floor at the end of the routine. The team needs to exit the performing floor immediately. Once the competition has begun, no coach, fans, parents, etc., are allowed on the floor with the exception of the coach in cases of injury. It is the regional tournament director's responsibility to enforce these regulations at the tournament. During the awards presentation, the team and coach may enter the floor to accept the awards and members must be legally attired (no balloons, flowers, stuffed animals, etc.). In the interest of safety, parents, fans, etc., are not to enter the floor.
- G) For the technical to indicate the beginning of the time, one team member will raise the right arm fully extended. The arm must drop forward immediately and the time will begin. No motions, words, actions, etc., may begin before this time. This includes such actions as salutes or stomps, etc. For the open to indicate the beginning of time, the right arm is to be fully extended and remain so until first word, motion or music.
- H) Time STOPS when ALL cheerleaders have returned to the cheer surface and words, motions, and music have stopped.
- I) No restarting of time is allowed except for a mechanical failure or an injury, as determined by head safety judge.
- J) All routine music shall be provided and a backup shall be available. **All music must meet US Copyright laws.**
- K) **When possible, music is to be downloaded prior to the competition.**
- L) **Tie Breaking procedures for regional and state competition.** The scores of the **Technical** portion of the routine will be used as the first tie breaker. If necessary to advance beyond this category, the **Open Execution/Difficulty** scores will be used as the second tie breaker. The **Overall Effect** scores will be used as the third tie breaker. In all three cases, the scores of all judges will be totaled in the breaking procedure.
- M) The regional and state competition performance order will be **AA, AAA, A.**
- N) Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.
- O) **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
- P) No cheering/chanting between the technical and open allowed by cheer teams.
- Q) New for 2023-24 Coaches will provide a baseline level of difficulty score to head safety judge at safety check

#### VI. JUDGES AND GUIDELINES FOR JUDGING

Judges for regional and state competition will be assigned by

- . B) In all cheer competitions, only WV certified judges may be used. List of Judges is available by request from WVSSAC office.
- A) Refer to WVSSAC Cheer Manual for additional information,
- B) rules and regulations.
- C) Required Judges Training and Choreographer Training:
- D) Specific dates and times will be posted on the WVSSAC website as well as on social media. Training is required for anyone wanting to become a judge in West Virginia. This class may also be used to recertify as a judge.
- E) Judges and choreographers must attend a judges training annually.

## 2023-24 Spirit Rules Changes

**Rule 1:** The definition of hanging pyramid was revised to hanging stunt for clarification.

**Rationale:** Diamond Heads and Whirlybirds are technically not pyramids, since they are not connected to other stunts. This change would clarify that they are subject to the restrictions dealing with Hanging Stunts.

**3-3-5d** – New language was added to clarify the connection required for a bracer in a flip inversion pyramid, where the connection is not hand to hand/arm. The bracer with non-arm contact must be at prep level or below.

**Rationale:** This change clarifies the requirement for a bracer that does not have hand to hand contact with the top person. As the inversion rule has evolved and the connection between the top person and the bracer has changed from two arms to one arm, there is a need for further clarification for bracers who do not have hand to hand contact with the flipping top person.

**3-3-6a** – Allows inversions to release to non-inverted dismount, loading position, or stunt with no more than a full twist.

**Rationale:** Allows for a consistent rule for the same twisting allowance for each type of landing.

**3-3-6b, 4-3-6b** – Clarified requirements for the contact between stunt personnel for inversion that begin and remain below prep.

**Rationale:** Would enable a wider variety of below prep level inversions to be performed legally, mirroring the language in prep level inversions. The change clarifies the rule that was changed in 2018.

**3-4-5** – Revised rule to reflect new definition of hanging stunts.

**Rationale:** A true hanging pyramid would be subject to this rule just like an extension in a braced pyramid and would still require a spotter. Letter “C” is no longer necessary. The revised rule reflects new definition of a hanging stunt.

**3-5-4** – Allows a toss to be caught in a horizontal or vertical stunt by the original bases. The toss must not go significantly higher than the point of contact with the bases.

**Rationale:** Allows a toss to be caught in a horizontal or vertical stunt by the original bases while clarifying only a ball up position is allowed during the release of a toss caught in a non-inverted stunt.

**3-5-6, 4-5-4** – Allows a helicopter to be performed by three basis.

**Rationale:** Decreasing the number of tosser/catchers brings the personal requirement in line with similar skills. Helicopters will continue to require a tosser/catcher to be in position to support the top person’s head and shoulders at the beginning and end of the skill.

**3-5-7** Deleted redundant log roll rule. The criteria for a log roll is addressed in the release transition rule (3-5-5).

**Rationale:** 3.5.7.1 is unnecessary, as that is the normal rotation for a single base. 3.5.7b conflicts with popping from a cradle or flat back and performing a half twist to the prone position.

**4-4-4** – Allows a top person to pass through an extended position when moving from a vertical position to a horizontal or cradle position.

**Rationale:** Allows for a skill in Dance that has been proven effective with minimal risk in a corresponding Cheer skill.

**2023-2024 Sprit Points of Emphasis**

1. Copyright Compliance
2. Sportsmanship
3. Performing Surfaces
4. Risk Minimization

**\*Modifications of NFHS rules for both high school and middle school have been revised and are located in the Cheer Manual. Coaches are required to read and follow all modifications**





### CHEERLEADING REGIONAL ALIGNMENT

Cheer coaches are to notify the WVSSAC no later than October 1, if the team chooses not to participate in the regional cheer competition. Cheer coaches must submit a letter signed by the school principal verifying that the team chooses not to participate. Coaches are reminded to review the restrictions regarding non-participation.

In each region, schools are listed by order of performance. The Order of Performance for regional competition can also be accessed on the WVSSAC website. Should a team choose not to participate, the order will remain with all schools moving forward in order.

#### CLASS AAA

##### Region I

Site: Wheeling Park  
 Director: Chris Daugherty, AD  
 Date: November 4 2:00 PM  
 Wheeling Park, Preston, Brooke, Bridgeport, Morgantown, John Marshall, Buckhannon Upshur, University

##### Region II

Site: Jefferson High School  
 Director: David Viands, AD  
 Date: November 4 2:00 PM  
 Hedgesville, Musselman, Martinsburg, Hampshire, Spring Mills, Jefferson, Washington

##### Region III

Site: Riverside High School  
 Director: Lisa Skiles  
 Date: November 4 2:00 PM  
 George Washington, Oak Hill, South Charleston, Capital, Riverside, Princeton, Greenbrier East, St. Albans, Woodrow

##### Region IV

Site: Cabell Midland  
 Director: TBD  
 Date: November 4 2:00 PM  
 Lincoln County, Huntington, Ripley, Parkersburg, Spring Valley, Cabell Midland, Parkersburg South, Hurricane

#### CLASS AA

##### Region I

Site: Wheeling Park  
 Director: Chris Daugherty, AD  
 Date: November 4 10:00 AM  
 Weir, Fairmont Senior, Grafton, North Marion, Frankfort, Oak Glen, East Fairmont, Keyser, Berkeley Springs

##### Region II

Site: Lincoln High School  
 Director: Holly Hawkins, AD  
 Date: November 4 10:00 AM  
 Clay County, Lewis County, Roane County, Philip Barbour, Liberty, Braxton County, Lincoln, Elkins, Robert C. Byrd

##### Region III

Site: Riverside High School  
 Director: Lisa Skiles  
 Date: November 4 10:00 AM  
 Independence, Westside, Nicholas County, Liberty(R), Herbert Hoover, Bluefield, Pikeview, Shady Spring, Wyoming East

##### Region IV

Site: Cabell Midland  
 Director: TBD  
 Date: November 4 10:00 AM  
 Logan, Chapmanville, Winfield, Point Pleasant, Sissonville, Poca, Scott, Mingo Central, Nitro, Wayne

#### CLASS A

##### Region I

Site: Wheeling Park  
 Director: Chris Daugherty  
 Date: November 4 6:00 PM  
 Ritchie County, Tyler, St. Marys, Madonna, Paden City, Wheeling Central, Williamstown, Hundred, Cameron, Magnolia, Wood County Christian, Valley, Parkersburg Catholic

##### Region II

Site: Lincoln High School

Director: Holly Hawkins, AD  
 Date: November 4 6:00 PM  
 Petersburg, Clay Battelle, Union, Trinity Christian, South Harrison, Doddridge County, East Hardy, Notre Dame, Tygarts Valley, Pendleton, Harman, Tucker County, Paw Paw, Moorefield

##### Region III

Site: Riverside High School  
 Director: Lisa Skiles  
 Date: November 4 6:00 PM  
 Riverview, Greenbrier West, Charleston Catholic, James Monroe, Meadow Bridge, Pocahontas County, Midland Trail, Greater Beckley Christian, Richwood, Summers County, Montcalm, Webster County, Mount View

##### Region IV

Site: Cabell Midland  
 Director: TBD  
 Date: November 4 6:00 PM  
 Van, Tolsia, Buffalo, Gilmer County, Tug Valley, Calhoun County, Hannan, Ravenswood, Wirt County, Huntington St. Joe, Sherman, Wahama, Man

#### STATE TOURNAMENT INFORMATION

**DATE:** Saturday, December 9- 10:00 AM  
 Friday, December 8 - Team Practice Starts at 2:00 PM

**TOURNAMENT DIRECTOR:** Heather Enoch

**SITE:** Marshall University Cam Henderson Center

**TICKET PRICE:** Adult - \$10.00 Student - \$7.00

#### State Order of Performance (AA, AAA, A)

Region 1 Winner  
 Region 1 Runner Up  
 Region 4 Runner Up  
 Region 2 Winner  
 Region 3 Winner  
 Region 2 Runner Up  
 Region 4 Winner  
 Region 3 Runner Up

### 2022-2023 State Cheerleading Champions

#### Class AAA

**Jefferson High School**

#### Class AA

**Lincoln High School**

#### Class A

**Tug Valley High School**



# 2023 Cross Country Program



**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.** The necessary forms for reports that **must** be filed with the WVSSAC office can be found with the instructions for each sport.

The Board of Directors and Cross Country Committee reviewed the cross country program in the August Interscholastic and approved the following:

## 2023 Cross Country Dates:

<b>Maximum Team Meets</b>	<b>16</b>	
<b>Season Starts:</b>	<b>Mon. of Wk. 5</b>	<b>July 31</b>
<b>Contest May Be Held</b>	<b>Wed. of Wk. 7</b>	<b>August 16</b>
<b>Regional</b>	<b>Week 16</b>	<b>October 19</b>
<b>State</b>	<b>Week 17</b>	<b>October 28</b>

### I. GENERAL INFORMATION:

- A. The course for all races will be 5,000 meters. The only exception would be due to limitation of the course.
- B. Team members must have 12 practices on 12 separate days before the first meet. If a team member is participating in a second fall sport, they must have at least five days of practice for that sport. (See Rule 127-2-13)
- C. All Cross Country meets must be scored according to National Federation Rule 9, Section 2, Articles 1-6, of the 2023 Track and Field and Cross Country Rules Book.
- D. No student should be permitted to participate in the program until he/she has provided the school with a Physical Examination Form properly filled out by a competent physician and signed by parent.
- E. It is recommended that the host school for the regional make the course available during the regular season to enable participating schools the opportunity to compete on the course.
- F. All ATV riders should wear helmets. No passengers are allowed.
- G. Recommended that all regular season meets follow the running order of State Meet.
- H. Number of teams and runners must be announced at start line.

### II. RULES AND REGULATIONS:

- A. A team shall consist of at least five but no more than seven runners. For a team to count in any meet, at least five members must finish the event.
- B. During the regular season, it is optional for a team with four (4) runners to factor in the score of the last place runner for the team to count that event. The meet director should be informed prior to the start of the meet.
- C. A school must have competed in no fewer than five regularly scheduled interscholastic meets in order to enter the Regional and State meets.
- D. **Uniforms:** Coaches are responsible for their participants complying to the National Federation Cross Country rules governing competitors uniforms.
  1. The waistband of a competitor's shorts shall be worn above the hips.
  2. Participants are forbidden from wearing sunglasses and caps. Hair pins made of soft material or rubber bands may be worn in the hair.
  3. Participants may not have an object such as a straw, pencil, or other objects in or about the mouth.

4. Gloves may be worn during the season.
5. Runners may wear a wristwatch or **chronograph** (no hand held stopwatch allowed).

**Penalty: For illegal uniform, the competitor is disqualified from the event.**

- E. Since cross country is not included in the Limited Team Membership Rule, students participating in any running event as an individual while a member of his/her school team may accept a medal, trophy, cup, certificate, ribbon, plaque, unattached letter, unattached chevron or any similar award.
- F. **Coach:** No team or individual will be allowed to compete in any meet unless accompanied by a coach or professional faculty representative. Teams and individual entries unaccompanied by such coach or professional faculty representative will be disqualified.
- G. **Consideration for medical transportation should occur at all meets.**
- H. **Wireless communication between coaches is prohibited.**
- I. **No athlete is permitted to run in a meet until all practice requirements are met.**
- J. **There will be no junior varsity competition at Regional meets.**
- K. **Eligibility forms will not be sent to Regional Directors; however, entry forms must be sent.**

### III. TOURNAMENTS:

#### A. Points of Emphasis:

1. Official Party  
Team Qualifying - 10 Including Board approved Coach  
Individual(s) Qualifying and Coach  
All others will be expected to pay admission price.
2. **ATTENTION REGIONAL DIRECTORS:** Email a Hytek back-up copy of regional meet results to Marshall Cavender at [mcavender@mail.kana.k12.wv.us](mailto:mcavender@mail.kana.k12.wv.us)  
Regional meets must use Hytek Scoring Program.
3. Team or Individual Pages for the Championship Program must be received in the WVSSAC office by noon, **October 20, 2023.**
4. **Regional Director will hire a WVSSAC registered track official or appoint a games committee to resolve disputes should they occur.**
5. **Hy-Tek scoring system will be used at all Regional meets. It will be provided by the WVSSAC.**
6. **All Regional meets will enter through [www.RaceTimeEntry.com](http://www.RaceTimeEntry.com)**
7. **At regional meets, there shall be a 45 minute between start of first race and start of second in accordance with the state meet.**

#### B. Regional Meets - October 19, 2023

A starting device shall be fired during all regional meets. In case of malfunction, a back-up starting device may be used, i.e., whistle, bullhorn, or flag.

**AAA**

#### Region I

Location: Wheeling Park  
Director: Chris Daugherty AD

Date: October 19, 2023  
 Schools: Bridgeport, Brooke, Buckhannon-Upshur, John Marshall,

Wheeling Central



Morgantown, Preston, University, Wheeling Park

## Region II

Location: Hampshire High School  
 Director: Trey Stewart, AD  
 Date: October 19, 2023  
 Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington

## Region III

Location: Woodrow Wilson HS  
 Director: Andrew Pinnick, AD  
 Date: October 19, 2023  
 Schools: Capital, George Washington, Greenbrier East, Oak Hill, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

## Region IV

Location: Huntington HS  
 Director: Bruce Senior, AD  
 Date: October 19, 2023  
 Schools: Cabell Midland, Huntington, Hurricane, Lincoln County, Parkersburg, Parkersburg South, Ripley, Spring Valley

## AA

## Region I

Location: Grafton High School  
 Director: Rich Bord, AD  
 Date: October 19, 2023  
 Schools: Berkeley Springs, East Fairmont, Fairmont Senior, Frankfort, Grafton, Keyser, North Marion, Oak Glen, Philip Barbour, Weir

## Region II

Location: Elkins HS  
 Director: Ross Hare, AD  
 Date: October 19, 2023  
 Schools: Braxton County, Elkins, Lewis County, Liberty, Lincoln, Roane County, Robert C Byrd

## Region III

Location: Shady Spring HS  
 Director: Ronnie Olson, AD  
 Date: October 19, 2023  
 Bluefield, Clay County, Herbert Hoover, Independence, Liberty (R), Nicholas County, Pike View, Shady Spring, Westside, Wyoming East

## Region IV

Location: Wayne HS  
 Director: Tom Harmon, AD  
 Date: October 19, 2023  
 Schools: Chapmanville Regional, Logan, Mingo Central, Nitro, Point Pleasant, Poca, Scott, Sissonville, Wayne, Winfield

## A

## Region I

Location: Ritchie County HS  
 Director: Chris Wells, AD  
 Date: October 19, 2023  
 Schools: Cameron, Hundred, Madonna, Magnolia, Paden City, Paw

## Region II

Location: Doddridge County HS  
 Director: Scott Robey, AD

Date: October 19, 2023  
 Schools: Clay-Battelle, Doddridge County, East Hardy, Gilmer County, Moorefield, Notre Dame, Pendleton County, Pickens, South Harrison, Trinity Christian, Tucker County, Tygarts Valley, Union

## Region III

Location: Charleston Catholic HS  
 Director: Jacob Nelson, AD  
 Date: October 19, 2023  
 Schools: Charleston Catholic, Greater Beckley Christian, Greenbrier West, James Monroe, Mount View, Pocahontas County, Richwood, River View, Summers County, Webster County

## Region IV

Location: Williamstown High School  
 Director: Jill Bryant, AD  
 Date: October 19, 2023  
 Schools: Buffalo, Calhoun County, Parkersburg Catholic, Ravenswood, Sherman, St. Joseph, Tolsia, Van, Williamstown, Wirt County, Wood County Christian

**REMINDER:** Separate races must be run for boys and girls.

Paw, Ritchie County, St. Marys, Tyler Consolidated,

**C. State Meet - October 28, 2023**

1. The 2023 site will be Cabell Midland High School. The Director will be Steve Caldwell. Invitational Meet State Site - [www.midlandrunning.com](http://www.midlandrunning.com)
2. It is recommended that the host site of the state meet will make the course available for schools.
3. The coaches' meeting at the State Meet must be completed a minimum of thirty minutes prior to starting time. Meeting time will be AAA- 8:15 am A - 11:15 am AA- 2:15 pm
4. **2023 Meet Time (Three Classes)**
  - 8:15 am- A Coaches Meeting (Football field)**
  - 9:00 am – Girls A**
  - 9:45 am – Boys A**
  - 10:45 am – A Awards (Gymnasium)**
  - 11:15 am – AA Coaches Meeting (Football field)**
  - 12:00 pm – Girls AA**
  - 12:45 pm – Boys AA**
  - 1:45 pm – AA Awards (Gymnasium)**
  - 2:15 pm – AAA Coaches Meeting (Football field)**
  - 3:00 pm – Girls AAA**
  - 3:45 pm – Boys AAA**
  - 4:45 pm – AAA Awards (Gymnasium)**
5. The finish line at all State Cross Country Meets will be video taped for order of finish only.
6. Practice, touring, walking the State Meet site will be Friday, 1:30 p.m. until 6:30 p.m. However, don't plan to enter school grounds from 2:45-3:20 p.m. because of traffic letting out from school. Plan arrival time around this time. On Saturday from 8:00 a.m. until 9:45 a.m. Course guides will be available on Friday. No one will be permitted on the course other than the specified times.
7. Reimbursement: Check the Reimbursement Schedule Sheet located in the Entry Form Book.



8. State Qualifiers:
  - a. **Teams (Boys and Girls)**  
 In all classes (AAA, AA, A) regions with the following number of teams who **begin** the regional race will qualify the indicated number of teams.  
 1-5 teams – 2 qualifier(s)  
 6-9 teams – 3 qualifiers  
 10 plus teams – 4 qualifiers
  - b. **Individuals (Boys and Girls)**  
 Each region will qualify 20% of the number of contestants that **start** the regional race to the state meet **inclusive** of those individuals that qualified as a team qualifier, with a minimum of 10 individuals qualifying from each region. Regular math rounding (.5 & up round up, below .5 round down) will apply.
9. Admission for the State Meet will be:  
 Adults — \$10.00 Students — \$7.00
10. It is recommended that athletes should wear school identifying clothing during Awards Ceremony.
11. **Attention Regional Directors: All Region Directors will use the website [www.RaceTimeEntry.com](http://www.RaceTimeEntry.com) to register their Region Meet and all teams will enter their Region Meet through this site. Email a Hy-Tek back-up copy of regional results to Marshall Cavender at [mcavender@mail.kana.k12.wv.us](mailto:mcavender@mail.kana.k12.wv.us) by 9:00 pm on October 20, 2023.**
12. **The 2023 site will be Cabell Midland High School. The Director will be Steve Caldwell. Invitational Meet State Site [www.midlandrunning.com](http://www.midlandrunning.com)**
13. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

**Courtesy and Identification Cards for Principals and Assistant Principals will be accepted.**

**Awards:** The winner and runner-up teams (boys and girls) in Class AAA, AA, and A at the State Meet shall receive trophies and individual plaques provided by the WVSSAC, and individual awards will be presented to the first ten place finishers in each race. Regional team winners will receive a team plaque. Regional Directors may have the option of presenting ribbons to the top ten individuals (boys and girls).

**Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

#### D. MIDDLE SCHOOL CROSS COUNTRY REGULATIONS

**2023 Middle School Cross Country Dates:**

<b>Season Starts:</b>	<b>Mon. of Wk. 5</b>	<b>July 31st</b>
<b>Contest May Be Held</b>	<b>Sat. of Wk. 7</b>	<b>August 16</b>
<b>Season Ends</b>	<b>Tues. of Wk. 16</b>	<b>October 17</b>

1. In Middle School programs, it is recommended to run a course of 3K (3000) but not to exceed a maximum of 5K (5000).

#### 2023 NFHS CROSS COUNTRY RULE REVISIONS

- 3-4-3:** Offers guidelines for meet referees when determining a rerun.  
**Rationale:** Defined specific guidelines from the case book to offer consistency and guidance to a meet referee when ruling on reruns.
- 4-2-1:** Clarifies that an athlete is disqualified after participating in more than four events.  
**Rationale:** The athlete is not disqualified from an event until the individual participates in more than four events. The table was revised and moved to clarify the number of events in which an athlete may participate during a meet.
- 5-7-2:** Adjusts language to offer a standard for starter hold times.  
**Rationale:** Standardize starter hold times for fair and consistent starts.
- 5-10-2:** Increases the number of individuals who may be listed on the relay entry.  
**Rationale:** Providing two additional names gives opportunity for more athletes to be involved in regular and postseason track meets.
- 6-6-4:** Clarifies when the javelin measurement should be taken.  
**Rationale:** The measurement is made to the first point of contact under Rule 6-6-7 so that should be within the sector. If the rest of the javelin should fall outside the sector, that should not be a foul.
- 7-2-2f (NEW):** Adds mixed relay to the special events list.  
**Rationale:** Mixed relays are becoming more popular at high school meets adding them to special events offers guidance to the states on how to conduct these events.
- 9-3-2b:** Any displaced or jostled crossbar should be placed on standards in exact same position before next attempt.  
**Rationale:** Adding the words 'or jostled' clarifies the intent of the 2022 rules change.
- Rule 9 (NEW):** Creates new indoor track and field rules section.  
**Rationale:** There are 17 states that conduct state championships in indoor track and field, over 150,000 participants, and 21 states that sanction the activity. With recent changes to the outdoor rules, it became clearer that it was necessary to create a section specifically for indoor track and field rules. Move Records Section to New Rule 10.
- 2023 Editorial Changes 5-1-1**  
**2023 Points of Emphasis**  
 Sportsmanship  
 Protest/Appeals Process  
 Cross Country Safety  
 Enforcing Prompt Re-Start of Play

Requests for rule interpretations or clarifications should be directed to the state association which is responsible for administering and conducting the high school track programs in your state. The NFHS will assist in answering rules questions from state associations whenever called upon.

#### 2022-2023

#### State Cross Country Champions

##### Class AAA - Boys

University High School

##### Class AA - Boys

Frankfort High School

##### Class A - Boys

Williamstown High School

##### Class AAA - Girls

Morgantown High School

##### Class AA - Girls

Winfield High School

##### Class A - Girls

Williamstown High School



# West Virginia Cross Country State Championship 2023



## Meet Schedule

7:30am	Gates open for A Division
8:15am	A Coaches Meeting on the Football Field
9:00am	A Girls Race
9:45am	A Boys Race
10:45am	A Awards in the gymnasium
10:30am	Gates open for AA Division
11:15am	AA Coaches Meeting on the Football Field
12:00pm	AA Girls Race
12:45pm	AA Boys Race
1:45pm	AA Awards in the gymnasium
1:30pm	Gates open for AAA Division
2:15pm	AAA Coaches Meeting on the Football Field
3:00pm	AAA Girls Race
3:45pm	AAA Boys Race
4:45pm	AAA Awards in the gymnasium





## 2023 Football Rules Changes



**For additional football information, refer to the Football Playoff Manual on the WVSSAC website.**

**Clarified That Towels Do Not Have To Be The Same Solid Color For Each Player [1-5-3a(5)a 4, 5 (NEW)]:** Player towels may contain one manufacturer's logo and/or one school logo neither exceeding 2¼ square inches. Towels must be a solid color but now do not have to be the same solid color for each player. Towels may not be ball- or penalty-flag colored.

**Clarified When A Player Is Inbounds After Being Out of Bounds [2-29-1]:** This change clarifies when a player is inbounds after being out of bounds. There is no change to any foul or subsequent penalty provisions, or any rules related to illegal participation or the provisions regarding eligibility to catch a pass.

**Added A List Of Criteria To Help Identify Players Who Should Be Defined As Defenseless Receivers [2-32-16d, 9-4-3g]:** This change adds to the list of criteria to help identify players who should be defined as defenseless receivers related to application of unnecessary or excessive contact. This clarification should help game officials and coaches by defining allowable contact against defenseless receivers.

**Intentional Grounding Exception Changed [7-5-2 EXCEPTION 2a, c (NEW)]:** This change permits the exception for intentional grounding to the first and only player to possess the ball after the snap ends.

**Removed "Intentional" From Pass Interference in TABLE 7-5 [TABLE 7-5(2)c (DELETE), 7-5 PENALTY]:** By removing "intentional" from pass interference, this change puts the rule in line with how it is already enforced which is a 15-yard penalty.

**Changes In Basic Spot Penalty Enforcement [10-4, 6]:** This change restructures and clarifies the amendments to Rule 10 to eliminate the excessive penalty enforcements for offensive fouls that occur behind the line of scrimmage. This revision stipulates the basic spot for enforcement of fouls behind the line of scrimmage is the previous spot rather than the spot of the foul. Current penalties for illegal kicking, batting and participation fouls, and provisions for offensive fouls occurring in the end zone that may result in a safety remain intact.

**Clarification On The Ball Being Handed Forward On A Running Play [Six-Player – Rule 7 (NEW)]:** The change allows the ball to be handed forward on a running play, including to the guards/ends, while prohibiting handing the ball to the snapper provided both players are behind the neutral zone.

### 2023 EDITORIAL CHANGES

3-6-1 b(1), NINE-, EIGHT- AND SIX-PLAYER RULES DIFFERENCES – RULES 2 and 7.

### 2023 POINTS OF EMPHASIS

Helping the Runner

## 2022-2023 State Football Champions

**Class AAA**  
Huntington HS

**Class AA**  
Independence HS

**Class A**  
Williamstown HS





# 2023 Golf Program



**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR THE TOURNAMENT.** The necessary forms for reports that **must** be filed with the WVSSAC office can be found with the instructions for each sport.

The Board of Directors and the Golf Coaches' Committee reviewed the golf program in the August Interscholastic and approved the following:

## 2023 Golf Season Dates

**Season Starts: Mon. of Wk. 5 – July 31**

**1st Contest May be Held: Tues. of Wk. 5 - August 1**

**Regional: Mon. of Wk. 13 - September 25**

**State: Tues-Wed of Wk 14 - October 3-4**

## I. GENERAL INFORMATION

- A. The golf season begins on Monday of Week 5 (August 1) and an interscholastic match may be held on any day (except Sunday) thereafter. The season ends upon tournament elimination.
- B. Golf coaches shall receive a preseason mailing with information explaining how to access the online "Coaches Packet". Additionally, a current Golf Rules Book will be included in this mailing.
- C. Each school must complete the Regional Golf Entry Form on the WVSSAC website and return the original to the Regional Director by **September 19**. The form may be submitted by fax, mail or email. Failure to submit by the deadline will result in a \$25.00 fine.
- D. **Coach Requirements** - Each team or individual entering season matches or the tournament series must be accompanied by the coach or a member of the professional school faculty so designated as the principal's representative. Noncompliance with this rule will result in disqualification and/or suspension.
- E. **Sportsmanship** - Student participation in athletic contests is a privilege. Each student athlete is expected to conduct himself or herself in an exemplary manner while competing. Any infractions or disqualifications of a player (individual) or team at the State Tournament must be reviewed by the Golf Committee, the Tournament Director, and the host professional.
- F. **Maximum Team Contests:** A high school golf team will be permitted to play no more than 18 varsity matches, 18 JV matches, and 18 girls JV matches. A male or female participant may play no more than a total of 18 matches exclusive of regional and state tournament contests between the varsity, JV, and girl's JV matches. Girls who participate on school teams who do not have a minimum of three female participants may participate as individuals in girls varsity matches as long as the total number of matches they play between Varsity, JV and Girls JV does not exceed 18. Each interscholastic contest counts as one, whether it is 9 or 18 holes, and regardless of number of opponents.

## II. RULES AND REGULATIONS (Coaches and Participants)

- A. Students may participate as an individual in any golf event not sponsored by their school while a member of their school team (**Rule 127-2-10 – Non-school Participation**). Any award received in school or outside participation must be consistent with West Virginia Secondary School Activities Commission **Rule 127-3-5 – Awards**.
- B. **Girls' Tees** - Females are allowed to use a forward tee area when competing on a boys' team. The women's (red) tees on courses are usually set at an appropriate distance from the men's white tees to allow for hazards and lay of the fairway to provide similar play from tee to green for both males and females. If there is not a distinction of separate tee areas, the girls' tees must be set at 85% of the distance of boys.  
**NOTE:** Coaches are to prepare a document that defines a tee for each course on which competition is to be held. This is to be

done by the home coach and to be shared with visiting coaches prior to competition. The intent of the committee and the Board of Directors is to encourage female interest so that there will be adequate female participation to have girls' teams and eventually a girls' state tournament.

- C. Smoking or the use of tobacco or vaping products on the course or near the clubhouse is not permitted. Violation will result in disqualification.
- D. Summer rules shall be observed in all season and tournament play.
- E. All season and tournament play will be played under USGA Rules except when WVSSAC rules prevail. Coaches should encourage players to keep group scores. **The host school should provide a rules sheet for regular season matches including any local rules and naming of rules official/s.**
- F. **Dress Code** - All participants and coaches are expected to be in proper dress. A boy/girl must be attired in a polo shirt (turtle and mock turtle are acceptable as are collarless polos, sleeveless polos may only be worn by females) and golf slacks. **NO BLUE JEANS.** **NOTE:** Bermuda shorts (not cut-off or frayed) are permissible. Golf shoes or ripple soles, if permitted by the course, will be worn. The tournament director will make decisions concerning questions of proper dress. Participants not properly dressed cannot participate.
- G. **No golfer may receive advice, coaching or instruction from parents, spectators or others during play. Any participant in violation of this rule will be subject to disqualification. The head coach and one assistant coach may coach the entire course until the player walks onto the green. This coaching rule should be in effect during regular season, regional and state tournament competition.**
- H. Teams may be made up of 4 or more individuals for regular season and 3 or 4 for Regional/State Tournament play. Regular season count the lowest 4 scores. Regional/State Tournament count the lowest 3 scores. Teams may also participate in match play competition. At least 6 regular season contests must be stroke play.
- I. **The use of cell phones, ear buds or headphones is prohibited. A ringing cell phone is considered usage. Penalty for first offence is 2 shots. Penalty for second offense is disqualification.**
- J. **Range Finders/GPS may be used during the regular season, regional matches and the State Tournament. Golfers are encouraged to share yardage distance with golfers who do not have a range finder/GPS instrument.**

## III. TOURNAMENTS

**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.** The necessary forms or reports that must be filed with the WVSSAC office can be found with the instructions for each sport.

### A. Points of Emphasis

1. A school team shall consist of three to four players in the Regional and in the State Tournament. The best three scores will be used to determine the Regional team winners and the State Tournament winner. A school with less than three players may enter the Regional contest for medalist honors only providing those teams have participated in six (6) or more regular season contests.
2. **Failure to return a score card or unsportsmanlike conduct on the part of any player during the tournament shall cause that individual to be disqualified. Any individual disqualified for an unsportsmanlike act will be ineligible for the duration of that tournament and the next two regular scheduled contests (see West Virginia Secondary School Activities Commission Rule 127-4-3). The individual may not be replaced in the day or the round in which he/she was disqualified. The above does**



not apply to a rule infraction causing an individual's disqualification or sickness or injury on the golf course.

3. The aggregate score of the low three team members in Regional and State shall be counted on a daily basis.
4. The coach or professional faculty member from their school designated by the principal must submit to the Director or Assistant Director one half hour before the starting time, a list of player(s) expected to participate. This time is necessary to make any changes. Any second day changes must follow the same procedure.
5. All ties for medalist shall be played off using the "sudden death" method in Regional and State Tournament play.
6. Individuals and teams entering a tournament shall be advised that they are guests of the club at which the tournament is being held and as such shall conduct themselves and represent their schools accordingly.
7. **Awards** - The West Virginia Secondary School Activities Commission will provide a plaque to the winning team in each region.  
In the State Tournament, plaques will be provided for the winning and runner-up teams. In addition, awards will go to the individual medalist and **THE 8 (PLUS TIES) ALL TOURNAMENT TEAM SELECTIONS (8 LOWEST SCORES)**.
8. Non-motorized or pull carts may be used at the discretion of the host golf course.

#### B. Regional Tournament

1. Each school will be assessed a minimum **\$50.00 Regional Entry Fee** to cover the cost of the Regional Tournament. These fees must be submitted to the regional director.
2. In order to qualify a team or individual for the Regional Tournament, schools must have participated in at least six (6) interscholastic matches during the season. Those six (6) matches must be on six (6) different days. **In the event a school does not have enough participants to compete as a team but an individual(s) (up to 2) from the school wishes to compete for medalist honors, the individual must have competed in at least six (6) matches on six (6) different days.**
3. There are no restrictions on practice play or interscholastic matches on the regional site of the tournament other than the day of the Regional Tournament. No practice rounds are permitted on Sundays, as per WVSSAC Rule 127-3- 14.
4. Unless schools are notified to the contrary, the Regionals will be played at the sites on the dates listed on the regional alignments. (Starting time of 9:00 am unless specified otherwise.) Schools should report 30 minutes prior to tee time. It will be the responsibility of the regional director to contact the schools with any alteration in dates or times. It may be necessary to use shot gun start at some courses.
5. Pairing for Regional play shall be determined by the regional director. Participants shall be from separate schools whenever possible but within the same classification. Golfers may be paired by scoring averages or by team averages. Regional directors desiring assistance should contact Chris Slack at WVGA cslack@wvga.org.
6. **State Tournament Qualification** - Each Regional Tournament shall qualify **two teams** per class for the State Tournament. **In the event of a tie for first and second place, sudden death should apply for regional and state tournaments with the top 3 scores counting.** In the event of a tie for qualification to state tournament, teams tied shall play off via the "sudden death" method—

team play which will consist of four players for each team, scoring the best three. Play will continue as sudden death until a winner is determined. The top two individual golfers who have the lowest score and are not on the winning teams will qualify for State Tournament. Ties to qualify in the top two will be broken by "sudden death".

#### C. State Tournament (October 3-4, 2023)

1. The State Tournament shall be held at **the Speidel Golf Course at Oglebay Park, Wheeling, WV on October 3-4, 2023**. The tournament is set for thirty-six (36) holes of play. **Both days** of the tournament will be a pro start. If weather prohibits play, the first completed eighteen (18) holes will constitute the tournament. Tee off time will be 8:30 a.m. **The Speidel Golf Course requires that soft spikes are worn. Participants must be in proper attire as stated above.**
2. **Day 2 pairing will be by team scores (top 4, second 4 with the 8 individuals paired together by score.**
3. Mr. Mike Rogers shall serve as Tournament Director.
4. State Tournament information will be provided to coaches and players during a Monday evening meeting to be held at Oglebay Park at 4:00 pm. During this meeting, tee times and coach/school assignments of team scorers will be distributed. **All coaches are required to attend.**
5. Coaches (or a responsible adult) representing the schools participating in the State Tournament may be assigned as spotters. The school must provide a spotter, or the coach will not be allowed to coach, as per Item IIG.
6. On both days of the tournament, coaches and participants need to report before assigned time. Failure to report will cause disqualification of a team or individual qualifier.
7. For school reimbursement, see Reimbursement Schedule on the WVSSAC website.
8. **In the event of a tie for first and second place, teams tied shall play off via "sudden death" method— team play which will consist of four players for each team, scoring best three. Play will continue sudden death until a winner is determined. If a tie exists for the individual medalist that tie will also be broken using the sudden death method.**
9. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
10. **Any four players from a school eligibility list with top 3 scores counted may participate as a member of a team either day of the tournament. Only those players participating on both days of the tournament shall qualify for medalist honors. The Tournament Director must be notified of any change as specified in the information above.**



## Regional Tournaments

## AAA

## Region I

Location: Pines Country Club  
 Director: John Bowers, AD / Joel Barrett, Coach Morgantown HS  
 Date: September 25, 2023  
 Brooke, Buckhannon-Upshur, John Marshall,  
 Morgantown, Preston, University, Wheeling Park,  
**Bridgeport**

## Region II

Location: Woods Resort  
 Director: Joy Vandine, AD, Dan Peters Coach,  
 Hedgesville HS  
 Date: September 26, 2023  
**Hedgesville**, Jefferson, Martinsburg,  
 Musselman, Spring Mills,  
 Washington, Hampshire

## Region III

Location: Big Bend Golf Course  
 Director: Jim Crawford, Principal/BJ Calabrese, Coach, George  
 Washington  
 Date: September 26, 2023  
**George Washington**, Greenbrier East, Oak Hill,  
 Princeton, Riverside, South Charleston, St. Albans,  
 Woodrow Wilson, Capital

## Region IV

Location: Parkersburg Country Club  
 Director: Chris Way, AD / Vince Guice, Coach,  
 Parkersburg  
 Date: September 25, 2023  
 Huntington, Hurricane, **Parkersburg**, Parkersburg  
 South, Ripley, Spring Valley, Cabell Midland

## AA

## A

## Region I

Location: Mingo Bottom Golf Club  
 Director: Howie Meeks, AD/Catie Hamilton, Coach, St. Marys  
 Date: September 25, 2023  
 Hundred, Madonna, Magnolia, Paden City,  
 Parkersburg Catholic, Ritchie County, **St. Mary's**, Tyler  
 Consolidated, Valley, Wheeling Central, Williamstown,  
 Wood County Christian, Cameron

## Region II

Location: Valley View Golf Course  
 Director: Jared Wratchford, AD/Wade Armentrout, Coach, Moorefield  
 Date: September 25, 2023  
 Doddridge County, East Hardy, Harman, **Moorefield**,  
 Notre Dame, Paw Paw, Pendleton County,  
 Petersburg, South Harrison, Trinity Christian, Tucker  
 County, Tygarts Valley, Union, Clay-Battelle

## Region III

Location: Pipestem Resort State Park  
 Director: Kathy Blevins, AD/Jerod Ewing, Coach, Summers Co.  
 Date: September 25, 2023  
 Greater Beckley Christian, Greenbrier West, James  
 Monroe, Meadow Bridge, Midland Trail, Montcalm, Mount  
 View, Pocahontas County, Richwood, River View,  
**Summers County**, Webster County, Charleston Catholic

## Region IV

Location: Riverside Golf Club  
 Director: Melissa VanMeter, AD/Randy Pierce, Coach, Wahama  
 Date: September 25, 2023  
 Calhoun County, Gilmer County, Hannan, Man,  
 Ravenswood, Sherman, St. Joseph Central, Tolsia,  
 Tug Valley, Wirt County, **Wahama**, Van, Buffalo

**Region I**

Location: Tygart Lake Course (Grafton)  
Director: Rich Bord, AD/Ed Moore, Coach, Grafton  
Date: September 25, 2023  
East Fairmont, Fairmont Senior,  
Frankfort, **Grafton**, Keyser, North Marion, Oak  
Glen, Weir, Berkeley Springs

**Region II**

Location: Stonewall Resort  
Director: Brian Fisher, AD/Kenny James, Coach, Lewis County  
Date: September 25, 2023  
Clay County, Elkins, **Lewis County**, Liberty H, Lincoln,  
Philip Barbour, Roane County, Robert C Byrd, Braxton  
County

**Region III**

Location: Grandview Golf Course  
Director: Jim Workman, AD/Coach Liberty Raleigh  
Date: September 25, 2023  
Herbert Hoover, Nicholas County,  
Independence, **Liberty (R)**, Pike View, Shady  
Spring, Westside, Wyoming East, Bluefield

**Region IV**

Location: Big Bend Golf Course  
Director: Will Isaacs, AD/Dean Bowers, Coach, Winfield  
Date: September 25, 2023  
Logan, Mingo Central, Nitro, Point Pleasant, Poca,  
Sissonville, Scott, Wayne, **Winfield**, Chapmanville  
Regional

**2022-2023 State Golf Champions****Class AAA****Wheeling Park High School****Class AA****Keyser High School****Class A****Wheeling High School**



# 2023-2024 Soccer Program



**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR THE TOURNAMENT.** The necessary forms for reports that **must** be filed with the WVSSAC office can be found with the instructions for each sport.

The Board of Directors and Soccer Coaches Committee reviewed the soccer program in the August Interscholastic and approved the following:

2023 High School Soccer Dates:		
Season Starts:	Mon. of Wk. 5	July 31
1st Contest May Be Held	Wed. of Wk. 7	August 16
Sectional	Week 16	October 16-21
Regional - Final - AA/A	Week 17	October 24
Regional - Final - AAA	Week 17	October 26
State	Week 18	Nov. 2 and 4
Middle School Dates:		August 7
Season Starts	Mon. of Wk. 6	
1st Contest May Be Held	Mon. of Wk. 9	August 28
Season Ends	Sat. of Wk 17	October 28

**I. GENERAL INFORMATION:**

- A. The State Tournament will be held at YMCA Youth Sports Complex, Beckley; Andrew Pinnick, AD and Dave Laraba, Woodrow Wilson High School will serve as Co-Tournament Directors.
- B. **The Wilson Vivido Soccer Ball will be the official tournament ball.**
- C. **Supervision and Security - It was strongly recommended that proper administrative supervision and protection for game officials be provided at the home site.**
- D. All sectional and regional tournament games will use three (3) officials. A fourth official will be used in the State Tournament. Regular season will use diagonal system or dual system.
- E. Officials should carry two (2) shirts approved by the State Association to insure that the colors contrast with the players. Accepted jerseys for officials are NISOA jerseys or USSFS jerseys. Officials working a contest must be wearing the same uniform.
- F. **The host school shall provide a score table and scorekeeper, and at least 2 ball holders shall be used for all contests. The committee recommends that officials turn in a Special Report when the table and scorekeeper are not provided.**
- G. **Mercy Rule be updated to: 10 goal differential at halftime or during second half, the game be terminated.**

## II. RULES AND REGULATIONS:

- A. **Regular season games will not play overtime.**  
**For all tournament play,** the following overtime procedure will be used during a regular season tournament and post season play:
1. In a game tied after the end of regulation there will be a five minute intermission and a coin toss shall be held as in Rule 5-2-2-d
  2. A sudden victory 10 minute overtime period will be played. If at the end of the first overtime period, the score remains tied, a second sudden victory 10 minute overtime will be played. Teams will switch ends at the end of the first overtime period. A two minute break will occur between the overtime periods.
  3. If a tie still exists after the two 10 minute overtimes, a kick from the mark will occur as described in the tie-breaking procedure in the NFHS rule book.
- B. **Suspended Game Rule** - As per NFHS rules, a game suspended after completion of one complete half or more shall be an official game. If less than one-half of the game has been played, the game shall be restarted from the suspension of play.
- C. A team roster is to be presented to the official before the start of the game. This roster is to have names of all members of the team including coaches, players, managers, etc. **Only those members listed on this roster are permitted in the team**

**bench area.** Violation will result in "yellow card" for unsportsmanlike conduct. If there is no fence, a barrier or marking must be put around the entire field at least 10 feet from playing surface. This is mandatory for Sectional, Regional, and State Tournaments. The head coach is responsible for all people in the bench area.

Red and Yellow Cards - Player receiving a red card shall be ejected and one receiving yellow/red cards will be disqualified. A player receiving a soft red will not be replaced. His/her team must play the remainder with one fewer players. Ejection will be for reasons as given in Rule 12-8-3 and that player will be suspended as provided by WVSSAC Ejection Policy. A disqualified player will not be subject to the WVSSAC Ejection Policy. Coaches cannot get disqualified, but they can get ejected.

### III. TOURNAMENTS:

### A. Points of Emphasis

1. **Uniforms:** The home team shall wear dark colored shirts and socks, and the visiting team shall wear white shirts and socks. Both socks shall be the same color but not necessarily the color of the shirt. If other visible apparel is worn under the uniform, it shall be of the same color. All team members do not have to wear the additional apparel. Shin Guards are mandatory for regular season and tournaments and should be fully covered by the socks.
2. **Warm-up Period:** A twenty-five minute warm-up period shall be provided for all tournament games.
3. **With 5 minutes remaining on the 25 minute warm-up,** captains, coaches and officials will hold pre-game conference.
4. **Coin Toss:** Prior to warm-up, the officials will call team captains together for the coin toss. Visiting team will call the toss.
5. **Team Admittance and Passes:** Twenty-two players and five staff personnel will be admitted at the pass gate by a typewritten list certified by the high school principal. Only these listed people will be permitted on the sideline or in the bench area at the regional and state level of competition.
6. **Pass-Outs:** No pass-outs will be given at any game site.
7. **Signs:** Refer to Spectator Support Information published in The Interscholastic.
8. **Radio/Press/Photographers:** All requests for space shall be directed to the Tournament Director. Proper credentials must be presented for admission at pass gate.
9. **Televisions:** Television requests for sectionals shall be directed to the Tournament Director. Television requests for Regional or State matches shall be directed to the WVSSAC office.
10. **Filming or Videotaping:** Videotaping or filming of a tournament contest is permitted under the guidelines of the tournament director.
11. **Cheerleaders** - Each school must submit a list of cheerleaders not to exceed 15 members to the Tournament Director. No arrangements have been made for housing or reimbursement for travel.
12. **Admission Prices:** Sectional admission prices will be established by the respective schools.
13. **Awards:**
  - Sectional:** (1) Plaque to Champions - Sectional
  - Regional:** (1) Plaque to Champions - Regional
  - State:** Team - (1) Trophy - Champions
    - (1) Trophy - Runner-up
    - Individual - (27) Individual plaques - Champions
    - (27) Individual plaques - Runner-up

### B. Sectional

1. The bold printed school will serve as temporary chairman for the purpose of calling a meeting of those listed in that section. Temporary chairman should be sure all teams can attend meeting. The temporary chairman will serve until a tournament director is named by the group. This meeting shall be called as early in the season as possible. It will be the group's responsibility to do the following:





- a. Select director.
  - b. Select playing site(s). Regular season game supervision is to be given strong consideration when choosing sectional and regional sites.
  - c. Announce pairings, dates, times, etc. (afternoon games start by 2:30 if no lights on field)
  - d. Select officials (Class I or II only for sectional play)
  - e. Tournament officials for regional/state will be assigned by the WVSSAC office.
  - f. Insure administrative supervision for each game.
  - g. Submit Form So 1 from Director's Manual.
2. Team Picture-Program Material: Material for the official **state** souvenir program must be submitted within 24 hours of winning the Sectional. Refer to information in Coach's Packet.
3. Admission Price: Sectional admission prices will be established by the respective schools.
4. Seeding for the State Tournament
- a. Ballots will be emailed to each school on Friday, October 20, 2023.
  - b. Ballots will include the names of all schools (in your class) that have qualified for regionals.
  - c. Ballots must be returned to the WVSSAC office by noon on Tuesday, October 24, 2023.
  - d. Coaches will rate all schools in their class, who have qualified for regional final games. **DO NOT VOTE FOR YOUR OWN TEAM.**
  - e. The principal and head coach must sign the ballot before returning to the WVSSAC.
  - f. If two or more teams are tied, the following criteria will be used to resolve the tie:
    1. Head to head competition
    2. Total number of wins in classification or above
    3. Total number of wins
    4. Toss of coin

The following sectional/regional alignment and sites will be used in the 2023 soccer season.

#### Sectional Tournament - October 16-21, 2023

##### **AAA Boys Soccer**

##### **Region I**

- Section 1 **John Marshall**, Morgantown, Wheeling Park, Brooke
- Section 2 **Bridgeport**, Buckhannon-Upshur, Preston, University

##### **Region II**

- Section 1 **Hedgesville**, Martinsburg, Musselman, Spring Mills
- Section 2 **Jefferson**, Hampshire, Washington

##### **Region III**

- Section 1 **Capital**, George Washington, Riverside, South Charleston, St. Albans
- Section 2 Greenbrier East, **Oak Hill**, Princeton, Woodrow Wilson

##### **Region IV**

- Section 1 **Huntington**, Cabell Midland, Lincoln County, Spring Valley
- Section 2 , **Parkersburg**, Hurricane, Parkersburg South, Ripley

##### **Region I**

##### **AA/A Boys Soccer**

- Section 1 **Tyler Consolidated**, Madonna, Magnolia, Oak Glen, Trinity Christian, Weir, Wheeling Central
- Section 2 **Petersburg**, Berkeley Springs, Frankfort, North Marion, Keyser, East Fairmont, Fairmont Senior

##### **Region II**

- Section 1 Grafton, Notre Dame, Robert C Byrd, **Liberty H**, Lincoln, Philip Barbour
- Section 2 **Braxton County**, Elkins, Herbert Hoover, Lewis County, Pendleton County, South Harrison

##### **Region III**

- Section 1 Bluefield, **Pikeview**, Greater Beckley Christian, James Monroe, Mingo Central, Shady Spring
- Section 2 Charleston Catholic, Independence, Nicholas County, **Midland Trail**, Pocahontas County, Roane County, Webster County

##### **Region IV**

- Section 1 Nitro, Parkersburg Catholic, Point Pleasant, Ravenswood, **Sissonville**, St. Mary's, Williamstown, Wood County Christian, Buffalo
- Section 2 Chapmanville, Man, Logan, Poca, **Scott**, St. Joseph, Tug Valley, Winfield

##### **AAA Girls' Soccer**

##### **Region I**

- Section 1 Brooke, **John Marshall**, Morgantown, Wheeling Park
- Section 2 **Bridgeport**, Buckhannon-Upshur, Preston, University

##### **Region II**

- Section 1 **Hedgesville**, Martinsburg, Musselman, Spring Mills
- Section 2 Hampshire, **Jefferson**, Washington

##### **Region III**

- Section 1 **Capital**, George Washington, Riverside, South Charleston, St. Albans
- Section 2 Greenbrier East, **Oak Hill**, Princeton, Woodrow Wilson

##### **Region IV**

- Section 1 Cabell Midland, **Huntington**, Lincoln County, Spring Valley
- Section 2 Hurricane, **Parkersburg**, Parkersburg South, Ripley

##### **AA / A Girls Soccer**

##### **Region I**

- Section 1 Madonna, Magnolia, Oak Glen, Trinity Christian, **Tyler Consolidated**, Weir, Wheeling Central
- Section 2 Berkeley Springs, Frankfort, North Marion, Keyser, **Petersburg**, East Fairmont, Fairmont Senior

##### **Region II**

- Section 1 Grafton, Notre Dame, Robert C Byrd, **Liberty H**, Lincoln, Philip Barbour
- Section 2 **Braxton County**, Elkins, Herbert Hoover, Lewis County, Pendleton County, South Harrison

##### **Region III**

- Section 1 Bluefield, James Monroe, Mingo Central, **Pike View**, Shady Spring, Wyoming East
- Section 2 Charleston Catholic, **Midland Trail**, Nicholas County, Pocahontas County, Webster County

##### **Region IV**

- Section 1 Nitro, Point Pleasant, Ravenswood, **Sissonville**, Williamstown
- Section 2 Chapmanville Regional, Logan, Poca, **Scott**, Sherman, St. Joseph, Winfield

##### **C. Regional**

1. Practice sessions on the regional sites: There will be no practice at any regional site unless the event is being held on the field of one of the participating schools.
2. In finals:
 

**AA/A Boys start at 5:00 p.m. and Girls will begin 30 minutes immediately following the first game.**

**AAA Girls will start at 5:00 p.m. and Boys will begin 30 minutes immediately following the first game.**

**This will rotate each year.**
3. Admission Price: Regional admission price shall be \$5.00 (students) and \$7.00 (adults)  
**When 2 games are played at the same site, only one admission fee should be charged.**
4. A home field will be determined by playing the majority of home games at the site.

## 2022-2023 State Soccer Champions



**Boys AAA**  
**Greenbrier East HS**

**Boys AA/A**  
**Charleston Catholic High School**

**Girls AAA**  
**Morgantown High School**

**Girls AA/A**





**Regional Tournaments - AA/A**  
**Tuesday, October 24, 2023**  
**Boys 5:00 PM - Girls 30 Minutes**  
**Later Winner Section 1 - Home**  
**Team**

**Region I**

Location: Oak Glen High School  
 Director: Dick Shilling, AD

**Region II**

Location: Philip Barbour High School  
 Director: Tammy Martin, Tam artn AD

**Region III**

Location: Charleston Catholic High School  
 Director: Jacob Nelson, AD

**Region IV**

Location: St. Joseph Central  
 Director: Todd Maynard, AD

**Regional Tournaments - AAA**  
**Thursday, October 26, 2023**  
**Girls 5:00 PM - Boys 30 Minutes**  
**Later Winner Section 2 - Home**  
**Team**

**Region I**

Location: Brooke County High School  
 Director: Bill Garvey, AD

**Region II**

Location: Spring Mills High School  
 Director: Glen Simpson, AD

**Region III**

Location: Woodrow Wilson High School  
 Director: Andrew Pinnick, AD

**Region IV**

Location: Ripley High School  
 Director: Steve Lough, AD

expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

2. Expenses: Refer to Reimbursement Schedule in the Entry Form Book.

3. Admission Price: State admission price shall be \$7.00 (students) and \$10.00 (adults).

4. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

**Site:** YMCA Youth Sports Complex, Beckley

**Directors:** Andrew Pinnick, AD, Woodrow Wilson High School  
 Dave Laraba, Woodrow Wilson High School

**Date:** November 2 and 4, 2023

**Thursday – November 2 (Seedings) – Semi Finals**

Home Team is the Higher Seed

AAA - Cline Field	AA / A - Carter Field
Session 1 (Girls)	(Boys)
Game 1 - 10:00 AM - #1 vs #4	Game 1 - 9:30 AM - #1 vs #4
Game 2 - 30 min. - #2 vs #3	Game 2 - 30 min. - #2 vs #3
Session 2 (Boys)	(Girls)
Game 1 - 5:00 PM - #1 vs #4	Game 1 - 4:30 PM - #1 vs #4
Game 2 - 30 min. - #2 vs #3	Game 2 - 30 min. - #2 vs #3

**Saturday - November 4 - Finals**

AAA Cline Field	AA / A - Carter Field
(Girls)	(Boys)
Game 1	
10:30 AM - Winner G1 vs G2	9:30 AM - Winner G1 vs G2
(Boys)	(Girls)
45 minutes - Winner G1 vs G2	45 minutes - Winner G1 vs G2

**SITES CANNOT BE CHANGED WITHOUT WVSSAC APPROVAL**

**D. State Tournament - November 2 and 4, 2023**

- Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the

## 2023-2024 SOCCER RULES REVISIONS

**3-3-2b (2,3) (NEW):** Permits the referee to stop the clock to review game situations at any time without negatively impacting a player's ability to remain in the game.

**Rationale:** This rule change affords the ability for the referee to stop the clock and review situations without negatively affecting a player's ability to remain in the game. However, once the referee beckons medical professional or coach onto the field to further assess, the player must leave the field of play.

**3-3-7:** Clarifies where a player should re-enter the game to avoid confusion.

**Rationale:** This rule change clarifies that a player should re-enter the game from the official area at midfield. This avoids potential confusion as to who is or is not in the game.

**3-4-1e (NEW):** Clarifies players should exit the field on the bench side unless unable to do so due to injury.

**Rationale:** To assist the officials in the managing of substitutions, players should exit the field from the bench side when the substitute(s) are beckoned on by the referee unless the player(s) is unable to do so because of an injury. This avoids unnecessary interaction with opposing teams and fans and minimizes the potential for unsporting behavior.

**4-2-12 (NEW):** Defines how wearable technology devices may be worn.

**Rationale:** Sets a national standard for wearable technology. This change clarifies that these devices may be worn as a part of the shoe and/or under the uniform but not worn on the arm. Coaches and players are still not permitted to utilize technology to communicate during the game.

**Rule 4 Reorganization:** Adjusts the structure of the uniform rule to offer clarity.

**Rationale:** The reorganization of the uniform rule breaks up the rule into bite-size pieces that are easier for coaches and officials to apply.

**11-1-5 (NEW):** Defines deliberately playing the ball to clarify the existing rules.

**Rationale:** Defines the criteria for deliberately playing the ball when determining an offside infraction.

**12-1-1 thru 3 (NEW), 18-1-1:** Clarifies various foul categories and defines the seven direct free kick fouls to provide consistency.

**Rationale:** The new article in Rule 12 and added definitions to Rule 18 define the seven direct free kick fouls and provide consistency for officials interpreting misconduct.

**12-3-2, 3 (NEW):** Clarifies that neither accidental nor deliberate hand/arm contact can result in a goal.

**Rationale:** The new articles eliminate the necessity for the referee to determine if the hand/arm contact was accidental or deliberate. Now, neither accidental nor deliberate contact with the hand/arm result in a goal for greater consistency and ease of interpretation.

**12-8-5 (NEW):** Offers clarity regarding goalkeeper handling not permitted outside and inside the penalty area.

**Rationale:** Adding language and direction for officials regarding goalkeeper handling outside the penalty area and inside the penalty area when they are not permitted to handle the ball.

**12-9-4(NEW), 12-8-1f(14, 15), 12-8-2d (3,4):** Defines considerations of denying an obvious goal-scoring opportunity (DOGSO).

**Rationale:** This rule defines the considerations of an obvious goal-scoring opportunity to provide additional consistency and clarity for referees.

#### **2023-24 Editorial Changes**

9-1-1a

#### **2023-24 Points of Emphasis**

Wearable Technology

Coaching and Team Area Decorum

Denying an Obvious Goal-Scoring Opportunity (DOGSO)

Substitutions



# 2023-2024 Volleyball Program



The Volleyball Coaches' Committee met on December 7, 2022. The Board of Directors reviewed the volleyball program in the August Interscholastic and approved the following:

## 2023 High School Volleyball Dates:

Season Starts:	Mon. of Wk. 6	August 7
1st Contest Held	Wed. of Wk. 8	August 23
Sectional	Week 18	Oct. 30- Nov. 2
Regional	Week 18	November 4
State	Week 19	November 8-9

## Middle School Dates:

Season Starts	Mon. of Wk. 7	August 14 1st
Contest Held	Wed. of Wk 9	August 30 Season
Ends	Sat. of Week 17	October 28

## I. GENERAL INFORMATION:

- A) The Wilson K1 Gold (red/white/blue) volleyball is the official ball for this year. The Wilson ball will be used in all tournament play. Schools will be permitted to use any NFHS approved ball during regular season (NFHS 3-2-1). For sectional, regional and state tournament play, the Wilson K1 Gold (red/white/blue) ball will be used.
- B) **Facility safety (obstructions, obstacles, etc.) is the host administration and officials' responsibility.**
- C) The warm-up time for all levels of competition is now 2-6-6 for a total of 14 minutes, **with the exception of the state tournament which will be 6-6-6 for a total of 18 minutes.** The first two minutes, both teams have access to their side of the court. At the end of two minutes, a horn or whistle will sound and **the team that won the coin toss** will take the floor for six minutes. If a team wants to practice serving, it must be done during these six minutes. **Both teams will not practice serving at the same time.** At the end of the first six minutes warm-up, a horn or whistle will sound and the opposing team will have the floor for six minutes. **It is also important for coaches to know that officials do not dictate what a team does during its warm-up time. That is up to the coach as to what is done during this time.**
- D) **Scorekeepers** - Must have 2 scorekeepers. One scorekeeper for the game book and one scorekeeper for the libero player. Both scorekeepers must be at the score table. **Both scorekeepers need to be trained.**
- E) **Line Judges** - Line judges are **required** for the regular season. All line judges **must** be trained. Line judges cannot be players in uniform. Whenever possible, use WVSSAC certified officials. Line Judges must be present at the match site a minimum of 20 minutes prior to the start of the match. Line Judges are required for sectional, regional, and state contests. These line judges must be WVSSAC registered officials.
- F) **Flags - Flags are required for regular season play and post season play. Schools are responsible for providing flags.**
- G) It is recommended that school personnel meet with the local officials' board prior to the season to discuss assignment of officials and officiating fees.
- H) The WVSSAC promotes good sportsmanship in all sport programs. We encourage you to inform parents and athletes of the importance of good sportsmanship.
- I) Preseason Meetings: It is highly recommended that all coaches conduct preseason meetings for their players and parents. In addition to their own rules and regulations, coaches **must** address players on taunting, conduct, and sportsmanship rules before the first regular season match. **Good sportsmanship is to be practiced by all team personnel during warm-ups.**
- J) **Officials must strictly enforce all taunting, conduct, and sportsmanship rules.**
- K) Home team management will be responsible for providing volleyballs for all high school duals, tri and quads. When three courts are used, teams should bring their own volleyballs.

## II. RULES AND REGULATIONS:

- A) Players are not allowed to wear face, hair or body paint or mascot stickers while participating in a contest. Permanent magic marker markings are not allowed. Permanent tattoos are permitted provided they are not objectionable. If determined objectionable by the official, the tattoo must be covered. No glitter on body, uniform or accessories.
- B) A team must have participated in twelve (12) matches to be

eligible for sectional tournament competition (high school only).

- C) **A high school volleyball team will be permitted to play in no more than 22 (dates) exclusive of sectional, regional, and state contests.** The volleyball season will end for each high school team at tournament elimination. **Middle school teams will be permitted sixteen (16) play dates.**
  - D) Dual, triangular and quadrangular matches count as one date. Matches in which five or more schools participate count as two dates.
  - E) **High School** - Two volleyball scrimmages with another high school or one scrimmage and one preview may be conducted. **Middle School** - One volleyball scrimmage or one preview is allowed for middle schools.
  - F) In dual competition, a student may participate in a maximum of four games against the same opponent if a match is two of three games and six games if the varsity match is three of five games. If a middle school has 2 (JV & Varsity) teams, a player may participate in 4 sets. If a player is entered who would exceed this regulation, the official should use preventive officiating and notify the coach. If the player is then played, she becomes an illegal substitute and a Special Report is to be sent to the WVSSAC. This rule is the responsibility of the coach.
  - G) **Rally scoring must be used in all matches.** Rally scoring includes let serve, dual - High School Varsity and JV - 3 of 5 with no cap, first 4 sets to 25 points, fifth set to 15 points, must win by two. Tris and Quads 2 of 3 - no cap, all 3 sets to 25, must win by 2. Two time-outs per set. Middle School - 2 of 3 - all 3 sets to 25, must win by 2. High School Varsity Tournaments - 5 or more teams must use rally scoring - 2 of 3 matches - the format is to be determined by the director. No 3 of 5 matches can use pool play.
  - H) It is the responsibility of the high school varsity coach to rate each official (all regular season and tournament matches). Individual rating forms are included in the coach's packet. Only one match is allowed per form, and each official must be rated for every officiated match. These forms are online and should be done after each play date. Failure to comply will result in a \$10.00 per match fine.
  - I) Each official is required to enter their number into the home and visitors scorebook legibly.
- ## III. POINTS OF EMPHASIS
- A. **Net Height** - Middle school (6, 7, 8) net height is 7 feet. High School (9, 10, 11, 12) net high is 7 feet 4-1/8 inches.
  - B. **Spectator Items** - Laser pointers are not allowed. Violators shall be ejected from the contest.
  - C. **Equipment** - Padding on cranks and the official's stand must be checked and, if necessary, replaced to ensure safety of all participants.
  - D. **Bench Areas** - Coaches are responsible for instructing all team personnel to maintain cleanliness of the bench area during and after the match.
  - E. **Allowed Bench Seating** - Team seating is limited to 16 seats. Teams may have 16 personnel seated and 6 players on the court. There is to be **NO** sitting on floor and no additional seats added. Additional personnel must be seated in an area available closest to the team bench. All team personnel must be dressed in uniform.
  - F. **Team Uniforms** - Buttons, zippers, and pockets are not allowed on uniforms. All players must come on the court appropriately dressed. Uniforms are to be worn as designed. No bare midriff tops. If uniforms are designed to be tucked in, they must be. If uniforms are not designed to be tucked in, they do not have to be as long as the entire stomach is covered. Shorts are not to be rolled down at the waist. Shirts worn under the uniform top must be the same color as the dominate color of the top. Compression clothing worn under the shorts must be the same color of the uniform shorts and not extend below the shorts. Players are to be appropriately dressed before entering the court. (See NFHS - 4-2 Art. 1-7)
  - G. During the month of October, schools wishing to wear pink may do so as long as the uniforms meet all NFHS uniform regulations.
  - H. **Coaches' Apparel** - Coaches are to be attired in appropriate apparel. It is strongly recommended that coaches' apparel be



representative of the school colors.

- I. Officials are to be dressed alike in the official uniform with shirts tucked in. (See Officials Manual - VB Official Uniform)
- J. **Ejection Clarification** - Coach/player ejection is for two dates not two contests. If a coach is ejected, it is not the responsibility of the official to determine if the replacement for the coach is allowable. Officials will allow that individual to coach; however, the official shall request the name of the individual and document that on the Special Report. The time shall not exceed twenty (20) minutes.
- K. **Officials' Jurisdiction** - The officials' jurisdiction begins upon arrival on the floor and ends upon departure from the site.
- L. **Sportsmanship** - Chest-butting by players is not allowed.
- M. Teams will not switch benches unless a coach requests due to an unfair advantage.

#### IV. TOURNAMENTS:

**ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.** The necessary forms or reports that **must** be filed with the WVSSAC office may be found with the instructions for each sport. All tournament directors are responsible for notifying participating schools as to site location, date, and time of contest.

**The specified dates for sectional and regional tournaments may not be changed.**

##### A. SECTIONAL TOURNAMENT - (week 18)

The school listed in bold print will serve as temporary chairman of each section and as such will be responsible for calling a meeting of those listed schools by October 1. Notification and confirmation of all schools is necessary. Site selection, seeding, pairings, tournament director, dates, selection of registered officials, admission, etc., shall be determined at this meeting. **Contracts for officials should be used. (Class I and II registered officials (umpire and referee) must be used. Please send information to WVSSAC. WV registered official line judges are required.**

1. Failure of a coach or a school representative to attend the sectional meeting or conference call will result in that school not having a vote in the sectional tournament meeting process.
2. Tournament directors should refer to the Spectator Support List published in the August edition of *The Interscholastic* to determine what items are permitted at volleyball tournaments.
3. The Sectional Tournament will be the best 3 of 5 sets for single elimination and double elimination. For sectional, if there are more than 3 schools and you choose double elimination, you must use 2 courts.
4. Awards, if given, will be established by sectional participants. WVSSAC sectional plaque will be sent to sectional temporary chairman. Profit/deficit will be shared by each school.
5. Winner and runner-up of sectional level will advance to the Regional Tournament.
6. **Financial Reports** - Directors are asked to submit the reports by the date designated in the *Director's Manual*.

##### B. REGIONAL TOURNAMENT - (week 18)

1. Regional director will select and contract registered officials. **Class I and II umpire and referee only. WV registered official line judges are required.**
2. Pairings for Regional Tournament are as follows:  
Winner Section 1 vs. Runner-Up Section 2  
Winner Section 2 vs. Runner-Up Section 1  
**The winner is the home team for semi-finals. In finals, the officials will conduct a coin toss.**  
Winner and runner-up from each region qualify for the State Tournament.
3. The Regional Tournament will be the best 3 of 5 sets for the match and single elimination. Profit and/or deficit will be shared by each regional participating school.
4. **Financial Reports** - Directors are asked to submit the reports by the date designated in the *Director's Manual*.

##### C. STATE TOURNAMENT - (Week 19)

**Charleston Coliseum and Convention Center, Director, Esther Messenger.**

1. **Seeding** - Each coach advancing to the regional tournament will be sent a ballot by fax no later than Thursday evening of regional tournament week. Schools advancing to the regional tournament will be listed on the ballot by classification. Class AAA schools will receive a ballot with only AAA schools, etc. Coaches will NOT rank their own school, but WILL rank the remaining fifteen (15) schools. A ranking of one (1) will indicate the highest ranking while a fifteen (15) will indicate the lowest

ranking. A school will receive from 1 to 15 points based upon each ranking they receive. Each school will have one of their highest and one of the lowest rankings eliminated. **ALL BALLOTS MUST BE RETURNED TO THE WVSSAC OFFICE BY 3:00 PM ON FRIDAY OF REGIONAL TOURNAMENT WEEK.** After all ballots are received and points tallied, the school with the lowest accumulated point total will receive the number one (1) seed and seeding will continue until all brackets are filled. If two or more teams tie, the following criteria will be used to resolve the tie: Head to head competition; total number of wins in classification or above; total number of wins; toss of coin.

2. **Warm Up Time** - For the state tournament, warm up time will be a total of 18 minutes with a 6-6-6 format. For the first six minutes, teams will have access to their side of the court, but are not to practice serving. At the end of six minutes, the team that won the coin toss will take the floor for six minutes. If a team wants to practice serving, it must be done during these six minutes. At the end of the six minutes, a horn or whistle will sound and the opposing team will have the floor for six minutes. Prior to the 18 minutes warm up, teams may be on the court, but there cannot be any use of balls. When the clock starts for the 18 minute warm up period, the meeting with the captains will be called and the six shared minutes will begin.
3. Eighteen (18) will be admitted on the team pass at the sectional, regional and state tournament.
4. Admission (per session) All Session Pass  
Adults - \$10.00 Adults - \$35.00  
Students - \$7.00 Students - \$25.00
5. Officials will be selected by WVSSAC.
6. The state tournament will be a two (2) day four session event. The tournament will be the best 3 of 5 sets for a match and single elimination.
7. **Filming** - You may only film the games in which your school/team is playing. (See WVSSAC Video Policy)
8. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
9. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.
10. The higher seed teams will select side of court the night before the matches.

### 2022-2023 State Volleyball Champions

#### Class AAA

**Musselman High School**

#### Class AA

**Philip Barbour High School**

#### Class A

**Williamstown High School**







## Time Schedule

Each session will have a running schedule

Ticket gates will open 1 hour before scheduled time to purchase tickets (provided previous session is over in time).

**Tuesday, November 7 @  
Holiday Inn CCCC**

Official's Meeting - 6:30 PM  
Coaches Meeting - 6:00 PM

(Those unable to attend, contact Esther Messenger to arrange time to pick up required information)

### **Wednesday, November 8 - Session I - 8:30 AM**

Team Warm-up 8:00 AM

Court Assignment for Sessions 1 thru 3

AA - Court 1

AAA Court 2

A - Court 3

Wednesday 8:30 AM (4-5) - All 3 classes

Immediately following Game 1, Game 2 will begin. (1-8)

**Coliseum will be cleared.**

**Admission will be charged for Session II**

### **Wednesday, November 8 - Session II 1:30**

Team Warm-Up 1:00 PM

Wednesday 1:30 PM (2-7) - All 3 classes

Immediately following Game 3, Game 4 will begin. (3-6)

**Coliseum will be cleared - Admission will be charged for Session III**

### **Wednesday, November 8 - Session III - 6:30**

Wednesday 6:30 PM Winner of Game 1 vs Winner Game 2 - All 3 classes

Immediately following Game 5, Game 6 will begin.

Winner of Game 3 vs Winner Game 4 - All 3 classes.

### **Thursday, November 9 - Session IV**

AA Championship Game 11:00 AM

AAA Championship Game (\*Running

Schedule)

A Championship Game (\*Running Schedule)

**Bolded School** - Responsible for calling a meeting for listed schools.

## AAA

### Region I

Site: Brooke High School

Director: Sean Blumette, AD

Date: November 4, 2023 10:00 AM

Section 1 **Brooke**, John Marshall, Morgantown, Wheeling Park

Section 2 **Bridgeport**, Buckhannon-Upshur, Preston, University

### Region II

Site: Martinsburg HS

Director: Davis Moore, AD

Date: November 4, 2023 10:00 AM

Section 1 Hedgesville, Martinsburg, Musselman, **Spring Mills**

Section 2 Hampshire, **Jefferson**, Washington

### Region III

Site: Woodrow Wilson High School

Director: Andrew Pinnick, AD

Date: November 4, 2023 10:00 AM

Section 1 Capital, George Washington, Riverside, **South**

**Charleston**, St. Albans

Section 2 Greenbrier East, Oak Hill, Princeton, **Woodrow Wilson**

### Region IV

Site: Parkersburg High School

Director: Chris Way, AD

Date: November 4, 2023 10:00 AM

Section 1 Cabell Midland, Huntington, Lincoln County, **Spring Valley**

Section 2 Hurricane, **Parkersburg**, Parkersburg South, Ripley

## AA

### Region I

Site: Oak Glen High School

Director: Dick Schilling, AD

Date: November 4, 2023 6:00 PM

Section 1 East Fairmont, Fairmont Senior, **North Marion**, Oak Glen, Weir

Section 2 Berkeley Springs, Frankfort, Grafton, **Keyser**

### Region II

Site: Philip Barbour High School

Director: Tammy Martin, AD

Date: November 4, 2023 6:00 PM

Section 1 Elkins, **Liberty (H)**, Lincoln, Robert C Byrd, Philip Barbour

Section 2 Braxton County, Clay County, **Lewis County**, Roane County

### Region III

Site: Independence High School

Director: John Lilly, AD

Date: November 4, 2023 6:00 PM

Section 1 Herbert Hoover, Independence, **Liberty(R)**, Nicholas County, Shady Spring

Section 2 Bluefield, PikeView, **Westside**, Wyoming East

### Region IV

Site: Chapmanville Regional High School

Director: George Barker, AD

Date: November 4, 2023 6:00 PM

Section 1 Point Pleasant, Nitro, **Poca**, Sissonville, Winfield

Section 2 **Chapmanville Regional**, Logan, Mingo Central, Scott, Wayne

## A

### Region I

Site: Ritchie County High School

Director: Chris Wells, AD

Date: November 4, 2023 2:00 PM

Section 1 Cameron, Hundred, Madonna, Magnolia, Paden City, Valley, **Wheeling Central**

Section 2 **Parkersburg Catholic**, St. Mary's, Tyler Consolidated, Ritchie County, Williamstown, Wood County Christian

### Region II

Site: East Hardy High School

Director: Devon Orndorff, AD

Date: November 4, 2023 2:00 PM

Section 1 East Hardy, Moorefield, Paw Paw, Pendleton County, Petersburg, Tucker County, **Union**

Section 2 **Clay-Battelle**, Doddridge County, Harman, Notre Dame, South Harrison, Trinity Christian, Tygarts Valley

### Region III

Site: Charleston Catholic High School

Director: Jacob Nelson, AD

Date: November 4, 2023 2:00 PM

Section 1 **James Monroe**, Meadow Bridge, Montcalm, Mount View, River View, Summers County

Section 2 Charleston Catholic, Greater Beckley Christian, **Greenbrier West**, Midland Trail, Pocahontas County, Richwood, Webster County

### Region IV

Site: Ravenswood

Director: Wes Swain, AD

Date: November 4, 2023 2:00 PM

Section 1 **Buffalo**, Man, Sherman, St. Joseph Central, Tolsia, Tug Valley, Van

Section 2 Calhoun County, **Gilmer County**, Hannan, Ravenswood, Wahama, Wirt County

**WV State Volleyball Championship**  
**Charleston Coliseum and Convention Center - November 8-9, 2023**  
**Each Session will have a running schedule.**  
**Home Team - Higher Seed**  
**(All times are subject to change)**



**AA**

**Session I**

4
Wed., 8:30 am
5

**Session III**

Wed, 6:30 pm

**All games until final  
played on Court 1.**

1
Wed.
8

**Session IV**

Thurs., 11:00 am

State Champion

**Session II**

2
Wed., 1:30 pm
7

Wed.

3
Wed.
6

6

**A**

**Session I**

4
Wed., 8:30 am
5

**Session III**

Wed., 6:30 pm

**All games until final  
played on Court 3.**

1
Wed.
8

**Session IV**

Thurs., Running  
Schedule  
(After AAA)

State Champion

**Session II**

2
Wed., 1:30 pm
7

Wed.

3
Wed.
6

6

**AAA**

**Session I**

4
Wed., 8:30 am
5

**Session III**

Wed., 6:30 pm

**All games until final  
played on Court 2.**

1
Wed.
8

5

**Session IV**

Thurs., Running  
Schedule (After AA)

State Champion

**Session II**

2
Wed., 1:30 pm
7

Wed.

3
Wed.
6

6



## 2023-2024 VOLLEYBALL RULES REVISIONS

**2-1-9 (NEW) 12-2-5:** Creates a coaching zone defined by the libero replacement zone extending beyond the end line and sideline extended.

**Rationale:** Defined and clarifies the area in which coaches may stand.

**4-1-7:** Allows small, secured stud or post jewelry to be worn above the chin.

**Rationale:** Maintains consistency with current trends of other NFHS and volleyball rule codes.

**4-2-4b:** Eliminates the use of uniform numbers with a leading zero (01, 02, 03, etc.) beginning in 2028. **Rationale:** Clarifies legal numbers and eliminates confusion when signaling while aligning with other rules codes. .

**10-2-1:** Allows requests for substitution by head coach to be signaled or verbalized.

**Rationale:** Creates consistency by allowing either a verbal or non-verbal signal for a substitution.

**12-2-6:** Establishes that one assistant coach may stand within the coaching zone to provide instruction during dead-ball situations **only**.

**Rationale:** Allows an assistant coach to stand and coach during dead-ball situations in addition to the head coach. The assistant coach that stands may change throughout the match, but only one can stand at a time.

### 2023-24 Volleyball Editorial Changes

2-1-1, 2-1-3, 2-1-4, 2-1-5, 2-1-6, 10-2-1

### 2023-24 Volleyball Points of Emphasis

1. Using the Lineup Card Effectively
2. Coaches Zone Privileges

(



## 2023 - 2024 SPORTS MEDICINE UPDATES AND REMINDERS:



- 1) **ALL COACHES** must complete the free "Concussion in Sport" course annually before the first contest at [nfhslearn.com](https://nfhslearn.com).
- 2) **ALL COACHES** must complete the free "Sudden Cardiac Arrest" Course annually at [nfhslearn.com](https://nfhslearn.com)
- 3) **ALL COACHES** must complete the free "Heat Illness" course one time at [nfhslearn.com](https://nfhslearn.com)
- 4) Water Stations / Body Cooling available for practices and games
- 5) Emergency action plans are required for each athletic facility for all practices and contests -Senate Bill 40
- 6) Required Football Practice Guidelines for 2023-2024 (See football Coaches Packet)
- 7) All Coaches must be trained in CPR/AED. An AED must be available for all practices and contests.
- 8) New WVSSAC Heat Illness policy is in effect. See pp 21-22 of the sports med packet for specific information and requirements.

For more information on these important updates and reminders, go to [www.wvssac.org](https://www.wvssac.org) and click on the Sports Medicine link under the School Resources tab.

**2024 WVSSAC Girls' High School Basketball Championships  
Coaches' and Principals'  
Ticket Order Form**

**(ORDERS MUST BE SUBMITTED PRIOR TO FEBRUARY 1, 2024)**

NAME OF SCHOOL \_\_\_\_\_ PRINCIPAL'S NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

**(ALL ABOVE REQUIRED)**

All school orders must be accompanied by a **SCHOOL CHECK OR CREDIT CARD NUMBER** and post marked prior to February 1, 2024. **Seating may not be available in the Coach/Principal section after February 1, 2024.**

The maximum allowed number of tickets for each school is ten (10).

Number of Coach/Principal Tickets \_\_\_\_\_ X \$70 = \_\_\_\_\_

+ \$5 Handling Charge

Total = \_\_\_\_\_

I am an agent of the above-named school and authorized to order tickets for the 2024 WVSSAC High School Basketball Championships. \_\_\_\_\_

**(Principal's Signature)**

Payment Method: Check, American Express, Master Card, VISA, Discover (**Please Circle**)

CREDIT CARD # \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

NAME ON CARD \_\_\_\_\_ ZIP CODE \_\_\_\_\_ CIN # \_\_\_\_\_

AUTHORIZED SIGNATURE \_\_\_\_\_

Make checks payable to Charleston Coliseum and Convention Center

MAIL TO:

**2024 WVSSAC GIRLS' BASKETBALL CHAMPIONSHIPS  
CHARLESTON COLISEUM & CONVENTION CENTER  
200 CIVIC CENTER DRIVE  
CHARLESTON WV 25301**

Please call (304) 345-7469 with questions.

**2024 WVSSAC Boys' High School Basketball Championships  
Coaches' and Principals'  
Ticket Order Form**

**(ORDERS MUST BE SUBMITTED PRIOR TO FEBRUARY 1, 2024)**

NAME OF SCHOOL \_\_\_\_\_ PRINCIPAL'S NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

**(ALL ABOVE REQUIRED)**

All school orders must be accompanied by a **SCHOOL CHECK OR CREDIT CARD NUMBER** and post marked prior to February 1, 2024. **Seating may not be available in the Coach/Principal section after February 1, 2024.**

The maximum allowed number of tickets for each school is ten (10).

Number of Coach/Principal Tickets \_\_\_\_\_ X \$70 = \_\_\_\_\_

+ \$5 Handling Charge

Total = \_\_\_\_\_

I am an agent of the above-named school and authorized to order tickets for the 2024 WVSSAC High School Basketball Championships. \_\_\_\_\_

**(Principal's Signature)**

Payment Method: Check, American Express, Master Card, VISA, Discover **(Please Circle)**

CREDIT CARD # \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_

NAME ON CARD \_\_\_\_\_ ZIP CODE \_\_\_\_\_ CIN # \_\_\_\_\_

AUTHORIZED SIGNATURE \_\_\_\_\_

Make checks payable to Charleston Coliseum and Convention Center

MAIL TO:

**2024 WVSSAC GIRLS' BASKETBALL CHAMPIONSHIPS  
CHARLESTON COLISEUM & CONVENTION CENTER  
200 CIVIC CENTER DRIVE  
CHARLESTON WV 25301**

Please call (304) 345-7469 with questions.

**§127-2-15. Emergency Action Plan (EAP). (Revised 2020-21)**

15.1. Effective December 31, 2017, each member school shall adopt and submit to the WVSSAC and to the county board of education an EAP for athletics, designed to respond to athletic injuries that occur on school property during school-sponsored athletic practices and events.

15.2. Each EAP shall include:

15.2.a. Implementation of the EAP for every sport at every level. The EAP shall discuss how it is to be implemented with the participation of the school's principal and athletic director (if any), coaches, and athletes.

15.2.b. Training. The EAP shall include any necessary training for any person designated as responsible for any portion of the implementation of the EAP. Training may be in person or online, as may be available to the school.

15.2.c. Protocol for summoning emergency medical assistance. The EAP shall discuss how the school's sports teams will assign responsibility for summoning emergency medical assistance in the case of an emergency during a practice or event.

15.2.d. Protocol for beginning Cardiopulmonary Resuscitation (CPR). The EAP shall discuss how the school's sports teams will assign responsibility for beginning CPR in the event it is necessary. Each sports team must have individuals trained in CPR. The school shall provide proper training to any individual assigned responsibility for performing CPR.

15.2.e. Requirement for Automated External Defibrillator (AED); Protocol for the use of AED. Each member school will have an AED on the school or event grounds during the duration of all athletic events and practices. The EAP must address how the school's sports teams will assign responsibility for retrieving and using an AED in the event it is necessary. Each sports team must be instructed on the location of the nearest AED to any practice or event facility. The school shall provide proper training to any individual assigned responsibility for using an AED. (2021-22)

15.2.f. Protocol for the treatment of heat stroke. The EAP must address how the school's sports teams will prepare for and treat heat stroke. Each sports team that practices outdoors is recommended to have available an emersion tub, and must have water, ice, and towels, to be used for the treatment of heat stroke. The EAP must address how the school's sports teams will assign responsibility for obtaining these items and preparing them before a practice or game begins.

15.2.g. Written records. The EAP shall require that each of the school's sports teams assign responsibility for the items discussed above at the beginning of each season, and record those assignments on a written record, which record shall be retained by the sports team and the school.

15.2.h. Symptoms and risk factors for sudden cardiac arrest. The EAP shall require that schools train athletes, coaches, and volunteers about the symptoms and risk factors for sudden cardiac arrest.

15.2.i. Coordination with local Emergency Medical Systems. The EAP shall require that schools coordinate with their local Emergency Medical Services (EMS) personnel, notifying EMS personnel of the availability of AEDs at the school, and notifying EMS personnel of the EAP adopted by the school.

15.2.j. Follow up retraining. The EAP shall require that school sports teams that respond to an emergency incident meet to discuss their response after the incident has passed. Discussion shall center on the team's response to the incident, areas for improvement, and retraining that may be necessary, and any counseling that may be required for the individuals involved.

15.3. Schools may, but are not required to adopt the Anyone Can Save a Life Program (available at [www.anyonecansavealife.org](http://www.anyonecansavealife.org)), which meets all of the requirements of this rule, to be implemented as that schools EAP in compliance with this rule.

15.4. Each EAP adopted pursuant to this rule shall be provided to the county board of education, and shall be retained by the county board of education until the EAP is superseded by a revised EAP.