

EXECUTIVE DIRECTOR'S UPDATE



MONTH IN REVIEW OCTOBER 2020



West Virginia Secondary School Activities Commission
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BOARD OF DIRECTORS

The Board of Directors will meet **October 21-22, 2020** at the WVSSAC office in Parkersburg. All Petition Material/Forms for Appeal Process due to the WVSSAC by **noon, October 15th**.

BOARD OF REVIEW

Next Meeting - October 20th



REMINDER

Academic Achievement Awards Application due - Oct. 9th

EAP's must be completed and submitted for winter sports before 1st day of practice.

CHEER

Regional Cheer Director's Meeting, WVSSAC Office - 10/15, 10:00 am.

WRESTLING

For complete listing of weight classes, see the Coaches Packet online or the NFHS Wrestling Rule Book, Rule 4.4-1, page 18.

CONTESTS

	Sectional	Regional	State
Golf		9/28	10/6-7
Soccer	10/19-24	10/29 (A/AA) 10/27 (AAA)	11/6-7
Cross Country		10/22-24	10/31

FORMS DUE

Cheer Outline (C2 A&B) - 10/5
Entry Forms (C4 & Music Form (C5) - 10/5
Regional Cross Country - 10/16

SEASON BEGINS

Swimming MS/HS - 10/26



SEASON ENDS

MS Cross Country - 10/20

MS Soccer, Volleyball, Football - 10/31

RULES CLINICS

Rules Clinics for Basketball, Wrestling, and Swim will be recorded and placed on the WVSSAC website. There will be no face to face clinics. Schools will be notified when the clinics are posted.

Interpreters clinics for officials will be face to face with only one representative from each Board. Basketball and wrestling will be on October 11, 2020 at 9:00 am at the WVSSAC Office.

SPORTS MEDICINE (NFHS Courses)

- * 1) Concussion in Sports - free (**required annually for all coaches**)
 - * 2) Sudden Cardiac Arrest- free (**required for all coaches annually**)
 - * 3) Heat Illness Prevention - free (**required for all coaches - one time**)
 - * 4) Bullying-Hazing and Inappropriate Behaviors - free (**strongly recommended**)
 - 5) NCAA - Eligibility Center - free
 - 6) Sportsmanship Course - free
 - 7) The Role of the Parent in Sports - free
 - 8) Understanding Copyright and Compliance - free
- * Link available on WVSSAC Website

GIRLS' GOLF INVITATIONAL CHAMPIONSHIP

The WVSSAC and Mingo Bottom Golf Course Girls' Golf Invitational was a huge success. Congratulations to all 70 girls who participated.

Winner: Molly McClean, Parkersburg HS

Runner Up: Keri Ann Cook, Westside HS

COVID-19 Information: Please check our homepage for important updates and information related to COVID-19.

Did You Know: "Sports do not build character. They reveal it." ~John Wooden