

The Interscholastic



FALL SPORTS



Featured In This Issue:
Band Program
Cheer Program
Cross Country Program
Football Information
Golf Program
Soccer Program
Volleyball Program



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REGIONAL DEPUTY DIRECTORS

REGION 1

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REGION 2

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REGION 3

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REGION 4

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REGION 5

VACANT.....Barbour, Braxton, Clay,
Lewis, Nicholas, Randolph, Upshur, and Webster

REGION 6

Rocky Powell Woodrow Wilson High School

REGION 7

Amy Robertson .. Greenbrier West High School

REGION 8

Anna Lilly PikeView High School

REGION 9

VACANT.....Boone, Kanawha, Mason,
and Putnam

REGION 10

VACANT.....Cabell, Lincoln, Logan, Mingo,
and Wayne

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**2021-2022
BOARD OF DIRECTORS
Meeting Dates**

July 21-22	Parkersburg (WVSSAC) 21/6:00 p.m. - 22/8:00 a.m.
August 25-26	Parkersburg (WVSSAC) 25/6:00 p.m. 26/8:00 a.m.
October 20-21	Parkersburg (WVSSAC) 20/6:00 p.m. - 21/8:00 a.m.
November 17-18	Parkersburg (WVSSAC) 17/6:00 p.m. - 18/8:00 a.m.
January 19-20	Parkersburg (WVSSAC) 19/6:00 p.m. - 20/8:00 a.m.
February 16-17	Parkersburg (WVSSAC) 16/6:00 p.m. - 17/8:00 a.m.
April 3-5 (Board of Control) April 5- Board of Directors	Stonewall Resort State Park, Roanoke 10:00 a.m.
May 17-18	Parkersburg 17/6:00 p.m. - 18/8:00 a.m..
June 6-8	Summer Meeting

**2021-2022
WVSSAC - Office Closed**

July 2, 5	Independence Day
September 6	Labor Day
November 11	Veterans Day
November 25, 26	Thanksgiving
December 23-24	Christmas
December 27-January 3	New Year's
January 17	Martin Luther King Day
April 15-18	Good Friday-Easter Monday
May 30	Memorial Day
June 20	West Virginia Day



Your WVSSAC Administrators



Bernie Dolan
Executive Director



Greg Reed



Wayne Ryan



Dr. Cindy Daniel

----- Assistant Executive Directors -----

Steve Campbell Appointed to Board of Directors



Mr. Steve Campbell, Assistant Principal/Athletic Director, Musselman High School was appointed to the Board of Directors to represent the West Virginia Athletic Directors Association. Steve was born in Martinsburg, WV, and graduated from Musselman High School in 1983. He continued his education at Shepherd College, earning a BA in Physical Education and Safety in 1991. He completed his master's degree in Education Administration from the University of Phoenix in 2005. Mr. Campbell currently serves as an assistant principal and athletic director at Musselman High School. He spent multiple years coaching football in Maryland and Virginia prior to returning to his alma mater. He has previously been the president of the West Virginia Athletic Directors Association, has completed his (CMAA) Certified Master Athletic Administrator certification for the National Interscholastic Athletic Administrators Association and is currently serving as an adjunct professor for the CPASS program at WVU.

Steve and his wife Teresa, reside in Bunker Hill and are the parents of two daughters: Kirsten- a graduate of West Virginia Wesleyan College with a degree in athletic training and Kenley - a current student at WVU studying dental hygiene.

We are happy to welcome Mr. Steve Campbell to the Board of Directors.



WEST VIRGINIA SECONDARY SCHOOLS ACTIVITY COMMISSION WEST VIRGINIA BANDMASTERS' ASSOCIATION



SPRING FESTIVAL FOR PERFORMANCE EVALUATION AND ASSESSMENT

- I. The recognized band festivals of the State of West Virginia will be held under the joint sponsorship of the West Virginia Bandmasters' Association and the West Virginia Secondary School Activities Commission as a music education event for the instrumental music students of West Virginia schools.
- II. All WVSSAC member schools (High School, Middle School/9th Grade Schools) shall be required to participate in the festival of their region if band is in their class schedule or if the school has applied for and been granted a waiver. **Waivers must be postmarked by February 15.** (See WVSSAC Rule 127-5-5.3)
- III. Band Festivals may only be held with the sanction of the Secondary School Activities Commission.
- IV. To be sanctioned, a festival:
 - A) Must be held from the Monday of Week 38 to the Saturday of Week 44 of the WVSSAC standardized calendar. The regional director shall be responsible to determine the appropriate date which must be submitted to the WVSSAC prior to June 1 of the year preceding the festival.
 - B) Must be held in a facility adequate to host a festival (i.e. warm-up rooms with stands, acoustically acceptable performance area, etc..)
 - C) Must accept only bands that meet WVSSAC eligibility requirements.
 - D) Must see that bands meet all Festival Plan requirements.
- V. FESTIVAL PROCEDURE:
 - A) All music, with the exception of warm-up selections, must be selected from the current WVBA Graded Music List. New titles may be added to the Graded Music List by submitting them to the Graded Music List Chairman. **Additions to the Graded Music List are at the discretion of the chairman.** Submissions for the current school year must be postmarked no later than February 15. If a tune is not on the current Graded Music List, a No Rating will be given and the school will be notified accordingly. Two movements of a suite or one movement of a symphony shall constitute one selection. The WVBA Graded Music List may be accessed at the following web site:
<https://wriens74.wixsite.com/wvgradedmusiclist>
 - B) The Chairman of the Music Grading Committee will be appointed by the President of WVBA and approved by the WVBA Executive Board. The chairman will then select his/her own committee with the advice and consent of the Executive Board.
 - C) No music shall be prepared and entered by a school in a festival more than once during any four consecutive years for high school and three consecutive years for middle schools. If the rule is not followed, the band will receive NR and the SSAC will be notified. The Festival Director must keep yearly records to enable the enforcement of this rule.
 - D) At the Festival, two separate selections from the current Graded Music List shall constitute the audition program. A warm-up selection may be played prior to these selections; however, it is not to be adjudicated. The warm-up selection may or may not be from the current Graded Music List.
 - E) The performance "level" of each band will be determined by the adjudicated selections.
 - F) The five ratings to be used in adjudication are: I, II, III, IV, and V.
 - G) A band may choose to have "Comments Only" instead of a rating; however, the music selected must still be selected from the Graded Music List. The Festival Chair will establish
- the deadline for such request.
- H) Adjudication ratings will be published as follows: SCHOOL, LEVEL, RATING (e.g. COLUMBUS HIGH SCHOOL, LEVEL VI, RATING II).
- I) Sight reading shall be considered a festival option. If chosen, a sight reading judge will be hired. After performing the prepared festival music, the band will proceed to another performance area to read at sight a selection one level lower than the lowest level prepared. The sight reading grade will be considered separate from the other festival rating.
- VI. FEES: A fee of a minimum of **\$150.00** will be assessed for each band. **This fee shall be sent to the director of the regional festival.** If it is not postmarked no later than March 1 or at the discretion of the Festival Director. Participation by the band will be at the discretion of the Festival Director. In the event the Festival Director elects to waive the March 1st deadline, a \$50.00 fine will be assessed and must be paid on or before the performance date.
- VII. Fee for Non-Participating Bands & Sanctions
If a band does not participate in the festival or is not granted a waiver, a fee of **\$150.00** will still be assessed and due by March 1. **Failure to pay the fee will result in Courtesy and Identification Cards for that school being withheld until payment is received.**
- VIII. Adjudicators:
 - A) Festival judges shall be selected from a list of qualified adjudicators approved by the West Virginia Bandmasters' Association. The assignment of festival judges will be made by the festival director with the assistance of the WVSSAC.
 - B) Additions to and deletions from the list of approved adjudicators may be made by submitting recommendations to the WVBA Executive Board. Festival Directors and bandmasters from each region may recommend qualified adjudicators to the WVSSAC. These individuals may be exempt from the required adjudicators' training.
 - C) Each band will be adjudicated on its prepared selections by three judges.
 - D) The official rating form approved by the WVBA shall be used for the adjudication.
 - E) For adjudicating a band festival, each judge shall be paid a fee of **\$200.00** and expenses which are to include a minimum of \$.31/mile travel and not more than \$20.00 per day for meals. In addition, the Festival Director shall arrange suitable housing for the judges at the expense of the festival.
 - F) Each judge shall be supplied a numbered score of the audition music to be adjudicated. Judges are not to receive scores of warm-up selections. Photo copies are only permitted as provided by the US Copyright Law. If the rule is not followed, the regional director must notify the WVSSAC.
 - G) Judges shall use both recorded comments and adjudication forms to evaluate and assess each band.
 - H) Sight reading adjudicators do not have to be on the approved adjudicators list.
- IX. The Festival Director shall be someone closely associated with music education. The Director is responsible for all affairs of the festival. The Director shall submit a Festival Report to the WVSSAC no later than ten working days following the festival. This report shall consist of the financial report, ratings of each





2018-2019 REGIONAL BAND FESTIVAL RESULTS



The status of member school bands are listed below as to whether they attended Regional Band Festivals. The Festival Plan requires member schools (high schools, Middle School/9th Grade schools) to participate in the festival in their region within the guidelines of the Festival Plan. Section 127-5-5 of the WVSSAC Rules and Regulations Handbook states, "In order to qualify for approved participation in activities outside the home county and counties contiguous to the home county (including out-of-state), bands of member schools must have participated within the guidelines of the WVSSAC Band Festival Plan in the most recently conducted regional band festival."

HIGH SCHOOLS

School Name	Grade Level	Rating	School Name	Grade Level	Rating	School Name	Grade Level	Rating
Berkeley Springs	4, 4	3	Logan	3, 4	2	Robert C. Byrd	3, 3	2
Bluefield	4	1	Magnolia	2, 3	2	St. Albans	4	1
Braxton County	5, 3	1	Man HS/MS	2, 3	2	St. Joseph Central	2, 1	2
Bridgeport	5, 4	1	Martinsburg	5, 5	2	St. Marys	3, 3	2
Brooke	4, 5	1	Meadow Bridge	1, 1	2	Scott	5, 6	2
Buckhannon-Upshur	5	1	Midland Trail	2, 1	3	Shady Spring	5, 6	2
Buffalo (P)	3	1	Mingo Central	3, 3	3	Sherman HS/MS	1, 1	2
Cabell Midland	5	1	Montcalm	Did Not Participate		Sissonville	4	2
Calhoun County MS/HS	1, 1	CO	Moorefield	2, 3	2	South Charleston	5, 4	1
Cameron Jr/Sr	2, 3	3	Morgantown			South Harrison	5, 4	2
Capital	4	1	Wind	6, 6	1	Spring Mills	3, 3	2
Chapmanville	3, 4	1	Symphonic	5, 5	1	Spring Valley		
Clay-Battelle	2, 3	CO	Concert (Red)	4, 5	1	A	5	1
Clay County	3, 3	2	Concert Freshman	3, 3	2	B	3, 4	1
Doddridge County	3, 3	2	Mt. View	Did Not Participate		Summers County	2, 2	2
East Fairmont	5, 4	2	Musselman	6, 6	1	Tolsia	3	1
East Hardy	3, 3	2	Nicholas County	4, 5	2	Trinity Christian	2, 1	3
Elkins	5	2	Nitro	4	2	Tucker County	Did Not Participate	
Fairmont Sr.	5, 4	1	North Marion	4, 3	2	Tug Valley	2, 2	2
Fayetteville	2, 2	2	Notre Dame HS/MS	NG		Tygarts Valley HS	1, 2	2
Frankfort	4, 5	1	Oak Glen	3, 4	2	Tyler Consolidated	3	1
George Washington	5	1	Oak Hill	4, 4	1	University		
Gilmer County	3, 3	1	Paden City	3	1	Concert	3, 4	1
Grafton	4, 4	2	Parkersburg	4, 4	1	Wind Ensemble	6, 6	1
Greenbrier East			Parkersburg Catholic	Did Not Participate		Valley (F)	2, 2	CO
Concert	3, 5	1	Parkersburg South			Valley (W)	4	2
Symphonic	6, 6	2	Freshman	4, 3	1	Wahama	3, 5	1
Greenbrier West	3, 4	1	Symphonic	5, 6	1	Washington		
Hampshire	3, 4	2	Paw Paw MS/HS	1, 2	3	Concert	4, 4	1
Harman	Waiver		Pendleton County MS/HS	1	2	Wind Ensemble	6, 5	1
Hedgesville	5, 4	CO	Petersburg	4	1	Wayne	4	1
Herbert Hoover	3	1	Philip Barbour	6	1	Webster County	2	1
Hundred/Long Drain	2	3	PikeView	4, 5	1	Weir	Waiver	CO
Huntington	4	1	Poca	3, 4	1	Westside	2	2
Hurricane	4, 5	1	Pocahontas County	3, 4	3	Wheeling Central	Did Not Participate	
Independence	3, 3	2	Point Pleasant			Wheeling Park	4, 5	1
James Monroe	3	1	1	Did Not Participate		Williamstown	3, 4	1
Jefferson			2	Did Not Participate		Winfield	6	1
Concert	3, 4	1	Preston	5, 5	2	Wirt County	3, 3	3
Freshman	4, 4	2	Princeton	5	1	Woodrow Wilson	4, 4	2
John Marshall	5	1	Ravenswood	4, 5	1	Wyoming East	2	3
Keyser	4, 4	3	Richwood	3, 3	2			
Lewis County	5	1	Ripley	5	1			
Liberty (H)	4, 4	1	Ritchie County	5, 5	2			
Liberty (R)	2, 2	2	River View	Did Not Participate				
Lincoln	4, 4	1	Riverside	4, 5	2			
Lincoln County	4, 5	1	Roane County	4, 5	1			



MIDDLE SCHOOLS

School Name	Grade Level	Rating	School Name	Grade Level	Rating	School Name	Grade Level	Rating
Andrew Jackson	2	2	Harman	Waiver		Ripley		
Ansted	Did Not Participate		Harpers Ferry	3, 3	1	7th Grade	2, 2	1
Aurora	1, 2	3	Harts	Waiver		8th Grade	3, 2	1
Barboursville	2	1	Hayes	2	1	Ritchie County	1, 1	2
Barrackville	1, 1	2	Hedgesville	3, 2	2	Rivesville	2, 1	2
Beckley-Stratton	1, 2	1	Horace Man	2	1	Robert L. Bland	2	1
Belington	2	1	Huntington	2	1	Romney	1, 1	1
Blennerhassett	3, 3	1	Huntington East	2	1	Rowlesburg	1, 1	2
Bluefield	2	1	Hurricane	3	1	Saint Francis	1, 1	CO
Braxton	Did Not Participate		Independence	1, 1	1	Saint Joseph School	Did Not Participate	
Bridgeport	3, 3	1	Jackson	1, 2	3	Shady Spring	3, 3	1
Bridge Street	2	2	John Adams	2	2	Shepherdstown	2, 2	1
Brooke	1, 2	2	Kasson	1	CO	Sherrard	2	2
Bruceton	2, 2	3	Kermit	Non-Compliant		Short Line	2	2
Buckhannon-Upshur	3	1	Keyser	Did Not Participate		Sissonville	1	1
Burch PK-8	1, 1	2	Lenore PK-8	Did Not Participate		South	3, 3	2
Capon Bridge	Did Not Participate		Lincoln	1, 2	1	South Charleston	2, 1	1
Cedar Grove	Did Not Participate		Logan	1, 1	2	South Harrison	2, 1	2
Central Preston			Madison	2, 3	2	South Preston	1, 2	3
6th	1, 1	1	Man	Did Not Participate		Spencer	1, 1	2
7th/8th	3, 3	1	Mannington	1, 1	CO	Spring Mills	2, 2	1
Ceredo-Kenova	2	1	Marlinton			Stonewall Jackson	1	3
Chapmanville	1, 1	2	6th Grade	2	2	Summersville	2, 2	3
Charles Town			7th & 8th Grade	3	2	Suncrest	3, 3	1
8th Grade	3, 2	1	Martinsburg North	2, 2	3	Taylor County	1, 2	1
7th Grade	2, 2	2	Martinsburg South	2, 2	1	Terra Alta East Preston	Did Not Participate	
Clay County	2, 2	1	Matewan	1, 1	2	Trap Hill	2, 1	3
Collins	2, 2	2	McKinley	2	2	Triadelphia		CO
Crum	1	2	Milton	1	3	Tucker Valley	Did Not Participate	
Davis Thomas	Did Not Participate		Monongah	2, 1	3	Tygarts Valley	Did Not Participate	
Doddridge County	1, 1	3	Montcalm	1, 2	2	6th Grade	Did Not Participate	
Dunbar	2, 3	3	Moorefield	1, 1	CO	Tyler Consolidated		
DuPont	2	2	Moundsville	2	2	6th Grade	1	1
Duval K-8	1, 2	2	Mountain Ridge	1, 2	1	7th & 8th Grade	3	1
East Bank	1, 2	2	Mountain View	2	2	VanDevender	1, 1	3
East Fairmont MS	2, 2	2	Mountaineer			Vinson/Bufalo	2	1
East Hardy	2, 2	3	7th Grade	1, 2	1	Walton	Did Not Participate	
East Preston	1, 2	2	8th Grade	2, 3	1	Warm Springs	2, 2	3
Eastern Greenbrier	3, 3	1	Mon. Wind	3, 4	2	Warwood	1	3
Edison	3, 2	2	Musselman	2, 2	1	Washington Irving	2, 2	2
Elkins	3	2	New Martinsville	2	3	Wayne	2	1
Elkview	2	1	Oak Glen	2	1	Webster Springs/Hackers V	1	1
Fairmont Catholic MS	Did Not Participate		Our Lady of Fatima	2	1	Weir	Waiver	
Fairview	2, 2	2	Park	1, 2	2	Wellsburg	Did Not Participate	
Fort Gay	1	2	Petersburg	1	2	West Fairmont	2, 2	1
Frankfort	2, 3	2	Peterstown	1	2	West Preston	2, 2	2
George Washington	2, 2	1	Philippi	1, 2	2	Western Greenbrier	2, 2	1
Gilbert	1, 1	CO	PikeView	3	1	Westwood	3, 2	1
Glenwood	1, 2	CO	Pleasants County	2, 2	1	Wheeling	2, 3	1
Green Bank	Did Not Participate		Poca	3	1	Wildwood	3, 2	CO
Guyan Valley	1, 2	3	Point Pleasant	2, 2	2	Williamson	1, 1	3
Hamilton	2, 2	1	Princeton	3	1	Williamstown	2, 2	2
Hamlin	1, 1	1	Ravenswood	1, 1	1	Winfield	2, 3	1
						Wirt County	2, 2	3

THE WEST VIRGINIA PLAN OF ADJUDICATION

Rating I (Division I)

This division represents the finest conceivable performance for the event and the class of participants being judged; worthy of the distinction of being recognized as among the very best.

Rating II (Division II)

This rating reflects an unusual performance in many respects but not one worthy of the highest rating due to minor defects. However, it is a performance of distinctive quality.

Rating III (Division III)

This rating is awarded for a good performance but one that is not outstanding. The performance shows accomplishment and marked promise but is lacking in one or more essential qualities.

Rating IV (Division IV)

This rating describes a performance that shows some obvious weaknesses. These may reflect handicaps in the way of instrumentation or lack of rehearsal time.

Rating V (Division V)

This rating indicates a performance which reveals much room for improvement. The director should check his methods, instrumentation, etc., with those of more mature organizations.

*Comments Only

A band director may choose to not receive a rating - just comments. This is to encourage bands to attend their Regional Festival even though they lack numbers or instrumentation.



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REGIONAL BAND FESTIVALS – 2022



Region 1 – Hancock, Ohio, Brooke, Marshall, Wetzel, and Tyler
 Location: John Marshall High School
 Date: **April 5, 6, 2022**
 Director: Debra Price, Bandmaster
 John Marshall High School
 1300 Wheeling Avenue
 Glen Dale, WV 26038
 E-mail: debra.price@k12.wv.us

Region 2 – Doddridge, Ritchie, Wood, Gilmer, Wirt, Calhoun, Roane, Jackson, Mason, and Pleasants
 Location: Ripley High School
 Date: **April 13, 14, 2022**
 Director: Eric Staats, Bandmaster
 Ripley High School
 2 School Street
 Ripley, WV 25271
 E-mail: edstaats@k12.wv.us

Region 3 – Putnam, Cabell, and Wayne
 Location: Cabell Midland High School
 Date: **April 12, 13, 14, 2022**
 Director: Tim James, Bandmaster
 Cabell Midland High School
 2300 Route 60
 Ona, WV 25545
 E-mail: trjames@k12.wv.us

Region 4 – Kanawha
 Location: Capital High School
 Date: **April 7, 8, 2022**
 Director: Meleah Fisher, Bandmaster Herbert Hoover HS
 Herbert Hoover High School
 5856 Elk River Rd. North
 Clendenin, WV 25045-9716
 E-mail: mfisher@mail.kana.k12.wv.us

Region 5 – Lincoln, Boone, Logan, Mingo, and Clay
 Location: Chapmanville Regional High School
 Date: **April 27, 28, 2022**
 Director: Robin Bailey, Bandmaster
 Chapmanville Regional High School
 200 Vance Street
 Chapmanville, WV 25508
 E-mail: robin.bailey@k12.wv.us

Region 6 – Wyoming, McDowell, Mercer, and Monroe
 Location: Chuck Mathena Center
 Date: **April 8, 2022**
 Director: Julia Kade, Bandmaster
 Chuck Mathena Center
 #2 Stafford Commons
 Princeton, WV 24740
 E-mail: jkade@suddenlink.net

Region 7 – Fayette, Raleigh, Summers, Greenbrier, and Nicholas
 Location: Woodrow Wilson High School
 Date: **April 6, 7, 2022**
 Director: William Bailey
 194 Oak Leaf Trail
 Mount Hope, WV 25880
 E-mail: whbailey49@gmail.com

Region 8 – Tucker, Barbour, Lewis, Upshur, Randolph, Pocahontas, Webster, and Braxton
 Location: Philip Barbour High School
 Date: **April 8, 9, 2022**
 Director: Victor Iapalucci, Bandmaster
 Philip Barbour High School
 99 Horseshoe Drive
 Philippi, WV 26416
 E-mail: viapaluc@k12.wv.us

Region 9 – Pendleton, Hardy, Grant, Mineral, Hampshire, Morgan, Berkeley, and Jefferson
 Location: Musselman High School
 Date: **March 30, 31, 2022**
 Director: Michael Knepper, Bandmaster
 Musselman High School
 126 Excellence Way
 Inwood, WV 25428
 E-mail: mknepper@k12.wv.us

Region 10 – Preston, Monongalia, Marion, Taylor, and Harrison
 Location: Bridgeport High School/Robert C Byrd High School
 Date: **March 30, 31, 2022**
 Director: Michael Ford
 144 Virginia Street
 Jane Lew, WV 26378
 E-mail: musicismakers07@aol.com

Participation of Bands at Basketball Contests



Part of the excitement at many of our interscholastic basketball contests involves the spirited music supplied by a pep or jazz band. The performances of the musical group are enjoyed by all attending the game. To ensure full appreciation of the group's performances, certain guidelines, indicating when to play, should be followed. Band directors are reminded that as a courtesy to the teams and cheerleaders of both schools, the performances by the band should be limited to a certain schedule. The guidelines listed below indicate an appropriate playing schedule for the band.

Guidelines for bands performing at basketball contests:

- 1) The band should play before the game begins. The director should coordinate the schedule so that team members may be announced if desired by the host school.

- 2) The band should play at halftime of the contest.
- 3) The band may play at the end of the contest if desired.
- 4) The band should not play during time-outs or the break between quarters in order to allow the cheerleaders the opportunity to lead cheers. Players and coaches need to be able to communicate with each other during time-outs.
- 5) Musical instruments may not be used as noise makers during the contests.

The band director and his/her performing group will display courtesy and respect to the players and cheerleaders by playing at specific times. With good planning and cooperation, the school pep band will be an integral part of the excitement and spirit of the contests.



Band Procedures for Football Playoffs

Band members in uniform of the two participating schools shall be admitted to the game free. During the half-time intermission of the game, the visiting team band shall perform first and be prepared to start its performance immediately after the end of the first-half play. Performance by the visiting team band shall not exceed ten (10) minutes including time to get on and off the field. Performance by the

home team band shall not exceed ten (10) minutes including time to get on and off the field. The field must be cleared for the mandatory three-minute warm-up drills for players. Teams should be notified at the end of fifteen (15) minutes. If a special announcer is required for a band show, previous arrangements shall be made with game director in order to gain access to the public address

WEST VIRGINIA CONCERT BAND ADJUDICATOR'S GUIDELINES

This application can be requested from:

WVSSAC, 2875 Staunton Turnpike, Parkersburg, WV 26104-7219

Chris Hayslette, Bandmaster Bridgeport High School, 515 Johnson Ave., Bridgeport, WV 26330

1. **All applicants** must possess a degree in Music, or Music Education from a recognized school, college, or university.
2. **All applicants** must have a minimum of five (5) year's teaching experience in a public, secondary, or postsecondary school. Please list your most recent dates of employment and the dates at that location. If you have been at that location less than five years, please use the next line(s) on the application to complete this section.
3. **All applicants** must complete the Introduction to Music Adjudication course offered through the National Federation of State High Schools Association. The course is located online at <http://nfhslearn.com/courses/61030/introduction-to-music-adjudication>
4. **For In-State Elementary and Secondary Music Educators:**
Observe a full day of adjudication, with an approved adjudicator, at a Regional Band Festival sponsored by the WV Bandmasters and/or the WVSSAC. The applicant should contact the region chair and/or someone that he/she knows is judging the band festival. Arrangements should be made to sit beside the approved adjudicator. The applicant should make notations on a separate Concert Band Adjudication Form (received from the Region Chair) and after each group performs may share observations with the official adjudicator. The applicant will assign a rating for the particular group but in no way will this have any bearing or effect on the scores for the performing ensemble. At the end of the day, the Region Chair and the observed adjudicator will sign off on the application to verify that the applicant has met the criteria and is qualified to be placed on the list. Care should be taken to only endorse those individuals that the adjudicator would want to possibly judge their own ensemble. Only one applicant will be permitted with one adjudicator at each festival, and no reimbursement will be made to the applicant. Lunch/Dinner will be provided at no expense to the applicant if it is the custom of the region festival to do so.
5. **For Out of State and Postsecondary Educators:**
Individuals must obtain two (2) letters of recommendation from:
 1. An individual already on the "Approved" list of adjudicators
 2. A current Region Chairperson
 3. A currently employed band director with a minimum of five (5) year's teaching experience in a public, secondary, or postsecondary school.
 Applicants should have the writer submit their letter directly to the Adjudicator's list chairperson.
 In-State Postsecondary Educators may elect either option #4 or #5.
Applicants who elect option #5 will be granted temporary approval until they have completed their first festival adjudication. At the following May meeting a vote will be taken to place the applicant on the permanent Adjudicator's list.

This application should be mailed to Chris Hayslette no later than June 1. Approved applications will be placed on the list effective July 1 and be eligible to adjudicate the following year. All changes of address or employment should be reported to Chris Hayslette yearly so updates can be made.

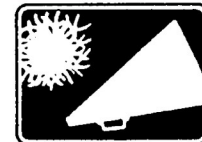
West Virginia Concert Band Adjudicator's Application

Information: Name _____
 Home Address _____
 City, State, Zip Code _____
 Primary Phone _____
 Secondary Phone _____
 E-mail Address _____

1. Degree in Music/Music Education from a recognized music school, college, or university
 School _____
 Degree _____
 Year Completed _____
2. A minimum of five (5) years teaching experience:
 Employed by _____
 Dates _____
 Employed by _____
 Dates _____
3. Observe a full day of adjudication, with an approved adjudicator, at a Regional Band Festival sponsored by the WV Bandmasters and/or the WVSSAC.
 Region Site _____
 Date _____
 Region Chair Signature _____
 Observed Adjudicator Signature _____

Form and a copy of your NFHS Adjudication Certificate is to be returned to: Chris Hayslette, Bandmaster Bridgeport High School, 515 Johnson Ave., Bridgeport, WV 26330

2021-2022 Cheerleading Program



REQUIRED READING: Cheer coaches are reminded to carefully review and follow all rules and regulations as set forth in this document, the coaches packet, and the WVSSAC Cheer Manual, (a supplemental document available online), NF Rule Book and WVSSAC Rules & Regulations Handbook.

The Cheer Coaches Committee met on April 19, 2021.

2021-22 High School Cheerleading Dates:

Season Starts:	Mon. of Wk. 5	August 2
Regional Outline (C-2 A&B) Due		October 1
Regional Entry Form (C4) & Music Form (C5) Due		October 1
Regional	Week 18	November 6
State	Week 23	December 11
Season Ends		March 19
Cheer Injury Report Due - High School		March 23 (Wed)
Cheer Injury Report Due - Middle School		March 2 (Wed)

The Head coach is required to attend a clinic which will focus on rules and regulations and safety procedures (**YOU CANNOT SEND YOUR ASSISTANT**).

I. RULES AND REGULATIONS-GENERAL

- A) Procedures for tryouts shall be decided by individual schools. Cheer tryouts may not be held until the beginning date for the cheer season. An orientation session may be held prior to the last day of each year's school term. **This shall be a meeting to inform parents and students of the school's cheer program. This is an orientation session for information only; no cheer activities or instruction may occur.**
- B) It is strongly recommended that cheer teams be chosen by the coach.
- C) **Fund-raising** - Schools are to abide by all fundraising procedures established by the state county and school.
- D) Restriction on Competition--In order to qualify for any competitions, cheerleading teams of member schools must have participated in the most recently conducted regional cheer competition (high school teams only). **Failure to compete in the most recently conducted regional cheer competition will result in restriction of competing in any other competition for 365 days. (Does not apply for 2021-22)**
- E) State Basketball Tournament Regulations - Cheer teams whose basketball teams are involved in state tournament play should refer to regulations outlined in the WVSSAC Cheer Manual.
- F) No stunting is allowed during foul shots in basketball. No stunting is allowed during play or warm-ups. No standing behind free throw lane extended.
- G) Basketball Cheering Regulation - When cheering at basketball contests, the cheer team is not allowed to enter the court during a thirty (30) second time out.
- H) Inappropriate behavior or poor sportsmanship exhibited by cheer teams or coaches during regular season or competition is never acceptable.
- I) Cheerleading teams may participate only in competitions which are **SANCTIONED** by the WVSSAC. **Only WV certified judges may be used. A minimum of one Safety Judge is required. Refer to WVSSAC website for further information.**
- J) Requirement for Choreographers:
All new choreographers must attend one of the scheduled four hour judges' clinics **before working with any school team**. Those who have already attended one of the clinics in the past must attend the first 2 hours of one of the scheduled 4 hour judges'

clinics annually.

- K) During the cheer season, each school is allowed five outside assistance days for any assistance that is provided to teams by someone other than the contracted coach. Any or all part of a day used for outside assistance shall count as one full day. Cheer coaches within the same county feeder program may assist each other on these five days as long as no compensation is given for the assistance. Teams advancing to the state tournament may request one additional outside assistance day from the WVSSAC office.
- L) By principal permission, cheer coaches may participate in cheer activities with students during county approved 3 week window and principal approved flex days.
- M) All middle and high school cheer coaches must submit all required forms by the deadline. Failure to do this will result in a \$50.00 fine per form.
- N) **Basket Tosses** performed on any surface are **illegal** for all cheer squads in WV.
- O) Handheld signs flags, poms, and megaphones are allowed.
- P) Casts that are not removable are not permitted during tumbling and stunting.
- Q) Cheer teams are **NOT** permitted to participate in the hand shake line with teams. They may shake hands with other cheer teams.
- R) **Beginning with the 2021-22 school year, mats will be required for all practices and competitions.** Competitions will be held on a floor consisting of strips of 6 x 42 carpeted foam mats, 1 3/8" thickness.

II. RULES AND REGULATIONS-UNIFORMS

- A) When standing at attention, apparel must cover the midriff, both front and back. Sheer material is not permitted on the torso.
- B) Shoulder cutouts are permitted as well as one front cutout and one back cutout as long as it is above the legal neckline. Necklines can be V-neck, scoop, or square.
- C) Modified racer backs are permitted.
- D) Skirts must fully cover the hips and fall at least 2" below the required boy cut brief to be worn underneath.
- E) Skorts may be worn and must have a minimum inseam of 3".
- F) Shorts with minimum inseam of 3" are allowed as part of the uniform for non-game day events and activities. Shorts are not to be worn as part of the uniform except for special circumstances. Requests for special circumstances must be made to Cindy Daniel at the WVSSAC office for approval.
- G) Pants/warm ups are allowed as part of the uniform for travel, inclement weather, etc. Stunting is not permitted in loose fitting warmups.
- H) Hats, body paint, face paint, and facial stickers are not permitted during competition. Stickers and face paint may be worn during regular season. Body glitter, shimmer, or dust that does not adhere to the body is not permitted, as well as attached eyelashes.
- I) No jewelry is permitted at any time, including body piercing jewelry.
- J) Sequins, glitter, beads, rhinestones, etc. must be flat and heat pressed into the fabric. This applies to all parts of the uniform.
- K) Hair must be worn in a manner that is appropriate for the activity. During competition, hair must be pulled back or up away from the face.
- L) Hair devices, which are safe and reasonable secure, may be worn. Refer to NFHS Rule 2.5 Cheer Manual pages 13 & 15.
- M) Fingernails, including artificial, must be kept short near the end of fingers.



III. RULES AND REGULATIONS-OTHER

- A) Cheer coaches are reminded that all WVSSAC rules and regulations apply to the sport of cheerleading. Violators of rules and regulations will be assessed appropriate penalties. It is the coach's responsibility to be knowledgeable of the rules and to ensure that all members of the cheer program adhere to the rules and determine readiness to perform all stunts.
- B) Participation at games/contests is limited to a school's spirit team. All mascots must be enrolled in the school and meet all eligibility rules for participation.
- C) Tumbling classes must be voluntary on the part of each cheerleader. Tumbling class(es) must not be required for the purpose of tryouts OR participation on a school cheer squad unless it is part of one of your 5 dates of outside assistance.
- D) During the school year and while a member of a **middle or high school team**, a student shall neither participate on any formally organized non-school team in the same sport, nor shall the student compete as an individual unattached in non-school formally organized competition in the same sport. Participation includes practice, fundraising, team pictures, etc. This rule has nothing to do with whether your team competes in competitions. The release date for high school cheer is the elimination from Regional Tournament or the State Tournament. The release date for middle school is the completion of the county or conference cheer championship. If there is no county or conference championship, middle school release date is after regionals. At this time, they may participate provided:
 - 1) participation is approved by the student's principal.
 - 2) the student misses no school-sponsored activity
- E. All music used must meet copyright requirements. In order to edit and mix music a license from the copyright owner must be obtained. For a list of authorized providers go to www.usacheer.net/music.

MADE FOR A TOURNAMENT. The necessary forms/reports that must be filed with the WVSSAC office can be found with the instructions for each sport. To be eligible to participate in regional and state cheer competition, each member of the team must have participated in a minimum of 70% of the team activities from 1st day of the season through Regional and State Competition. This includes all activities of the team (i.e. cheering as a support group at other sport contests, fund raisers, practices, cheer competitions/invitationals, pep rallies, clinics, camps, etc.). It will be the coach's responsibility to verify that each member has complied with the 70% regulation. The 70% rule is not intended to penalize cheerleaders who have not been able to actively participate due to injury verified by a physician or grades.

- A) **FORMAT-** The competition format will include a 30-40 second technical and a 2 minute 30 second open routine. The technical portion will make up 30% of the total score and will be scored at end of technical portion.

For specific information and rules regarding the technical and open portions, please refer to the Cheer Manual.

- B) Dance moves that involve repetitive pelvic thrusts, during cheer performance and competition are prohibited. - 20 point deduction.
- C) Failure of a school to have a coach in attendance at the regional or state competition shall result in the school's disqualification. Only two coaches may be on the floor during the performance.
- D) The following forms are due to the WVSSAC office no later than October 1: (Send to heather.enoch@wvssac.org)
 - 1) **Regional Entry Form C-4,**
 - 2) **Music Warranty Form C-5, and**
 - 3) **Written Narrative C2 A & B including your Technical Words** for regional competition. (Send to [Kelly Stewart-kellystewart68@gmail.com](mailto:KellyStewart68@gmail.com) and heather.enoch@wvssac.org)
 All forms can be found on the WVSSAC website.
- E) A maximum of thirteen (13) team members will be allowed to participate in regional and state competition. Alternates must be listed on eligibility certificates. Any cheerleader arriving after the official start of judging of the team will not be allowed to participate.
- F) No team may come onto the floor prior to the team announcement. No gymnastics upon entering or exiting floor at the end of the routine. The team needs to exit the performing floor immediately. Excessive celebration is prohibited. Once the competition has begun, no coach, fans, parents, etc., are allowed on the floor with the exception of the coach in cases of injury. It is the regional tournament director's responsibility to enforce these regulations at the tournament. During the awards presentation, the team and coach may enter the floor to accept the awards and members must be legally attired (no balloons, flowers, stuffed animals, etc.). In the interest of safety, parents, fans, etc., are not to enter the floor.
- G) For the technical to indicate the beginning of the time, one team member will raise the right arm fully extended. The arm must drop forward immediately and the time will begin. No motions, words, actions, etc., may begin before this time. This includes such actions as salutes or stomps, etc. For the open to indicate the beginning of time, the right arm is to be fully extended and remain so until first word, motion or music.
- H) Time STOPS when ALL cheerleaders have returned to the cheer surface and words, motions, and music have stopped.
- I) No restarting of time is allowed except for a mechanical failure or an injury, as determined by head safety judge.
- J) All routine music shall be provided and a backup shall be available. **All music must meet US Copyright laws.**
- K) **In the dance portion, there must be a minimum of 6 consecutive 8-counts of full team dance.**
- L) In tabulating the score for the routine, the highest and lowest score will be averaged and then added to the remaining scores,

IV. MIDDLE SCHOOL-SCHOOL RULES AND SAFETY REGULATIONS

Middle School Dates:

Season Starts	Mon. of Wk. 6	August 9
Season Ends		February 26
Cheer Injury Report Due - Middle School		March 2 (Wed)

For middle school open/invitational competitions, the use of the Cheer Outline is mandatory if the event is an in-state WVSSAC sanctioned event. Outlines should be submitted to head safety judge prior to competition.

- A) Competitions - Schools or organizations hosting or participating in cheer competitions should refer to the regulations in the WVSSAC Cheer Manual. **WV certified judges must be used.**
- B) Middle school spirit team coaches shall emphasize:
 - a) Safety and readiness, importance of the spotter.
 - b) Conditioning
 - c) Basics [i.e. arm motions, jumps, partner stunts (shoulder height and below)]
- C) Any member of a freshman team in a four year high school that participates on a junior varsity team is ineligible to return to the freshman team.

V. COMPETITIONS (REGIONAL AND STATE)

ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE



and two qualifiers from each class will advance to the state competition.

- M) **Tie Breaking procedures for regional and state competition.** The scores of the **Technical** portion of the routine will be used as the first tie breaker. If necessary to advance beyond this category, the **Open Execution/Difficulty** scores will be used as the second tie breaker. The **Overall Effect** scores will be used as the third tie breaker. In all three cases, the scores of all judges will be totaled in the breaking procedure.
- N) Please refer to website for tournament draw.
- O) The regional and state competition performance order will be **A, AA, and AAA.**
- P) Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.
- Q) **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

VI. JUDGES AND GUIDELINES FOR JUDGING

- A) Judges for regional and state competition will be assigned by the WVSSAC. Five (5) judges and a safety judge with two (2) assistants.
- B) In all cheer competitions, only WV certified judges may be used. List of Judges is available by request from WVSSAC office.
- C) Refer to WVSSAC Cheer Manual for additional information, rules and regulations.
- D) Required Judges Training and Choreographer Training: Specific dates and times will be posted on the WVSSAC website as well as on social media. Training is required for anyone wanting to become a judge in West Virginia. This class may also be used to recertify as a judge.
- E) If you were certified to judge the previous year and you wish to be eligible to judge regional and state competitions, you must attend the first 2 hour judges clinic of the 4 hour judges clinic.



2020-2021 State Cheerleading Champions

Class AAA

Wheeling Park High School

Class AA

Fairmont Senior High School

Class A

Man High School



CHEERLEADING REGIONAL ALIGNMENT

Cheer coaches are to notify the WVSSAC no later than October 1, if the team chooses not to participate in the regional cheer competition. Cheer coaches must submit a letter signed by the school principal verifying that the team chooses not to participate. Coaches are reminded to review the restrictions regarding non-participation.

In each region, schools are listed by order of performance. The Order of Performance for regional competition can also be accessed on the WVSSAC website. Should a team choose not to participate, the order will remain with all schools moving forward in order.

CLASS AAA

Region I

Site: Brooke High School
Director: Sean Blumette, AD
Date: November 6 6:00 PM
Buckhannon-Upshur, Brooke, Preston, John Marshall, University, Morgantown, Wheeling Park, Bridgeport

Region II

Site: **Lincoln High School (A, AA)**
Martinsburg High School (AAA)
Director: **Holly Hawkins, AD**
Davis Moore, AD
Date: **November 6 6:00 PM (A,AA) 10 am (AAA)**
Martinsburg, Hedgesville, Hampshire, Spring Mills, Washington, Jefferson, Musselman

Region III

Site: **Riverside High School**
Director: Lisa Skiles
Date: November 6 6:00 PM
Woodrow Wilson, South Charleston, Greenbrier East, Riverside, Princeton, Capital, St. Albans, George Washington, Oak Hill

Region IV

Site: Cabell Midland High School
Director: Chris Parsons, AD
Date: November 6 6:00 PM
Cabell Midland, Spring Valley, Huntington, Lincoln County, Hurricane, Parkersburg South, Ripley, Parkersburg

CLASS AA

Region I

Site: Brooke High School
Director: Sean Blumette, AD
Date: November 6 2:00 PM
Oak Glen, Fairmont Senior, Grafton, Keyser, Berkeley Springs, Frankfort, East Fairmont, Weir, North Marion

Region II

Site: Lincoln High School
Director: Holly Hawkins, AD
Date: November 6 2:00 PM
Robert C Byrd, Philip Barbour, Lewis County, Roane County, Liberty (H), Braxton County, Elkins, Clay County, Lincoln

Region III

Site: **Riverside High School**
Director: Lisa Skiles
Date: November 6 2:00 PM
Herbert Hoover, Independence, Nicholas County, Shady Spring, Wyoming East, Pikeview, Bluefield, Liberty (R), Westside

Region IV

Site: Cabell Midland High School
Director: Chris Parsons, AD
Date: November 6 2:00 PM
Poca, Scott, Wayne, Point Pleasant, Sissonville, Mingo Central, Nitro, Winfield, Chapmanville, Logan

CLASS A

Region I

Site: Brooke High School
Director: Sean Blumette, AD
Date: November 6 10:00 AM
Tyler Consolidated, Hundred, Cameron, Madonna, Valley, Williamstown, Ritchie County, Wheeling Central, Wood County, Christian, Parkersburg Catholic, St. Marys, Paden City, Magnolia

Region II

Site: Lincoln High School
Director: Holly Hawkins, AD
Date: November 6 10:00 AM
Paw Paw, East Hardy, Tygarts Valley, South Harrison, Moorefield, Clay Battelle, Trinity Christian, Harman, Pendleton County, Doddridge County, Tucker County, Notre Dame, Union, Petersburg

Region III

Site: **Riverside High School**
Director: Lisa Skiles
Date: November 6 10:00 AM
Summers County, Montcalm, Webster County, Meadow Bridge, Greenbrier West, Midland Trail, James Monroe, Greater Beckley Christian, Pocahontas County, Richwood, Mount View, Charleston Catholic, River View

Region IV

Site: Cabell Midland High School
Director: Chris Parsons, AD
Date: November 6 10:00 AM
Tug Valley, Calhoun County, Van, Wirt County, Buffalo, Hannan, Wahama, Sherman, Man, Ravenswood, Tolsia, Gilmer County, St. Joe Central

STATE TOURNAMENT INFORMATION

DATE: Saturday, December 11- 10:00 AM
Friday, December 12 - Team Practice Starts at 2:00 PM
Coaches' Meeting 6:30 PM

SITE: Marshall University Cam Henderson Center

TOURNAMENT DIRECTOR: Heather Enoch

TICKET PRICE: Adult - \$10.00 Student - \$7.00

State Order of Performance (A, AA, AAA)

Region 4 Winner
Region 2 Runner Up
Region 4 Runner Up
Region 1 Winner
Region 2 Winner
Region 3 Runner Up
Region 1 Runner Up
Region 3 Winner



2021-22 Spirit Rules Changes

3-2-1, 4-2-1: Apparel/Accessories:

ART. 1 ... b. Hold objects in a hand that is supporting a top person.

Exception: A base and top person may share a pom during a dismount from a thigh stand, shoulder sit/straddle, shoulder stand, or prep.

Rationale: The exemption clarifies the current interpretation of rules 3-2-1 and 4-2-1.

3-3-3: Inversions:

ART. 3... Braced inversions in a pyramid that do not flip or roll are permitted provided the following conditions are met:

... c. The top person and at least one bracer maintains hand-to-hand/arm contact.

Rationale: Requiring hand-to-hand/arm contact may put the top person in a less than ideal position by having to force a connection with an arm instead of using the same technique they would if there were no bracer. This change would allow for common methods to be taught for common skills and lower the risk of injury.

3-3-6d: Suspended Stunts

ART. 6...

d. When the stunt begins in an inversion and transitions to a non-inverted position, the upper body contact may be released before the top person is no longer inverted.

Rationale: No longer needed after 2020 rule changes discontinued the requirement for upper body contact.

3-5-5c: Release Stunts/Tosses

ART. 5... Release transitions are permitted provided all of the following conditions are met throughout the transition:

... c. The top person and at least one bracer maintain hand-to-hand/arm contact except for the following skills:

1. If the release is to a cradle position, the contact may be hand-to-foot and the bracer must be in a double-based prep with a spotter.

2 1. A non-braced top person in a vertical position at prep level or above may be released to the original bases to a stunt at any level provided the top person remains in a position where the upper body remains vertical and the legs are not in a seated/pike position. Vertical releases from an extended position to an extended position may not perform more than a ¼ turn.

3 2. A non-braced top person in a cradle position or horizontal position at prep level or below may be released to the original bases in a loading position or stunt at any level with no more than a 1/4 turn.

Rationale: Allows the hand-to-foot release to land back in a skill or other position besides a cradle. This will allow for a cleaner rule and interpretation without increasing the risk of injury and eliminates the type of connection determining what is required.

4-2-8: Stunting Personnel

ART. 8... A spotter is required for tosses to single-base prep-level stunts in which the foot/feet of the top person is in the hands of the base and for tosses to single-base shoulder stands.

Rationale: Clarifies that a spotter is required anytime the feet of the top person are in the hands of a base or during the toss portion of a toss to shoulder stand. Mirrors the language in 3-2-8.

Additional WV Rule Modifications



- **Bracer NF Definition WV Modification** - A top person who stabilizes and/or assists another top person and must not be higher than prep level.
- **Flatback Definition WV Modification** - a stunt in which a top person is in a face- up, horizontal position with hips and shoulders in alignment.
- **Sponge Definition WV Modification** - The base(s) absorb(s) a top person's downward momentum to push/lift the top person into position for the next stunt/skill.
- **Swan Dive Definition WV Modification** - A top person released from a stunt by base(s) and is caught in a prone position. This includes cradles and cradles on the stomach and side. **WV Modification-Illegal.**
- **Headspin NF Definition WV Modification** - A skill in which a person balances on his or her head while rotating on the performing surface. **WV Modification - Illegal.**
- **Headspring NF Definition WV Modification** - A tumbling skill in which a person places both hands and his or her head on the performing surface, pushes off with hands while flipping the legs overhead and landing on his or her feet. **WV Modification - Illegal.**
- **Headstand NF Definition WV Modification** - A skill in which a person balances on his or her head on the performing surface. **WV Modification - Illegal.**
- **Release Transition/Release Pyramid Transition**
NF Definition WV Modification- A top person changes from one stunt to another (including loading position) during a temporary loss of physical contact with all personnel on the performing surface, **Refer to NF 3-4.4**
- **NF 3-2-1(b) WV Modification** - A base must not hold objects or props.
- **NF 3-2-5 Spotting WV Modification**-In stunts that require a spotter, the spotter must be a hands on spotter. (see D. Spotting pages 12 and 13)
- **NF 3-2-7 WV Modification**-the spotter is required for all extended stunts and transitions that pass through the extended level.
- **NF 3-3-3(a) WV Modification**- If the top person is released from the bases, the bracer(s) must have two bases.
- **NF 3-3-4(b) WV Modification**-The bracer(s) have two bases and a spotter. **Exception:** braced foldover.
- **NF 3-3-5 WV Modification**-In braced pyramid flips, the bracers may only brace a one top person who is flipping.
- **NF 3-3-6 WV Modification** - Suspended rolls may not be performed over a post, base or spotter. Suspended rolls or Chorus line flips may not be initiated from the back or another participant. Suspended rolls or Chorus line flips may not land in a seatdrop.
- **NF 3-3-6B - WV Modification** - participants may only perform one cartwheel on the performing surface (no double cartwheels allowed)
- **NF 3-3-6B WV Modification** - Top person feet performing the straddle roll must be at knee level before the roll is initiated.

WV MODIFICATION for FORWARD/BACKWARD SUSPENDED ROLL:

- Forward suspended rolls may only be performed as dismounts to the performing surface or cradle.
- 2 bases or 2 posts must control the top person in a forward suspended roll with continuous hand-to-hand contact.
- Bases/posts must have supporting arms extended prior to and during the initiation of the forward roll.
- Top person must not invert prior to the initiation of the forward roll.
- Forward suspended roll must be initiated from the prep position only.
- During the roll, the feet of the top person must be released.
- **NF 3-3-7 WV Modification** - An inverted top person shall not hold any objects.
- **NF 3-4-2 WV Modification** - A participant may not move under or be under a partner stunt or pyramid. **No exceptions.**
- **NF 3-4-3 WV Modification** - **In braced stunts and pyramids that do not flip, at least one bracer must be at shoulder height or below. One extended stunt may not brace or connect with another extended stunt.** [Exceptions: 1. The following extended stunts may brace any other extended stunt, except during release transitions (Chair, Multi- based flatback, Multibased straddle lift), 2. Double-based extensions may only brace other double-based extensions.
- **NF 3-4-9 WV Modification** - "Up & Overs" must have a continuous hands-on back spotter if/when the top person passes through the extended level.
- **NF3-5-3 WV Modification** - **Basket Tosses** performed on any surface are **illegal** for all cheer squads in WV. Any toss from a stunt below prep level is considered a basket toss.
- **NF 3-5-5(c) WV Modification-Exception:** Flap Jack and like stunts must have double based preps with a spotter as bracers.
- **NF 3-8-2 WV Modification**- Tumbling while holding props is not permitted **NO Exceptions.**
- **NF 3-8-6 Airborne Twisting Tumbling Skills WV Modification** - With the exception of aerials, cartwheels and round-offs, all are illegal in WV on any surface.
- **3-8-8 WV Modification**-Headstands, headsprings and headspins in which the hands are used or not used will be illegal for all cheer squads in WV.
- **NF 3-9-1 Knee Drops WV Modification** - **Drops that go directly to the thighs, splits, knees, or seat on the performing surface are illegal unless most of the weight is first borne on the hands.**
- **It is highly recommended** that any stunt that may be questionable as to legality OR any stunt to which a creative element has been added, be videoed and emailed to Kelly Stewart at kellysstewart68@gmail.com for an interpretation. **Do this prior to its practice or performance.**

2021 Cross Country Program



ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms for reports that **must** be filed with the WVSSAC office can be found with the instructions for each sport.

The Board of Directors and Cross Country Committee reviewed the cross country program in the August Interscholastic and approved the following:

2021 Cross Country Dates:

Maximum Team Meets	16	
Season Starts:	Mon. of Wk. 5	August 2
1st Contest May Be Held	Wed. of Wk. 7	August 21
Regional	Week 16	October 21
State	Week 17	October 30

I. GENERAL INFORMATION:

- The course for all races will be 5,000 meters. The only exception would be due to limitation of the course.
- Team members must have 14 practices on 14 separate days before the first meet. If a team member is participating in a second fall sport, they must have at least seven days of practice for that sport. (See Rule 127-2-13)
- All Cross Country meets must be scored according to National Federation Rule 9, Section 2, Articles 1-6, of the 2021 Track and Field and Cross Country Rules Book.
- No student should be permitted to participate in the program until he/she has provided the school with a Physical Examination Form properly filled out by a competent physician and signed by parent.
- It is recommended that the host school for the regional make the course available during the regular season to enable participating schools the opportunity to compete on the course.
- All ATV riders should wear helmets. No passengers are allowed.
- Recommended that all regular season meets follow the running order of State Meet.

II. RULES AND REGULATIONS:

- A team shall consist of at least five but no more than seven runners. For a team to count in any meet, at least five members must finish the event.
- During the regular season, it is optional for a team with four (4) runners to factor in the score of the last place runner for the team to count that event. The meet director should be informed prior to the start of the meet.
- A school must have competed in no fewer than five regularly scheduled interscholastic meets in order to enter the Regional and State meets.
- Uniforms:** Coaches are responsible for their participants complying to the National Federation Cross Country rules governing competitors uniforms.
 - The waistband of a competitor's shorts shall be worn above the hips.
 - Participants are forbidden from wearing sunglasses and caps.—Hair pins made of soft material or rubber bands may be worn in the hair.

- Participants may not have an object such as a straw, pencil, or other objects in or about the mouth.
- Gloves may be worn during the season.
- Runners may wear a wristwatch or **chronograph** (no hand held stopwatch allowed).

Penalty: For illegal uniform, the competitor is disqualified from the event.

- Since cross country is not included in the Limited Team Membership Rule, students participating in any running event as an individual while a member of his/her school team may accept a medal, trophy, cup, certificate, ribbon, plaque, unattached letter, unattached chevron or any similar award.
- Coach:** No team or individual will be allowed to compete in any meet unless accompanied by a coach or professional faculty representative. Teams and individual entries unaccompanied by such coach or professional faculty representative will be disqualified.
- Consideration for medical transportation should occur at all meets.**
- Wireless communication between coaches is prohibited.**
- No athlete is permitted to run in a meet until all practice requirements are met.**
- There will be no junior varsity competition at Regional meets.**
- Eligibility forms will not be sent to Regional Directors; however, entry forms must be sent.**

III. TOURNAMENTS:

A. Points of Emphasis:

- Official Party
Team Qualifying - 10 Including Board approved Coach
Individual(s) Qualifying and Coach
All others will be expected to pay admission price.
- ATTENTION REGIONAL DIRECTORS:** Email a Hytek back-up copy of regional meet results to Marshall Cavender at mcavender@mail.kana.k12.wv.us
Regional meets must use Hytek Scoring Program.
- Team or Individual Pages for the Championship Program must be received in the WVSSAC office by noon, **October 22, 2021.**
- Regional Director will hire a WVSSAC registered track official or appoint a games committee to resolve disputes should they occur.**
- Hy-Tek scoring system will be used at all Regional meets. It will be provided by the WVSSAC.**
- All Regional meets will enter through www.RaceTimeEntry.com**
- At regional meets, there shall be a 45 minute between start of first race and start of second in accordance with the state meet.**

B. Regional Meets - October 21, 2021

A starting device shall be fired during all regional meets. In case of malfunction, a back-up starting device may be used, i.e., whistle, bullhorn, or flag.

**AAA****Region I**

Location: Preston High School
 Director: Mitch Channell, AD, Preston High School
 Date: October 21, 2021
 Schools: Bridgeport, Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

Region II

Location: Hedgesville High School
 Director: Aaron Whitford, AD, Hedgesville High School
 Date: October 21, 2021
 Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington

Region III

Location: Woodrow Wilson High School
 Director: JT Payne, AD, Woodrow Wilson High School
 Date: October 21, 2021
 Schools: Capital, George Washington, Greenbrier East, Oak Hill, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

Region IV

Location: Ripley High School
 Director: Steve Lough, AD, Ripley High School
 Date: October 21, 2021
 Schools: Cabell Midland, Huntington, Hurricane, Lincoln County, Parkersburg, Parkersburg South, Ripley, Spring Valley

AA**Region I**

Location: Grafton High School
 Director: Rich Bord, AD, Grafton High School
 Date: October 21, 2021
 Schools: Berkeley Springs, East Fairmont, Fairmont Senior, Frankfort, Grafton, Keyser, North Marion, Oak Glen, Philip Barbour, Weir

Region II

Location: Elkins High School
 Director: Ross Ware, AD, Elkins High School
 Date: October 21, 2021
 Schools: Braxton County, Elkins, Lewis County, Liberty, Lincoln, Roane County, Robert C Byrd

Region III

Location: Westside High School
 Director: Darren Thomas, AD, Westside High School
 Date: October 21, 2021
 Schools: Bluefield, Clay County, Herbert Hoover, Independence, Liberty (R), Nicholas County, Pike View, Shady Spring, Westside, Wyoming East

Region IV

Location: Ripley High School
 Director: Steve Lough, AD, Ripley High School
 Date: October 21, 2021
 Schools: Chapmanville Regional, Logan, Mingo Central, Nitro, Point Pleasant, Poca, Scott, Sissonville, Wayne, Winfield

A**Region I**

Location: Ritchie County High School
 Director: Chris Wells, AD, Ritchie County High School
 Date: October 21, 2021
 Schools: Cameron, Hundred, Madonna, Magnolia, Paden City, Paw Paw, Ritchie County, St. Marys, Tyler Consolidated, Wheeling Central

Region II

Location: Doddridge County High School
 Director: Greg Bonnell, AD, Doddridge County High School
 Date: October 21, 2021
 Schools: Clay-Battelle, Doddridge County, East Hardy, Gilmer County, Moorefield, Notre Dame, Pendleton County, Pickens, South Harrison, Trinity Christian, Tucker County, Tygarts Valley, Union

Region III

Location: Westside High School
 Director: Darren Thomas, AD, Westside High School
 Date: October 21, 2021
 Schools: Charleston Catholic, Greater Beckley Christian, Greenbrier West, James Monroe, Mount View, Pocahontas County, Richwood, River View, Summers County, Webster County

Region IV

Location: Williamstown High School
 Director: Jeff Givens, AD, Williamstown High School
 Date: October 21, 2021
 Schools: Buffalo, Calhoun County, Parkersburg Catholic, Ravenswood, Sherman, St. Joseph, Tolsia, Van, Williamstown, Wirt County, Wood County Christian

REMINDER: Separate races must be run for boys and girls.

C. State Meet - October 30, 2021

1. The 2021 site will be Cabell Midland High School. The Director will be Steve Caldwell. Invitational Meet State Site - www.midlandrunning.com
2. It is recommended that the host site of the state meet will make the course available for schools.
3. The coaches' meeting at the State Meet must be completed a minimum of thirty minutes prior to starting time. Meeting time will be AA- 8:15 am AAA - 11:45 am A-3:15 pm
4. **2021 Meet Time (Three Classes)**
 - 8:15 am- AA Coaches Meeting (Football field)**
 - 9:00 am - Girls AA**
 - 9:45 am - Boys AA**
 - 10:30 am - AA Awards (Football field)**
 - 11:00 am - AAA Coaches Meeting (Football field)**
 - 11:45 am - Girls AAA**
 - 12:30 pm - Boys AAA**
 - 1:15 pm - AAA Awards (Football field)**
 - 1:45 pm - A Coaches Meeting (Football field)**
 - 2:30 pm - Girls A**
 - 3:15 pm - Boys A**
 - 4:00 pm - A Awards (Football field)**



5. The finish line at all State Cross Country Meets will be video taped for order of finish only.
6. Practice, touring, walking the State Meet site will be Friday, 1:30 p.m. until 6:30 p.m. However, don't plan to enter school grounds from 2:45-3:20 p.m. because of traffic letting out from school. Plan arrival time around this time. On Saturday from 8:00 a.m. until 9:45 a.m. Course guides will be available on Friday. No one will be permitted on the course other than the specified times.
7. Reimbursement: Check the Reimbursement Schedule Sheet located in the [Entry Form Book](#).
8. State Qualifiers:
 - a. **Teams (Boys and Girls)**
In all classes (AAA, AA, A) regions with the following number of teams who begin the regional race will qualify the indicated number of teams.
1-5 teams – 2 qualifier(s)
6-9 teams – 3 qualifiers
10 plus teams – 4 qualifiers
 - b. **Individuals (Boys and Girls)**
Each region will qualify 20% of the number of contestants that **start** the regional race to the state meet **inclusive** of those individuals that qualified as a team qualifier, with a minimum of 10 individuals qualifying from each region. Regular math rounding (.5 & up round up, below .5 round down) will apply.
9. Admission for the State Meet will be:
Adults — \$10.00 Students — \$7.00
10. It is recommended that athletes should wear school identifying clothing during Awards Ceremony.
11. **Attention Regional Directors: All Region Directors will use the website www.RaceTimeEntry.com to register their Region Meet and all teams will enter their Region Meet through this site. Email a Hy-Tek back-up copy of regional results to Marshall Cavender at mcavender@mail.kana.k12.wv.us by 9:00 pm on October 21, 2021.**
12. The 2021 site will be Cabell Midland High School. The Director will be Steve Caldwell. Invitational Meet State Site www.midlandrunning.com
13. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

Courtesy and Identification Cards for Principals and Assistant Principals will be accepted.

Awards: The winner and runner-up teams (boys and girls) in Class AAA, AA, and A at the State Meet shall receive trophies and individual plaques provided by the WVSSAC, and individual awards will be presented to the first ten place finishers in each race. Regional team winners will receive a team plaque. Regional Directors may have the option of presenting ribbons to the top ten individuals (boys and girls).

Sponsorship and Rights: The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the

management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

D. MIDDLE SCHOOL CROSS COUNTRY REGULATIONS

2021 Middle School Cross Country Dates:

Season Starts:	Mon. of Wk. 5	August 2
1st Contest May Be Held	Sat. of Wk. 7	August 18
Season Ends	Tues. of Wk. 16	October 19

1. In Middle School programs, it is recommended to run a course of 3K (3000) but not to exceed a maximum of 5K (5000).

2021 NFHS MAJOR CROSS COUNTRY

RULE REVISIONS

NOTE: The 2020 NFHS Track and Field/Cross Country Rules Book will be in effect for the 2021 season.

4-6-5g, 8-6-1e: Clarifies that a competitor should not be penalized for helping another competitor who is distressed or injured when no advantage is gained by the competitor who is assisting.

Rationale: The committee believes when no advantage is gained by a competitor helping a distressed or injured competitor, the competitor assisting should not be penalized for exhibiting good sportsmanship.

8-1-1: Clarifies cross country course markings.

Rationale: The reorganization of the rule states that a course should be clearly marked with any or all of the methods listed in the rule.

8-1-3: Clarifies cross country course layouts.

Rationale: This rule change will not eliminate courses that may be used for smaller meets with limited numbers of participants. The additional language provides a recommended minimum distance for straightaways at the start of all meets.

Requests for rule interpretations or clarifications should be directed to the state association which is responsible for administering and conducting the high school track programs in your state. The NFHS will assist in answering rules questions from state associations whenever called upon.

2020-2021

State Cross Country Champions

Class AAA - Boys

University High School

Class AA - Boys

Frankfort High School

Class A - Boys

Ritchie County High School

Class AAA - Girls

Morgantown High School

Class AA - Girls

Fairmont Sr. High School

Class A - Girls

Williamstown High School





2021 Football Rules Changes



For additional football information, refer to the Football Playoff Manual on the WVSSAC website.

Action in the Free-Blocking Zone [2-17-2c (NEW), 2-17-4]

Blocking below the waist now requires the block to begin immediately following the snap.

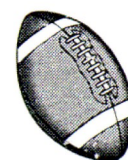
2021 EDITORIAL CHANGES

2-10-1, 9-4-4 PENALTY, SIX-PLAYER RULES DIFFERENCES – RULE 2 and 7, APPENDIX, INDEX

2021 POINTS OF EMPHASIS

1. Sportsmanship
2. Intentional Grounding

Ineligible Downfield and Line of Scrimmage Formation



2020-2021 State Football Champions

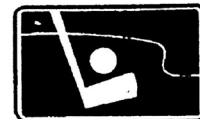
Class AAA
South Charleston HS

Class AA
Fairmont Senior HS

Class A
St. Mary's HS



2021 Golf Program



ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR THE TOURNAMENT. The necessary forms for reports that must be filed with the WVSSAC office can be found with the instructions for each sport.

The Board of Directors and the Golf Coaches' Committee reviewed the golf program in the August Interscholastic and approved the following:

2021 Golf Season Dates

Season Starts: Mon. of Wk. 5 - August 2

1st Contest May be Held: Tues. of Wk. 5 - August 3

Regional: Mon. of Wk. 13 - September 27

State: Tues-Wed of Wk 14 - October 5 - 6

I. GENERAL INFORMATION

- A. The golf season begins on Monday of Week 5 (August 2) and an interscholastic match may be held on any day (except Sunday) thereafter. The season ends upon tournament elimination.
- B. Golf coaches shall receive a preseason mailing with information explaining how to access the online "Coaches Packet". Additionally, a current Golf Rules Book will be included in this mailing.
- C. Each school must complete the Regional Golf Entry Form on the WVSSAC website and return the original to the Regional Director by **September 21**. The form may be submitted by fax, mail or email. Failure to submit by the deadline will result in a \$25.00 fine.
- D. **Coach Requirements** - Each team or individual entering season matches or the tournament series must be accompanied by the coach or a member of the professional school faculty so designated as the principal's representative. Noncompliance with this rule will result in disqualification and/or suspension.
- E. **Sportsmanship** - Student participation in athletic contests is a privilege. Each student athlete is expected to conduct himself or herself in an exemplary manner while competing. Any infractions or disqualifications of a player (individual) or team at the State Tournament must be reviewed by the Golf Committee, the Tournament Director, and the host professional.
- F. **Maximum Team Contests:** A high school golf team will be permitted to play no more than 18 varsity matches, 18 JV matches, and 18 girls JV matches. A male or female participant may play no more than a total of 18 matches exclusive of regional and state tournament contests between the varsity, JV, and girls JV matches. Girls who participate on school teams who do not have a minimum of three female participants may participate as individuals in girls varsity matches as long as the total number of matches they play between Varsity, JV and Girls JV does not exceed 18. Each interscholastic contest counts as one, whether it is 9 or 18 holes, and regardless of number of opponents.

II. RULES AND REGULATIONS (Coaches and Participants)

- A. Students may participate as an individual in any golf event not sponsored by their school while a member of their school team (**Rule 127-2-10 – Non-school Participation**). Any award received in school or outside participation must be consistent with West Virginia Secondary School Activities Commission **Rule 127-3-5 – Awards**.
- B. **Girls' Tees** - Females are allowed to use a forward tee area when competing on a boys' team. The women's (red) tees on courses are usually set at an appropriate distance from the men's white tee to allow for hazards and lay of the fairway to provide similar play from tee to green for both males and females. If there is not a distinction of separate tee areas, the girls' tees must be set at 85% of the distance of boys.
NOTE: Coaches are to prepare a document that defines a tee for

each course on which competition is to be held. This is to be done by the home coach and to be shared with visiting coaches prior to competition. The intent of the committee and the Board of Directors is to encourage female interest so that there will be adequate female participation to have girls' teams and eventually a girls' state tournament.

- C. Smoking or the use of tobacco products on the course or near the clubhouse is not permitted. Violation will result in disqualification.
- D. Summer rules shall be observed in all season and tournament play.
- E. All season and tournament play will be played under USGA Rules except when WVSSAC rules prevail. Coaches should encourage players to keep group scores.
- F. **Dress Code** - All **participants and coaches** are expected to be in proper dress. A boy/girl must be attired in a shirt with a collar (turtle and mock turtle are acceptable, sleeveless is not) and golf slacks. **NO BLUE JEANS.** **NOTE:** Bermuda shorts (not cut-off or frayed) are permissible. Golf shoes or ripple soles, if permitted by the course, will be worn. The tournament director will make decisions concerning questions of proper dress. Participants not properly dressed cannot participate.
- G. **No golfer may receive advice, coaching or instruction from parents, spectators or others during play. Any participant in violation of this rule will be subject to disqualification. The head coach and one assistant coach may coach the entire course except for putting greens and sand bunkers. This coaching rule should be in effect during regular season, regional and state tournament competition.**
- H. Teams may be made up of 4 or more individuals for regular season and 3 or 4 for Regional/State Tournament play. Regular season count the lowest 4 scores. Regional/State Tournament count the lowest 3 scores. Teams may also participate in match play competition. At least 6 regular season contests must be stroke play.
- I. **Use of cell phone (phone ringing is considered usage) is prohibited. Penalty for first offence is 2 shots. Penalty for second offense is disqualification.**
- J. **Range Finders/GPS may be used during the regular season, regional matches and the State Tournament. Golfers are encouraged to share yardage distance with golfers who do not have a range finder/GPS instrument.**

III. TOURNAMENTS

ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms or reports that must be filed with the WVSSAC office can be found with the instructions for each sport.

A. Points of Emphasis

1. A school team shall consist of three to four players in the Regional and in the State Tournament. The best three scores will be used to determine the Regional team winners and the State Tournament winner. A school with less than three players may enter the Regional contest for medalist honors only providing those teams have participated in six (6) or more regular season contests.
2. **Failure to return a score card or unsportsmanlike conduct on the part of any player during the tournament shall cause that individual to be disqualified. Any individual disqualified for an unsportsmanlike act will be ineligible for the duration of that tournament and the next two regular scheduled contests (see West Virginia Secondary School Activities Commission Rule 127-4-3). The individual may not be replaced in the day or the round in which he/she was disqualified. The above does**



not apply to a rule infraction causing an individual's disqualification or sickness or injury on the golf course.

3. The aggregate score of the low three team members in Regional and State shall be counted on a daily basis.
4. The coach or professional faculty member from their school designated by the principal must submit to the Director or Assistant Director one half hour before the starting time, a list of player(s) expected to participate. This time is necessary to make any changes. Any second day changes must follow the same procedure.
5. All ties for medalist shall be played off using the "sudden death" method in Regional and State Tournament play.
6. Individuals and teams entering a tournament shall be advised that they are guests of the club at which the tournament is being held and as such shall conduct themselves and represent their schools accordingly.
7. **Awards** - The West Virginia Secondary School Activities Commission will provide a plaque to the winning team in each region.
In the State Tournament, plaques will be provided for the winning and runner-up teams. In addition, awards will go to the individual medalist and **THE 8 (PLUS TIES) ALL TOURNAMENT TEAM SELECTIONS (8 LOWEST SCORES)**.
8. Non-motorized or pull carts may be used at the discretion of the host golf course.

B. Regional Tournament

1. Each school will be assessed a **\$50.00 Regional Entry Fee** to cover the cost of the Regional Tournament. These fees must be submitted to the regional director.
2. In order to qualify a team or individual for the Regional Tournament, schools must have participated in at least six (6) interscholastic matches during the season. Those six (6) matches must be on six (6) different days. **In the event a school does not have enough participants to compete as a team but an individual(s) (up to 2) from the school wishes to compete for medalist honors, the individual must have competed in at least six (6) matches on six (6) different days.**
3. There are no restrictions on practice play or interscholastic matches on the regional site of the tournament other than the day of the Regional Tournament. No practice rounds are permitted on Sundays, as per WVSSAC Rule 127-3-14.
4. Unless schools are notified to the contrary, the Regionals will be played at the sites on the dates listed on the regional alignments. (Starting time of 9:00 am unless specified otherwise.) Schools should report 30 minutes prior to tee time. It will be the responsibility of the regional director to contact the schools with any alteration in dates or times. It may be necessary to use shot gun start at some courses.
5. Pairing for Regional play shall be determined by the regional director. Participants shall be from separate schools whenever possible but within the same classification. Golfers may be paired by scoring averages or by team averages. Regional directors desiring assistance should contact Chris Slack at WVGA cslack@wvga.org.
6. **State Tournament Qualification** - Each Regional Tournament shall qualify **two teams** per class for the State Tournament. **In the event of a tie for first and second place, sudden death should apply for regional and**

state tournaments with the top 3 scores counting. In the event of a tie for qualification to state tournament, teams tied shall play off via the "sudden death" method—team play which will consist of four players for each team, scoring the best three. Play will continue as sudden death until a winner is determined. The top two individual golfers who have the lowest score and are not on the winning teams will qualify for State Tournament. Ties to qualify in the top two will be broken by "sudden death".

C. State Tournament (October 5-6, 2021)

1. The State Tournament shall be held at the **Speidel Golf Course at Oglebay Park, Wheeling, WV on October 5-6, 2021.** The tournament is set for thirty-six (36) holes of play. **Both days** of the tournament will be a pro start. If weather prohibits play, the first completed eighteen (18) holes will constitute the tournament. Tee off time will be 8:30 a.m. **The Speidel Golf Course requires that soft spikes are worn. Participants must be in proper attire as stated above.**
2. **Day 2 pairing will be by team scores (top 4, second 4 with the 8 individuals paired together by score.**
3. Mr. Scott Davidson shall serve as Tournament Director.
4. State Tournament information will be provided to coaches and players during a Monday evening meeting to be held at Oglebay Park at 4:00 pm. During this dinner meeting, tee times and coach/school assignments of team scorers will be distributed. **All coaches are required to attend. Golfers are encouraged to attend and have dinner.**
5. Coaches (or a responsible adult) representing the schools participating in the State Tournament may be assigned as spotters. The school must provide a spotter, or the coach will not be allowed to coach, as per Item IIG.
6. On both days of the tournament, coaches and participants need to report before assigned time. Failure to report will cause disqualification of a team or individual qualifier.
7. For school reimbursement, see Reimbursement Schedule on the WVSSAC website.
8. **In the event of a tie for first and second place, teams tied shall play off via "sudden death" method— team play which will consist of four players for each team, scoring best three. Play will continue sudden death until a winner is determined. If a tie exists for the individual medalist that tie will also be broken using the sudden death method.**
9. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
10. **Any four players from a school eligibility list with top 3 scores counted may participate as a member of a team either day of the tournament. Only those players participating on both days of the tournament shall qualify for medalist honors. The Tournament Director must be notified of any change as specified in the information above.**



Regional Tournaments AAA

Region I

Location: **Moundsville Country Club**
 Director: Sean Blumette, AD, Brooke /Don Headley, Wheeling Park
 Date: September 27, 2021
 Bridgeport, Brooke, Buckhannon-Upshur, John Marshall,
 Morgantown, Preston, University, Wheeling Park

Region II

Location: Locust Hills Golf Course
 Director: Tanner Robinson, AD/Rusty Staubs, Coach, Washington
 Date: September 27, 2021
 Hampshire, Hedgesville, Jefferson, Martinsburg,
 Musselman, Spring Mills, Washington

Region III

Location: Berry Hills Country Club
 Director: Shawn Wheeler, AD/BJ Calabrese, Coach, George
 Washington HS
 Date: September 28, 2021
 Capital, George Washington, Greenbrier East, Oak Hill,
 Princeton, Riverside, South Charleston, St. Albans,
 Woodrow Wilson

Region IV

Location: Greenhills Country Club (Ripley)
 Director: Steve Lough, AD/Joel Miller, Coach, Ripley HS
 Date: September 27, 2021
 Cabell Midland, Huntington, Hurricane, Parkersburg,
 Parkersburg South, Ripley, Spring Valley

AA

Region I

Location: Green Hills Country Club (Fairmont)
 Director: James Beckman, AD/Bill Malone, Coach, East Fairmont
 Date: September 27, 2021
 Berkeley Springs, East Fairmont, Fairmont Senior,
 Frankfort, Grafton, Keyser, North Marion, Oak Glen, Weir

Region II

Location: Mingo Bottom Golf Club
 Director: Toby Ford, AD/James Kendall, Coach, Roane County
 Date: September 27, 2021
 Braxton County, Clay County, Elkins, Lewis County, Liberty
 H, Lincoln, Philip Barbour, Roane County, Robert C Byrd

Region III

Location: Grandview Country Club
 Director: Claytina Shepherd, Neil Byrge, Coach, Independence HS
 Date: September 27, 2021
 Bluefield, Herbert Hoover, Nicholas County, Independence,
 Liberty (R), Pike View, Shady Spring, Westside, Wyoming
 East

Region IV

Location: Big Bend Golf Club
 Director: Will Isaacs, AD/Dean Bowers, Coach, Winfield HS
 Date: September 27, 2021
 Chapmanville Regional, Logan, Mingo Central, Nitro, Point
 Pleasant, Poca, Sissonville, Scott, Wayne, Winfield

Region I

Location: Mingo Bottom Golf Club
 Director: **Howie Meeks**, AD/Catie Hamilton, Coach, St. Marys HS
 Date: September 28, 2021
 Cameron, Hundred, Madonna, Magnolia, Paden City,
 Parkersburg Catholic, Ritchie County, St. Mary's, Tyler
 Consolidated, Valley, Wheeling Central, Williamstown,
 Wood County Christian

Region II

Location: Clarksburg Country Club
 Director: Claudine Rogers, AD/Paul Dupont, Coach, Notre Dame HS
 Date: September 27, 2021
 Clay-Battelle, Doddridge County, East Hardy, Harman,
 Moorefield, Notre Dame, Paw Paw, Pendleton County,
 Petersburg, South Harrison, Trinity Christian, Tucker
 County, Tygarts Valley, Union

Region III

Location: Pipestem Resort State Park
 Director: Sharon Baird, AD/Eddie Mazzella, Coach, Webster Co. HS
 Date: September 27, 2021
 Charleston Catholic, Greater Beckley Christian, Greenbrier
 West, James Monroe, Meadow Bridge, Midland Trail,
 Montcalm, Mount View, Pocahontas County, Richwood,
 River View, Summers County, Webster County

Region IV

Location: Riverside Golf Club
 Director: Melissa VanMeter, AD/Randy Pierce, Coach, Wahama HS
 Date: September 27, 2021
 Buffalo, Calhoun County, Gilmer County, Hannan, Man,
 Ravenswood, Sherman, St. Joseph Central, Tolsia, Tug
 Valley, Wirt County, Wahama, Van



2020-2021 State Golf Champions

Class AAA

Wheeling Park High School

Class AA

Shady Spring High School

Class A

St. Marys High School





2021-2022 Soccer Program



ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE **DIRECTOR'S MANUAL** BEFORE ANY PREPARATIONS ARE MADE FOR THE TOURNAMENT. The necessary forms for reports that **must** be filed with the WVSSAC office can be found with the instructions for each sport.

The Board of Directors and Soccer Coaches Committee reviewed the soccer program in the August Interscholastic and approved the following:

2021 High School Soccer Dates:

Season Starts:	Mon. of Wk. 5	August 2
1st Contest May Be Held	Tues. of Wk. 7	August 20
Sectional	Week 16	October 18-23
Regional - Final - AA/A	Week 17	October 26
Regional - Final - AAA	Week 17	October 28
State	Week 18	November 5-6
Middle School Dates:		
Season Starts	Mon. of Wk. 6	August 9
1st Contest May Be Held	Mon. of Wk. 9	August 30
Season Ends	Sat. of Wk. 17	October 30

I. GENERAL INFORMATION:

- The State Tournament will be held at YMCA Youth Sports Complex, Beckley; J.T. Payne, AD and Dave Laraba, Woodrow Wilson High School will serve as Co-Tournament Directors.
- The Spalding TF-5000 Soccer Ball will be the official tournament ball.
- Supervision and Security - It was strongly recommended that proper administrative supervision and protection for game officials be provided at the home site.
- All sectional and regional tournament games will use three (3) officials. A fourth official will be used in the State Tournament. Regular season will use diagonal system or dual system.
- Officials should carry two (2) shirts approved by the State Association to insure that the colors contrast with the players. Accepted jerseys for officials are NISOA jerseys or USSFS jerseys. Officials working a contest must be wearing the same uniform.
- The host school shall provide a score table and scorekeeper, and at least 2 ball holders shall be used for all contests. The committee recommends that officials turn in a Special Report when the table and scorekeeper are not provided.

II. RULES AND REGULATIONS:

- Regular season games will not play overtime.**
For all tournament play, the following overtime procedure will be used during a regular season tournament and post season play:
 - In a game tied after the end of regulation there will be a five minute intermission and a coin toss shall be held as in Rule 5-2-2-d
 - A sudden victory 10 minute overtime period will be played. If at the end of the first overtime period, the score remains tied, a second sudden victory 10 minute overtime will be played. Teams will switch ends at the end of the first overtime period. A two minute break will occur between the overtime periods.
 - If a tie still exists after the two 10 minute overtimes, a kick from the mark will occur as described in the tie-breaking procedure in the NFHS rule book.
- Suspended Game Rule** - As per NFHS rules, a game suspended after completion of one complete half or more shall be an official game. If less than one-half of the game has been played, the game shall be restarted from the suspension of play.
- A team roster is to be presented to the official before the start of the game. This roster is to have names of all members of the team including coaches, players, managers, etc. **Only those members listed on this roster are permitted in the team bench area.** Violation will result in "yellow card" for unsportsmanlike conduct. If there is no fence, a barrier or marking must be put around the entire field at least 10 feet from

playing surface. This is mandatory for Sectional, Regional, and State Tournaments. The head coach is responsible for all people in the bench area.

- Red and Yellow Cards - Player receiving a red card shall be ejected and one receiving yellow/red cards will be disqualified. A player receiving a soft red will not be replaced. His/her team must play the remainder with one fewer players. Ejection will be for reasons as given in Rule 12-8-3 and that player will be suspended as provided by WVSSAC Ejection Policy. A disqualified player will not be subject to the WVSSAC Ejection Policy. Coaches cannot get disqualified, but they can get ejected.

III. TOURNAMENTS:

A. Points of Emphasis

- Uniforms:** The home team shall wear dark colored shirts and socks, and the visiting team shall wear white shirts and socks. Both socks shall be the same color but not necessarily the color of the shirt. If other visible apparel is worn under the uniform, it shall be of the same color. All team members do not have to wear the additional apparel. **Shin Guards** are mandatory for regular season and tournaments and should be fully covered by the socks.
- Warm-up Period: A twenty-five minute warm-up period shall be provided for all tournament games.
- With 5 minutes remaining on the 25 minute warm-up, captains, coaches and officials will hold pre-game conference.
- Coin Toss: Prior to warm-up, the officials will call team captains together for the coin toss. Visiting team will call the toss.
- Team Admittance and Passes: Twenty-two players and five staff personnel will be admitted at the pass gate by a typewritten list certified by the high school principal. Only these listed people will be permitted on the sideline or in the bench area at the regional and state level of competition.
- Pass-Outs: No pass-outs will be given at any game site.
- Signs: Refer to Spectator Support Information published in The Interscholastic.
- Radio/Press/Photographers: All requests for space shall be directed to the Tournament Director. Proper credentials must be presented for admission at pass gate.
- Televisions: Television requests for sectionals shall be directed to the Tournament Director. Television requests for Regional or State matches shall be directed to the WVSSAC office.
- Filming or Videotaping: Videotaping or filming of a tournament contest is permitted under the guidelines of the tournament director.
- Cheerleaders - Each school must submit a list of cheerleaders not to exceed 15 members to the Tournament Director. No arrangements have been made for housing or reimbursement for travel.
- Admission Prices: Sectional admission prices will be established by the respective schools.
- Awards:

Sectional: (1) Plaque to Champions - Sectional
Regional: (1) Plaque to Champions - Regional
State: Team - (1) Trophy - Champions
 (1) Trophy - Runner-up
 Individual - (27) Individual plaques - Champions
 (27) Individual plaques - Runner-up

B. Sectional

- The bold printed school will serve as temporary chairman for the purpose of calling a meeting of those listed in that section. Temporary chairman should be sure all teams can attend meeting.** The temporary chairman will serve until a tournament director is named by the group. This meeting shall be called as early in the season as possible. It will be the group's



responsibility to do the following:

- a. Select director.
 - b. Select playing site(s). Regular season game supervision is to be given strong consideration when choosing sectional and regional sites.
 - c. Announce pairings, dates, times, etc. (afternoon games start by 2:30 if no lights on field)
 - d. Select officials (Class I or II only for sectional play)
 - e. Tournament officials for regional/state will be assigned by the WVSSAC office.
 - f. Insure administrative supervision for each game.
 - g. Submit Form So 1 from Director's Manual.
2. Team Picture-Program Material: Material for the official state souvenir program must be submitted within 24 hours of winning the Sectional. Refer to information in Coach's Packet.
3. Admission Price: Sectional admission prices will be established by the respective schools.
4. Seeding for the State Tournament
- a. Ballots will be emailed to each school on Friday, October 22, 2021.
 - b. Ballots will include the names of all schools (in your class) that have qualified for regionals.
 - c. Ballots must be returned to the WVSSAC office by noon on Tuesday, October 26, 2021.
 - d. Coaches will rate all schools in their class, who have qualified for regional final games. **DO NOT VOTE FOR YOUR OWN TEAM.**
 - e. The principal and head coach must sign the ballot before returning to the WVSSAC.
 - f. If two or more teams are tied, the following criteria will be used to resolve the tie:
 1. Head to head competition
 2. Total number of wins in classification or above
 3. Total number of wins
 4. Toss of coin

The following sectional/regional alignment and sites will be used in the 2021 soccer season.

Sectional Tournament - October 18-23, 2021

AAA Boys Soccer

Region I

- Section 1 Brooke, John Marshall, Morgantown, **Wheeling Park**
 Section 2 Bridgeport, Buckhannon-Upshur, **Preston**, University

Region II

- Section 1 Hedgesville, Martinsburg, **Musselman**, Spring Mills
 Section 2 Hampshire, Jefferson, **Washington**

Region III

- Section 1 Capital, George Washington, Riverside, **South Charleston**, St. Albans
 Section 2 Greenbrier East, Oak Hill, **Princeton**, Woodrow Wilson

Region IV

- Section 1 Cabell Midland, Huntington, Lincoln County, Spring Valley
 Section 2 Hurricane, Parkersburg, Parkersburg South, Ripley

AA / A Boys Soccer

Region I

- Section 1 Madonna, Magnolia, **Oak Glen**, Trinity Christian, Tyler Consolidated, Weir, Wheeling Central
 Section 2 Berkeley Springs, Frankfort, **North Marion**, Keyser, Petersburg, East Fairmont, Fairmont Senior

Region II

- Section 1 Grafton, **Notre Dame**, Robert C Byrd, Liberty H, Lincoln, Philip Barbour
 Section 2 Braxton County, Elkins, Herbert Hoover, Lewis County, **Pendleton County**, South Harrison

Region III

- Section 1 Bluefield, Pikeview, Greater Beckley Christian, James Monroe, Mingo Central, Shady Spring
 Section 2 Charleston Catholic, Independence, Nicholas County, Midland Trail, Pocahontas County, Roane County, Webster County

Region IV

- Section 1 Nitro, Parkersburg Catholic, **Point Pleasant**, Ravenswood, Sissonville, St. Mary's, Williamstown, Wood County Christian
 Section 2 Chapmanville, Man, **Logan**, Poca, Scott, St. Joseph, Tug Valley, Winfield

AAA Girls' Soccer

Region I

- Section 1 Brooke, John Marshall, Morgantown, **Wheeling Park**
 Section 2 Bridgeport, Buckhannon-Upshur, **Preston**, University

Region II

- Section 1 Hedgesville, Martinsburg, **Musselman**, Spring Mills
 Section 2 Hampshire, Jefferson, **Washington**

Region III

- Section 1 Capital, George Washington, Riverside, **South Charleston**, St. Albans
 Section 2 Greenbrier East, Oak Hill, **Princeton**, Woodrow Wilson

Region IV

- Section 1 Cabell Midland, Huntington, Lincoln County, Spring Valley
 Section 2 Hurricane, Parkersburg, Parkersburg South, Ripley

AA / A Girls Soccer

Region I

- Section 1 Madonna, Magnolia, **Oak Glen**, Trinity Christian, Tyler Consolidated, Weir, Wheeling Central
 Section 2 Berkeley Springs, Frankfort, **North Marion**, Keyser, Petersburg, East Fairmont, Fairmont Senior

Region II

- Section 1 Grafton, **Notre Dame**, Robert C Byrd, Liberty, Lincoln, Philip Barbour
 Section 2 Braxton County, Elkins, Herbert Hoover, Lewis County, **Pendleton County**, South Harrison

Region III

- Section 1 Bluefield, James Monroe, Mingo Central, Pike View, Shady Spring, Wyoming East
 Section 2 Charleston Catholic, Midland Trail, Nicholas County, Pocahontas County, Webster County

Region IV

- Section 1 Nitro, Point Pleasant, **Ravenswood**, Sissonville, Williamstown
 Section 2 Chapmanville Regional, **Logan**, Poca, Scott, Sherman, St. Joseph, Winfield

C. Regional

1. Practice sessions on the regional sites: There will be no practice at any regional site unless the event is being held on the field of one of the participating schools.
2. In finals:
AA/A Boys start at 5:00 p.m. and Girls will begin 30 minutes immediately following the first game.
AAA Girls will start at 5:00 p.m. and Boys will begin 30 minutes immediately following the first game.

2020-2021 State Soccer Champions

Boys AAA

George Washington High School

Boys AA/A

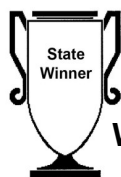
Fairmont Senior High School

Girls AAA

Wheeling Park High School

Girls AA/A

Charleston Catholic High School





This will rotate each year.

3. Admission Price: Regional admission price shall be \$5.00 (students) and \$7.00 (adults)
When 2 games are played at the same site, only one admission fee should be charged.
4. **A home field will be determined by playing the majority of home games at the site.**

Regional Tournaments - AA/A
Tuesday, October 26, 2021
Boys 5:00 PM - Girls 30 Minutes Later
Winner Section 2 - Home Team

Region I

Location: East Fairmont High School
Director: James Beckman, AD

Region II

Location: Philip Barbour High School
Director: Tammy Zimmerman, AD

Region III

Location: Charleston Catholic High School
Director: Jacob Nelson, AD

Region IV

Location: Point Pleasant High School
Director: Kent Price, AD

Regional Tournaments - AAA
Thursday, October 28, 2021
Girls 5:00 PM - Boys 30 Minutes Later
Winner Section 1 - Home Team

Region I

Location: Brooke High School
Director: Sean Blumette, AD

Region II

Location: Hampshire High School
Director: Trey Stewart, AD

Region III

Location: George Washington High School
Director: Tim Flatley, AD

Region IV

Location: Ripley High School
Director: Steve Lough, AD

SITES CANNOT BE CHANGED WITHOUT WVSSAC APPROVAL

D. State Tournament - November 5-6, 2021

1. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
2. **Expenses:** Refer to Reimbursement Schedule in the Entry Form Book.
3. **Admission Price:** State admission price shall be \$7.00 (students) and \$10.00 (adults).
4. **Schools must stay at approved hotels in order to receive reimbursement for meals and mileage.** Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

Site: YMCA Youth Sports Complex, Beckley

Directors: JT Payne, AD, Woodrow Wilson High School
Dave Laraba, Woodrow Wilson High School

Date: November 5-6, 2021

Friday – November 5 (Seedings) – Semi Finals

Home Team is the Higher Seed

AAA - Cline Field	AA / A - Carter Field
Session 1 (Girls)	(Boys)
Game 1 - 10:00 AM - #1 vs #4	Game 1 - 9:30 AM - #1 vs #4
Game 2 - 30 min. - #2 vs #3	Game 2 - 30 min. - #2 vs #3
Session 2 (Boys)	(Girls)
Game 1 - 5:00 PM - #1 vs #4	Game 1 - 4:30 PM - #1 vs #4
Game 2 - 30 min. - #2 vs #3	Game 2 - 30 min. - #2 vs #3

Saturday - November 6 - Finals

AAA Cline Field	AA / A - Carter Field
(Girls)	(Boys)
Game 1	
10:30 AM - Winner G1 vs G2	9:30 AM - Winner G1 vs G2
(Boys)	(Girls)
45 minutes - Winner G1 vs G2	45 minutes - Winner G1 vs G2

2021-2022 SOCCER RULES REVISIONS

4-2-10 NEW: Head coverings worn for religious reasons shall not be made of abrasive or hard materials; and must fit securely.

Rationale: This rule addition will allow student-athletes to express their religious beliefs through the wearing of headwear without the approval from the state.

4-2-11 NEW ARTICLE: In addition to the above permitted uses, state associations (or designee) may on an individual basis permit a player to participate while wearing a head covering for medical or cosmetic reasons if it is required by a licensed physician. A physician's statement is required before the state association can approve a covering which is not abrasive, hard or dangerous to any other player and which is attached in such a way it is highly unlikely that it will come off during play.



2021-2022 Volleyball Program



The Volleyball Coaches' Committee met on December 14, 2020. The Board of Directors reviewed the volleyball program in the August Interscholastic and approved the following:

2021 High School Volleyball Dates:

Season Starts:	Mon. of Wk. 6	August 9
1st Contest Held	Wed. of Wk. 8	August 25
Sectional	Week 18	November 1-4
Regional	Week 18	November 6
State	Week 19	November 12-13

Middle School Dates:

Season Starts	Mon. of Wk. 7	August 16
1st Contest Held	Wed. of Wk 9	September 1
Season Ends	Sat. of Week 17	October 30

I. GENERAL INFORMATION:

- The Spalding TF -VB5 navy/white volleyball is the official ball for this year. The Spalding ball will be used in all tournament play. Schools will be permitted to use any NFHS approved ball during regular season (NFHS 3-2-1). For sectional, regional and state tournament play, the TF-VB5 navy/white Spalding ball will be used.
- Facility safety (obstructions, obstacles, etc.) is the host administration and officials' responsibility.**
- The warm-up time for all levels of competition is now 2-6-6 for a total of 14 minutes, **with the exception of the state tournament which will be 6-6-6 for a total of 18 minutes.** The first two minutes, both teams have access to their side of the court. At the end of two minutes, a horn or whistle will sound and **the team that won the coin toss** will take the floor for six minutes. If a team wants to practice serving, it must be done during these six minutes. **Both teams will not practice serving at the same time.** At the end of the first six minutes warm-up, a horn or whistle will sound and the opposing team will have the floor for six minutes.
It is also important for coaches to know that officials do not dictate what a team does during its warm-up time. That is up to the coach as to what is done during this time.
- Scorekeepers** - Must have 2 scorekeepers. One scorekeeper for the game book and one scorekeeper for the libero player. Both scorekeepers must be at the score table. **Both scorekeepers need to be trained.**
- Line Judges** - Line judges are required for the regular season. All line judges **must** be trained. Line judges cannot be players in uniform. Whenever possible, use WVSSAC certified officials. Line Judges must be present at the match site a minimum of 20 minutes prior to the start of the match. Line Judges are required for sectional, regional, and state contests. These line judges must be WVSSAC registered officials.
- Flags - Flags are optional for regular season play, but will be used in post season play. Schools are responsible for providing flags.
- It is recommended that school personnel meet with the local officials' board prior to the season to discuss assignment of officials and officiating fees.
- The WVSSAC promotes good sportsmanship in all sport programs. We encourage you to inform parents and athletes of the importance of good sportsmanship.
- Preseason Meetings: It is highly recommended that all coaches conduct preseason meetings for their players and parents. In addition to their own rules and regulations, coaches **must** address players on taunting, conduct, and sportsmanship rules before the first regular season match. **Good sportsmanship is to be practiced by all team personnel during warm-ups.**
- Officials must strictly enforce all taunting, conduct, and sportsmanship rules.**
- Home team management will be responsible for providing volleyballs for all high school duals, tri and quads. When three courts are used, teams should bring their own volleyballs.

II. RULES AND REGULATIONS:

- Players are not allowed to wear face, hair or body paint or mascot stickers while participating in a contest. Permanent magic marker markings are not allowed. Permanent tattoos are permitted provided they are not objectionable. If determined

objectionable by the official, the tattoo must be covered. No glitter on body, uniform or accessories.

- A team must have participated in twelve (12) matches to be eligible for sectional tournament competition (high school only).
- A high school volleyball team will be permitted to play in no more than 22 (dates) exclusive of sectional, regional, and state contests.** The volleyball season will end for each high school team at tournament elimination. **Middle school teams will be permitted sixteen (16) play dates. (Increases to 18 after September 2021)**
- Dual, triangular and quadrangular matches count as one date. Matches in which five or more schools participate count as two dates.
- High School** - Two volleyball scrimmages with another high school or one scrimmage and one preview may be conducted. **Middle School** - One volleyball scrimmage or one preview is allowed for middle schools.
- In dual competition, a student may participate in a maximum of four games against the same opponent if a match is two of three games and six games if the varsity match is three of five games. If a middle school has 2 (JV & Varsity) teams, a player may participate in 4 sets. If a player is entered who would exceed this regulation, the official should use preventive officiating and notify the coach. If the player is then played, she becomes an illegal substitute and a Special Report is to be sent to the WVSSAC. This rule is the responsibility of the coach.
- Rally scoring must be used in all matches.** Rally scoring includes let serve, dual - High School Varsity and JV - 3 of 5 with no cap, first 4 sets to 25 points, fifth set to 15 points, must win by two. Tris and Quads 2 of 3 - no cap, all 3 sets to 25, must win by 2. Two time-outs per set. Middle School - 2 of 3 - all 3 sets to 25, must win by 2.
High School Varsity Tournaments - 5 or more teams must use rally scoring - 2 of 3 matches - the format is to be determined by the director. No 3 of 5 matches can use pool play.
- It is the responsibility of the high school varsity coach to rate each official (all regular season and tournament matches). Individual rating forms are included in the coach's packet. Only one match is allowed per form, and each official must be rated for every officiated match. These forms are online and should be done after each play date. Failure to comply will result in a \$10.00 per match fine.
- Head Coaches' Conduct:** The head coach may stand in the libero replacement zone, no closer than six feet to the sideline, **during play** to coach his/her players. The head coach may not obstruct the sight of R2 or the LJ. During a dead ball, the head coach may stand at any location in the libero replacement zone. When the R1 is ready to resume play and extends their arm to begin serve, the coach must move back.
- Each official is required to enter their number into the home and visitors scorebook legibly.

III. POINTS OF EMPHASIS

- Net Height** - Middle school (6, 7, 8) net height is 7 feet. High School (9, 10, 11, 12) net high is 7 feet 4-1/8 inches.
- Spectator Items** - Laser pointers are not allowed. Violators shall be ejected from the contest.
- Equipment** - Padding on cranks and the official's stand must be checked and, if necessary, replaced to ensure safety of all participants.
- Bench Areas** - Coaches are responsible for instructing all team personnel to maintain cleanliness of the bench area during and after the match.
- Allowed Bench Seating** - Team seating is limited to 16 seats. Teams may have 16 personnel seated and 6 players on the court. There is to be NO sitting on floor and no additional seats added. Additional personnel must be seated in an area available closest to the team bench. All team personnel must be dressed in uniform.
- Team Uniforms** - Buttons, zippers, and pockets are not allowed on uniforms. All players must come on the court appropriately dressed and jewelry removed. Uniforms are to be worn as designed. No bare midriff tops. If uniforms are designed to be tucked in, they must be. If uniforms are not designed to be tucked in, they do not have to be as long as the entire stomach is covered. Shorts are not to be rolled down at the waist. Shirts worn under the uniform top must be the same color as the



dominate color of the top. Compression clothing worn under the shorts must be the same color of the uniform shorts and not extend below the shorts. Players are to be appropriately dressed before entering the court. (See NFHS - 4-2 Art. 1-7)

- G. During the month of October, schools wishing to wear pink may do so as long as the uniforms meet all NFHS uniform regulations.
- H. Coaches' Apparel - Coaches are to be attired in appropriate apparel. It is strongly recommended that coaches' apparel be representative of the school colors.
- I. Officials are to be dressed alike in the official uniform with shirts tucked in. (See Officials Manual - VB Official Uniform)
- J. Ejection Clarification - Coach/player ejection is for two dates not two contests. If a coach is ejected, it is not the responsibility of the official to determine if the replacement for the coach is allowable. Officials will allow that individual to coach; however, the official shall request the name of the individual and document that on the Special Report. The time shall not exceed twenty (20) minutes.
- K. Officials' Jurisdiction - The officials' jurisdiction begins upon arrival on the floor and ends upon departure from the site.
- L. Sportsmanship - Chest-butting by players is not allowed.

IV. TOURNAMENTS:

ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms or reports that must be filed with the WVSSAC office may be found with the instructions for each sport. All tournament directors are responsible for notifying participating schools as to site location, date, and time of contest.

The specified dates for sectional and regional tournaments may not be changed.

A. SECTIONAL TOURNAMENT - (week 18)

The school listed in bold print will serve as temporary chairman of each section and as such will be responsible for calling a meeting of those listed schools by October 1. Notification and confirmation of all schools is necessary. Site selection, seeding, pairings, tournament director, dates, selection of registered officials, admission, etc., shall be determined at this meeting. **Contracts for officials should be used. (Class I and II registered officials (umpire and referee) must be used. Please send information to WVSSAC. WV registered official line judges are required.**

- 1. Failure of a coach or a school representative to attend the sectional meeting or conference call will result in that school not having a vote in the sectional tournament meeting process.
- 2. Tournament directors should refer to the Spectator Support List published in the August edition of The Interscholastic to determine what items are permitted at volleyball tournaments.
- 3. The Sectional Tournament will be the best 3 of 5 sets for single elimination and double elimination. For sectional, if there are more than 3 schools and you choose double elimination, you must use 2 courts.
- 4. Awards, if given, will be established by sectional participants. WVSSAC sectional plaque will be sent to sectional temporary chairman. Profit/deficit will be shared by each school.
- 5. Winner and runner-up of sectional level will advance to the Regional Tournament.
- 6. Financial Reports - Directors are asked to submit the reports by the date designated in the Director's Manual.

B. REGIONAL TOURNAMENT - (week 18)

- 1. Regional director will select and contract registered officials. *Class I and II umpire and referee only. WV registered official line judges are required.*
- 2. Pairings for Regional Tournament are as follows:
Winner Section 1 vs. Runner-Up Section 2
Winner Section 2 vs. Runner-Up Section 1
The winner is the home team for semi-finals. In finals, the officials will conduct a coin toss.
Winner and runner-up from each region qualify for the State Tournament.
- 3. The Regional Tournament will be the best 3 of 5 sets for the match and single elimination. Profit and/or deficit will be shared by each regional participating school.
- 4. Financial Reports - Directors are asked to submit the reports by the date designated in the Director's Manual.

C. STATE TOURNAMENT - (Week 19)

Charleston Coliseum and Convention Center, Director, Esther Messenger.

- 1. **Seeding** - Each coach advancing to the regional tournament will be sent a ballot by fax no later than Thursday evening of regional tournament week. Schools advancing to the regional tournament will be listed on the ballot by classification. Class AAA schools will receive a ballot with only AAA schools, etc. Coaches will NOT rank their own school, but WILL rank the remaining fifteen (15) schools. A ranking of one (1) will indicate the highest ranking while a fifteen (15) will indicate the lowest ranking. A school will receive from 1 to 15 points based upon each ranking they receive. Each school will have one of their highest and one of the lowest rankings eliminated. **ALL BALLOTS MUST BE RETURNED TO THE WVSSAC OFFICE BY 3:00 PM ON FRIDAY OF REGIONAL TOURNAMENT WEEK.** After all ballots are received and points tallied, the school with the lowest accumulated point total will receive the number one (1) seed and seeding will continue until all brackets are filled. If two or more teams tie, the following criteria will be used to resolve the tie: Head to head competition; total number of wins in classification or above; total number of wins; toss of coin.
- 2. **Warm Up Time** - For the state tournament, warm up time will be a total of 18 minutes with a 6-6-6 format. For the first six minutes, teams will have access to their side of the court, but are not to practice serving. At the end of six minutes, the team that won the coin toss will take the floor for six minutes. If a team wants to practice serving, it must be done during these six minutes. At the end of the six minutes, a horn or whistle will sound and the opposing team will have the floor for six minutes. Prior to the 18 minutes warm up, teams may be on the court, but there cannot be any use of balls. When the clock starts for the 18 minute warm up period, the meeting with the captains will be called and the six shared minutes will begin.
- 3. Eighteen (18) will be admitted on the team pass at the sectional, regional and state tournament.
- 4. Admission (per session) All Session Pass
Adults - \$10.00 Adults - \$35.00
Students - \$7.00 Students - \$25.00
- 5. Officials will be selected by WVSSAC.
- 6. The state tournament will be a two (2) day four session event. The tournament will be the best 3 of 5 sets for a match and single elimination.
- 7. Filming - You may only film the games in which your school/team is playing. (See WVSSAC Video Policy)
- 8. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
- 9. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

2020-2021 State Volleyball Champions

Class AAA

Musselman High School

Class AA

Shady Spring High School

Class A

Wirt County High School





Time Schedule

Each session will have a running schedule

Ticket gates will open 1 hour before scheduled time to purchase tickets (provided previous session is over in time).

Thursday, November 11

Official's Meeting - 6:30 PM

Coaches Meeting - 7:00 PM

(Those unable to attend, contact Esther Messenger to arrange time to pick up required information)

Friday, November 12 - Session I - 8:30 AM

Team Warm-up 8:00 AM

Court Assignment for Sessions 1 thru 3

A - Court 1

AA - Court 2

AAA - Court 3

Friday 8:30 AM (4-5) - All 3 classes

Immediately following Game 1, Game 2 will begin. (1-8)

Coliseum will be cleared.

Admission will be charged for Session II

Friday, November 12 - Session II 1:30

Team Warm-Up 1:00 PM

Friday 1:30 PM (2-7) - All 3 classes

Immediately following Game 3, Game 4 will begin. (3-6)

Coliseum will be cleared - Admission will be charged for Session III

Friday, November 12 - Session III - 6:30

Friday 6:30 PM Winner of Game 1 vs Winner Game 2 - All 3 classes

Immediately following Game 5, Game 6 will begin.

Winner of Game 3 vs Winner Game 4 - All 3 classes.

Saturday, November 13 - Session IV

A Championship Game 9:30

AA Championship Game (*Running Schedule)

AAA Championship Game (*Running Schedule)

*Immediately following 1st games awards ceremony

Bolded School - Responsible for calling a meeting for listed schools.

AAA

Region I

Site: **John Marshall High School**

Director: Sean Blumette, AD, Brooke HS

Date: November 6, 2021 2:00 PM

Section 1 Brooke, John Marshall, **Morgantown**, Wheeling Park

Section 2 Bridgeport, Buckhannon-Upshur, **Preston**, University

Region II

Site: Hedgesville High School

Director: Aaron Whitford, AD, Hedgesville HS

Date: November 6, 2021 2:00 PM

Section 1 Hedgesville, **Martinsburg**, Musselman, Spring Mills

Section 2 Hampshire, Jefferson, **Washington**

Region III

Site: George Washington High School

Director: Tim Flatley, AD, George Washington HS

Date: November 6, 2021 2:00 PM

Section 1 Capital, **George Washington**, Riverside, South

Charleston, St. Albans

Section 2 Greenbrier East, **Oak Hill**, Princeton, Woodrow Wilson

Region IV

Site: Parkersburg High School

Director: Chris Way, AD, Parkersburg HS

Date: November 6, 2021 2:00 PM

Section 1 Cabell Midland, **Huntington**, Lincoln County, Spring Valley

Section 2 Hurricane, Parkersburg, Parkersburg South, **Ripley**

AA

Region I

Site: Oak Glen High School

Director: Dick Schilling, AD, Oak Glen HS

Date: November 6, 2021 10:00 AM

Section 1 **East Fairmont**, Fairmont Senior, North Marion, Oak Glen, Weir

Section 2 Berkeley Springs, **Frankfort**, Grafton, Keyser

Region II

Site: Philip Barbour High School

Director: Tammy Martin, AD, Philip Barbour HS

Date: November 6, 2021 10:00 AM

Section 1 Elkins, Liberty (H), Lincoln, Robert C Byrd, **Philip Barbour**

Section 2 **Braxton County**, Clay County, Lewis County, Roane County

Region III

Site: Independence High School

Director: John Lilly, AD, Independence HS

Date: November 6, 2021 10:00 AM

Section 1 **Herbert Hoover**, Independence, Liberty(R), Nicholas County, Shady Spring

Section 2 **Bluefield**, PikeView, Westside, Wyoming East

Region IV

Site: Winfield High School

Director: Will Isaacs, AD, Winfield HS

Date: November 6, 2021 10:00 AM

Section 1 **Point Pleasant**, Nitro, Poca, Sissonville, Winfield

Section 2 Chapmanville Regional, Logan, Mingo Central, **Scott**, Wayne

A

Region I

Site: Ritchie County High School

Director: Chris Wells, AD, Ritchie County HS

Date: November 6, 2021 6:00 PM

Section 1 Cameron, Hundred, Madonna, Magnolia, **Paden City**, Valley, Wheeling Central

Section 2 Parkersburg Catholic, St. Mary's, Tyler Consolidated, Ritchie County, **Williamstown**, Wood County Christian

Region II

Site: Doddridge County High School

Director: Greg Bonnell, AD, Doddridge County HS

Date: November 6, 2021 6:00 PM

Section 1 East Hardy, Moorefield, Paw Paw, Pendleton County, **Petersburg**, Tucker County, Union

Section 2 Clay-Battelle, Doddridge County, Harman, Notre Dame, South Harrison, **Trinity Christian**, Tygarts Valley

Region III

Site: Charleston Catholic High School

Director: Jacob Nelson, AD, Charleston Catholic HS

Date: November 6, 2021 6:00 PM

Section 1 James Monroe, Meadow Bridge, Montcalm, Mount View, **River View**, Summers County

Section 2 **Charleston Catholic**, Greater Beckley Christian, Greenbrier West, Midland Trail, Pocahontas County, Richwood, Webster County

Region IV

Site: Buffalo High School

Director: Jeremy Litton, AD, Buffalo HS

Date: November 6, 2021 6:00 PM

Section 1 Buffalo, Man, Sherman, St. Joseph Central, Tolsia, **Tug Valley**, Van

Section 2 Calhoun County, Gilmer County, Hannan, Ravenswood, Wahama, **Wirt County**

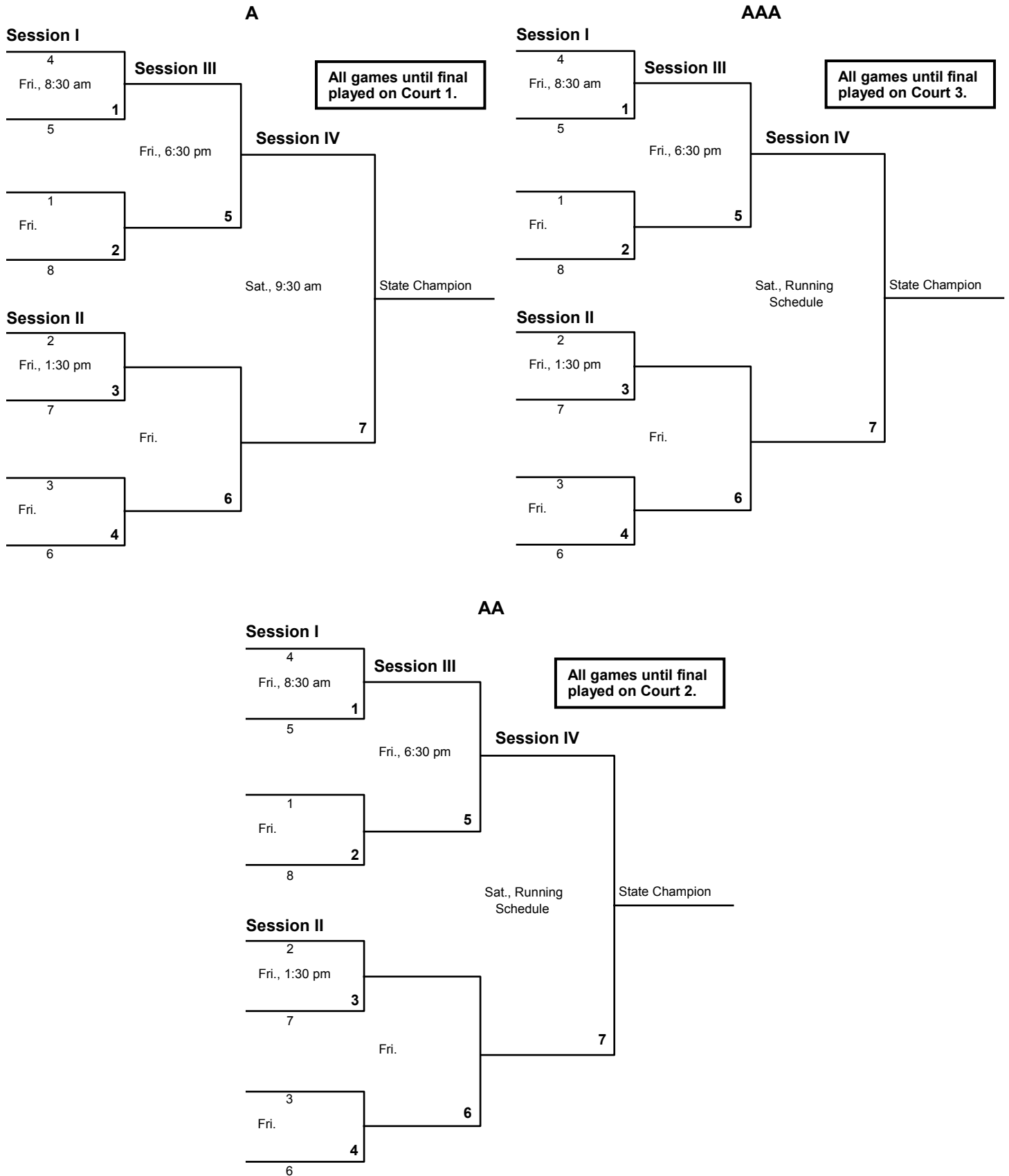
WV State Volleyball Championship

Charleston Coliseum and Convention Center - November 12-13, 2021

Each Session will have a running schedule.

Home Team - Higher Seed

(All times are subject to change)



2021-2022 VOLLEYBALL RULES REVISIONS

4-1-6a, b (NEW): Allows players to wear head coverings for religious reasons that fit securely and are made of non-abrasive or soft materials while still requiring head coverings worn for medical reasons to be approved by the state association.

Rationale: Eliminates the need for authorization from the state association for the wearing of religious headwear without data to support an increased risk while maintaining the requirement for approval of head coverings worn for medical reasons – allowing the state association to review for the purposes of risk minimization.

5-3-1, 5-3-1 NOTES: Allows state associations to approve of gray and/or bright blue (cyan) in addition to the white short or long-sleeved polo-style shirts while maintaining that officials must dress in like colors. Simplifies the accommodations for varying climate conditions within the competition facility.

Rationale: Provides state associations with additional officials' uniform options while aligning with trends in the game.

7-1-4 PENALTIES, 9-9-1b (NEW): Eliminates the loss of rally/point penalty for failure to submit the lineup no later than two minutes prior to the end of the timed pre-match warmup and one minute prior to the end of the timed interval between sets. The penalty was changed to an unnecessary delay (administrative yellow card) with the escalation of a second unnecessary delay (administrative red card) if not submitted by the end of the timed pre-match warmup or interval.

Rationale: Aligns the penalty with the late roster and lessens the severity of the penalty for a late lineup.

2021-22 VOLLEYBALL MAJOR EDITORIAL CHANGES

State Association Adoption Chart (NEW): Clarifies and organizes all rules that allow for state association adoption.

2021-22 Volleyball Editorial Changes

5-4-3c(22), 5-5-3b(21), Unnecessary Delays Chart

2021-22 Volleyball Points of Emphasis

1. Line Judge Expectations
2. Coach and Official Communication
3. State Association Adoptions – Location of Team Bench
4. Addressing Uniform Concerns

((((((OFFICE ECHOES)))))

Minutes of Meeting Board of Directors #709 WVSSAC, Parkersburg, WV Wednesday, September 16, 2020 8:00 AM

1. Call to Order

The special meeting of the WVSSAC Board of Directors was called to order at 8:05 AM on Wednesday, September 16, 2020 at the WVSSAC Office, Parkersburg, WV by Mr. Dave Cottrell. The following members were present: Gregory Moore, Dave Cottrell, Lee Loy, Mike Kelley, Eddie Campbell and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Dr. Cindy Daniel. Art Petitto and Jimmy Frasier were absent. Jim Wilson and Bob Dunlevy joined via Zoom.

2. Administrative Update

- A. Waiver for Merrick Delk-Wheeling Park Girls Soccer- This waiver along with Toby Lattea waiver were denied on a motion by Mr. Loy, second by Mr. Crawford and by a vote of 7-0.
- B. XC Regionals- Addition of Class "A" Event-On a motion by Mr. Kelley and a second by Mr. Loy, the board unanimously voted 7-0 to pass this decision.
- C. Possible COVID related games on Sunday-On a motion by Dr. Campbell and second by Mr. Crawford, the board voted 6-1 to allow Sunday games for fall sports due to COVID.
- D. Football Playoff Requirements - Minimum number of games to qualify-This topic was discussed amongst the board and on a motion by Mr. Loy and a second by Mr. Kelley, the board decided to table the

decision until a later date.

- E. Eliminate the number of games required for officials to self-nominate for playoff - On a motion by Dr. Campbell and a second by Mr. Loy the board voted unanimously to approve the decision.
- F. Allow the required number of teams to participate in sectionals, regionals, and state-On a motion by Mr. Moore and second by Dr. Campbell, the decision was passed unanimously.
- G. Waiver for number of games for: Volleyball-12, XC-6, Golf-6 On a motion by Dr. Campbell and second by Mr. Loy, the board voted unanimously to waive the number of games for all sports listed above.
- H. Trinity/Wirt Game- Forfeit/No Contest Appeal-Wirt County presented their case and on a motion by Dr. Campbell and second by Mr. Loy, the board unanimously voted 7-0 for Wirt to change its forfeit to a no contest.

3. Appeals

- A. **Student Athlete**, Wheeling Park HS 127-2-7 (Residence Transfer) On a motion by Mr. Kelley and a second by Dr. Kelley, the Board voted 5-0 that the Executive Directors decision be sustained denying eligibility be granted, for the reason that extreme and undue hardship has not been proven, and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.
- B. **Student Athlete**, Huntington HS, 127-2-7 (Residence Transfer) On a motion by Dr. Campbell and a second by Mr. Loy, the Board voted 7-0 to overturn the ruling of the Executive Directors decision and that eligibility be granted, extreme and undue hardship having been established.
- C. **Student Athlete**, Tygarts

Valley HS, 127-2-7 (Residence Transfer) On a motion by Dr. Campbell and a second by Mr. Crawford, the Board voted 7-0 to overturn the ruling of the Executive Directors decision denying eligibility, because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.

4. Items for the Good of the Order

- A. Cross Country participant increase to 84-Mr. Dolan discussed increasing the number of cross country participants to 84. On a motion by Dr. Campbell and a second by Mr. Moore, the board unanimously voted to approve the increase.
- B. Swimming pool concerns-Dr. Daniel shared concerns about not being able to secure pools for the swim season due to coronavirus. No action necessary.
- C. Board of Review cases-Dr. Daniel shared that all 3 cases that went to the board of review were upheld. No action necessary.
- D. Toby Lattea Waiver-This waiver along with Merritt Delk waiver were denied on a motion by Mr. Loy, second by Mr. Crawford and by a vote of 7-0.

5. **Adjourn**-On a motion by Mr. Loy and a second by Mr. Crawford, the Board unanimously voted to adjourn at 11:54 am.

**Bernie Dolan,
Executive Director**

**Minutes of Meeting
Board of Directors #710
WVSSAC, Parkersburg, WV
Thursday, October 22, 2020
8:15am**

1. Call to Order

The regular meeting of the WVSSAC Board of Directors was called to order at 8:16 AM on Thursday, October 22, 2020 at the WVSSAC Office, Parkersburg, WV by Mr. Dave Cottrell. The following members were present: Gregory Moore, Dave Cottrell, Lee Loy, Mike Kelley, Eddie Campbell, Jimmy Frashier, Art Petitto, Bob Dunlevy and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Dr. Cindy Daniel. Jim Wilson was absent.

2. Approval of Minutes

September Meeting-Mr. Dolan presented the minutes of the September 2020 meeting for approval. On a motion by Mr. Loy and a second by Mr. Crawford, the Board voted unanimously to accept the minutes as presented.

3. Approval of Agenda

Mr. Dolan present the agenda for approval. On a motion by Mr. Loy and a second by Mr. Crawford, the Board voted unanimously to approve the agenda as presented.

4. Financial Reports

September Monthly-Mr. Dolan presented the September monthly financial reports for consideration by the Board. On a motion by Dr. Campbell and second by Mr. Loy, the Board unanimously approved the report as presented.

5. Administrative Update

A. Playoff Modifications-Mr. Dolan reviewed the playoff modifications with the Board. On a motion by Mr. Moore and a second by Mr. Frashier, the Board unanimously voted to approve the modifications as

presented.

- B. Winter Sports Modifications-Mr. Dolan also reviewed the winter sports modifications with the Board. On a motion by Mr. Crawford and a second by Mr. Moore, the Board unanimously voted to approve the modifications as presented.

6. Legal Updates

- A. Merritt Delk-Mr. Dolan reviewed, no action required.
B. Anna Gregor-Mr. Dolan reviewed, no action required.

7. Appeals

A. **Student Athlete**, Parkersburg Catholic HS 127-2-7 (Residence Transfer) On a motion by Mr. Moore and a second by Mr. Petitto, the Board voted 8-0 to overturn the Executive Directors decision granting eligibility because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

B. **Student Athlete**, Notre Dame HS, 127-2-7 (Residence Transfer) On a motion by Mr. Kelley and a second by Mr. Moore, the Board voted 6-2 to overturn the ruling of the Executive Directors decision and that eligibility be granted except for fall sports because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.

C. **Student Athlete**, Winfield HS, 127-2-7 (Residence Transfer) On a motion by Mr. Loy and a second by Mr. Crawford, the Board voted 7-1 to overturn the ruling of the Executive Directors decision and that eligibility be granted, extreme and undue hardship having been established.

D. **Student Athlete**, River View HS, 127-2-7 (Residence Transfer) On a motion by Mr. Moore and a second by Mr. Loy, the Board voted 7-1 to overturn the ruling of the Executive Directors decision granting eligibility because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

E. **Student Athlete**, Union HS, 127-2-7 (Residence Transfer) On a

motion by Mr. Frashier and a second by Mr. Crawford, the Board voted 8-0 to overturn the ruling of the Executive Directors decision and that eligibility be granted, extreme and undue hardship having been established.

F. **Student Athlete**, Huntington HS, 127-2-7 (Residence Transfer) On a motion by Mr. Loy and a second by Mr. Moore, the Board voted 8-0 to overturn the ruling of the Executive Directors decision and that eligibility be granted, extreme and undue hardship having been established.

G. **Student Athlete**, Wheeling Central HS, 127-2-7 (Residence Transfer) On a motion by Mr. Loy and a second by Mr. Crawford, the Board voted 8-0 to sustain the ruling of the Executive Directors decision denying eligibility, for the reason that extreme and undue hardship had not been proven, and for the reason that the applicant had not demonstrated that the rule fails to accomplish the purpose for which it is intended.

8. Items for the Good of the Order

A. State Volleyball Schedule-Mr. Dolan reviewed the State Volleyball schedule. On a motion by Dr. Campbell and a second by Mr. Frashier, the board voted unanimously to approve the schedule as presented.

B. Monthly meetings by Zoom-This was a discussion only topic.

C. Review of RFP-Mr. Dolan discussed the topic with the Board. Mr. Moore and Dr. Campbell agreed to help with decisions regarding representation. No action required.

9. **Adjourn**-On a motion by Dr. Campbell and a second by Mr. Loy, the Board unanimously voted to adjourn at 11:54 am.

**Bernie Dolan,
Executive Director**

**Minutes of Meeting
Board of Directors #711
WVSSAC, Zoom Meeting
Thursday, November 19, 2020
8:00 AM**

1. Call to Order

The regular meeting of the WVSSAC Board of Directors was called to order at 8:04 AM on Thursday, November 19, 2020 via Zoom by Mr. Dave Cottrell. The following members were present: Gregory Moore, Dave Cottrell, Lee Loy, Jim Wilson, Eddie Campbell, Jimmy Frashier, Art Petitto, Bob Dunlevy and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Dr. Cindy Daniel. Mike Kelley was absent.

2. Approval of Minutes

October Meeting-Mr. Dolan presented the minutes of the October 2020 meeting for approval. On a motion by Mr. Dunlevy and a second by Mr. Frashier, the Board voted unanimously to accept the minutes as presented.

3. Approval of Agenda

Mr. Dolan presented the agenda for approval. On a motion by Dr. Campbell and a second by Mr. Frashier, the Board voted unanimously to approve the agenda as presented.

4. Financial Reports

October Monthly-Mr. Dolan presented the October monthly financial reports for consideration by the Board. On a motion by Mr. Loy and second by Mr. Frashier, the Board unanimously approved the report as presented.

5. Administrative Update

A. Golf State Tournament Report-Mr. Ryan reviewed, no action required.
B. Cross Country Tournament Report-Mr. Reed reviewed, no action required.
C. Soccer State Tournament Report-Mr. Reed reviewed, no

action required.

D. Volleyball State Tournament Report-Dr. Daniel reviewed, no action required.

E. Update on Football Playoff-Mr. Dolan and Mr. Ryan reviewed, no action required.

F. Update on State Cheer Tournament-Dr. Daniel reviewed, no action required.

G. Winter/Spring Calendar-Mr. Dolan reviewed the calendar with the Board. On a motion by Dr. Campbell and second by Mr. Frashier, the Board voted unanimously to accept the calendar.

- 6. Winter Athletics**-The Board discussed releasing all winter athletes on the non-participation rule until winter sports can begin again in January. On a motion by Dr. Campbell and a second by Mr. Frashier, the Board voted unanimously in agreement.

7. Legal Updates

A. Merritt Delk-Non-school participation: Mr. Dolan reviewed, no action required.

B. Hurricane Volleyball-Injunction hearing: Mr. Dolan reviewed, no action required.

C. Martinsburg Soccer-Beck, TRO granted, Supreme Court overturned: Mr. Dolan reviewed, no action required.

8. Appeals

A. **Student Athlete**, Bridgeport HS 127-2-7 (Residence Transfer) On a motion by Dr. Wilson and a second by Mr. Dunlevy, the Board voted 5-1 to overturn the Executive Directors decision granting eligibility because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

B. **Student Athlete**, East Fairmont HS, 127-2-7 (Residence Transfer) On a motion by Mr. Moore and a second by Mr. Frashier, the Board voted 6-0 to overturn the ruling of the Executive Directors decision and that eligibility be granted because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.

C. **Student Athlete**, Capital HS, 127-2-5 (Semester and Season) On a motion by Mr. Crawford and a second by Dr. Campbell, the Board voted 6-0 to sustain the ruling of the Executive Directors decision denying eligibility, for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended, and there is no allegation of extreme and undue hardship.

D. **Student Athletes**, Morgantown HS, 127-2-7 (Residence Transfer) On a motion by Dr. Campbell and a second by Mr. Crawford, the Board voted 6-0 to sustain the ruling of the Executive Directors denying eligibility for the reason that extreme and undue hardship had not been proven, and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.

9. Items for the Good of the Order

A. PE McClanahan- Mr. Dolan discussed adding Mr. McClanahan to the Constitution and Bylaws committee, on a motion by Mr. Loy and a second by Mr. Frashier, the Board voted to unanimously approve him for the committee.

B. Practice and games on Sundays-Allowing practices and games on Sunday were discussed by the Board and on a motion by Mr. Wilson and a second by Dr. Campbell, the Board voted to approve the motion.

- 10. Adjourn**-On a motion by Mr. Loy and a second by Mr. Frashier, the Board unanimously voted to adjourn.

**Bernie Dolan,
Executive Director**

**Minutes of Meeting
Board of Directors #712
WVSSAC, Zoom Meeting
Thursday, December 10, 2020
8:15 AM**

1. Call to Order

The special meeting of the WVSSAC Board of Directors was called to order at 8:15 AM on Thursday, December 10, 2020 via Zoom by Mr. Dave Cottrell. The following members were present: Gregory Moore, Dave Cottrell, Lee Loy, Jim Wilson, Eddie Campbell, Jimmy Frashier, Art Petitto, Bob Dunlevy, Mike Kelley and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Dr. Cindy Daniel.

2. Approval of Minutes

November Meeting-Mr. Dolan presented the minutes of the November 2020 meeting for approval. On a motion by Mr. Wilson and a second by Mr. Crawford, the Board voted unanimously to accept the minutes as presented.

3. Approval of Agenda

Mr. Dolan presented the agenda for approval. On a motion by Mr. Loy and a second by Mr. Frashier, the Board voted unanimously to approve the agenda as presented.

4. Financial Reports

November Monthly-Mr. Dolan presented the November monthly financial reports for consideration by the Board. On a motion by Mr. Frasier and second by Mr. Crawford, the Board unanimously approved the report as presented.

5. Administrative Update

A. Football Playoff Update-Mr. Ryan reviewed, no action required.
B. Cheer Update-Dr. Daniel reviewed, motion and decision below.

6. Legal Updates

Legal Counsel Recommendations-Mr. Dolan spoke about the candidates interviewed for the new legal counsel. On a motion by Mr. Crawford and a second by Mr. Frashier, the board unanimously voted to work with Robinson and McElwee.

7. Appeals

A. **Student Athlete**, Wood County Christian HS 127-2-7 (Residence Transfer) On a motion by Mr. Frashier and a second by Dr. Wilson, the Board voted 9-0 to overturn the Executive Directors decision granting eligibility because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

B. **Student Athlete**, Capital HS, 127-2-5 (Semester and Season) On a motion by Mr. Loy and a second by Mr. Crawford, the Board voted 9-0 to overturn the ruling of the Executive Directors decision and that eligibility be granted, extreme and undue hardship having been established.

C. **Student Athlete**, Weirton Madonna HS, 127-2-7 (Residence Transfer) On a motion by Dr. Campbell and a second by Mr. Petitto, the Board voted 9-0 to sustain the ruling of the Executive Directors decision denying eligibility, for the reason that extreme and undue hardship has not been proven and there is no allegation that the rule fails to accomplish the purpose for which it is intended.

D. **Student Athlete**, South Middle School, 127-2-7 (Residence Transfer) On a motion by Mr. Loy and a second by Mr. Frashier, the Board voted 8-1 to sustain the ruling of the Executive Directors decision denying eligibility for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended, and there is no allegation of extreme and undue hardship.

E. **Student Athlete**, Cabell Midland HS, 127-2-7 (Residence Transfer) On a motion by Dr. Wilson and a second by Dr. Campbell, the Board voted 9-0 to overturn the Executive Directors decision and

that eligibility be granted because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

F. **Student Athlete**, Park Middle School, 127-2-7 (Residence Transfer) On a motion by Dr. Wilson and a second by Mr. Petitto, the Board voted 9-0 to overturn the Executive Directors decision and that eligibility be granted because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

8. Items for the Good of the Order

a. Cheer All-stars-Mr. Dolan and Dr. Daniel discussed releasing cheerleaders like the other winter sports were. On a motion by Mr. Frashier and a second by Mr. Crawford, the Board voted to unanimously to release cheer for all-stars only until January 11th like all the other sports.

9. Adjourn-On a motion by Mr. Loy and a second by Mr. Frashier, the Board unanimously voted to adjourn at 11:32 am.

**Bernie Dolan,
Executive Director**



2021 - 2022 SPORTS MEDICINE UPDATES AND REMINDERS:



- 1) **ALL COACHES** must complete the free "Concussion in Sport" course annually before the first contest at nfhslearn.com.
- 2) **ALL COACHES** must complete the free "Sudden Cardiac Arrest" Course annually at nfhslearn.com
- 3) **ALL COACHES** must complete the free "Heat Illness" course one time at nfhslearn.com
- 4) Water Stations / Body Cooling available for practices and games
- 5) Emergency action plans are required for each athletic facility for all practices and contests -Senate Bill 40
- 6) Required Football Practice Guidelines for 2021-2022 (See football Coaches Packet)
- 7) All Coaches must be trained in CPR/AED. An AED must be available for all practices and contests.

For more information on these important updates and reminders, go to www.wvssac.org and click on the Sports Medicine link under the School Resources tab.

**TICKET ORDER FORM
FOR
GIRLS' STATE BASKETBALL TOURNAMENT - 2022
COACHES AND PRINCIPALS**

Form 1

(ORDERS MAY BE SUBMITTED AT ANYTIME)
(BUT PRIOR TO February 1)

NAME _____
 SCHOOL _____
 ADDRESS _____
 CITY _____ STATE _____
 ZIP CODE _____ PHONE _____
 CLASS A, AA, AAA, OR AAAA (Please Circle)
 GRADES IN SCHOOL 6, 7, 8, 9, 10, 11, 12 (Please Circle)
 PRINCIPAL'S SIGNATURE _____

I am an authorized agent for the above school to order tickets from their allotment for the Girls' State High School Basketball Tournament.

All orders must be accompanied by a school or personal check or credit card # and only until February 1. Seating will not be available in the Principals/Coaches section after February 1 and can only be purchased at the \$80.00 rate.

No. of Principals and Coaches Tickets _____ x \$70.00 = _____
 Reserved Seat Adult Tickets _____ x \$80.00 = _____
Handling Charge = \$5.00
Total = _____

I have approved the above school order _____
(Principal's Signature)

Payment Method: 1) Check 2) American Express 3) Master Card 4) VISA 5) Discover
 CREDIT CARD NAME & NO. _____ EXPIRATION DATE _____
 NAME _____
 ADDRESS _____
 STATE _____ ZIP CODE _____
 AUTHORIZED SIGNATURE _____

ADULT TICKETS MAY BE PURCHASED FROM CIVIC CENTER SEPARATELY - General Admission - \$10.00
 Reserved Seating - \$12.00

PHONE: 1-304-345-7469 MAILED TO: BOX OFFICE MANAGER
 TICKETS GIRLS' STATE BASKETBALL TOURNAMENT
 CIVIC CENTER COLISEUM
 200 CIVIC CENTER DRIVE
 CHARLESTON, WV 25301

**TICKET ORDER FORM
FOR
BOYS' STATE BASKETBALL TOURNAMENT - 2022
COACHES AND PRINCIPALS**

(ORDERS MAY BE SUBMITTED AT ANYTIME)
(BUT PRIOR TO February 1)

NAME _____
SCHOOL _____
ADDRESS _____
CITY _____ STATE _____
ZIP CODE _____ PHONE _____

CLASS A, AA, AAA, OR AAAA (Please Circle)

GRADES IN SCHOOL 6, 7, 8, 9, 10, 11, 12 (Please Circle)

PRINCIPAL'S SIGNATURE _____

I am an authorized agent for the above school to order tickets from its allotment for the Boys' State High School Basketball Tournament.

All orders must be accompanied by a school or personal check or credit card # and only until February 1. Seating will not be available in the Principals/Coaches section after February 1 and can only be purchased at the \$80.00 rate.

The allowed maximum number of tickets according to school classification is as follows:

Class A - maximum of 8 tickets

Class AA - maximum of 8 tickets

Class AAA/AAAA - maximum of 10 tickets

Middle Schools - maximum of 6 tickets

7-12 Schools - maximum of 10 tickets

No. of Principals and Coaches Tickets _____ x \$70.00 = _____

Reserved Seat Adult Tickets _____ x \$80.00 = _____

Handling Charge = \$5.00

Total = _____

I have approved the above school order _____
(Principal's Signature)

Payment Method: 1) Check 2) American Express 3) Master Card 4) VISA 5) Discover

CREDIT CARD NAME & NO. _____ EXPIRATION DATE _____

NAME _____

ADDRESS _____

STATE _____ ZIP CODE _____

AUTHORIZED SIGNATURE _____

ADULT TICKETS MAY BE PURCHASED FROM CIVIC CENTER SEPARATELY -

General Admission -----\$10.00

Reserved Seating -----\$12.00

PHONE: 1-304-345-7469

MAILED TO:

BOX OFFICE MANAGER
TICKETS BOYS' STATE BASKETBALL TOURNAMENT
CIVIC CENTER COLISEUM
200 CIVIC CENTER DRIVE
CHARLESTON, WV 25301

§127-2-15. Emergency Action Plan (EAP). (Revised 2020-21)

15.1. Effective December 31, 2017, each member school shall adopt and submit to the WVSSAC and to the county board of education an EAP for athletics, designed to respond to athletic injuries that occur on school property during school-sponsored athletic practices and events.

15.2. Each EAP shall include:

15.2.a. Implementation of the EAP for every sport at every level. The EAP shall discuss how it is to be implemented with the participation of the school's principal and athletic director (if any), coaches, and athletes.

15.2.b. Training. The EAP shall include any necessary training for any person designated as responsible for any portion of the implementation of the EAP. Training may be in person or online, as may be available to the school.

15.2.c. Protocol for summoning emergency medical assistance. The EAP shall discuss how the school's sports teams will assign responsibility for summoning emergency medical assistance in the case of an emergency during a practice or event.

15.2.d. Protocol for beginning Cardiopulmonary Resuscitation (CPR). The EAP shall discuss how the school's sports teams will assign responsibility for beginning CPR in the event it is necessary. Each sports team must have individuals trained in CPR. The school shall provide proper training to any individual assigned responsibility for performing CPR.

15.2.e. Requirement for Automated External Defibrillator (AED); Protocol for the use of AED. Each member school will have an AED on the school or event grounds during the duration of all athletic events and practices. The EAP must address how the school's sports teams will assign responsibility for retrieving and using an AED in the event it is necessary. Each sports team must be instructed on the location of the nearest AED to any practice or event facility. The school shall provide proper training to any individual assigned responsibility for using an AED. (2021-22)

15.2.f. Protocol for the treatment of heat stroke. The EAP must address how the school's sports teams will prepare for and treat heat stroke. Each sports team that practices outdoors is recommended to have available an emersion tub, and must have water, ice, and towels, to be used for the treatment of heat stroke. The EAP must address how the school's sports teams will assign responsibility for obtaining these items and preparing them before a practice or game begins.

15.2.g. Written records. The EAP shall require that each of the school's sports teams assign responsibility for the items discussed above at the beginning of each season, and record those assignments on a written record, which record shall be retained by the sports team and the school.

15.2.h. Symptoms and risk factors for sudden cardiac arrest. The EAP shall require that schools train athletes, coaches, and volunteers about the symptoms and risk factors for sudden cardiac arrest.

15.2.i. Coordination with local Emergency Medical Systems. The EAP shall require that schools coordinate with their local Emergency Medical Services (EMS) personnel, notifying EMS personnel of the availability of AEDs at the school, and notifying EMS personnel of the EAP adopted by the school.

15.2.j. Follow up retraining. The EAP shall require that school sports teams that respond to an emergency incident meet to discuss their response after the incident has passed. Discussion shall center on the team's response to the incident, areas for improvement, and retraining that may be necessary, and any counseling that may be required for the individuals involved.

15.3. Schools may, but are not required to adopt the Anyone Can Save a Life Program (available at www.anyonecansavealife.org), which meets all of the requirements of this rule, to be implemented as that schools EAP in compliance with this rule.

15.4. Each EAP adopted pursuant to this rule shall be provided to the county board of education, and shall be retained by the county board of education until the EAP is superseded by a revised EAP.