

2011 - 2012



**VOLLEYBALL
Officials
Packet**

VOLLEYBALL OFFICIALS TABLE OF CONTENTS

How to sign onto WVSSAC and enter in Password and E-mail address	3
How to sign onto Arbiter and take the Part I and Part II Exam	3
Part I and Part II Exam-Tournament Nomination-Game Report dates	4
2011 Volleyball Bulletin	5
Volleyball rules clinic dates & locations.	8
<p>Attendance at the WVSSAC sponsored rules clinic is a requirement to officiate the 2011 season. (see Additional Option for Clinic Attendance in your Officials' Handbook) located on our website.</p>	
Volleyball Program from The Interscholastic	9
Volleyball Line Up Card.....	13
2012-13 Officials' Registration Form	17
<p>Due date is <u>June 15, 2012</u> for all sports. A return verification card for your registration form was included in the rule books that were mailed to officials. If you wish verification of receipt of the Registration Form, return the verification card with postage when you send in your Registration Form.</p>	
Yearly Requirements	18
Officials' Handbook Index	19
Individual Coaches Ratings Print-out Form	20
Bench Clearing Rule	21
Body Fluid Policy	22
Concussion in Sports – What You Need to Know	24
Return to Play – Protocol	25

My Officials' Packet! Where is it?

1. Go to www.wvssac.org
2. On the SSAC homepage look on the left side of the screen. Locate and click on the link Officials
3. Once the Officials page opens look for Officials Packets and click on the sport. Example: Football Officials Packet

How Do I Login To The Officials' Management Page?

1. Login to the WVSSAC Website: www.wvssac.org
2. Go to Admin Login (Located in the right-hand corner)
3. Go to Officials Login Click Here
4. Type in your Registration Number-Ex. AG1963 (No spaces, dashes or hyphens)
5. Type in your Password (Your password is your zip code for your initial/first time login)
6. Select Sport from the drop down box
7. Click on Continue
8. You will be prompted to change your password. Write it down and use it the next time you login to the SSAC website as an official
9. You will then be prompted to enter your e-mail address
10. You are now on the Officials Management Page

NOTE: Before you attempt to login to the Arbiter Hub (WV Central Hub Site) you must have completed the instructions listed above. **The upload to Arbiter Sports (WV Central Hub) is not instantaneous. After you have completed the instructions above, you must wait to be uploaded to the WV Central Hub Site.**

If you have more than one account (local board associations, other states, etc) with Arbiter Sports **YOU** must make sure the e-mail address and password you have entered in as an official for the WVSSAC is the same to prevent log in errors on the WV Central Hub site for your test.

How to Log In to the WV Central Hub Site:

1. Login to the WVSSAC Website: www.wvssac.org
2. Go to Admin Login (Located in the right-hand corner)
3. Go to Officials' Login Click Here
4. Type in your Registration Number Ex. AG1963 (No spaces, dashes or hyphens)
5. Type in your Password (Use the password you created. Passwords are case sensitive)
6. Select Sport from the drop down box. Click on Continue
7. You are now on the Officials Management page for the WVSSAC
8. Then click on Arbiter Hub
9. Go to the Sign In Area (Located in the upper right-hand corner)
10. Enter your email address and password
11. Click Go (You will then be asked to choose which organization you want to sign into)
12. Choose Organization-WV Central Hub
13. Choose Account Type-Central Hub
14. Click on the Testing Tab
15. Look under Open Test
16. Find the appropriate test
17. Click on Take Test

DO'S and DON'TS:

DO read, follow and understand the instructions before you log in to the WVSSAC and/or WV Central Hub site on Arbiter Sports!

DO write down your password after you change it. They are case sensitive!

DON'T PROCRASTINATE!

DON'T use Auto Complete to remember passwords. All passwords are reset each year!

DON'T share your email address with other officials!

REMEMBER:

If you are having difficulty in logging into the WVSSAC site as an Official or the WV Central Hub site with Arbiter Sports please contact Roberta Newton or Alice Goodwin and have your instructions available.

Part I Test Window

Football-Soccer-Volleyball-July 25-August 8, 2011

Part II Test Window

Football-Soccer-Volleyball-August 15-August 29, 2011

Deadline for Self Nomination Forms-Online

Football – September 23, 2011

Soccer – September 23, 2011

Volleyball – October 14, 2011

Deadline For Game Reports-Online

Due Date is December 1, 2011

Final Deadline for Games Reports Online

With a \$25.00 late fee

Football-Soccer-Volleyball – December 31, 2011 at midnight

Note: Failure to take Part I – Loss of 5 points on classification scale

Failure to take Part II – Suspension the following season

WEST VIRGINIA SECONDARY SCHOOL ACTIVITIES COMMISSION



2875 Staunton Turnpike, Parkersburg, WV 26104-7219

TELEPHONE: 304-485-5494
FAX NUMBER: 304-428-5431

E-MAIL: wvssac@wvssac.org
WEB SITE: www.wvssac.org



BULLETIN

TO: *VOLLEYBALL OFFICIALS*
FROM: Kelly Geddis, Assistant Executive Director
DATE: June-2011
SUBJECT: *2011 Season*

Important Reminders:

Volleyball Program - The Interscholastic

The Volleyball Program from The Interscholastic – see Index, for your review before attending the Rules Clinic. Officials are asked to carefully review all information with particular emphasis on the shaded areas. Please bring your packet to the Rules Clinic.

1. The **2011** volleyball Rules Clinic Schedule is listed – see Index. Attendance at the WVSSAC sponsored rules clinic is a requirement to officiate the **2011** season. (See Additional Option For Clinic Attendance, Item L. Clinic Attendance of the Officials' Handbook), which is on our web site.
2. The red and yellow card procedures will be used in West Virginia.
3. **Rally scoring must be used in all matches.**
 - i. High School Varsity and JV - Dual Competition 3 of 5 no cap first 4 sets to 25 points, 5th set to 15 points must win by two. Schools have option of adjusting JV matches. JV's are 2 of 3 if there is a varsity match.
 - ii. Tri's or Quads - 2 of 3 no cap all 3 sets to 25 must win by two.
 - iii. High School Varsity Tournaments - 5 or more teams must use rally scoring - 2 of 3 matches - the format is to be determined by the director. No 3 of 5 permitted. Can use pool play.
 - iv. 9th Grade, Middle School - 2 of 3 no cap all 3 sets to 25 must win by two.
4. In dual competition, a player may participate in a maximum of three (3) sets against the same opponent if the varsity match is 2 of 3 sets. If the varsity match is a 3 of 5 set contest, a player may not play more than 5 sets against the same opponent. If a team attempts to enter a player who may violate this rule, officials are asked to use preventive officiating. Notify the coach that the player may exceed the allowed number of sets. If the player and/or coach proceeds with the entry, illegal substitution occurs, and a Special Report must be sent to the WVSSAC office.
5. The Part II Examination is mandatory for all registered officials to be eligible for **2012-13** registration. The Part II Examination will be taken on line – see index.
6. All player and coach ejection's and all unsportsmanlike conduct will be reported to the WVSSAC (HS, JV, and MS) within 24 hours. Only red card violations need to be submitted on the Special Report Form.
7. It is your obligation and responsibility to understand the contents, deadline dates, etc., detailed in the WVSSAC

Officials' Handbook. LOCATED ON OUR WEB SITE.

8. All officials must submit game reports on line by December 1 to receive credit for matches worked – online submission only.

READ ↓

9. ***Points will be given for Game Reports provided they are timely posted. The report must be posted on or before the due date of December 1, 2011. Late Game Reports will be accepted and points credited if posted within 30 (Thirty) days from December 1, 2011 date. Once you contact Roberta Newton and you send in your late fee of \$25.00 and it is received Roberta will contact you and let you know when you can post your games reports. You have until January 1, 2012 to complete this. Credit for Game reports will not be given after the January 1 deadline date.**
10. West Virginia high school coaches complete coaches rating of officials on line.
11. Uniform Clarification: The WVSSAC has specified that the official's uniform will consist of a golf-type all white short sleeve shirt with a collar. The shirt must have 2 to 3 buttons at the neck and the material must be a non-see-through material. The uniform further consists of black slacks or black shorts (of mid-thigh or longer length), black shoes with black socks or white shoes with white socks. All officials in a given contest must be uniform in their dress.
12. Official's Tournament Nomination is due October 14, 2011, for Class I or II officials. To be considered for a state tournament assignment. Must be submitted on line only-see Index.
13. **Please notify this office of any address change.**
14. Officials are reminded that officials' contracts are recommended for matches. The contracts, if used, are between the school and the official.
15. Screening - Arms cannot be extended over the head. Arms must be at shoulder height or below.
16. Middle School net height is **7 feet. 9th grade net height is 7' 4 1/8" feet.**
17. **General Information:**

The warm-up time for all levels of competition is now 2-6-6 for a total of 14 minutes. The first two minutes both teams have access to their side of the court. At the end of two minutes a horn or whistle will sound and the team that won the coin toss will take the floor for six minutes. If a team wants to practice serving it must be done during these six minutes. Both teams will no longer practice serving at the same time. At the end of the first six minute warm-up a horn or whistle will sound and the opposing team will have the floor for six minutes. The change in serving was for safety reasons and to try and make it a more organized drill. The amount of warm-up time has not changed, just the serving procedures.

It is also important for coaches to know that officials do not dictate what a team does during its warm-up time. That is up to the coach as to what is done during this time.

16. Points of Emphasis:
 - A. Officials' Apparel: All officials must be properly dressed. All shirts are required to be tucked in.
 - B. Special Reports are to be issued if players or coaches do not adhere to uniform/attire regulations. Please review The Interscholastic.
 - C. Coaches' Committee Requests:
 1. Officials should monitor behavior, particularly for safety and taunting concerns,

- during the warm-up period.
2. Local Boards are asked not to send two rookie officials to a site. Local Boards are encouraged to utilize a mentor program whereby a veteran official is assigned with each rookie official.
 3. If officials are assigned by the local board or an Assigning Commissioner, the school athletic administrator or principal should receive the officials assignments prior to the first allowable play date.
 4. Officials need to consistently enforce all rules regardless of the level of play. Concern was expressed that middle school matches were not being appropriately officiated.
- D. Player Uniform - All players must come on the court appropriately dressed. Player's Shirts - If shirts are designed to be tucked in they must be. If player refuses to tuck in shirt, treat as unsportsmanlike conduct. If coach fails to require players to abide by regulation, the result is forfeiture. **Uniforms are to be worn as designed. Players are not allowed to wear midriff shirts.**
- Player Actions:** When players enter the gymnasium/playing area they must be properly dressed. **At no time can a uniform be removed while in the playing area or spectator area. Removal of uniforms must take place in a designated area.** The same rule applies for putting on uniforms.
- E. Contact Lenses - Coaches do NOT need to record this in the score book. If a lens is lost, it is an official's time-out. If the lens is not recovered in the allowed time, then coaches must follow substitution procedures. Give players time to find contact. If unable to find, coach may substitute or player may re-enter.

KG:rmn

**2011-2012
VOLLEYBALL RULES CLINICS**

<u>DATE</u>	<u>LOCATION</u>	<u>TIME</u>	<u>COORDINATOR</u>
July 25	Hedgesville H.S.	5:30 p.m.	Ron Allen
July 27	Wheeling Park H. S.	6:00 p.m.	Dwaine Rodgers
July 28	Huntington H.S.	6:00 p.m.	Bruce Senior
July 30	Interpreters' Clinic WVSSAC Office	9:00 a.m.	Kelly Geddis
July 30	WVSSAC Office	1:00 p.m.	Kelly Geddis
Aug. 1	Woodrow Wilson H.S.	6:00 p.m.	Eric Dillon
Aug. 2	Capital H.S. - Charleston	6:00 p.m.	Clinton Giles
Aug. 4	East Fairmont	6:00 p.m.	Dave Nuzum
Aug. 9	*WVSSAC Office *Make-up Clinic - \$10.00 Fee	5:30 p.m.	Kelly Geddis

SCHOOLS: The **Head Coach** shall be **required** to attend any sports rules clinics which are sponsored by this Commission in his/her coaching assignment. Schools failing to have a head coaching position filled at the time of the clinic will be required to have a school representative present at the rules clinic. An individual can only represent one school unless he/she is head coach at both schools. In a 9-12 school, both the varsity and 9th grade coach are required to attend. Failure to have a representative at one of the above clinics will result in a \$50.00 fine.

The clinic attendance requirement will not be granted if the coach or representative is late in excess of 10 minutes.

2011-2012 Volleyball Program



The Volleyball Coaches' Committee met at the WVSSAC office on Wednesday, December 1.

The Board of Directors reviewed the volleyball program in the August Interscholastic and approved the following:

2011-12 High School Volleyball Dates:		
Season Starts:	Mon. of Wk. 6	August 8
1st Contest Held	Wed. of Wk. 9	August 31
Sectional	Week 18	Oct. 31 - Nov. 3
Regional	Week 18	November 5
State	Week 19	November 11-12
9th Grade/Middle School Dates:		
Season Starts	Mon. of Wk. 7	August 15
1st Contest Held	Wed. of Wk 10	September 7
Season Ends	Sat. of Week 17	October 29

I. GENERAL INFORMATION:

- A) The Wilson H7700 I-Core volleyball is the official ball for this year. The Wilson ball will be used in all tournament play. Schools will be permitted to use a NFHS approved colored panel ball during regular season (NFHS 3-2-1). For Sectional, Regional and State Tournament play a white Wilson ball will be used.
- B) **Facility safety (obstructions, obstacles, etc.) is the host administration and officials' responsibility.**
- C) The warm-up time for all levels of competition is now 2-6-6 for a total of 14 minutes. The first two minutes, both teams have access to their side of the court. At the end of two minutes, a horn or whistle will sound and **the team that won the coin toss** will take the floor for six minutes. If a team wants to practice serving, it must be done during these six minutes. **Both teams will not practice serving at the same time.** At the end of the first six minutes warm-up, a horn or whistle will sound and the opposing team will have the floor for six minutes.
It is also important for coaches to know that officials do not dictate what a team does during its warm-up time. That is up to the coach as to what is done during this time.
- D) **Scorekeepers** - Must have 2 Scorekeepers. One Scorekeeper for the game book and one Scorekeeper for the libero player. Both Scorekeepers must be at the score table. **Both Scorekeepers must be trained.**
- E) **Line Judges** - Line judges are required for the regular season. All Line Judges **must** be trained. Line Judges cannot be players in uniform. Whenever possible, use WVSSAC certified officials.
 Line Judges must be present at the match site a minimum of 20 minutes prior to the start of the match.
 Line Judges are required for sectional, regional, and state contests. These line judges must be WVSSAC registered officials.
- F) It is recommended that school personnel meet with the local officials' board prior to the season to discuss assignment of officials and officiating fees.
- G) The WVSSAC promotes good sportsmanship in all sport programs. We encourage you to inform parents and athletes of the importance of good sportsmanship.
- H) **Preseason Meetings:** It is highly recommended that all coaches conduct preseason meetings for their players and parents. In addition to their own rules and regulations, coaches **must** address players on taunting, conduct, and sportsmanship rules before the first regular season match. **Good sportsmanship is to be practiced by all team personnel during warm-ups.**
- I) Officials must strictly enforce all taunting, conduct, and sportsmanship rules.
- J) Home team management will be responsible for providing volleyballs

for all high school duals, tri and Quad's. When three courts are used, teams should bring their own volleyballs.

II. RULES AND REGULATIONS:

- A) Players are not allowed to wear face, hair or body paint or mascot stickers while participating in a contest. Permanent magic marker markings are not allowed. Permanent tattoos are permitted provided they are not objectionable. If determined objectionable by the official, the tattoo must be covered. No glitter on body, uniform or accessories.
- B) A team must have participated in twelve (12) matches to be eligible for sectional tournament competition (high school only).
- C) **A high school volleyball team will be permitted to play in no more than 22 (dates) exclusive of sectional, regional, and state contests.** The volleyball season will end for each high school team at tournament elimination. **Middle school teams will be permitted sixteen (16) play dates.**
- D) Dual, triangular and quadrangular matches count as one date. Matches in which five or more schools participate count as two dates.
- E) Two volleyball scrimmages with **another high school** may be conducted. One volleyball scrimmage is allowed for 9th grade and middle schools. (No quads for a team) Tri's count as 2 scrimmages.
- F) In dual competition, a player may participate in a maximum of five (5) sets against the same opponent if the varsity match is 3 of 5 sets. If a player is entered who would exceed this regulation, the official should use preventive officiating and notify the coach. If the player is then played, she becomes an illegal substitute and a Special Report is to be sent to the WVSSAC. This rule is the responsibility of the coach.
- G) **Rally scoring must be used in all matches.** Rally scoring includes let serve, dual - High School Varsity and JV - 3 of 5 with no cap, first 4 sets to 25 points, fifth set to 15 points, must win by two. Tri's and Quad's 2 of 3 - no cap, all 3 sets to 25, must win by 2. If high schools have a 9th grade team, they must play middle school rules. (Exception: Net height.) Two time-outs per set. Middle School - 2 of 3 - all 3 sets to 25, must win by 2.
 High School Varsity Tournaments - 5 or more teams must use rally scoring - 2 of 3 matches - the format is to be determined by the director. No 3 of 5 matches can use pool play.
- H) It is the responsibility of the high school varsity coach to rate each official (all regular season and tournament matches). Individual rating forms are included in the coach's packet. Only one match is allowed per form, and each official must be rated for every officiated match. These forms are online and should be done after each play date. Failure to comply will result in a \$10.00 per match fine.
- I) **Head Coaches' Conduct:** The head coach may stand in the libero replacement zone, no closer than six feet to the sideline, **during play** to coach his/her players. The head coach may not obstruct the sight of R2 or the LJ. During a dead ball, the head coach may stand at any location in the libero replacement zone. When the R1 is ready to resume play and extends their arm to begin serve, the coach must move back.
- J) Each official is required to enter their number into the home and visitors scorebook legibly.

III. POINTS OF EMPHASIS

- A. Net Height -
 Middle school (6, 7, 8) net height is 7 feet.
 High School (9, 10, 11, 12) net high is 7 feet 4-1/8 inches.
- B. Spectator Items - Laser pointers are not allowed. Violators shall be ejected from the contest.
- C. Equipment - Padding on cranks and the official's stand must be checked and, if necessary, replaced to ensure safety of all participants.



- D. **Bench Areas** - Coaches are responsible for instructing all team personnel to maintain cleanliness of the bench area during and after the match.
- E. **Allowed Bench Seating** - Team seating is limited to 16 seats. Teams may have 16 personnel seated and 6 players on the court. There is to be **NO** sitting on floor and no additional seats added. Additional personnel must be seated in an area available closest to the team bench. All team personnel must be dressed in uniform.
- F. **Team Uniforms** - Buttons, zippers, and pockets are not allowed on uniforms. All players must come on the court appropriately dressed and jewelry removed. Uniforms are to be worn as designed. No bare midriff tops. If uniforms are designed to be tucked in, they must be. If uniforms are not designed to be tucked in, they do not have to be as long as the entire stomach is covered. Shorts are not to be rolled down at the waist. Shirts worn under the uniform top must be the same color as the dominate color of the top. Compression clothing worn under the shorts must be the same color of the uniform shorts and not extend below the shorts. Players are to be appropriately dressed before entering the court.
- G. **Coaches' Apparel** - Coaches are to be attired in appropriate apparel. It is strongly recommended that coaches' apparel be representative of the school colors.
- H. Officials are to be dressed alike in the official uniform with shirts tucked in.
- I. **Ejection Clarification** - Coach/player ejection is for two dates not two contests. If a coach is ejected, it is not the responsibility of the official to determine if the replacement for the coach is allowable. Officials will allow that individual to coach; however, the official shall request the name of the individual and document that on the Special Report. The time shall not exceed twenty (20) minutes.
- J. **Officials' Jurisdiction** - The officials' jurisdiction begins upon arrival on the floor and ends upon departure from the site.
- K. **Sportsmanship** - Chestbutting by players is not allowed.

IV. TOURNAMENTS:

ALL TOURNAMENT DIRECTORS ARE REMINDED TO READ THE DIRECTOR'S MANUAL BEFORE ANY PREPARATIONS ARE MADE FOR A TOURNAMENT. The necessary forms or reports that **must** be filed with the WVSSAC office may be found with the instructions for each sport. All tournament directors are responsible for notifying participating schools as to site location, date, and time of contest. **The specified dates for Sectional and Regional Tournaments may not be changed.**

A. SECTIONAL TOURNAMENT - (week 18)

The school listed in bold print will serve as temporary chairman of each section and as such will be responsible for calling a meeting of those listed schools by **October 1**. Notification and confirmation of all schools is necessary. Site selection, seeding, pairings, tournament director, dates, selection of registered officials, admission, etc., shall be determined at this meeting. **Contracts for officials should be used. (Class I and II registered officials (umpire and referee) must be used. Please send information to WVSSAC. WV registered official line judges are required.**

- 1. Failure of a coach or a school representative to attend the sectional meeting or conference call will result in that school not having a vote in the Sectional Tournament meeting process.
- 2. Tournament directors should refer to the Spectator Support List published in the August edition of The Interscholastic to determine what items are permitted at volleyball tournaments.
- 3. The Sectional Tournament will be the best 3 of 5 sets for single elimination and double elimination. For Sectional, if there are more than 3 schools and you choose double elimination, you must use 2 courts.

- 4. Awards, if given, will be established by sectional participants. WVSSAC sectional plaque will be sent to sectional temporary chairman. Profit/deficit will be shared by each school.
- 5. Winner and runner-up of sectional level will advance to the Regional Tournament.
- 6. **Financial Reports** - Directors are asked to submit the reports by the date designated in the Director's Manual.

B. REGIONAL TOURNAMENT - (week 18)

- 1. Regional director will select and contract registered officials. *Class I and II umpire and referee only. WV registered official line judges are required.*
- 2. Pairings for Regional Tournament are as follows:
Winner Section 1 vs. Runner-Up Section 2
Winner Section 2 vs. Runner-Up Section 1
The winner is the home team for semi-finals. In finals, the officials will conduct a coin toss.
Winner and runner-up from each region qualify for the State Tournament.
- 3. The Regional Tournament will be the best 3 of 5 sets for the match and single elimination. Profit and/or deficit will be shared by each regional participating school.
- 4. **Financial Reports** - Directors are asked to submit the reports by the date designated in the Director's Manual.

C. STATE TOURNAMENT - (Week 19)

Charleston Civic Center, Director, Doug Hogue

- 1. A **blind draw** will be done at the WVSSAC office and placed on the website Monday after the Regional Tournament.
- 2. 18 will be admitted on the team pass at the Sectional, Regional and State Tournament.
- 3. Admission (per session) All Session Pass
Adults - \$8.00 Adults - \$30.00
Students - \$7.00 Students - \$25.00
- 4. Officials will be selected by WVSSAC.
- 5. The State Tournament will be a two (2) day four session event. The tournament will be the best 3 of 5 sets for a match and single elimination.
- 6. In the first round of the state tournament, Regional winners and Regional runner-ups will compete against each other.
- 7. **Sponsorship and Rights:** The WVSSAC is the sponsoring organization for all state tournaments. The WVSSAC reserves all rights in regard to the management of these tournaments, the sale of any items at the tournament site, and any audio or visual reproductions of the events. Any sale, distribution or reproduction of clothing, souvenirs, pictures or other items without the expressed written consent of the WVSSAC is strictly prohibited. Pictures for media or school yearbooks are to be used for these purposes only.

2010-2011 State Volleyball Champions

Class AAA
Musselman High School

Class AA
Summers County High School

Class A
Charleston Catholic High School



Time Schedule

Each session will have a running schedule

Thursday, November 10

Official's Meeting - 6:30 PM

Coaches Meeting - 7:00 PM

Friday, November 11 - Session I - 8:30 AM

Coaches' Meeting 7:45 AM (For those unable to attend Thursday night meeting)

Team Warm-up 8:00 AM

Court Assignment for Sessions 1 thru 3

A - Court 1

AA - Court 2

AAA - Court 3

Friday 8:30 AM Region Champion vs Region Runner-Up - All 3 classes

Immediately following Game 1, Game 2 will begin.

Region Champion vs Region Runner-Up

Coliseum will be cleared.

Admission will be charged for Session II

Friday, November 11 - Session II 1:30

Team Warm-Up 1:00 PM

Friday 1:30 PM Region Champion vs Region Runner-Up - All 3 classes

Immediately following Game 3, Game 4 will begin.

Region Champion vs Region Runner-Up

Coliseum will be cleared - Admission will be charged for Session III

Friday, November 11 - Session III - 6:30

Friday 6:30 PM Winner of Game 1 vs Winner Game 2 - All 3 classes

Immediately following Game 5, Game 6 will begin.

Winner of Game 3 vs Winner Game 4 - All 3 classes.

Saturday, November 12 - Session IV

A Championship Game 10:00

AA Championship Game (*Running Schedule)

AAA Championship Game (*Running Schedule)

*Immediately following 1st games awards ceremony

AAA

Region I

Site: Wheeling Park High School

Director: Dwaine Rodgers, AD, Wheeling Park HS

Date: November 5 10:00 AM

Section 1: **Morgantown**, University, Brooke, Wheeling Park, John Marshall

Section 2: **Robert C. Byrd**, Preston, East Fairmont, Fairmont Senior, North Marion

Region II

Site: Lewis County High School

Director: Missy Riley, AD, Lewis County HS

Date: November 5 ~~4:00 AM~~ 1:00 PM

Section 1: **Martinsburg**, Washington, Musselman, Hedgesville, Jefferson

Section 2: **Elkins**, Hampshire, Bridgeport, Lewis County, Buckhannon-Upshur

Region III

Site: Woodrow Wilson High School

Director: Eric Dillon, Woodrow Wilson HS

Date: November 5 10:00 AM

Section 1: **Riverside**, Princeton, Woodrow Wilson, Nicholas County, Greenbrier East

Section 2: **Logan**, St. Albans, Capital, George Washington, South Charleston

Region IV

Site: Spring Valley High School

Director: Terry Porter, AD, Spring Valley HS

Date: November 5 10:00 AM

Section 1: **Lincoln County**, Cabell Midland, Huntington, Hurricane, Spring Valley

Section 2: **Nitro**, Winfield, Ripley, Parkersburg, Parkersburg South

AA

Region I

Site: Ritchie County High School

Director: Patrick Allen, AD, Ritchie County HS

Date: November 5 6:00 PM

Section 1: **Weir**, Magnolia, Tyler Consolidated, Oak Glen

Section 2: **Point Pleasant**, Ritchie County, Ravenswood, Roane County

Region II

Site: Frankfort High School

Director: Kevin Shupe, AD, Frankfort HS

Date: November 5 6:00 PM

Section 1: **Braxton County**, Clay County, Liberty (H), Philip Barbour, Lincoln

Section 2: **Grafton**, Keyser, Frankfort, Berkeley Springs, Petersburg

Region III

Site: Summers County High School

Director: Wayne Ryan, AD, Summers County HS

Date: November 5 6:00 PM

Section 1: **Liberty (R)**, Greenbrier West, Oak Hill, Shady Spring, Independence, Summers County

Section 2: **Wyoming East**, James Monroe, Bluefield, River View, PikeView, Westside

Region IV

Site: Sissonville High School

Director: Rich Skeen, AD, Sissonville High School

Date: November 5 6:00 PM

Section 1: **Chapmanville**, Poca, Herbert Hoover, Sissonville

Section 2: **Mt. View**, Tug Valley, Wayne, Tolsia, Sherman, Mingo Central

A

Region I

Site: Wirt County High School

Director: Dottie Hardbarger, AD, Wirt County High School

Date: November 5 ~~2:00 PM~~ ~~4:00 AM~~ 10:00 AM

Section 1: **Valley (W)**, Cameron, Paden City, Madonna, Wheeling Central, Bishop Donahue

Section 2: **Williamstown**, Parkersburg Catholic, Wirt County, St. Marys, **Hundred (New)**

Region II

Site: Doddridge County High School

Director: Greg Bonnell, AD, Doddridge County HS

Date: November 5 2:00 PM

Section 1: **Gilmer County**, Clay-Battelle, Trinity, South Harrison, Doddridge County, Notre Dame, Calhoun County

Section 2: **Moorefield**, Tygarts Valley, Paw Paw, East Hardy, WV School/Deaf, Pendleton County

Region III

Site: Meadow Bridge

Director: Al Martine, Principal, Meadow Bridge HS

Date: November 5 2:00 PM

Section 1: **Richwood**, Pocahontas County, Valley (F), Fayetteville

Section 2: **Greater Beckley**, Meadow Bridge, Mercer Christian, Montcalm

Region IV

Site: Charleston Catholic High School

Director: Bill Gillispie, AD, Charleston Catholic High School

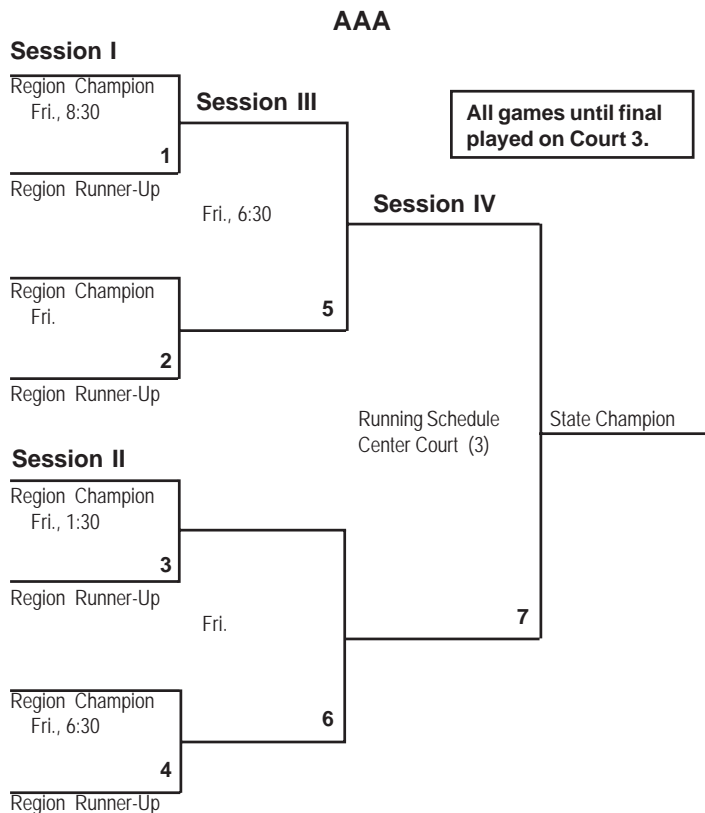
Date: November 5 2:00 PM

Section 1: **St. Joseph Central**, Hannan, Wahama

Section 2: **Man**, Charleston Catholic, Buffalo



WV State Volleyball Championship
Charleston Civic Center - November 11-12
Each Session will have a running schedule.
Home Team - Bottom Top Bracket



2011-2012 VOLLEYBALL RULE CHANGES

- 1-3 new 3 Outlines the procedure for scoring when a vacant position rotates to serve in the right back position due to the team playing with fewer than six players as a result of illness, injury or disqualification.
- 2-1 new 9 and 10 Adds the definitions for playable and nonplayable areas and stipulates the first referee has the authority to identify other area(s) as unsuitable for play.
- 3-1-1 The overall width and length of the net may now fall within a range with the width of the net overall being 36 inches to 39 inches and the length being 31 feet, 6 inches to 33 feet.
- 3-1-1 The plain white tape along the top of the net shall be 2 inches up to 2 3/4 inches wide. A white net sleeve, no wider than 3 3/8 inches, with the school name, insignia, school mascot and/or advertising may be installed along the top of the net.
- 4-1-6 Expands the style of items that may be worn in the hair to include unadorned flat barrettes no longer than 2 inches.
- 5-1-3 Once the match competition is concluded, the match officials continue to maintain administrative responsibilities through the completion of any required reports or correspondence related to action occurring during the match. If necessary, the state association may intercede due to unusual incidents after officials' jurisdiction ends or the match is terminated prior to conclusion of regulation competition.
- 5-2-1 new NOTE 2 The individual state association may make a temporary adjustment in the official's uniform and permit the wearing of a white shirt or sweater to address cold conditions within competition facilities.
- Volleyball Signals #1, Case Book** The illegal alignment signal shall be used for a libero replacement after the whistle/signal for serve. It is also used to communicate a penalty being assessed for failure to submit an accurate lineup.

2011-12 MAJOR EDITORIAL CHANGES

- 4-1 New Note Clarifies the authority and criteria for the state association to authorize exceptions to the playing rules to provide a reasonable accommodation to individual participants.
- 8-1-1 Reference to a "let" serve is removed from the rules and replaced with language indicating a serve contacting and crossing the net entirely within the antennas remains in play.
- 9-5-5 Note An illegal back-row attack is called when the ball completely crosses the net or is contacted by the opponent.

2011-12 POINTS OF EMPHASIS

- Referee stand
- Libero uniform
- Host school providing assistant officials
- Suspended net systems

The Volleyball Line Up Card

Roster and Line-Up (Rule 7-1)

- 10 minutes prior to the end of pre-match timed warm-up, a coach from each team shall submit in writing to the scorer an accurate roster giving names and uniform numbers of all players for the match. This roster must be entered into the scorebook and remain at the score table.
- 2 minutes prior to the end of pre-match timed warm-up, a coach from each team shall submit to the scorer an accurate, written line-up of the uniform numbers for the six (6) starting players in serve order. This lineup is to remain at the scoretable.
- Check for a Libero player – if none marked, ask coach (preventive officiating)
- The R2 will verify that the line-up has been entered correctly on the official score sheet
- Within 2 minutes following each game, a coach from each team shall submit a written, accurate numeric lineup to the scorer
- The written roster and current lineup shall remain at the officials table throughout each set and match

Lineup Card (See NFHS Volleyball Case Book)

The lineup card is a required tool to assist the R2 in carrying out their duties. The R2 has the sole responsibility to record both teams in starting floor position on his/her lineup card. The lineups submitted to the scorer from each coach are in serve order.

The card and pencil/marker are in their possession during the game. The card will provide the following:

*Correct serving order

*Captains

*Who is serving

*Player identification

*Substitutions

*Time-Outs

The style/form for a lineup card is up to the official – whatever you can make sense of and what is effective for you.

**ALL REGISTERED VOLLEYBALL OFFICIALS ARE REQUIRED TO USE A LINE-UP CARD
WHEN SERVING AS THE R2 IN A MATCH.**

NFHS Volleyball Rule Interpreters Meeting-7/17/2008

Cheryl Gleason, Assistant Executive Director, Kansas State High School Activities Association

TEAM LINEUP SHEET

Lineup:

1. Check if your team will serve or receive.
2. List numbers of the starting lineup — in proper serving order to start the set — on the appropriate set lineup sheet.
3. Mark the floor captain with a: "c."
4. Designate the uniform number (from the team roster) of the libero player for each game in the space provided.

Note: The lineup must be submitted to the scorer two minutes prior to the end of timed, prematch warm-up.

Team: <u>Wheatland</u>	Set: <u>1</u>
Libero: <u>5</u>	CHECK ONE: <input checked="" type="checkbox"/> Serve <input type="checkbox"/> Receive
SERVE ORDER	PLAYER NO.
I	4
II	6
III	7 C
IV	11
V	12
VI	9

Team: <u>Douglas</u>	Set: <u>1</u>
Libero: <u>15</u>	CHECK ONE: <input type="checkbox"/> Serve <input checked="" type="checkbox"/> Receive
SERVE ORDER	PLAYER NO.
I	3
II	4
III	9
IV	5
V	11
VI	8

TEAM ROSTER

Roster:

1. Write in your team's name and check "home" or "visitor."
2. Write each player's number and name (last name, then first name) in the space provided on the roster.
3. The libero with two numbers shall be listed with non-libero number followed by libero number (e.g., 14/L15)

Note: The team roster is to be turned in to the scorer 10 minutes prior to the end of timed, prematch warm-up.

TEAM Douglas	
Check one: Home <input checked="" type="checkbox"/> Visitor <input type="checkbox"/>	
Player Number	Player Name Last/first
3	Smith, Jamie
5	Davies, Jennifer
6	Ross, Vickie
7	Jones, Kim
14/L15	McDonald, Lisa

LIBERO TRACKING SHEET

TEAM:		L:	
GAME	Serving Order	SP	
1	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

TEAM:		L:	
GAME	Serving Order	SP	
2	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

TEAM:		L:	
GAME	Serving Order	SP	
3	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

TEAM:		L:	
GAME	Serving Order	SP	
4	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

TEAM:		L:	
GAME	Serving Order	SP	
5	I		
	II		
	III		
	IV		
	V		
	VI		

TEAM:		L:	
Serving Order	SP		
I			
II			
III			
IV			
V			
VI			

Enter the Libero's number next to the L. Enter the jersey number of the starting player for each position under SP. When the Libero enters, slash the player number and enter L. When the Libero leaves, slash the L and enter the returning player number. If a regular sub occurs, slash the player number and enter the new number.

I	14	LX4 LX4 YX 7
---	----	---

WEST VIRGINIA SECONDARY SCHOOL ACTIVITIES COMMISSION



2875 Staunton Turnpike, Parkersburg, WV 26104-7219

TELEPHONE: 304-485-5494
FAX NUMBER: 304-428-5431

E-MAIL: wvssac@wvssac.org
WEB SITE: www.wvssac.org



2012-2013 Registration Form

Please Print Legibly

****Required Information**

****Registration Number:** _____

****Social Security Number:** _____

****Name:** _____

****Address:** _____

****City/State/Zip:** _____

****Home Phone:** _____ ****Cell Phone:** _____

E-Mail Address: _____

****Select Sport: (Please complete one registration form per sport)**

_____ Football	\$42	_____ Volleyball	\$36
_____ Basketball	\$42	_____ Baseball	\$36
_____ Wrestling	\$42	_____ Softball	\$36
_____ Soccer	\$36	_____ Swim	\$32
_____ Track	\$32	_____ Tennis	No Charge

Inactive Registration: List Sport Here _____ **\$10 Fee**

Total Enclosed \$ _____ **Check#** _____

Make Check/Money Order Payable To: WVSSAC **Registration fee is Non-Refundable.**

Registration Form & Payment Are Due: June 15th of Each Year.

If Postmarked After June 15th, Please Include A \$25 Late Fee. This Includes Inactive Registrations As Well. Registrations will not be accepted after the Make-Up Clinic of the sport for which you are registering.

Signature

Date

WEST VIRGINIA SECONDARY SCHOOL ACTIVITIES COMMISSION

2875 Staunton Turnpike, Parkersburg, WV 26104-7219



TELEPHONE: 304-485-5494
FAX NUMBER: 304-428-5431

E-MAIL: wvssac@wvssac.org
WEB SITE: www.wvssac.org



BULLETIN

YEARLY REQUIREMENTS FOR REGISTERED OFFICIALS

1. **MUST BE A** CURRENTLY REGISTERED OFFICIAL AND **MUST BELONG** TO A LOCAL BOARD, IN ORDER TO OFFICIATE ANY SPORT. (NO OFFICIAL MAY OFFICIATE UNTIL REGISTRATION IS COMPLETE.
2. **MUST ATTEND** THE WVSSAC SPONSORED RULES CLINIC IN THE SPORT FOR WHICH HE/SHE IS REGISTERED. FAILURE TO ATTEND THE STATE CLINIC WILL CAUSE YOU TO FORFEIT REGISTRATION FEES AND SUSPEND YOU THE CURRENT SEASON IN THAT SPORT.
3. **ATTEND A MINIMUM** OF FOUR (4) LOCAL BOARD MEETINGS. FAILURE TO ATTEND THE MIMIMUM MEETINGS WILL RESULT IN SUSPENSION FOR THE NEXT FOLLOWING SEASON IN THAT SPORT.
4. **MUST TAKE NF PART I TEST ONLINE.**
5. **MUST TAKE THE NF PART II EXAM.** FAILURE TO TAKE THE PART II EXAM WILL RESULT IN SUSPENSION FOR THE FOLLOWING SEASON IN THAT SPORT.
6. **MUST SUBMIT** GAME REPORTS BY THE SPECIFIED DATES AS LISTED ON THE BACK OF THE GAME REPORTS, IN THE OFFICIALS HANDBOOK, AND IN YOUR SPORT BULLETIN.

**WEST VIRGINIA SECONDARY SCHOOL ACTIVITIES COMMISSION
OFFICIALS' HANDBOOK**

Index

NOTE: It is the responsibility of every official to know the rules set forth by this office that are contained in the Officials' Handbook and to abide by those rules.

IV. GENERAL REQUIREMENTS	12
Local Board/Registrations	12
Age	13
Character	13
WVSSAC Registration Date	13
Registration Fees	13
Late Fee	13
Physical Exam	14
Leave of Absence/Inactive	14
Membership Transfer	15
Rules	15
Reinstatement	16
Clinic Attendance	17
Testing	17
Officiating Rules	18
Tournament Assignments	18
Uniform	19
Classification and Promotional Scale of Officials	21
V. REPORTS TO BE FILED BY OFFICIALS	22
Special Reports	22
Officials' Rating by Coaches	23
Coaches Rating of Officials'	23
Needs Improvement	23
VI. GAME CONTRACTS	23
VII. OFFICIATING FEES	24
VIII. NON-WVSSAC ORGANIZATIONS	24
IX. FORMING A NEW OFFICIALS' BOARD	24
STATE LAW / ASSAULT AND BATTERY	25

WEST VIRGINIA SECONDARY SCHOOL ACTIVITIES COMMISSION

2875 Staunton Turnpike, Parkersburg, WV 26104-7219



TELEPHONE: 304-485-5494
FAX NUMBER: 304-428-5431

E-MAIL: wvssac@wvssac.org
WEB SITE: www.wvssac.org



BULLETIN

TO: ALL OFFICIAL'S
DATE: 2011-12 SPORT SEASON
SUBJECT: INDIVIDUAL PRINT-OUT

Use this form when requesting your individual coaches ratings.

NOTE: YOU MUST SUPPLY US WITH A SELF ADDRESSED STAMPED ENVELOPE TO RECEIVE YOUR END OF SEASON COACHES RATINGS.

NAME: _____

ADDRESS: _____

SPORT: _____

REGISTRATION NUMBER: _____

YEAR: 2011-12 SPORT SEASON

(Ejection Rule / Bench Clearing)

127-4-3 Code for Interscholastic Athletics

3.7. *Statement of Policy.* Insofar as unsportsmanlike actions by students, school administrators, officials, coaches, faculty members, and spectators are concerned, the identical items under the Sportsmanship Rule along with the following guides will be referred to by the WVSSAC:

3.7.1. The school whose coach behaves in a manner likely to have adverse influence on the attitudes of students or spectators may be provided with the choice of taking disciplinary action against that coach or having the entire school disciplined by the WVSSAC.

3.7.2. Any student who in protest lays hands or attempts to lay hands upon an official may be declared ineligible by the principal or by the WVSSAC for up to one year. Any student who strikes an opponent, coach, or a spectator during or following an athletic event may be declared ineligible by the principal or the WVSSAC for a specified period of time up to one year, depending on the seriousness of the act.

3.7.3. Any coach, student, or bench personnel ejected by an official will be suspended for the remainder of the game, match, meet or contest. They will also face suspension in additional contest(s); the suspension will be assessed based upon ten (10) percent of the allowed regular season contests for each sport. Any tenth of a percentage from .1 to .4 will be a suspension equal to the whole number of the percent. Any tenth from .5 to .9 will be an additional contest added to the whole number. The suspension will include the number of indicated contests in that sport and at that level and all other sport contests in the interim at any level. A second ejection will result in the doubling of the suspension assessed for the first ejection. If they are ejected for a third time during the same sport season, the individual will be suspended from participating or coaching for 365 calendar days from the date of ejection.

a. Any coach, player or bench personnel who has been ejected shall not be permitted to attend any contest(s) during said suspension. He/she shall not be affiliated with the team in any capacity. This would include but not be limited to transportation to or from the contest, meeting with the team before, during or after said contest. He/she is not permitted to be in sight or sound of said contest venue. Regular practice or team meetings not affiliated with a contest are permitted.

b. If suspensions are imposed to a student or bench personnel at the end of the sport season and no contest remains, the suspension is carried over to that particular sport until the next school year. In the case of a senior student, the penalty will continue to the next WVSSAC sponsored sport.

c. Any coach suspension that cannot be enforced during the sport season in which the ejection occurs will be enforced at the beginning of the next season of that same sport.

3.7.4. In case of spectators physically molesting an official, administrator, coach, or student, the school may be given one of two options: 1) file charges against the offender (s) or 2) accept discipline from the WVSSAC. Any person found guilty of W.Va. Code §61-2-15(a) Assault, Battery on Athletic Officials, while these individuals are working or as a result of working an athletic contest, shall be banned from all WVSSAC athletic events for a minimum of 365 days from the date of being found guilty. The school filing charges shall notify the WVSSAC of the incident and outcome of any legal action.

3.7.5. The school that does not lend complete cooperation in the host school's effort to promote the spirit of good sportsmanship may be disciplined by the WVSSAC.

3.7.6. A coach may be considered as committing unsportsmanlike conduct if they make degrading remarks about officials during or after a game either on the field of play, from the bench, or through any public news media, argues with officials, or goes through motions indicating dislike for a decision, protests the decision and actions of officials pertaining to the game during and after the contest, or detains the official on the field of play following a game to request a ruling or explanation of some phase of the game. If a coach feels he/she has a legitimate criticism of a penalty call or a request for a rule interpretation, such criticism or request should be made in the privacy of the coach's office or the official's quarters and should be made in a courteous manner.

3.7.7. A student or team attendant shall not leave the bench area, team box area, or their designated off-field area during a game or contest other than during that time permitted by game or contest rules. A coach shall not leave the bench area, team box area, or the designated off-field area during a game or contest other than during that time permitted by game or contest rules unless a student altercation is taking place and the official requests assistance. Violation of this rule shall cause the coach, student, or team attendant to be immediately ejected from the contest, team penalized according to game or contest rules and that coach, student, or team attendant will not be eligible to participate in the next contest as outlined in §127-4-2.3.

3.8. Procedure. Unsportsmanship action must be reported in detail to the WVSSAC. A copy of the complaint must also be filed with the principal of the school involved. Each principal involved shall report such information or answers to the report as they deem appropriate. Upon receipt of all reports, the Executive Director and/or the Board of Directors of the WVSSAC shall investigate and adjudicate such reports in accordance with the powers afforded in §127-1-8.6 and 8.7 and §127-1-12.2 and 12.3 of the Constitution. Penalties up to and including suspension of member schools may be made in accordance with §127-4.

3.9. The following defines the different types of disciplinary action which may be assessed for violation of any WVSSAC rule by a member school, administrator, coach, athlete or contest official:

3.9.1. *Warning.* A warning may be given by the Executive Director or Assistant Executive Director. It is official notice that an inexcusable, unethical, or unsportsmanship action has occurred, is a matter of record, and that such an occurrence must not be repeated.

3.9.2. *Probation.* Probation is a much more severe type of warning and may be expressed two ways: 1) a school, coach, student, or team attendant on probation is told that further violations will lead to a fine or suspension; and/or 2) a school on probation is on conditional WVSSAC membership but may engage in its regular schedule, sanctioned events, and all WVSSAC tournament play, providing a program is filed with the Executive Director of the WVSSAC indicating measures to be taken to alleviate this problem which caused the school to be placed on probation.

3.9.3. *Suspension.* A school/coach suspended from the WVSSAC may not meet in interscholastic competition of any kind with a WVSSAC member school or a school that is a member of another state associated with the National Federation of State High School Associations.

3.9.4. *Fine.* A fine may be levied by the Executive Director. It may be levied in addition to a warning, probation, or suspension.

3.10. *Appeals.* All cases involving disciplinary action against member schools, coaches, students, team attendants, or officials may be protested in accordance with §127 6.



**WEST VIRGINIA SECONDARY SCHOOL ACTIVITIES COMMISSION
2875 STAUNTON TURNPIKE, PARKERSBURG, WV 26104**

BODY FLUID HANDLING PROCEDURES

PURPOSE

The West Virginia Secondary School Activities Commission has adopted this policy in an effort to minimize the possibility of transmission of any infectious disease during a high school athletic practice or contest. The policy primarily addresses blood-borne pathogens such as Hepatitis B virus and the Human Immunodeficiency Virus (HIV). However, it also discusses common-sense precautions against the spread of less serious contagions such as the Influenza virus and the Common Cold virus. Much of this policy has been written with contact sports such as football, wrestling, and basketball in mind. However, it is applicable for all sports.

BLOOD-BORNE PATHOGENS

Blood-Borne pathogens such as Hepatitis B and HIV are serious infectious diseases which are present in blood as well as other bodily fluids; such as semen, vaginal secretions and breast milk. While there are a number of other such blood-borne diseases, Hepatitis B and HIV are the most commonly known.

Hepatitis B is a virus which results in a dangerous inflammation of the liver. Its victims suffer long-term consequences and reoccurrences, and the disease can be deadly if not treated. HIV is the virus that causes Acquired Immunodeficiency Syndrome (AIDS), which weakens the immune system, thus making a person susceptible to infections their immune systems would normally fight off.

The precise risk of HIV transmission during exposure of open wounds or mucous membranes such as the eyes, ears, nose, and mouth to contaminated blood is not known. However, evidence would suggest it is extremely low. In fact, the possibility of contracting HIV in this manner is much less than the possibility of contracting Hepatitis B and other blood-borne viral infections.

Therefore, student athletes, coaches, and officials must understand that while it is possible for HIV to be transmitted by blood from one individual to another through an open wound or a mucous membrane, the probability is very low. However, since the chance of this occurring is not zero, the appropriate precautions should be taken to ensure no transmission can occur.

PRECAUTIONS AGAINST TRANSMISSION OF BLOOD-BORNE PATHOGENS

The proper handling of body fluid spills should be a concern of teachers, coaches, officials, and student athletes. All concerned individuals must be aware that any time there is blood and/or other body fluids present, there is the possibility of an infectious disease being present. However this possibility can be nearly eliminated if the following precautions are observed.

General Procedures:

- 1) Wear latex or vinyl disposable exam gloves before making contact with body fluids during care, treatment, and cleaning procedures.
- 2) Discard gloves after each use.
- 3) Wash hands after handling any body fluids, whether or not gloves are worn.
- 4) Discard disposal items in plastic lined containers with lids. Close bags and discard daily.
- 5) Do not reuse plastic bags.
- 6) Use disposable items to handle body fluids whenever possible.
- 7) Use paper towels to pick up and discard any solid waste materials such as vomitus and feces.

Procedures for Activities:

- 1) All athletes must cover any open wound.
- 2) Student athletes should treat and cover their own wounds whenever possible.
- 3) When administering first aid, disposable rubber gloves should be worn. A different pair of gloves should be worn for each treatment administered.
- 4) If an individual gets someone else's blood on his/her skin, the area should be washed with soap and water and wipe the area with disinfectant, such as isopropyl alcohol.
- 5) If a student athlete begins to bleed during activity, play must be stopped, the student athlete who is injured removed, and any potentially contaminated surfaces cleaned using a disinfectant. The surface should be wiped with clean water.
- 6) Any student athlete that is removed must have the wound covered and the bleeding stopped, prior to returning to contest.
- 7) Any individual who has treated a wound or cleaned a contaminated surface should wash his/her hands with soap and warm water.
- 8) A student athlete should take a shower using a liberal amount of soap and warm water following the contest.
- 9) Towels, which are used by athletes, coaches, or officials should not be used to clean off any potentially contaminated surfaces.
- 10) All soiled linens such as towels and uniforms should be washed in hot water and in a detergent containing bleach, if possible.
- 11) If a coach or an official gets blood on them they should first wash the area with warm water and soap, and then wipe the area with a disinfectant such as isopropyl alcohol.
- 12) All coaches, athletes, and officials should practice good hygiene. Towels, cups, and water bottles should not be shared.
- 13) Keeping locker rooms and other areas well ventilated and clean can also help in preventing other air-borne contagions from being transmitted.

REFERENCES

St. Joseph's Hospital, Sports Medicine Staff, Parkersburg, WV.
West Virginia Chapter of the American Academy of Family Physicians, Sports Medicine Committee.
"Blood-Borne Pathogens in the Health Care of the Athlete," The First Aider, Fall 1992, Vol. 62, No.1.
"Infectious Disease Policy of the Florida High School Activities Association." 8-8-92.
"Routine for Handling Body Fluids," Michigan High School Association.

Policy Adopted by the Board of Directors

The WVSSAC strongly recommends that all coaches/officials complete the free NFHS Concussion Course at www.nfhslearn.com

Concussion in Sports - What You Need to Know

Ordering Information at www.nfhslearn.com



Steps to access the FREE course:

1. Go to www.nfhslearn.com
2. Sign in with your e-mail and password if you have previously registered.
3. If you need to register, it will only take a couple of minutes. All users at www.nfhslearn.com must be registered with a unique e-mail address and password.
4. Toward the upper left-hand part of the screen, you will see the “Click to Access This Free Course” for “**Concussion in Sports — What You Need to Know.**”
5. You can order licenses as an individual to take the course yourself OR you can purchase courses in bulk if you intend to distribute the courses to others (there is a limit of 99 licenses per any one order).
6. Note: You will need to click on “Save” once you have put the course(s) in your cart and before you can proceed to Checkout.
7. As you go through the process you will see that you are using the “purchasing process” that is standard for NFHS Coach Education courses. You are not being charged anything for the Concussion courses. You do have the ability to order other courses at the same time, and you will be asked for payment for those.
8. You can then start the course if you ordered as an individual or begin distributing the licenses if you ordered in bulk.
9. If necessary, refer to the form regarding distributing bulk licenses. It can be found in the Locker Room at www.nfhslearn.com.

The online concussion course is offered at no cost to the user. Once you have finished, you will be added to the database as having completed the course. The name of the individual completing the course will appear in the “Coach Search” feature as having completed this course along with any other courses completed at www.nfhslearn.com.



WVSSAC

Return to Play (RTP) Protocol

An athlete removed from a contest that shows signs/symptoms of a concussion shall be immediately evaluated by an appropriate health care professional. If no appropriate health care professional is available, the athlete shall not be allowed to RTP.

When the athlete is evaluated by the appropriate health care professional, if it is determined the athlete has suffered a concussion, the athlete shall not be permitted to RTP the same day as the concussion. If it is determined by the appropriate health care professional that the athlete did not suffer a concussion, the athlete may be returned to play as deemed appropriate by the health care professional.

RTP shall be delayed until athlete is asymptomatic and has undergone a progression of tests to determine if they are able to RTP.

The progression shall follow: (Neuro-cognitive testing is recommended if deemed appropriate by the appropriate health care professional.)

- No activity with complete physical and cognitive rest
- Light aerobic exercise (less than 70% of maximum heart rate)
- Sport specific exercise (drills specific to the athlete's sport)
- Non-contact training drills (more intense sport drills with no contact from other players)
- Full contact practice (following medical clearance)
- Return to Play (normal game play)

If any symptoms occur during the progression, the athlete should drop back to the previous level and try to complete that level after 24 hour rest period.

Appropriate Health Care Professional

- Medical Doctor (MD)
- Doctor of Osteopathy (DO)
- Doctor of Chiropractic (DC)
- Advanced Registered Nurse Practitioner (ARNP)
- Physician Assistant (PA-C)
- Registered Certified Athletic Trainers (ATC/R)

Approved Board of Directors 5/06/10

rk:Sports Medicine/Return to Play