

sports physicals

Sports Physicals can help you discover and deal with health problems that could interfere with your participation in a sport.

GET A PHYSICAL TODAY!

A sports physical has two main parts:

Medical History questions about:

- + SERIOUS ILLNESSES AMONG OTHER FAMILY MEMBERS
- + PAST ILLNESSES, INJURIES, HOSPITALIZATIONS, AND SURGERIES
- + WHETHER YOU'VE PASSED OUT, FELT DIZZY, HAD CHEST PAIN, OR STRAINED BREATHING DURING EXERCISE
- + ANY MEDICATIONS YOU ARE ON

Physical Examination of:

- + HEIGHT, WEIGHT, BLOOD PRESSURE, AND PULSE
- + VISION
- + HEART, LUNGS, ABDOMEN, EARS, NOSE, AND THROAT
- + POSTURE, JOINTS, STRENGTH, AND FLEXIBILITY

MedExpress offers sports physicals 7 Days a Week. (Physicals requiring X-rays, labs or other ancillary requirements may result in additional charges.)



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