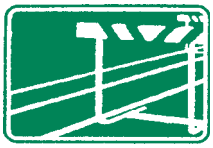
The Interscholastic



Spring Sports

SSAC

Featured In This Issue:

Baseball Program

Softball Program

Tennis Program

Track Program

NATIONAL FEDERATION STATE HIGH SCHOOL ASSOCIATIONS

February 2021

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* * * * * * * * *

REGIONAL DEPUTY DIRECTORS

REGION 1
Meredith Dailer ..... Wheeling Park High School
REGION 2
Dottie Smith ..... Wirt County High School
REGION 3
Matt DeMotto ..... Bridgeport High School
REGION 4
Holly Kloeppner ..... Musselman High School
REGION 5
Eddie Vincent .. Buckhannon-Upshur High School
REGION 6
Rocky Powell ..... Woodrow Wilson High School
REGION 7
Amy Robertson ..... Greenbrier West High School
REGION 8
Anna Lilly ..... PikeView High School
REGION 9
PE McClanahan ..... Hurricane High School
REGION 10
Brent Jarrell ..... Barboursville Middle School

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TOURNAMENT SITE PROPOSALS

The WVSSAC is soliciting written proposals from schools and cities interested in hosting state tournaments. Contact the WVSSAC office for proposal deadlines.

Sport	Present Location	Next Open Date
Baseball	Charleston	2021
Basketball (Boys & Girls)	Charleston	2020
Cheerleading	Huntington	2023
Cross Country	Ona	2020
Football	Wheeling	2020
Golf	Wheeling	2020
Soccer	Beckley	2020
Softball	South Charleston	2023
Swimming	Morgantown	2023
Tennis	Charleston	2020
Track	Charleston	2020
Volleyball	Charleston	2022
Wrestling	Huntington	2021

Proposals should include:

* Facility description (number of seats, public address system, locker rooms, concessions, display room for banners, hospitality, etc.,)
* Lodging and restaurant facilities
* Transportation
* Proposed budget

Information on proposals should be directed to Executive Director Bernie Dolan at 304-485-5494.

Your WVSSAC Administrators

Bernie Dolan
Executive Director

Greg Reed

Wayne Ryan

Dr. Cindy Daniel

- - - - - - - - - - - - - Assistant Executive Directors - - - - - - - - - - - - -

PE McClanahan Appointed to Deputy Board

Mr. PE McClanahan, Principal, Hurricane High School, was appointed to serve on the Deputy Board to represent Region 9.

He was born in South Charleston, WV and graduated from Nitro High School in 1998. He is a graduate of the University of Charleston where he played baseball.

He is the past president of the Kanawha Southern Basketball (2018) and Kanawha Southern Baseball (2017) Officials Associations. He was the WVSSAC Baseball rules clinician in 2018. He was the baseball coach at Poca High (04-08), as well as the assistant basketball coach in 2010. He has been the Assistant Principal at Sissonville Middle, St. Albans High, and the Principal of South Charleston High School.

Mr. McClanahan and his wife Bethany are the proud parents of their 3 year old daughter, Grier. PE's father, Paul, is the retired principal of Nitro High School where he served for 29 years. His mother is a retired teacher and his brother, Drew, works at the WVDE.

We are pleased to have Mr. McClanahan serve on our Deputy Board at the West Virginia Secondary School Activities Commission.

****

REGIONAL BAND FESTIVALS – 2021

Region 1 – Hancock, Ohio, Brooke, Marshall, Wetzel, and Tyler
Location: John Marshall High School
Date: **April 20, 21, 2021**
Director: Ms. Debra Price, Bandmaster
John Marshall High School
1300 Wheeling Avenue
Glen Dale, WV 26038
E-mail: debra.price@k12.wv.us

Region 2 – Doddridge, Ritchie, Wood, Gilmer, Wirt, Calhoun, Roane, Jackson, Mason, and Pleasants
Location: Ripley High School
Date: **April 21, 22, 2021**
Director: Mr. Eric Staats, Bandmaster
Ripley High School
2 School Street
Ripley, WV 25271
E-mail: edstaats@k12.wv.us

Region 3 – Putnam, Cabell, and Wayne
Location: Cabell Midland High School
Date: **April 14, 15, 16, 2021**
Director: Mr. Tim James, Bandmaster
Cabell Midland High School
2300 Route 60
Ona, WV 25545
E-mail: trjames@k12.wv.us

Region 4 – Kanawha
Location: Capital High School
Date: **March 31 and April 1, 2021**
Director: Ms. Meleah Fisher, Bandmaster Herbert Hoover HS
Herbert Hoover High School
5096 Elk River Rd. North
Elkview, WV 25071
E-mail: mfisher@mail.kana.k12.wv.us

Region 5 – Lincoln, Boone, Logan, Mingo, and Clay
Location: Chapmanville Regional High School
Date: **April 20, 21, 2021 (Tentative)**
Director: Ms. Robin Bailey, Bandmaster
Chapmanville Regional High School
200 Vance Street
Chapmanville, WV 25508
E-mail: robin.bailey@k12.wv.us

Region 6 – Wyoming, McDowell, Mercer, and Monroe
Location: Princeton High School
Date: **April 1, 2021**
Director: Ms. Julia Kade, Bandmaster
Chuck Mathena Center
#2 Stafford Commons
Princeton, WV 24740
E-mail: jkade@suddenlink.net

Region 7 – Fayette, Raleigh, Summers, Greenbrier, and Nicholas
Location: Woodrow Wilson High School
Date: **April 21, 22, 2021**
Director: Mr. William Bailey, Bandmaster
194 Oak Leaf Trail
Mount Hope, WV 25880
E-mail: whbailey49@gmail.com

Region 8 – Tucker, Barbour, Lewis, Upshur, Randolph, Pocahontas, Webster, and Braxton
Location: Philip Barbour High School
Date: **TBD**
Director: Mr. Victor Iapalucci, Bandmaster
Philip Barbour High School
99 Horseshoe Drive
Philippi, WV 26416
E-mail: viapaluc@k12.wv.us

Region 9 – Pendleton, Hardy, Grant, Mineral, Hampshire, Morgan, Berkeley, and Jefferson
Location: Musselman High School
Date: **March 18, 19, 2021**
Director: Mr. Michael Knepper, Bandmaster
Musselman High School
126 Excellence Way
Inwood, WV 25428
E-mail: mknepper@k12.wv.us

Region 10 –Preston, Monongalia, Marion, Taylor, and Harrison
Location: Bridgeport High School/Robert C Byrd High School
Date: **April 21, 22, 2021**
Director: Mr. Michael Ford
144 Virginia Street
Jane Lew, WV 26378
E-mail: musicmakers07@aol.com

BAND ADJUDICATORS

Adjudicators for Regional Band Festivals can be found on the WVSSAC website.
The WVSSAC website can be found at **www.wvssac.org.** At the top of the page, Click on **School Resources,** then click on **Band** in the drop down box. Then click on **Adjudicators**.

2021 Baseball Program

ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms or reports that must be filed with the WVSSAC office and the instructions for each sport are in the Director's Manual.

The following items were discussed and recommended by the Coaches' Baseball Committee for approval by the Board of Directors:

2021 Baseball Dates		
Season Begins	Week 37	March 15
First Contest	Week 41	April 12
Sectional	Weeks 48 - 49	May 31-June 12
Regional	Week 50	June 14-19
State	Week 51	June 24-26
Middle School Dates		
Season Starts	Week 38	March 22
First Contest	Week 41	April 12
Season Ends	Week 48	June 5

I. GENERAL INFORMATION

A. The Speed-up Rule will be used as it relates to runners. This privilege will be optional to each coach.

1. A courtesy runner may be used for the pitcher and/or catcher. The same runner may not be used for both positions. Neither the pitcher nor the catcher will be required to leave the game under such circumstances.
2. Players who have participated in the game in any other capacity are ineligible to serve as courtesy runners. A player may not run as a courtesy runner for the pitcher or the catcher and then be used as a runner or batter for another player in that half inning.

B. Team uniforms should conform to Rule 1-4-1-2-3-4, National Federation Baseball Rules Book. Teams purchasing new uniforms should be aware of the rule that relates to numbering and size of numbers.

C. All varsity, junior varsity and middle school contests must use WVSSAC registered officials.

D. Any high school player or coach who is ejected from a contest must sit out the next three scheduled contests at that level and all other contests in the interim. Middle school ejections result in a two game suspension.

E. Remember that it is mandatory for players to use the NOCSAE approved batting helmet and NOCSAE approved catcher's headgear. Refer to Rule 1-5-1-2-3-4-5 of the National Federation Baseball Rules Book.

F. **The Spalding TF-Pro is the official baseball adopted by the WVSSAC.** It will be used in all Sectional, Regional and State Tournament play. All baseballs used during games must have the National Federation Authenticating Mark.

G. High school varsity coaches are reminded to rate game officials and send the report to the WVSSAC office at mid-season and at the end of the season.

H. Use of Tobacco: The use of tobacco or tobacco-like products is prohibited by officials, coaches, players, and team attendants during a contest. A player or coach detected using tobacco will be ejected and will not be allowed to re-enter. They will also sit out the next three regularly scheduled games.

I. Points of Emphasis:

1. **All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**
2. Sportsmanship of Coaches, Players and Fans-Always remember the importance of sportsmanship to the game.
3. Coach's Uniform-Coaches **must** be in the same uniform as the players, however, coaches will be allowed to wear pullover or jacket in school colors. Coaches occupying coaching boxes must be in the same color jacket (if wearing a jacket).
4. Only coaches, players or eligible substitutes in proper uniform may occupy the coaching box.
5. Officials should submit a Special Report when a safety situation is discovered at a playing field.
6. The same baseball, type and brand name, must be used for the entire game.

J. Pregame Warm-up Procedures

The following are recommended warm-up procedures for the regular season, sectional, and regional games.

1. When the visiting team arrives at the game field, the home team will immediately begin its infield practice (not to exceed 15 minutes).
2. When the home team has completed its pregame infield practice, the visiting team will begin its infield practice (not to exceed 15 minutes).
3. Following the completion of pregame infield practice by both teams, the game umpires will meet at home plate with representatives from both teams (head coaches and/or captains) to discuss ground rules and present each team's starting line-up and batting order no later than 5 minutes before game time.

   This specific procedure will hopefully encourage schools to be ready to "play ball" when game time arrives and to stipulate a procedure of pregame warm-up when it is obvious the game will not begin on schedule because of a late arriving visiting team or potential gamesmanship by coaches.
4. The pitcher is not allowed to throw warm-up pitches to the plate during infield practice.

K. Bats

Bats that are altered from the manufacturer's original design and production, or that do not meet the rule specifications, are illegal. No artificial or intentional means shall be used to control the temperature of the bat. No foreign substance may be inserted into the bat. Bats that are broken, cracked or dented or that deface the ball, i.e., tear the ball, shall be removed without penalty. A bat that continually discolors the ball may be removed from the game with no penalty at the discretion of the umpire.

II. RULES AND REGULATIONS:

WVSSAC Pitch Count Required Days of Rest (Pitches)

Age	Maximum	0 days	1-Day	2-Days	3-Days	4-Days
HS	110	1-30	31-50	51-75	76-110	-------
MS	95	1-25	26-40	41-55	56-70	71+

1. The pitch count is based on the number of pitches thrown to batters during the batter's time at bat. Warm up pitches allowed before the game, in between innings or allowed by the umpire in case of injury or game delay do not count. Additionally, intentional walks and balks do not count towards the total number of pitches thrown.
2. When the pitcher reaches 110 pitches, he may not pitch to another batter. He may only finish pitching to the current batter (at bat).
3. No player can pitch four (4) consecutive days.
4. The pitching rule applies even though a game is called (ended) by the umpire because of darkness, rain or some other factor before it has become an official game.

5. Game officials are not responsible for enforcing the pitch count rule. Schools should report violations to the WVSSAC office following competition.
6. Violations will be considered in the same manner as a school using an ineligible player. The minimum penalty for such violations is forfeiture of the game. Additional penalties could also apply such as, but not limited to, head coach suspension, program probation determined by the WVSSAC office.
7. Recording/Charting pitches:

   All schools will use the Gamechanger App to record pitches. Any discrepancies will be resolved by Gamechanger. If a school fails to use Gamechanger, the school using Gamechanger will be used as the final count.

8. Games that extend past midnight will be considered a continuation of same day and will not count as a new calendar day. A new day is defined as beginning at sunrise.

B. Ending a Game:

1. The ten (10) run rule will be in effect for all season games including all tournament games.
2. All tournament games will be seven (7) innings except when the ten (10) run rule is in effect. Tournament games stopped because of rain, lightning, etc., will be resumed at the point of interruption and continue for the regulation seven (7) innings. The suspended game rule may be used during regular season by mutual agreement of both coaches unless required by league rules to continue suspended games.
3. **By mutual agreement of both participating coaches prior to the start of the junior-varsity game, a J.V. game may be less than seven (7) innings.**
4. **In games involving middle school baseball teams, a single contest will be seven (7) innings. If playing a doubleheader, one game will be seven (7) innings and one will be five (5) innings. In a seven (7) inning game, the ten (10) run rule will be in effect following the fifth (5th) inning. In a five (5) inning game, a twelve (12) run rule will be in effect following the third (3rd) inning. No suspended games will be allowed should a game be terminated because of darkness or weather.**

III. TOURNAMENTS

A. SECTIONAL TOURNAMENT (May 31 -June 12, 2021)

1. The principal or his/her designate of the school appearing in **BOLD FACE** in each section is asked to call a meeting of school representatives in his/her section to select tournament director, officials, etc. All games will be played at higher seed. The meeting should take place no later than Friday of Week 44 (May 3).
2. Sections with 5 or more teams must begin on May 31, 2021.
   Sections with 4 teams must begin on June 1, 2021.
   Sections with 3 teams must begin on June 2, 2021.
3. All Sectionals must be completed by Saturday, Week 49 - June 12, 2021.
4. **All games must be played on consecutive days (weather permitting) once the tournament begins.**
5. Sectionals must be double elimination.
6. **Seeding Procedure for Sectional and Regional Tournaments**
   a. Ballots will be faxed and emailed to each school by Friday, May 21, 2021.
   b. Ballots will include the names of all schools in the Region. They must be returned to the WVSSAC office by noon on Tuesday, May 25, 2021.
   c. Coaches will rate all schools in sections 1 and 2. Do not vote for your own team!
   d. The WVSSAC and the schools will separate the schools into appropriate brackets involving teams in Section 1 and Section 2.
   e. Each school will have one of the highest and lowest ratings eliminated.
   f. Principal and Head Coach must sign the ballot before returning to the WVSSAC.
   g. If two or more teams are tied, the following criteria will be used to resolve the tie:
      1. Head to Head Competition
      2. Total Number of Wins in Classification or Above
      3. Total Number of Wins
      4. Toss of Coin
7. If a winner cannot be determined by Saturday, June 19, 2021, the tournament winner will be determined by reverting to a single elimination format.
8. Tournament Directors are also reminded to use only Class I and II officials and to file pre-tournament pairings, post-tournament results, and financial statements with the WVSSAC. Forms may be found in the Director's Manual.
9. The official party for reimbursement is twenty (20). However, a total of twenty-five (25) may be in the dugout. Sectional and Regional Directors are to enforce this rule.
10. The West Virginia Secondary School Activities Commission will provide each Sectional and Regional winner with a championship plaque at no charge for 2020.

Class AAA (Sectionals)

Region I

Section 1 **Brooke,** John Marshall, Morgantown, Wheeling Park

Section 2 Bridgeport, Buckhannon-Upshur, Preston, **University**

Region II

Section 1 Hedgesville, Martinsburg, Musselman, **Spring Mills**

Section 2 **Hampshire,** Jefferson, Washington

Region III

Section 1 Capital, George Washington, Riverside, South Charleston, **St. Albans**

Section 2 Greenbrier East, Oak Hill, Princeton, **Woodrow Wilson**

Region IV

Section 1 Cabell Midland, Huntington, Lincoln County, **Spring Valley**

Section 2 Hurricane, **Parkersburg**, Parkersburg South, Ripley

AA

Region I

Section 1 East Fairmont, Fairmont Senior, North Marion, **Oak Glen**, Weir

Section 2 Berkeley Springs, Frankfort, Grafton, **Keyser**

Region II

Section 1 Elkins, Liberty H, **Lincoln,** Philip Barbour, Robert C Byrd

Section 2 Braxton County, Clay County, Herbert Hoover, **Lewis County,** Roane County

Region III

Section 1 Bluefield, **Pikeview**, Westside, Wyoming East

Section 2 Independence, Liberty R, Nicholas County, **Shady Spring**

Region IV

Section 1 Nitro, Poca, Point Pleasant, **Sissonville**, Winfield

Section2 **Chapmanville Regional**, Logan, Mingo Central, Scott, Wayne

A

Region I

Section 1 Cameron, Hundred, **Madonna**, Magnolia, Paden City, Valley, Wheeling Central

Section 2 Parkersburg Catholic, Ritchie County, **St. Mary's,** Tyler Consolidated, Williamstown, Wood County Christian

Region II

Section 1 Clay-Battelle, **Doddridge County,** Gilmer County, Notre Dame, South Harrison, Trinity Christian, Tygarts Valley

Section 2 East Hardy, Moorefield, Paw Paw, **Pendleton County,** Petersburg, Tucker County, Union,

Region III

Section 1 Greater Beckley Christian, **James Monroe**, Montcalm, Mount View, River View, Summers County

Section 2 Charleston Catholic, **Greenbrier West,** Meadow Bridge, Midland Trail, Pocahontas County, Richwood, Webster County

Region IV

Section 1 Buffalo, **Man,** Sherman, St. Joseph Central, Tolsia, Tug Valley, Van

Section 2 Calhoun County, Gilmer County, Hannan, Ravenswood, Wahama, **Wirt County**

B. REGIONAL TOURNAMENT (June 14-19, 2021)

1. The Regional Director will select umpires for all regional games. Umpires are to be Class I or II. Directors should cooperate with participating schools for selection of umpires; however, the final decision will be made by the Regional Director.
2. The WVSSAC will provide each region with a championship plaque.
3. The Regional Director is responsible for the entire game management and filing financial reports with WVSSAC.
4. Participating schools and officials shall receive proper and adequate notice of any change in scheduling.
5. The Regional Director shall purchase six (6) Spalding TF-Pro baseballs per game. The expense will be charged against the tournament proceeds. Baseballs will be divided between the participating schools after the game.
6. Finances - A financial report will be prepared for each regional game. Profit or loss should be shared by the teams in each game.

   Ticket Prices: Adult $6.00, Student $5.00
7. Changes in game sites and times - If changes occur, officials that were originally assigned must be given first consideration to work the rescheduled contest.

a. A second ballot will be sent to the schools who have advanced to the Regional Tournament. These ballots will be sued to seed the State Tournament.

b. Ballots will be sent Friday, June 11, 2021 by fax and email and due back to the WVSSAC by noon on Tuesday, June 15, 2021.

c. The Regional Tournament is a best 2 of 3 series.

d. The highest seed from the initial ballot will host games 1 and 3 (if necessary).

e. The Regional Tournament must begin on Monday, June 14 if Sectional Tournament is Completed on or before Thursday, June 10, 2021. Regional Tournament must begin on Tuesday, June 15, 2021 if Sectional Tournament not completed by Thursday, June 10, 2021.

C. STATE TOURNAMENT (June 24 - June 26, 2021)

The State Tournament will be held at Appalachian Power Park, Charleston, West Virginia. Participating schools should refer to Reimbursement Schedule 2018-2019 for expense schedule.

Ticket Prices: Adult $10.00 Student $7.00 Book Tickets $30.00

The class that plays on the first day of the tournament will rotate:

2020 - Class A

2021 - Class AAA

2022 - Class AA

2023 - Class A

Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

Sponsorship and Rights: The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing,

souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

(* Home Team)

1st Session

Thursday June 24 - 4:30 p.m. - AAA #1 seed vs #4 seed

June 24 - 50 min. after Game 1 AAA #2 seed vs #3 seed

2nd Session

Friday June 25 - 10:00 a.m. - AA #1 seed vs #4 seed

June 25 - 50 min. after Game 1 - AA #2 seed vs. #3 seed

3rd Session

Friday June 25 - 5:00 p.m. - A- #1 seed vs #4 seed

June 25 - 50 min. after Game 1 - A #2 seed vs #3 seed

4th Session

Saturday June 26 - 10:00 a.m.

AAA Finals - Game 1 - Home Team

45 minutes following award presentation

AA Finals - Game 1 - Home Team

45 minutes following award presentation

A Finals - Game 1 - Home Team

Awards

SECTIONAL TOURNAMENT - Team Championship (WVSSAC will provide a plaque).

REGIONAL TOURNAMENT - Team Championship (WVSSAC will provide a plaque).

STATE TOURNAMENT - Team: Championship (each class)

Runner-up (each class)

Individual: Championship - 20 (each class)

Runner-up - 20 (each class)

All Tournament - 10 (each class)

The tournament director will select a committee to choose at least one person from each participating school for the All Tournament team.

2019-20 Baseball Champions

No Baseball in 2019-2020 due to COVID-19

2021 Baseball Rules Clinics

SCHOOLS: There will not be face to face clinics. A video link will be sent to all schools and boards. All coaches and officials will be required to watch the video and confirm that it was viewed.

Requests for baseball rule interpretations or explanations should be directed to the state association responsible for administering and conducting the high school baseball programs in your state. The National Federation will assist in answering rules questions from state associations whenever called upon.

2020 MAJOR BASEBALL RULE REVISIONS

3-1-4: Designated Hitter (DH) can be used in two ways. The DH can be listed as the tenth starter replacing one of the other nine players when it is their turn to bat. The other method is that any one of the starting defensive players can be their own DH (in effect having two positions) within the confines of the rule requirements.

Rationale: This rule change assists coaches with an alternative to keep their better players in the game to contribute to the offensive output of the team and give another player a chance to participate on defense. In addition, considering the pitch count rules, this change would help pitchers to keep their bat in the game, but can come out of the game defensively to protect their arms from overuse.

2020 BASEBALL EDITORIAL CHANGES

1-3-2B1, 3-1-1, 4-1-3B, 4-2-2, 5-1-1F5, 7-4-1, 8-3-3C, Dead Ball and Delayed Dead Ball Table, Baserunning Awards Table and Rules by State Association Adoption

2020 Baseball Points of Emphasis

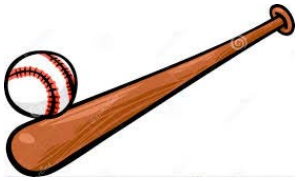
Game Ending Procedures

Player/Designated Hitter

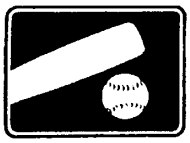
Proper Pitching Positions

Force Play Slide Rule

There were no revisions made for 2021.



2021 Girls' Softball Program



ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT.

2021 High School Softball Dates

Season Starts	**Mon. of Wk. 37**	**March 15**
1st Contest Held	**Wed. of Wk. 41**	**April 12**
Sectional	**Week 48-49**	**May 31-June 12**
Regional	**Week 50**	**June 14-19**
State	**Week 51**	**June 22-23**

I. GENERAL INFORMATION

A. The The NFHS Dudley Thunder Heat Softball yellow optic red stitch raised ball is the official state ball. This ball is required for all levels (sectional, regional, and state) of the tournament structure.

The ball must display the COR .47, NF authenticating mark, and the compression of 375 lbs.

B. The state tournament will be played on turf fields. Turf fields are allowed for both regular and post season play.

C. Use of Tobacco: The use of tobacco or tobacco-like products is prohibited by officials, coaches, players, and team attendants during a contest. A player or coach detected using tobacco will be ejected from the contest.

D. It is strongly recommended that the coach be attired in the same uniform as the team. If the coach is not attired in the team uniform, he/she must be attired in clothing of the school colors, white, black, gray or khaki. Coaches are allowed to wear jerseys/coaching shirts, coaching shorts/slacks or warm-up suits provided the clothing is of the school colors or white, black, gray or khaki. It is further required that the jersey/coaching shirt reflect the school name and/or logo. Cut-offs, fleece, or any type of jeans of any color are prohibited. Coaches for each team are not required to be in identical dress; however, each coach must comply with the regulations (colors, logo, etc.,).

E. For regular season games to avoid unnessary delay of the scheduled start time, it is recommended that the home team warmup first.

F. The WVSSAC Board of Directors has approved that all temporary body markings and face paint must be removed. Permanent body markings must be covered if the game official determines the marking is objectionable. Note: This is an official's determination and is not protestable. This includes Eye Black - It must be worn as intended only directly under the eye.

G. All sectional and regional receipts or expenses shall be shared by participating schools.

II. RULES AND REGULATIONS

A. Fast pitch rules will be used for all middle and high school programs.

B. The Maximum Team and Player Contests for high school is 32 games exclusive of sectional, regional, and state contests. Four innings or less played in a JV contest will not count toward the individual game total maximums.

C. Middle school teams and players may play 18 games including tournaments sanctioned by the WVSSAC. Middle School varsity teams must play 7 inning games. Note that the 15 and 8 run rules also remain in effect. Four innings or less played in a JV contest will not count toward the individual game total maximums.

D. **At all school levels (middle school or high school), subvarsity games may be limited to 1 hour 30 minutes (provided the inning has been completed) or 7 innings or conclusion of the game -** See Game Rules (Tie Breaker). The choice of these two game ending procedures must be determined by the coaches prior to the start of the game. This decision is to be communicated to the officials at the **pre-game conference**. If coaches cannot reach agreement, the game will be seven innings. Note that the 15 and 8 run rules would also remain in effect.

E. Players' Uniforms: The following are points of emphasis in addition to the regulations specified in the National Federation Softball Rules Book:

1. All helmets shall have a permanently affixed Manufacturer Certified NOCSAE Stamp (Rule 1-6-1). Also, all helmets shall be equipped with NOCSAE approved face protector (Rule 1-6-6).
2. Players' uniforms are to be worn as manufactured. Example - shirts must be tucked in and sleeves not rolled up.
3. **Players' shirts - All shirts must be tucked in. If the shirt comes out during play, players are to correct at the next opportune time. Failure to do so will result in a team warning. On the next occurrence, the player will be restricted to the dugout.**

F. Game Rules: The National Federation Softball Rules will govern all play. In addition, the following rules are emphasized:

1. Rule 4-2-2 - Game ending procedure - after 4 1/2 or 5 innings if one team is ahead by eight (8) runs. This will be in effect for all regular season games and all tournament play.
2. A 15 run rule after 3 innings and before 4 1/2 innings will be in effect for regular season play only.
3. International Tie Breaker - The Tie Breaker may only be used in **regular season** and at the beginning of the 8th inning; **however, there must be mutual consent of both coaches before the game begins.** If there is not mutual consent, the Tie Breaker may not be used.

   National Federation Rule 4-2-6: While using the tie-breaker, each half-inning begins by placing a runner on second base. That runner is the player in the batting order who precedes the lead off batter in that inning. Then the game proceeds a full inning or until a winner is determined in that inning.
4. All post season games will be played under suspended game rules. A suspended game is a game to be completed at a later date. Tournament games stopped because of rain, lightning, etc., will be resumed at the point of interruption and continue for the regulation seven (7) innings; the eight (8) run rule will be in effect for sectional, regional, and state tournament play.
5. During Regular Season, Suspended Games rule may be used if coaches mutually agree prior to the start of the game.
6. Game Ending Procedures for Invitational Tournaments: The option to use hour and a half or 5 inning game ending procedure will be determined by the Tournament Director and participating schools should be notified.
7. Pitching Rule: No pitcher shall pitch more than fourteen (14) innings in any one (1) day period. One (1) pitch is considered an inning pitched. Games that extend past midnight will be considered a continuation of same day and will not count as a new calendar day. A new day is defined as beginning at sunrise. There is no "lay over" regulation for softball pitchers. If the

rule is violated, the head coach will be suspended for the next three (3) games and the pitcher will not be allowed to pitch in the next three (3) games. However, she may play another position during those three games.

8. A courtesy runner for the pitcher or catcher may be used.

III. POINTS OF EMPHASIS

A. All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.

B. Schools must use WVSSAC registered officials for all softball contests.

C. At the pre-game conference, officials are to give each head coach an officials' introductory card indicating the officials' names and registration numbers. It is important that officials also sign the scorebook. At that time, game ending procedures should be agreed upon.

D. Coaches are reminded that good sportsmanship must be emphasized and practiced at all times by coaches, players, and spectators. If a coach or player is ejected from a contest, coaches should refer to WVSSAC Rule 127-4-3 Code for Interscholastic Athletics. In clarification, when a coach is ejected, he/she is required to leave the vicinity and is not allowed to coach at the next three played contests at that level. At the next three played contests, the coach is not allowed to have any contact with the team. This includes warming up the team or representing the team by wearing the team uniform to the game. He/she must be out of sight and sound.

E. Coaches are to review the Non-School Participation Rule with all players.

F. **Double First Base** may be used for regular season games only and the home school should notify visitors when it is being used.

G. NFHS Pitching Distance for Middle School and High School is 43 feet.

IV. TOURNAMENTS

Tournament Play - Each team is permitted a maximum roster of eighteen (18) players whose names shall be submitted to the tournament director prior to participation at each level of tournament play. **Therefore, only 18 players may dress**. Each team shall be allowed a maximum of twenty-two (22) team personnel in the dugout or on the bench.

Ticket prices for each session of tournament games are as follows:

1.	Sectional:	local option	
2.	Regional:	Adults - $7.00	Students - $5.00
3.	State:	Adults - $10.00	Students - $7.00
4.	All Session	Adults - $35.00	Students - $25.00

Awards:

A. Sectional: WVSSAC Championship Plaque - The plaque is mailed to the school whose name appears in **BOLD FACE** print.

B. Regional: WVSSAC Championship Plaque

C. State (for each class):

1. Team: Championship Trophy
   Runner-up Trophy
2. Individual: Champion (20)
   Runner-up (20)
3. All Tournament (10) Plaques
4. Sportsmanship Plaque

A. SECTIONAL TOURNAMENT

If there are 4 or more teams in your section, you must begin play on Tuesday, June 1st. Less than 4 teams must begin no later than Wednesday, **June 2nd.** Exception: Schools may choose to begin sectional play on Monday, **May 31st**.

The games must be played on consecutive days once the tournament is started (weather permitting) and reverts to single elimination if not completed by rain date.

1. The school appearing in **BOLD FACE** will serve as temporary chairman of each sectional and as such will be responsible for calling a meeting by **April 23rd**. **Before any games have been played, it is recommended that a school administrator (principal, assistant principal, athletic director) attend the sectional seeding meeting with the coach.** Site, pairings, selection of tournament director, dates, times, officials, awards, etc., shall be established at this meeting. Sectional tournament teams shall be seeded; therefore, it is recommended that teams play all other teams in their section. Sectional tournament play may be single or double elimination. However, the Softball Coaches' Committee has made the following changes to the tournament structure.
   a. It is recommended that the sectional tournament be double elimination.
   b. The "best" team should receive a "bye". The "best" team should be determined by using the following criteria:
      1) Head to head sectional
      2) Regional
      3) Overall record

      Double Headers are recommended, but not required, to reduce travel.

      The determination of home/visitor team and dug out assignments shall be made at the sectional meeting. For all tournament play, the home team dugout shall be the dugout on the first base line. The "bye" team shall be the home team.
   c. At the sectional meeting, coaches shall reach **simple majority** decisions concerning the tournament format. Once the format has been established, **there is no change**. The WVSSAC office prefers that coaches/schools in each section reach agreement without intervention from this office. Intervention from this office is a last resort.
2. Tournament Directors are to submit the Sectional Softball Tournament Form Sb1 by **May 7**.
3. Registered Class I or II officials must be used.
4. Sectional winners are to send team picture, roster, and team record to Katelyn Enoch at the WVSSAC office. The roster form to be completed for the state tournament souvenir program is included in the Coach's Packet.
5. Tournament Directors are to submit the Sectional Softball Financial Report Form Sb2 upon conclusion.

B. REGIONAL TOURNAMENT - Host site will be home team.

1. Regional Directors will be responsible for selecting time and officials and for notifying participating schools. The Softball Coaches' Committee recommends the use of four person officiating crews.
2. Regional Tournament play is double elimination.
3. Registered Class I or II officials are to be used.
4. Regional Host site will rotate from Section 1 to Section 2. Section 2 - 2021, Section 1 - 2022

5. Game 1 will be played at Host school
   Game 2 will be played at Visitor school
   Game 3 will return to Host school
6. Tournament Directors are to submit the Regional Softball Financial Report Form Sb4 **upon conclusion.**

The games must be played on consecutive days once the tournament is started (weather permitting) and reverts to single elimination if not completed by rain date.

C. STATE TOURNAMENT (June 22-23, 2021)

1. The State Tournament will be held at the Little Creek Park in South Charleston, WV. The tournament will be a two (2) day double elimination championship.
2. ~~WVSSAC reimbursement for teams in the state tournament will be for a maximum of twenty (20) including players, managers, and coaches.~~
3. The playing schedule for the three classes will rotate yearly.
4. Four person officiating crews will be used.
5. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.
6. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.
7. A coin flip will be used to determine the home team for all games except game 6.

Sectional / Regional Alignment

AAA

Region I

Section 1 **Brooke,** John Marshall, Morgantown, Wheeling Park
Section 2 Bridgeport, Buckhannon-Upshur, Preston, **University**

Region II

Section 1 Hedgesville, Martinsburg, Musselman, **Spring Mills**
Section 2 **Hampshire**, Jefferson, Washington

Region III

Section 1 Capital, George Washington, Riverside, South Charleston, **St. Albans**
Section 2 Greenbrier East, Oak Hill, Princeton, **Woodrow Wilson**

Region IV

Section 1 Cabell Midland, Huntington, Lincoln County, **Spring Valley**
Section2 Hurricane, **Parkersburg**, Parkersburg South, Ripley

AA

Region I

Section 1 East Fairmont, Fairmont Senior, North Marion, **Oak Glen**, Weir
Section 2 Berkeley Springs, Frankfort, Grafton, **Keyser**

Region II

Section 1 Elkins, Liberty H, **Lincoln**, Philip Barbour, Robert C Byrd
Section 2 Braxton County, Clay County, Herbert Hoover, **Lewis County,** Roane County

Region III

Section 1 Bluefield, **Pike View**, Wyoming East, Westside
Section 2 Independence, Liberty R, Nicholas County, **Shady Spring**

Region IV

Section 1 Nitro, Poca, Point Pleasant, **Sissonville**, Winfield
Section2 **Chapmanville Regional**, Logan, Mingo Central, Scott, Wayne

A

Region I

Section 1 Cameron, Hundred, **Madonna,** Magnolia, Paden City, Valley, Wheeling Central
Section 2 Parkersburg Catholic, Ritchie County, **St. Mary's,** Tyler Consolidated, Williamstown, Wood County Christian

Region II

Section 1 East Hardy, Moorefield, Paw Paw, **Pendleton County**, Petersburg, Tucker County, Union
Section 2 Clay-Battelle, **Doddridge County**, Harmon, Notre Dame, South Harrison, Trinity Christian, Tygarts Valley

Region III

Section 1 Greater Beckley Christian, **James Monroe**, Montcalm, Mount View, River View, Summers County
Section 2 Charleston Catholic, **Greenbrier West**, Meadow Bridge, Midland Trail, Pocahontas County, Richwood, Webster

Region IV

Section 1 Buffalo, **Man**, Sherman, St. Joseph Central, Tolsia, Tug Valley, Van
Section 2 Calhoun County, Gilmer County, Hannan, Ravenswood, Wahama, **Wirt County**

Softball Regional Tournament

The Softball Coaches' Advisory Committee recommended to the Board of Directors and was adopted winner of Section 2 will secure umpires for the entire regional tournament.

2020-2021 Season - Class A, AA, AAA

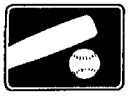
1. **Section 2 winner will host regional Game 1**
2. **Section 1 winner will host regional Game 2**
3. **Section 2 will host Game 3**

State Softball Tournament

***Note:** Home Team will be determined by a coin flip for all games except game 6.

Game 1: Region 1 vs. Region 3
Game 2: Region 4 vs. Region 2
Game 3: Loser Game 1 vs. Loser Game 2
Game 4: Winner Game 1 vs. Winner Game 2
Game 5: Winner Game 3 vs. Loser Game 4

State Softball Tournament Rotation



2022	2023	2024	2025	2026
1 - 2	1 - 4	1 - 3	1 - 2	1 - 4
4 - 3	3 - 2	2 - 4	4 - 3	3 - 2

Tuesday, June 22

***NOTE: Admission will be charged for each session.**

Session I Rock Field One (AA) Rock Field Two (AAA) Craft Field Three (A)

9:30 am ---------- Game 1
9:45 am --------- Game 1
10:00 pm ---------- Game 1

Game 2 will begin 30 minutes after completion of Game 1.

Session II

4:30 pm ---------- Game 3
4:45 pm --------- Game 3
5:00 pm ---------- Game 3

Game 4 will begin 30 minutes after completion of Game 3.

Wednesday, June 23

Session I Rock Field One (AA) Rock Field Two (AAA) Craft Field Three (A)

9:30 am ---------- Game 5
9:45 am --------- Game 5
10:00 am ---------- Game 5

Session II Championship Game(s)

2:00 pm	**AA**	**Championship**	**Field 1**
2:15 pm	**AAA**	**Championship**	**Field 2**
2:30 pm	**A**	**Championship**	**Craft Field**

SOFTBALL RULES CLINICS

Schools: There will not be face to face clinics. A video link will be sent to all schools and boards. All coaches and officials will be required to watch the video and confirm that it was viewed.

Softball Rule Changes-2020

1-5-1e, 2-4, 2-4-3, 7-4-2 PENALTY NOTE: Damaged bats are defined.

Rationale: Clarifies that a damaged bat is removed from the game without penalty.

6-1-1: Prior to starting the delvery (pitch), the pitcher shall take a position with pivot foot in contact with the pitcher's plate.

Rationale: Clarifies that the pivot foot must be in contact with the pitcher's plate, rather than on the top surface of the pitcher's plate.

9-1-1 EXCEPTION c: A run is not scored if the runner advances to home plate during action in which the third out is made by the preceding runner who is declared out on an appeal play.

Rationale: Clarifies that on any appeal play, a run is not scored if the third out is made by a preceding runner.

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2020 SOFTBALL MAJOR EDITORIAL CHANGES

1-1-7: Clarifies that game management or a state administrator may establish a dead-ball media area within the confines of the field, but that area will remain a dead-ball area throughout the game.

1-5-1d: Updates to add the new USA Softball All Games certification mark.

8-4-3d PENALTY: Clarifies that the batter-runner, not the batter is awarded bases when a fielder intentionally contacts the ball with detached equipment.

2020 SOFTBALL EDITORIAL CHANGES

1-2-3, 2-22-4, 2-57-3, 3-4-1c, 7-1-2 PENALTY 2

2020 SOFTBALL POINTS OF EMPHASIS

Bat certification marks and USA Softball's list of Non-Approved Bats with Certification Marks
Damaged bat VS. illegal bat penalties
Contact with the pitcher's plate 4. Inspection of equipment.

2019-2020 State Softball Champions

No Softball season in 19-20 due to COVID-19

2021 Tennis Program

ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THIS PROGRAM. THE FORMS AND PROCEDURES FOR TOURNAMENT PLAY ARE IN THE DIRECTOR'S MANUAL. The results of any tournament must be submitted to the next level director and the WVSSAC office as soon as possible after the conclusion of the tournament.

The Board of Directors and the Tennis Coaches' Committee reviewed the tennis program in the February Interscholastic and approved the following:

2021 High School Tennis Dates:

Season Starts	**Mon. of Wk. 37**	**Mar. 15**
1st Contest Held	**Wed. of Wk. 41**	**April 12**
Regional	**Week 47**	**May 24-29**
State	**Week 48**	**June 3-5**
	Forms Due	
Information Verification Form (T3)		**April 7**
Regional Seeding Form (T4)		**April 28**
Regional Directors Form (T5)		**May 5**
Regional Entry Form (21 & 22)		**May 24**

I. GENERAL INFORMATION

1. No coaches are required to attend a WVSSAC State Rules Clinic this year. Return Information Verification Form (T3) by **April 7th**. Coach must complete the Regional Seeding Form (T4) and send it to the Regional Director by **April 28**.
2. Coaches shall present themselves in **professional attire** suitable for a school representative. Coaches shall be attired in white, gray, black, khaki, or school colors.
3. Middle School/9th Grade teams should be allowed to participate in interscholastic contests even if a player must play both a singles match and a doubles match. This allows for a team with as few as six team members to participate in a match with 4 singles matches and 3 doubles matches. Although it is recommended to use as many participants as possible, schools with a low number of participants should not be penalized for using a team member in both singles and doubles.
4. Electronic Devices - Coaches, players, and officials are not allowed to have cell phones or pagers while they are on-court.
5. **All coaches are required to complete an Emergency Action Plan (Senate Bill 40). See AD for more information.**

II. RULES AND REGULATIONS

A. REGULATIONS

1. Tennis rules published by the United States Tennis Association are the official rules for all interscholastic competition unless otherwise modified by the WVSSAC.
2. Middle School/9th Grade Dates - Middle School/9th Grades are allowed to play either a fall or spring season. However, the season selected shall be no longer than 12 weeks.
3. **In order to enter regional play, the position must have been played in at least six matches.** When playing teams inside your region and a player doesn't actively participate or is injured, the team must choose to default the position. An exhibition match may be played if mutually agreed upon by both coaches. The exhibition match will not count towards regional seeding. However, it does count for scoring the regular season match and towards the athletes overall record. When playing outside your region and a player does not actively participate or is injured, the team may choose to substitute or move players up.
4. A team match shall consist of 4 points out of 7 (3 doubles, 4 singles). Schools competing with less than 3 members will count the individual matches but the contest will not count as a team match.
5. When two teams are sponsored by a school (boys and girls), the girls must compete against girls, boys against boys. If a school sponsors one co-educational team, that team must compete as a boys' team. This applies to regular season. However, during tournament play, which is individual play, there are no co-educational teams or mixed doubles. Girls compete against girls and boys compete against boys. Clarification - If only one girl is on the team, she must play the #1 position (exception to #6) at regional competition.
6. Players may play both singles and doubles, but it is not mandatory that they do so.

   No form of stacking is acceptable.
7. In a match, a school must play players in order of ability. This rule applies regardless of the number of players. Example: If a school has 3 players, they shall be put in rank order. The best player would play #1, second best #2, and third best #3.
8. In doubles, players shall be placed on doubles teams according to ladder position, i.e., the best two doubles players at #1 doubles, the next two doubles players at #2 doubles, and so on for #3 doubles.
9. Players' placement in the doubles need not correspond to their singles placement. For example, the #1 and #2 Singles players need not be the #1 Doubles team.
10. Regular season matches will be pro-sets (8 games-with a 12 point tie breaker at 8 games all).

    Six Game Pro Sets - There is no provision for a six game pro set. If a six game pro set match is played, the match will not count in the season record and will be a forfeit.

    Tie Breaker - No coaching is allowed during the tie breaker.
11. **No-Ad Scoring - Regular Season - Both coaches must mutually agree. If mutual agreement cannot be established, regular scoring will be used. State Tournament - Scoring decisions will be made by the WVSSAC.**
    a. The USTA has approved a variation of the conventional scoring system for the purpose of shortening the duration of a tennis match. It is called "no-ad scoring" and is precisely what the name implies.
    b. Singles and Doubles: A game is won by the first player or team to win 4 points; that is if the score goes to 3-points-all (or deuce), the next point decides the game. There is no "advantage" point. Receiver decides to which court the service is delivered on the 7th point.
12. If inclement weather causes a match to be cancelled during regular season play, the match will count as completed if four matches have been completed.
13. When rescheduling regular season matches, matches with regional opponents should take precedence over non-regional matches.
14. The tennis format of 4-3 will be used in all matches in West Virginia. If West Virginia schools play out-of-state opponents, they may play the same format as the home school. In any match, extra players may play as exhibition; however, points are not added to the team score.
15. **Honest Effort Rule: A player cannot default a match to save energy for another match or default to gain an advantage by not playing. If a student does not adhere to this rule, he/she will be disqualified from the tournament.**
16. **A penalty point deduction on the teams total will be assessed for unsportsmanlike behavior after a player has defaulted or play is complete for all regular season matches, Regional and State.**
17. Coaches shall use Special Report Forms for unsportsmanlike acts or actions which could not or were not resolved by the use of the Coach's Request for Ruling Form. The Special Report Forms are to be submitted to the WVSSAC.

    If misconduct occurs, the coach should first consult the coach of the player in question. If that coach fails to issue appropriate sanctions, the other coach may issue appropriate sanctions. A Special Report should then be completed and mailed to the WVSSAC office.
18. Saturday Matches - 2 out of 3 format may be used if both coaches agree. **This is Saturday matches ONLY**.

B. UNIFORMS

Participants are required to be in school uniform for all regular season and tournament play. Uniforms must be in school colors. The school approved identification must be on the front of the uniform. Sleeves are not considered to be the front of the uniform. Doubles competition team mates must be attired in the same uniform. It is the responsibility of the match/tournament director and match officials to enforce these regulations. **All players midriffs and torsos must be covered.**

C. CONDUCT

1. All teams and players are reminded that only coaches may approach the Tournament Director. Inappropriate contact by players or parents is unacceptable, and warnings and penalties will result.

D. FORFEITS AND DEFAULTS

1. If, after an individual match begins, a forfeit occurs due to illness, injury, or penalty for misconduct, the games and set won by the forfeiting team shall stand and count.
2. In all other matches, if a default occurs before the individual match begins, then the Tournament Director shall record the score as 6-0 or 8-0.

E. ALTERNATES (Tournament Play)

1. Regional and State Competitions are individual competitions. Prior to the beginning of any doubles play at the Regional Tournament, alternates (doubles) who were listed on the Entry Form may be used only in case of illness or injury and only in the position of the unavailable player. **The alternates must be used in the order in which they were placed on the Entry Form.** The regional director reserves the right to request medical verification (physician, nurse practitioner, athletic trainer).
2. If an alternate plays in the first round of doubles play in regionals and the team advances in regionals or to state, the "original" partner may not return to the team. The alternate becomes the partner for the tournament(s).
3. If a qualifier to the State Tournament is unable to participate, no substitution may be made. This regulation applies to singles and doubles and will result in a forfeit.

III. REGIONAL TOURNAMENT

For all tournament play, players and coaches must be at courts 30 minutes prior to match. Failure to arrive on time will result in default.

A. Regional Tournament (Week 44).

Must begin by Tuesday and continue through completion Saturday, (Rain Dates May 7-8) First Round matches may be played at home site.

In order to avoid date, time, etc., conflicts, coaches should notify players on the first day of the season of the Regional Tournament dates. Regional directors will determine the date(s) which are best considering time and facilities and notify schools as soon as possible.

B. If you only have one coach and your regional/state is at 2 sites, you must provide an additional authorized coach to travel to the other site as needed. This will allow the other teams/players to progress through the tournament.

C. Regional Coaches' Meeting Information

1. The Regional Director is responsible for calling a meeting of all coaches and school administrators. **If a coach/school representative fails to attend the Regional Seed Meeting, all of that school's players will be placed in the blind draw.**
2. It is recommended that tournament directors make "weather" provisions to secure indoor accommodations with the cost assessed to the individual schools **from gate receipts**.
3. Regional directors are asked, whenever possible, to schedule regional play after school, on Saturday, or on out-of-school days.
4. Regionals with 10 or more teams will seed the top 6 for A/AA positions and regions with less than 10 teams will seed top four. **The number of additional positions seeded may be decided by majority vote of participating schools. All positions must be seeded in same manner.** The remaining placements will be by blind draw. Draw sheets with appropriate "bye" positions will be distributed to each tournament director. **The "blind draw" players are to be placed on the remaining lines from top to bottom. Coaches may not choose brackets. The draw goes straight down the draw sheet.**
5. **Teams/Individuals must actively participate against at least 75% of the teams within their assigned region to be eligible to participate in the regional seeding process.**
6. Seeding will be based upon the following criteria in the following priority order:
   1. Head to Head in Regional Play
   2. Number of Regional Matches Played and Won
   3. Common Opponents
   4. Strength of Opponents Played
   5. Overall Record

   USTA ranking is NOT to be considered.

   Teams may play each other no more than 2 times to count for seeding purposes.
7. Advanced Placement Testing: The regional schedule will not be adjusted or altered for AP testing, prom or other activities. AP students must take the make-up test or forfeit the regional match.

D. General Information

1. The Regional Tennis Entry Form must be received by the WVSSAC office by **12:00 noon May 24, 2021**. A copy shall also be mailed to the regional tournament director. No alternates are allowed for singles play once the Entry Form is submitted. Alternates for the doubles team are only allowed for injury or illness and prior to the beginning of doubles play and must be used in the order they appear on the Entry Form. **No matches played after the 12:00 deadline will count for seeding purposes.**
   a. The Seeding Meeting line-up must coincide with the Enty Form line-up regardless of the date of the meeting.
   b. Regional Director must return Tennis Seeding Form (T5) to WVSSAC office by **May 5th**. It will then be placed on the Website.
2. **Match Report** Forms - Match Report Forms (23) shall be taken to the Regional Coaches' Meeting. **Failure of the coach to bring match report form to meeting may result in loss of seeding. Should a conflict arise, the decision will be left to the Regional Director.**
3. All Regional Tournament Directors are to secure roving officials to monitor court behavior and foot faults. All roving officials will be attired in such a way that they are easily recognizable. Directors should refer to Points of Emphasis for more specific information. If the tournament director cannot secure officials, he/she shall assume the responsibility of enforcing all regulations.
4. Regional Tournament Directors are asked to secure one trained official for each court. If trained officials are not available, Tennis Coaches' Committee members and tennis knowledgeable individuals shall be chosen first when assigning officials at the regional level. All officials will be attired in such a way that they are easily recognizable. **Officials are responsible for keeping spectators at least 10 feet from court fence.**
5. Regional and state team awards will be based upon individual (singles and doubles) qualifying points accumulated each round.
6. A student must complete the qualifying tournament to be eligible to compete at the next level.
7. Participants or teams are to supply their own tennis balls. Wilson championship balls is the state adopted tournament ball.
8. **Time Violations:** Time violations occur when a player takes more than 20 seconds between points or takes more than 90 seconds on

changeovers. A warning shall be given for the first violation. Subsequent delays shall be penalized by a point loss for each violation, with no accumulation.

9. **Harassment of Players Prohibited:** Team members and their spectators shall not harass opposing team players. Harassment directed at individual match is first assessed a warning, next a loss of game, and finally default.
10. **Bathroom Breaks:** A player must ask an official for a designated "bathroom break". The official may refuse this request if he determines that the player is resorting to gamesmanship. WVSSAC will allow reasonable time for bathroom breaks and should take them on a 90-second changeover or Set Break.
11. **Rest Time Between 8 Game Pro Sets** - At the tournament director's discretion, a maximum of 30 minutes rest time is allowed between 8 game pro sets during regular season or tournament play.
12. If an individual is unable to complete the tournament once it has begun, he/she must forfeit.
13. **No ad scoring is not allowed in regional tournament play.**
14. Admission is $6.00 for adults and $5.00 for students.

E. Team Awards

A regional team plaque (boys and girls) will be presented for each class. Team winner will be determined by points received by qualifying for each round of the regional tournament. Each round of qualification will award one point (per qualifier, per school). **No team points are awarded for any consolation matches at any position.** Therefore, each position will be played to determine order of finish. For eg. for the #1 position, play will continue until 1st, 2nd, 3rd, and 4th place finishers are determined. In the event of a tie, the following will be considered: number of champions, semi-final finish at any flight, quarter-final finish at any flight, and finish at round (opening round) prior to quarter-finals.

F. Individual Competition

1. The regional tournament will be a "flighted" tournament. The following competitions (4-3) will be held for boys and girls: number one singles, number two singles, number three singles, number four singles, number one doubles, number two doubles, and number three doubles. Each school in the region will send one entry for each of the positions/competitions.
2. The top four at each position must be seeded unless a majority of coaches vote to seed additional positions. To assist in the seeding, all coaches will be required to complete the Match Report Form for all regular season matches and to submit those to the regional tournament director at the Regional Coaches' Meeting.
3. All other players will be entered by a "blind" draw. The WVSSAC office will send bracket sheets to each regional director.
4. All regional play will be 8 game pro sets with 12 point tie breaker at 8 all. Rest time: maximum of 30 minutes at tournament director's discretion.
5. Qualifiers for the state tournament will be determined by the position played. The following will qualify from each of the four regions (boys and girls):

Four number one singles	Three number one doubles
Three number two singles	Two number two doubles
Two number three singles	One number three doubles
One number four singles	

IV. STATE TOURNAMENT (Wednesday-Saturday of Week 48)

A. The State Tennis Tournament will be held at the Kanawha City Community Center Tennis Courts and Tennis Indoor Center, Charleston, WV, with Mike Tompkins as Tournament Director; Bill Malone and Carolyn Tyree, Assistant Directors; Rashaun Sayles, Charleston Parks and Recreation Director. **Mandatory Coaches Meeting, Wednesday at 6:30 PM.**

B. The State Tennis Tournament will use USTA officials assigned by the WVSSAC.

Both court monitor and chair/on-court officials will be used. The USTA official will serve primarily as an observer and preventive measure to eliminate rule violations or conflicts; the chair/on-court official will be responsible for calls. The court monitor will be responsible for verifying players' uniforms, calling lines if requested, etc.

C. Admission for the State Tennis Tournament will be $10.00 for adults and $7.00 for students. This is a daily admission fee; pass-outs/hand stamps will be used each day.

All Session Passes for the three day tournament will be sold at a cost of $25.00 for adults and $18.00 for students. These passes are nonrefundable.

D. Media - No photographers or reporters will be allowed on court (indoor or outdoor) during play.

E. State Tournament Tentative Schedule

1. Wednesday, 6:30 p.m. - Mandatory Coaches Meeting at Kanawha City.
2. Thursday, 8:00 a.m.

   Singles and Doubles Competition

   The order of competition is tentatively scheduled for first rounds of singles and doubles and the following rounds as time allows on each day of the tournament.
3. On Thursday and Friday, the two class divisions will be held at same site locations.*

   Kanawha City Community Center and Tennis Indoor Center

   * Site locations will rotate each year.
4. Order of Play:

   Girls Boys
5. Play will resume at 8:00 a.m. on Friday.

F. The WVSSAC will supply Wilson Championship tennis balls for all State Tournament matches.

G. Team Competition

1. 1 point for each win in each position.
2. A team champion will be honored in AAA and AA-A.

H. Doubles

1. **Rounds prior to semi finals (first 2 rounds) would be 8 game pro sets. Subsequent matches would be 2 of 3 sets, weather permitting.**
2. **Seeding of state qualifiers will be based upon order of finish at the regional tournament. Regional pairings would vary each year and with each position and will be determined by the WVSSAC after completion of Regional Tournaments.**

I. Singles

1. **Rounds prior to semi finals (first 2 rounds) would be 8 game pro sets. Subsequent matches would be 2 of 3 sets, weather permitting.**
2. **Seeding of state qualifiers will be based upon order of finish at the regional tournament. Regional pairings would vary each year and with each position.**

J. Awards

1. Winner and Runner-Up Singles at each position.
2. Winner and Runner-Up Doubles at each position.
3. Team Winner and Runner-Up trophy.

K. **NOTE:** Reimbursement will end with tournament elimination.

L. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport.

Sponsorship and Rights: The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

STATE TOURNAMENT SEEDING

1st singles	2nd singles	3rd singles
4th singles	2nd doubles	1st doubles
3rd doubles		

The regions for State Tournament Seeding will be determined by the WVSSAC. After completion of Regional Tournaments, they will be placed on the website.

TENNIS ALIGNMENT – REGIONAL COMPETITION
AAA TEAMS
SINGLES AND DOUBLES

*Tournament Directors shall refer to the Director's Manual for responsibilities and to the Entry Form Book online for proper form completion.

Region I

Site: Wheeling Park High School
Director: Dwaine Rodgers, AD, Wheeling Park HS
Schools: Bridgeport, Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

Region II

Site: Jefferson High School
Director: Bill Stewart, AD, Jefferson HS
Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington

Region III

Site: Kanawha City Community Center
Director: Tim Flatley, AD, George Washington HS
Schools: Capital, George Washington, Greenbrier East, Oak Hill, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

Region IV

Site: Parkersburg City Park
Director: Chris Way, AD, Parkersburg HS
Schools: Cabell Midland, Huntington, Hurricane, Lincoln County, Parkersburg, Parkersburg South, Ripley, Spring Valley

TENNIS ALIGNMENT – REGIONAL COMPETITION
AA–A TEAMS
SINGLES AND DOUBLES

*Tournament Directors shall refer to the Director's Manual for responsibilities and to the Entry Form Book online for proper form completion.

Region I

Site: TBA
Director: TBA
Schools: Berkeley Springs, East Fairmont, Fairmont Senior, Frankfort, Keyser, Madonna, Magnolia, North Marion, Oak Glen, Ritchie County, St. Mary's, Weir, Tyler Consolidated, Wheeling Central

Region II

Site: Lincoln HS/Bridgeport (Lake)
Director: Sarah DePiano, Coach, Grafton HS
Schools: Elkins, Grafton, Lewis County, Liberty H, Lincoln, Moorefield, Notre Dame, Parkersburg Catholic, Petersburg, Philip Barbour, Robert C Byrd, Trinity Christian, Williamstown,Wirt County, Wood County Christian

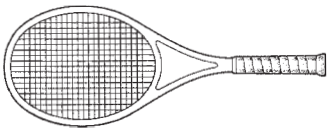
Region III

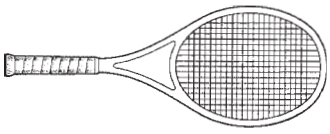
Site: Concord University
Director: Joe Blankenship, Tennis Coach, Concord University
Schools: Bluefield, Braxton County, Charleston Catholic, Greenbrier West, Herbert Hoover, Independence, Liberty (R), Midland Trail, Mount View, River View, Shady Spring, Westside, Wyoming East

Region IV

Site: Logan High School
Director: Dan Hensley, AD, Logan HS
Schools: Chapmanville Regional, Logan, Man, Mingo Central, Point Pleasant, Nitro, Poca, Ravenswood, Scott, Sherman, Sissonville, St. Joseph Central, Tug Valley, Wahama, Wayne, Winfield

Coach must sign and return form T3 in Coaches' Packet that they received and read their materials before 1st contest date.





2019-2020 Boys' State Champions

No Tennis Champions

due to COVID-19

2019-2020 Girls' State Champions

No Tennis Champions

due to COVID-19

National Federation of State High School Associations

GUIDELINES ON HANDLING PRACTICES AND CONTESTS DURING LIGHTNING OR THUNDER DISTURBANCES

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include your state high school activities association and the nearest office of the National Weather Service.

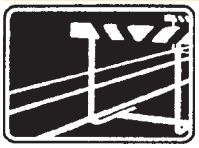
PROACTIVE PLANNING

1. Assign staff to monitor local weather conditions before and during practices and contests.
2. Develop an evacuation plan, including identification of appropriate nearby safer areas and determine the amount of time needed to get everyone to a designated safer area:
   a. A designated safer place is a substantial building with plumbing and wiring where people live or work, such as a school, gymnasium or library. An alternate safer place from the threat of lightning is a fully enclosed (not convertible or soft top) metal car or school bus.
3. Develop criteria for suspension and resumption of play:
   a. When thunder is heard or lightning is seen*, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for at least 30 minutes and vacate the outdoor activity to the previously designated safer location immediately.
   b. 30-minute rule. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or lightning is witnessed* prior to resuming play.
   c. Any subsequent thunder or lightning* after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin.
   d. When lightning-detection devices or mobile phone apps are available, this technology could be used to assist in making a decision to suspend play if a lightning strike is noted to be within 10 miles of the event location. However, you should never depend on the reliability of these devices and, thus, hearing thunder or seeing lightning* should always take precedence over information from a mobile app or lightning-detection device.

* – At night, under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue an event. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.

4. Review the lightning safety policy annually with all administrators, coaches and game personnel and train all personnel.
5. Inform student-athletes and their parents of the lightning policy at start of the season.

Revised and Approved March 2018



2021 Track and Field Program

ALL MEET DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A MEET. The necessary forms or reports that must be filed with the WVSSAC office and instructions for each sport are in the Director's Manual.

The Track Committee reviewed and recommended to the Board of Directors which approved the following:

2021 High School Track Dates

Season Starts:	**Mon. of Wk. 37**	**March 15**
1st Contest May Be Held	**Wed. of Wk. 41**	**April 12**
Regional	**Week 48**	**June 2 - 4**
State	**Week 49**	**June 10 - 12**

Middle School Dates

Season Starts	**Mon. of Wk. 38**	**March 22**
1st Contest May Be Held	**Wed. of Wk. 41**	**April 12**
Season Ends	**Thurs. of Wk. 49**	**June 9**

I. GENERAL INFORMATION

A. The track format will be Regional and State.

B. It is the coach's responsibility to enforce the uniform rule (National Federation Rule 4-3).

C. Shuttle Hurdle Relay for **Girls**

The race will be 102.5 meters - 10 hurdles

Layout of course:

Start to first hurdle - 13.0 meters

Distance between hurdles - 8.5 meters

Last hurdle to finish line - 13.0 meters

Shuttle Hurdle Relay for **Boys**

The race will be 110 meters - 10 hurdles

Layout of course:

Start to first hurdle - 13.735 meters

Distance between hurdles - 9.17 meters

Last hurdle to finish line - 13.735 meters

A team may use one marker at each exchange and it must be placed on the line between the team's assigned two lanes.

It is recommended that competition in shuttle should begin in even numbered lanes (2, 4, 6, 8) and end in odd numbered lanes (1, 3, 5, 7).

D. **Pole Vaulter's Weight Verification Form: Coaches are required to process the form and to give a copy of the form to the event judge at ALL meets.**

E. The pole vault landing system should conform to the National Federation rules. See 6-5-7; 6-5-8; 6-5-9; 6-5-10; 6-5-11; 6-5-12; 6-5-13; and 6-5-14.

F. **All coaches are required to complete an Emergency Action Plan (Senate Bill 640). See AD for more information.**

II. RULES AND REGULATIONS

A. The 16 individual and relay team qualifiers in running, shot, discus and long jump events to the state meet will be determined as follows:

1. **Top three (3) individuals and relay teams from each region will qualify.**
2. **The 13th through 16th qualifying positions will be determined by the next four (4) fastest times/distances from the regional results.**
3. **The State Meet Games Committee will develop a tie breaking procedure to be instituted if needed. This procedure will be included in the Games Committee Report.**

B. Each Regional Meet will qualify the top four (4) individuals in the high jump and pole vault plus any additional athletes who meet or better the qualifying standard for the State Meet. If there is a tie for 4th place that does not meet the State Qualifying Standard that tie must be worked off utilizing the tie breaking procedure that is normally used for 1st place.

C. Field implements for shot and discus shall be provided by the WVSSAC for the state meet. No personal or school implements will be permitted in the throwing venues. A variety of implements will be available for warm-up and competition.

D. A 34.92-degree sector will be used in the shot put and discus in all meets during the 2021 season by National Federation rule.

E. Student eligibility must be submitted on line to the WVSSAC before the first meet. All updates must be completed on line before an athlete competes in a meet.

III. TOURNAMENTS

A. REGIONAL TOURNAMENT (Wednesday-Saturday of Week 45)

1. It is recommended, but not mandatory, that all Regional Meets held on Wednesday/Thursday/Friday not start until 4:00 p.m.
2. Price of admission: Adult - $6.00 Student - $5.00
3. **Schools are responsible for having updated rosters online.**
4. The event file for all regional track meets will be posted on the WVSSAC website by April 30, 2021.
5. The State Track Meet Games Committee will establish starting heights for the high jump and the pole vault for all Regional Meets. These heights may be adjusted by the Games Committee due to weather.
6. **The Regional Director will provide a Hy-Tek backup file and a Finish Lynx backup file of all events to the State Meet Directors by 9:00 AM the day after the Regional Meet.**
7. **The 4 X 400 (M) Relay will be run using a 3-turn stagger in both the regional and state competitions.**
8. **The 800, 1600, 3200 and 4 X 800 will be run using a one-turn stagger in both regional and state competitions.**
9. In Regional Meets, coaches will be allowed to scratch and substitute entries from eligibility sheets; however, they will not be allowed to add entries.
10. Coaches are responsible for all times turned in to the Regional Director who has the authority to request verification of times.
11. Regional Awards: Plaques will be provided for Regional boys' and girls' team winners only. Individual and other team awards will be left to the discretion of the directors and participating schools with the cost covered by the participating schools or other sources.
12. **Regional Alignment and Location**

There will be a Regional Track Director's Teleconference Meeting, TBA.

13. Regional Track Meet required order for field events:

First Session	**Second Session**
Girls Shot	Girls Discus
Boys Discus	Boys Shot
Girls High Jump	Girls Long Jump
Boys Long Jump	Boys High Jump
Boys Pole Vault	Girls Pole Vault

AAA

Region I
Location: Brooke High School
Director: Sean Blumette, AD, Brooke HS
Date: June 4, 2021 1:00 PM
Schools: Bridgeport, Brooke, Buckhannon-Upshur, John Marshall, Morgantown, Preston, University, Wheeling Park

Region II
Location: Spring Mills High School
Director: Dan Comer, AD, Spring Mills HS
Date: June 4, 2021 12:00 PM
Schools: Hampshire, Hedgesville, Jefferson, Martinsburg, Musselman, Spring Mills, Washington

Region III
Location: Laidley Field - Charleston
Director: Shawn Wheeler, AD, Winfield High School
Date: June 4, 2021 4:00 PM

Schools: Capital, George Washington, Greenbrier East, Oak Hill, Princeton, Riverside, South Charleston, St. Albans, Woodrow Wilson

Region IV
Location: Parkersburg South High School
Director: Jenny Null, AD, Parkersburg South HS
Date: June 4, 2021 4:30 PM
Schools: Cabell Midland, Huntington, Hurricane, Lincoln County, Parkersburg, Parkersburg South, Ripley, Spring Valley

AA

Region I
Location: North Marion High School
Director: Mike Parrish, AD, North Marion HS
Date: June 3, 2021 2:00 PM
Schools: Berkeley Springs, East Fairmont, Fairmont Senior, Frankfort, Grafton, Keyser, North Marion, Oak Glen, Weir

Region II
Location: Lewis County High School
Director: Brian Fisher, AD, Lewis County HS
Date: June 3, 2021 2:00 PM
Schools: Braxton County, Elkins, Clay County, Lewis County, Liberty H, Lincoln, Philip Barbour, Roane County, Robert C Byrd

Region III
Location: Woodrow Wilson High School
Director: J.T. Payne, AD, Woodrow Wilson HS
Date: June 3, 2021 4:00 PM
Schools: Bluefield, Herbert Hoover, Independence, Liberty (R), Nicholas County, Pike View, Shady Spring, Westside, Wyoming East

Region IV
Location: Winfield High School
Director: Will Isaacs, AD, Winfield HS
Date: June 3, 2021 2;00 PM
Schools: Chapmanville Regional, Logan, Mingo Central, Nitro, Poca, Point Pleasant, Sissonville, Scott, Wayne, Winfield

A

Region I
Location: St. Marys High School
Director: Lynn Johnson, AD, St. Marys HS
Date: June 2, 2021 4:00 PM
Schools: Cameron, Hundred, Madonna, Magnolia, Paden City, Parkersburg Catholic, Ritchie County, St. Mary's, Tyler Consolidated, Valley, Wheeling Central, Williamstown, Wood County Christian

Region II
Location: Doddridge County High School
Director: Greg Bonnell, AD, Doddridge County HS
Date: June 2, 2021 2:00 PM
Schools: Clay-Battelle, Doddridge County, Harman, East Hardy, Moorefield, Notre Dame, Paw Paw, Pendleton County, Petersburg, South Harrison, Trinity Christian, Tucker County, Tygarts Valley, Union

Region III
Location: Woodrow Wilson High School
Director: J.T. Payne, AD, Woodrow Wilson High School
Date: June 2, 2021 4:00 PM
Schools: Charleston Catholic, Greater Beckley Christian, Greenbrier West, James Monroe, Meadow Bridge, Midland Trail, Montcalm, Mount View, Pocahontas County, Richwood, River View, Summers County, Webster County

Region IV
Location: TBA
Director: TBA
Date: June 2, 2021 4:00 PM
Schools: Buffalo, Calhoun County, Gilmer County, Hannan, Man, Ravenswood, Sherman, St. Joseph Central, Tolsia, Tug Valley, Van, Wirt, Wahama

Order of Events:
High School One Session Meet
If running meet different than listed here,notify each school prior to meet entry deadline. Field Events to follow same order as Regional events.

1.	4 x 800 (M) Relay	(G)	7.	300 (M) LH 30"	(G)
	4 x 800 (M) Relay	(B)		300 (M) IN 36"	(B)
2.	100 (M) HH 33"	(G)	8.	4 x 100 (M) Relay	(G)
	110 (M) HH 39"	(B)		4 x 100 (M) Relay	(B)
3.	100 (M) Dash	(G)	9.	800 (M) Run	(G)
	100 (M) Dash	(B)		800 (M) Run	(B)
4.	4 x 200 (M) Relay	(G)	10.	200 (M) Dash	(G)
	4 x 200 (M) Relay	(B)		200 (M) Dash	(B)
5.	1600 (M) Run	(G)	11.	3200 (M) Run	(G)
	1600 (M) Run	(B)		3200 (M) Run	(B)
6.	400 (M) Dash	(G)	12.	Shuttle Hurdle Relay	(G)
	400 (M) Dash	(B)		Shuttle Hurdle Relay	(B)
			13.	4 x 400 (M) Relay	(G)
				4 x 400 (M) Relay	(B)

High School Two Session Meet

First Session High School

1.	100 (M) HH 33"	(G) Trials
	110 (M) HH 39"	(B) Trials
2.	100 (M) Dash	(G) Trials
	100 (M) Dash	(B) Trials
3.	3200 (M) Run	(G) Finals
4.	200 (M) Dash	(G) Trials
	200 (M) Dash	(B) Trials
5.	3200 (M) Run	(B) Finals
6.	400 (M) Dash	(G) Finals
	400 (M) Dash	(B) Finals

Second Session High School

1.	4 x 800 (M) Relay	(G)
	4 x 800 (M) Relay	(B)
2.	100 (M) HH 33"	(G)
	110 (M) HH 39"	(B)
3.	100 (M) Dash	(G)
	100 (M) Dash	(B)
4.	4 x 200 (M) Relay	(G)
	4 x 200 (M) Relay	(B)
5.	1600 (M) Run	(G)
	1600 (M) Run	(B)
6.	300 (M) LH 30"	(G)
	300 (M) IH 36"	(B)
7.	4 x 100 (M) Relay	(G)
	4 x 100 (M) Relay	(B)
8.	800 (M) Run	(G)
	800 (M) Run	(B)
9.	200 (M) Dash	(G)
	200 (M) Dash	(B)
10.	Shuttle Hurdle Relay	(G)
	Shuttle Hurdle Relay	(B)
11.	4 x 400 (M) Relay	(G)
	4 x 400 (M) Relay	(B)

Field Events

Pole Vault (B & G)
High Jump (B & G)
Long Jump (B & G)
Shot Put (B & G)
Discus (B & G)

B. STATE TOURNAMENT (Friday-Saturday of Week 46)

Qualifying standards for the State Meet in field events will use the following standards.

BOYS

	AAA	AA	A
Pole Vault	12'6"	12'0"	11'6"
High Jump	6'0"	5'10"	5'10"

GIRLS

	AAA	AA	A
Pole Vault	9'6"	9'0"	8'6"
High Jump	5'0"	5'0"	4'10"

1. If there is a scratch in the "hot heat" of the State Track Meet in any timed final event, the referee is to reheat the race in order to fill the "hot heat" in the finals.
2. The top two finishers in each heat and the next four best times will be used to determine the qualifiers for the finals in the State Track Meet.
3. The **2020-2021** State Track and Field Meet will be at Laidley Field, Charleston, WV; Class A on June 10, Class AA on June 11, and Class AAA on June 12.
4. Officials volunteering to help at this meet who receive no compensation will have their registration fee for the following year waived.
5. **Price of admission: Adults - $10.00 Students - $7.00**
6. **Protests:** Protests that develop during the State Track Meet should be made at once and not later than thirty (30) minutes after the results of the protested event have been officially announced. Any such protests must be submitted in writing by the coach to the timing/computer building near the finish line. The protest will be submitted to the

Jury of Appeals who will render a decision.

7. **Award Presentations:** Awards in all final events will be presented to first place finishers thirty (30) minutes after the results of said event have been officially announced. Should the event have a protest filed, the award presentation will be postponed until the Jury of Appeals has rendered a decision on the protest and said event results have been declared official. Places 2-6 may pick up their awards 30 minutes after results have been officially announced and no protest has been filed.
8. **Seeding Information**
   For the State Meet, heat leaders and relay team leaders will be seeded on the basis of the regional times.
9. **All relays will be ran as timed finals.**
   For seeding purposes, F.A.T. times will be utilized; hand-held times will be converted. The State Meet Director will be responsible for this conversion.
10. No tents can be put up or areas of any kind reserved until teams have picked up their packet. Packets may be picked up beginning at 5:00 pm.
11. Schools must stay at approved hotels in order to receive reimbursement for meals and mileage. Approved hotels are listed on the WVSSAC website under the tab for each specific sport. Please complete the fillable room list form by Tuesday, June 8 at 1:00 pm. Find the State Track Meet Rooming List online at www.wvssac.org, Go to "Sports", "Track", and then click on "2020-21 Track Fill in Room List Form". Fill out the form. Then, email to wayne.ryan@wvssac.org or print and fax to 304-428-5431.
12. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

2021 WVSSAC State Track Meet Schedule

June 9 -Class A 400M 7:10 PM Girls 7:20 PM Boys
3200M 7:30 PM Girls 7:50 PM Boys

June 10- Class AA 400M 7:10 PM Girls 7:20 PM Boys
3200M 7:30 PM Girls 7:50 PM Boys

June 11-Class AAA 400M 7:10 PM Girls 7:20 PM Boys
3200M 7:30 PM Girls 7:50 PM Boys

Daily Schedule: Class A-June 10

Class AA- June 11

Class AAA-June 12

10:55 AM	**National Anthem**
11:00 AM	**Girls Shot, Boys Discus, Girls High Jump, Boys Long Jump, Boys Pole Vault**
11:45 AM	**100M Hurdles Trials-Girls**
11:55 AM	**100M Hurdles Trials-Boys**
12:05 PM	**100M Trials-Girls**
12:15 PM	**100M Trials-Boys**
12:25 PM	**1600M Run Finals-Girls**
12:35 PM	**200M Trials-Girls**
12:45 PM	**200M Trials-Boys**
12:50 PM	**1600M Run Finals-Boys**
1:10 PM	**300M Hurdles-Girls**
1:20 PM	**300M Hurdles-Boys**
	----Break---
1:30 PM	**Boys Shot, Girls Discus, Boys High Jump, Girls Long Jump, Girls Pole Vault**
2:15 PM	**4 x 800M Relay-Girls**
2:30 PM	**4 x 800M Relay-Boys**
2:45 PM	**100M Hurdles Finals-Girls**
2:50 PM	**100M Hurdels Finals-Boys**
3:00 PM	**100M Finals-Girls**
3:00 PM	**100M Finals-Boys**
	----Short Break----
3:20 PM	**4 x 200M Relay-Girls**
3:30 PM	**4 x 200M Relay-Boys**
	----Short Break----
3:55 PM	**4 x 100 Relay-Girls**
4:05 PM	**4 x 100 Relay-Boys**
4:15 PM	**800M Run-Girls**
4:25 PM	**800M Run-Boys**
4:35 PM	**200M Finals-Girls**
4:40 PM	**200M Finals-Boys**
4:55 PM	**Shuttle Hurdles Relay-Girls**
5:05 PM	**Shuttle Hurdles Relay-Boys**
5:15 PM	**4 x 400M Relay-Girls**
5:30 PM	**4 x 400M Relay-Boys**
5:45 PM	**Awards**

Practice Schedule

June 9	**Class A may practice 8:20-10:00**
June 10	**Class AA may practice 8:20-10:00**
June 11	**Class AAA may practice 8:20-10:00**

Registration and Packet Pick-up

Class A June 9 at 5-8:30 PM, June 10 at 8:30-10:45 AM

Class AA June 10 at 5 -8:30 PM, June 11 8:30-10:45 AM

Class AAA June 11 at 5-8:30 PM, June 12 8:30-10:45 AM

IV. MIDDLE SCHOOL TRACK PROGRAM

Refer to the National Federation's 2020 Track and Field Rules Book. This section deals with modifications for conducting middle school competition. The Track Committee has adopted certain changes in these modifications as related to order of events and measurements (weight, height or distance). See previously listed order of events. It is important that all schools follow these contents closely in order to gain a consistency from one track meet to another within our state.

A. Organization of meets:
   1. **Middle Schools may only compete with other middle schools. They may not compete against stand alone 9th grade teams.**
   2. Middle school athletes, regardless of grade levels (6, 7, or 8), may compete in a maximum of four (4) events of which only three (3) may be running events including relays.

B. Participation by an individual in two successive running events should be avoided.

C. Practice may start Monday of Week 35. Individual members of a team must have practiced on fourteen (14) SEPARATE days, exclusive of the day of a contest, before participating in an interscholastic contest.

D. Physical Examination - Each student shall have a physical examination before competing with a school team.

E. Uniforms and Jewelry Rule (National Federation Rule 4-3)

F. Middle school teams are permitted 14 meets and only 2 meets per week.

G. There shall be no State Championship at this level.

H. Boys Shot Put (middle school) - 4 kilograms
Girls Shot Put (middle school) - 6 pound

I. Hurdle Specifications

	Hurdle Height	# of Hurdles	Start to 1st Hurdle	Between Hurdles	Last Hurdle to Finish
100 m HH-B	36"	10	13 m	8.5 m	10.5 m
100 m LH-G	30"	10	13 m	8.5 m	10.5 m
200 m LH	30"	5`	50 M	35 m	10 m

6th Grade Boys only can run 30" hurdles in a stand-alone event at the discretion of the Games Committee or Meet Management.

	Shuttle Hurdles				
G/B - 60 m	30"	5	13.0 m	8.5	13.0 m

J. The Board of Directors has adopted the following order of events for meets at the middle school level.

Order of Events:

MiddleSchool One Session Meet

1. 3200 (M) Run (G)
   3200 (M) Run (B)
2. 400 (M) Run (G)
   400 (M) Run (B)
   Break
3. 4 x 800 (M) Relay (G)
   4 x 800 (M) Relay (B)
4. 100 (M) Hurdles (30") (G)
   100 (M) High Hurdles (36") (B)
5. 100 (M) Dash (G)
   100 (M) Dash (B)
6. 4 x 200 (M) Relay (G)
   4 x 200 (M) Relay (B)
7. 1600 (M) Run (G)
   1600 (M) Run (B)
8. 200 (M) Low Hurdles (30") (G)
   200 (M) Low Hurdles (30") (B)
9. 4 x 100 (M) Relay (G)
   4 x 100 (M) Relay (B)
10. 800 (M) Run (G)
    800 (M) Run (B)
11. 200 (M) Dash (G)
    200 (M) Dash (B)
12. Shuttle Hurdle Relays (G)
    Shuttle Hurdle Relays (B)
13. 4 x 400 (M) Relay (G)
    4 x 400 (M) Relay (B)

Middle School Two Session Meet

First Session MS/JHS

1. 100 (M) Low Hurdles (G) Trials
   100 (M) High Hurdles (B) Trials
2. 100 (M) Dahh (G) Trials
   100 (M) Dash (B) Trials
3. 3200 (M) Run (G) Finals
4. 200 (M) Dash (G) Trials
   200 (M) Dash (B) Trials
5. 3200 (M) Run (B) Finals
6. 400 (M) Dash (G) Finals
   400 (M) Dash (B) Finals

Field Events for Either Type of Meet
Pole Vault (B & G)
High Jump (B & G)
Long Jump (B & G) 9.
Shot Put (B & G)
Discus (B & G)

Second Session MS/JHS

1. 4 x 800 (M) Relay (G)
   4 x 800 (M) Relay (B)
2. 100 (M) Low Hurdles (G) Finals
   100 (M) High Hurdles (B) Finals
3. 100 (M) Dash (G) Finals
   100 (M) Dash (B) Finals
4. 4 x 200 (M) Relay (G)
   4 x 200 (M) Relay (B)
5. 1600 (M) Run (G)
   1600 (M) Run (B)
6. 200 (M) Low Hurdles (G)
   200 (M) Low Hurdles (B)
7. 4 x 100 (M) Relay (G)
   4 x 100 (M) Relay (B)
8. 800 (M) Run (G)
   800 (M) Run (B)

200 (M) Dash (G) Finals
200 (M) Dash (B) Finals

10. Shuttle Hurdle Relay (G)
    Shuttle Hurdle Relay (B)
11. 4 x 400 (M) Relay (G)
    4 x 400 (M) Relay (B)

2020-21 TRACK AND FIELD RULE REVISIONS

4-6-5g, 8-6-1e: Clarifies that a competitor should not be penalized for helping another competitor who is distressed or injured when no advantage is gained by the competitor who is assisting.

Rationale: The committee believes when no advantage is gained by a competitor helping a distressed or injured competitor, the competitor assisting should not be penalized for exhibiting good sportsmanship.

5-3-3 & 4, 5-10-6 thru 11: Clarifies that in the 4x100-meter relay and 4x200-meter relay, and other relays with legs of 200 meters or less, each exchange zone will be 30 meters long. All exchange zones for races in excess of 200 meters will remain at 20 meters.

Rationale: In the 4x100-meter relay and the 4x200-meter relay, and other relays with legs of 200 meters or less, each exchange zone will be 30 meters long. All exchange zones for races in excess of 200 meters will remain at 20 meters.

6-2-6: Clarifies that it is illegal to run backward or in the opposite direction (non-legal direction) on a horizontal jump, pole vault or javelin runway.

Rationale: This change promotes a more organized and efficient warm-up period.

6-3-2-b-4-a: This change provides metric measurements for tie-breaking jump-offs for vertical jumps.

Rationale: The committee established appropriate metric increments for tie-breaking jump-offs in the vertical jumps.

6-9-5: The length of long jump and triple jump pits constructed after 2019 shall be at least 23 feet (7 meters).

Rationale: Clarifies the language of the 2019 rule change for long jump and triple jump pits and ensures pit measurements are within industry standards for safety.

8-1-1: Clarifies cross country course markings.

Rationale: The reorganization of the rule states that a course should be clearly marked with any or all of the methods listed in the rule.

8-1-3: Clarifies cross country course layouts.

Rationale: This rule change will not eliminate courses that may be used for smaller meets with limited numbers of participants. The additional language provides a recommended minimum distance for straightaways at the start of all meets.

2020-21 Editorial Changes

5-11-1: A relay team shall pass their baton in accordance with the rules.

Rationale: Clarifies that a team finishes the race with the same baton that it used at the start of the race.

2020-21 Editorial Changes

5-1-5, 6-8-10d

2020-21 Points of Emphasis

Meet Administration

Exchange Zone

Assisting Injured Athletes

TRACK AND FIELD RULES CLINICS

Schools: There will not be face to face clinics. A video link will be sent to all schools and boards. All coaches and officials will be required to watch the video and confirm that it was viewed.

Requests for rule interpretations or clarifications should be directed to the state association which is responsible for administering and conducting the high school track programs in your state. The NFHS will assist in answering rules questions from state associations whenever called upon.

2019-2020 Boys' State Track Champions

No Boys Track Champions for 2019-20 due to COVID-19

2019-2020 Girls' State Track Champions

No Girls Track Champions for 2019-20 due to COVID-19

(((((Office Echoes))))))

Minutes of Meeting

Board of Directors #709

WVSSAC, Parkersburg, WV

Wednesday, September 16, 2020 8:00 AM

1. **Call to Order**

The special meeting of the WVSSAC Board of Directors was called to order at 8:05 AM on Wednesday, September 16, 2020 at the WVSSAC Office, Parkersburg, WV by Mr. Dave Cottrell. The following members were present: Gregory Moore, Dave Cottrell, Lee Loy, Mike Kelley, Eddie Campbell and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Dr. Cindy Daniel. Art Petitto and Jimmy Frashier were absent. Jim Wilson and Bob Dunlevy joined via Zoom.

2. **Administrative Update**

a. Waiver for Merrick Delk-Wheeling Park Girls Soccer- This waiver along with Toby Lattea waiver were denied on a motion by Mr. Loy, second by Mr. Crawford and by a vote of 7-0.

b. XC Regionals- Addition of Class "A" Event-On a motion by Mr. Kelley and a second by Mr. Loy, the board unanimously voted 7-0 to pass this decision.

c. Possible COVID related games on Sunday-On a motion by Dr. Campbell and second by Mr. Crawford, the board voted 6-1 to allow Sunday games for fall sports due to COVID.

d. Football Playoff Requirements- Minimum number of games to qualify- This topic was discussed amongst the board and on a motion by Mr. Loy and a second by Mr. Kelley, the board decided to table the decision until a later date.

e. Eliminate the number of games required for officials to self-nominate for playoff - On a motion by Dr. Campbell and a second by Mr. Loy the board voted unanimously to approve the decision.

f. Allow the required number of teams to participate in sectionals, regionals, and state- On a motion by Mr. Moore and second by Dr. Campbell, the decision was passed unanimously.

g. Waiver for number of games for:

i. Volleyball-12

ii. XC-6

iii. Golf-6

On a motion by Dr. Campbell and second by Mr. Loy, the board voted unanimously to waive the number of games for all sports listed above.

h. Trinity/Wirt Game- Forfeit/No Contest Appeal-Wirt County presented their case and on a motion by Dr. Campbell and second by Mr. Loy, the board unanimously voted 7-0 for Wirt to change its forfeit to a no contest.

3. **Appeals**

A. **Student Athlete,** Wheeling Park HS 127-2-7 (Residence Transfer) On a motion by Mr. Kelley and a second by Dr. Kelley, the Board voted 5-0 that the Executive Directors decision be sustained denying eligibility be granted, for the reason that extreme and undue hardship has not been proven, and for the reason that the applicant has not demonstrated that the rule fails to accomplish the purpose for which it is intended.

B. **Student Athlete**, Huntington HS, 127-2-7 (Residence Transfer) On a motion by Dr. Campbell and a second by Mr. Loy, the Board voted 7-0 to overturn the ruling of the Executive Directors decision and that eligibility be granted, extreme and undue hardship having been established.

C. **Student Athlete**, Tygarts Valley HS, 127-2-7 (Residence Transfer) On a motion by Dr. Campbell and a second by Mr. Crawford, the Board voted 7-0 to overturn the ruling of the Executive Directors decision denying eligibility, because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.

4. **Items for the Good of the Order**

a. Cross Country participant increase to 84-Mr. Dolan discussed increasing the number of cross country participants to 84. On a motion by Dr. Campbell and a second by Mr. Moore, the board unanimously voted to approve the increase.

b. Swimming pool concerns-Dr. Daniel shared concerns about not being able to secure pools for the swim season due to coronavirus. No action necessary.

c. Board of Review cases-Dr. Daniel shared that all 3 cases that went to the board of review were upheld. No action necessary.

d. Toby Lattea Waiver-This waiver along with Merritt Delk waiver were denied on a motion by Mr. Loy, second by Mr. Crawford and by a vote of 7-0.

5. **Adjourn**-On a motion by Mr. Loy and a second by Mr. Crawford, the Board unanimously voted to adjourn at 11:54 am**.**

Bernie Dolan, Executive Director

Minutes of Meeting

Board of Directors #710

WVSSAC, Parkersburg, WV

Thursday, October 22, 2020 8:15 AM

1. **Call to Order**

The regular meeting of the WVSSAC Board of Directors was called to order at 8:16 AM on Thursday, October

22, 2020 at the WVSSAC Office, Parkersburg, WV by Mr. Dave Cottrell. The following members were present: Gregory Moore, Dave Cottrell, Lee Loy, Mike Kelley, Eddie Campbell, Jimmy Frashier, Art Petitto, Bob Dunlevy and Jim Crawford. Representing the WVSSAC administrative staff was: Bernie Dolan, Greg Reed, Wayne Ryan and Dr. Cindy Daniel. Jim Wilson was absent.

2. **Approval of Minutes**

a. September Meeting-Mr. Dolan presented the minutes of the September 2020 meeting for approval. On a motion by Mr. Loy and a second by Mr. Crawford, the Board voted unanimously to accept the minutes as presented.

3. **Approval of Agenda**

a. Mr. Dolan present the agenda for approval. On a motion by Mr. Loy and a second by Mr. Crawford, the Board voted unanimously to approve the agenda as presented.

4. **Financial Reports**

a. September Monthly-Mr. Dolan presented the September monthly financial reports for consideration by the Board. On a motion by Dr. Campbell and second by Mr. Loy, the Board unanimously approved the report as presented.

5. **Administrative Update**

a. Playoff Modifications-Mr. Dolan reviewed the playoff modifications with the Board. On a motion by Mr. Moore and a second by Mr. Frashier, the Board unanimously voted to approve the modifications as presented.

b. Winter Sports Modifications-Mr. Dolan also reviewed the winter sports modifications with the Board. On a motion by Mr. Crawford and a second by Mr. Moore, the Board unanimously voted to approve the modifications as presented.

6. **Legal Updates**

a. Merritt Delk-Mr. Dolan reviewed, no action required.

b. Anna Gregor-Mr. Dolan reviewed, no action required.

7. **Appeals**

A. **Student Athlete,** Parkersburg Catholic HS 127-2-7 (Residence Transfer) On a motion by Mr. Moore and a second by Mr. Petitto, the Board voted 8-0 to overturn the Executive Directors decision granting eligibility because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

B. **Student Athlete**, Notre Dame HS, 127-2-7 (Residence Transfer) On a motion by Mr. Kelley and a second by Mr. Moore, the Board voted 6-2 to overturn the ruling of the Executive Directors decision and that eligibility be granted except for fall sports because it had been demonstrated that the rule fails to accomplish the purpose for which it is intended.

C. **Student Athlete**, Winfield HS, 127-2-7 (Residence Transfer) On a motion by Mr. Loy and a second by Mr. Crawford, the Board voted 7-1 to overturn the ruling of the Executive Directors decision and that eligibility be granted, extreme and undue hardship having been established.

D. **Student Athlete**, River View HS, 127-2-7 (Residence Transfer) On a motion by Mr. Moore and a second by Mr. Loy, the Board voted 7-1 to overturn the ruling of the Executive Directors decision granting eligiblity because it has been demonstrated that the rule fails to accomplish the purpose for which it is intended.

E. **Student Athlete**, Union HS, 127-2-7 (Residence Transfer) On a motion by Mr. Frashier and a second by Mr. Crawford, the Board voted 8-0 to overturn the ruling of the Executive Directors decision and that eligibility be granted, extreme and undue hardship having been established.

F. **Student Athlete**, Huntington HS, 127-2-7 (Residence Transfer) On a motion by Mr. Loy and a second by Mr. Moore, the Board voted 8-0 to overturn the ruling of the Executive Directors decision and that eligibility be granted, extreme and undue hardship having been established.

G. **Student Athlete**, Wheeling Central HS, 127-2-7 (Residence Transfer) On a motion by Mr. Loy and a second by Mr. Crawford, the Board voted 8-0 to sustain the ruling of the Executive Directors decision denying eligibility, for the reason that extreme and undue hardship had not been proven, and for the reason that the applicant had not demonstrated that the rule fails to accomplish the purpose for which it is intended.

8. **Items for the Good of the Order**

a. State Volleyball Schedule-Mr. Dolan reviewed the State Volleyball schedule. On a motion by Dr. Campbell and a second by Mr. Frashier, the board voted unanimously to approve the schedule as presented.

b. Monthly meetings by Zoom-This was a discussion only topic.

c. Review of RFP-Mr. Dolan discussed the topic with the Board. Mr. Moore and Dr. Campbell agreed to help with decisions regarding representation. No action required.

9. **Adjourn**-On a motion by Dr. Campbell and a second by Mr. Loy, the Board unanimously voted to adjourn at 11:54 am**.**

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Bernie Dolan,

Executive Director